

News from

The Strong People

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September 2014

Sandy Kardonsky, Volunteer of the Year

Congratulations to Sandy Kardonsky, the 2014 Volunteer of the Year! Sandy has volunteered over the years at many Tribal events, including Qwen Seyu picnics and Elders Gatherings. She also volunteers at other non-Tribal events in the Seattle Area, including the Seattle Folklife Festival.

“My background has been pretty much in the services industry, so I’m always willing to lend a hand in the kitchen. I enjoy volunteering because it makes people happy,” she said. Sandy was honored at the Qwen Seyu Tribal Picnic in Blyn on August 9th. In addition to an engraved plaque, she received a check for \$500.

Sandy is the daughter of Walt Kardonsky, of the Cook-Kardonsky family. She grew up in Sequim and graduated from Sequim High School in 1974. She currently lives “a nice quiet life” in Indianola, WA.

Nomination forms for Volunteer of the Year are available in the Administration building, or from Ann Sargent at asargent@jamestowntribe.org. The 2015 Volunteer of the Year will be selected from nominations in July 2015, and honored at the Tribal Picnic next August. If you would like to recognize someone who has contributed “above and beyond” to the wellbeing of the Tribe, please nominate them for this honor!



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Catching Up with Dave Purser

Dave Purser was born at Jamestown in 1941, the son of Jamestown citizen Evelyn Hunter and Richard Purser. He remembers Jamestown as if it was yesterday.

"I guess I'm just a dreamer. I have a clear picture of it in my mind. If I could draw, I would draw each house and tell you who lived in them," he said.

Even without a drawing, a recent interview with Dave offered a real sense of what it was like growing up in the Hunter family at Jamestown in the 1940s and '50s.

"Jamestown was pretty small – about 12 houses I can remember," he said. "Everybody knew everybody."

Despite being moved in and out of foster care, Dave's memories at Jamestown are good ones. He remembers fishing with his grandfather Martin Hunter.

"We'd go out past Dungeness Spit and catch halibut and mackerel and skate, and then fill gunnysacks with bark for our stoves at home. When we got back close to Jamestown Beach, grandpa would wave his hands and people would come out of their houses with roasting pans, and we'd divide up the catch so that everyone could feed their families. In those days, everyone shared everything. That's what I loved about the village," he said.

Dave remembers sitting outside the Shaker Church and listening to the shrill singing and bell-ringing.

"I have really sensitive ears, so I didn't go inside. But I liked listening from outside. On a calm night, the sound traveled long distances from the church across the water," he said, adding that Rev. Billy Hall was a well-loved Shaker minister who traveled widely to other communities to share the church's message and rituals. Jamestown was known as one of the main centers for the Indian Shaker movement.

"All of our Elders spoke S'Klallam. You didn't speak while an Elder was speaking," said Dave, "and you didn't join in the conversation if you were a child."

Dave's best friends were Harvey and Phil Adams. They played on the beach together, and Dave knew the Adams boys' grandfather Jake Hall and Uncle Billy Hall quite well. Dave's mother's best friends were Amy Allen, Lydia Dick and Ethel Johnson.

He told of watching his grandfather and Harvey Adams Sr. carving cedar wood and bark molds, and pouring molten lead into them to make fishing lures.

"I did a lot of chores for people, to make money so I could go see a show for a nickel and buy popcorn for a dime." He chopped firewood, mowed the grass, pulled crab pots and more.

"In those days, everything was plentiful. It was nothing to bring in 100-110 dozen crabs in one day, from the village's 60 or so pots. The pots weren't like today's metal pots. They were square, and made of wood. It amazes me how they used to put things together," he said, recalling that he often cleaned crabs for Jake Hall.



Above, Dave Purser today.

Below, Dave Purser (standing), with Harvey, Phil and Florence Adams, 1951. Photo from the Jamestown S'Klallam Tribe House of Seven Generations (www.tribalmuseum.jamestowntribe.org)



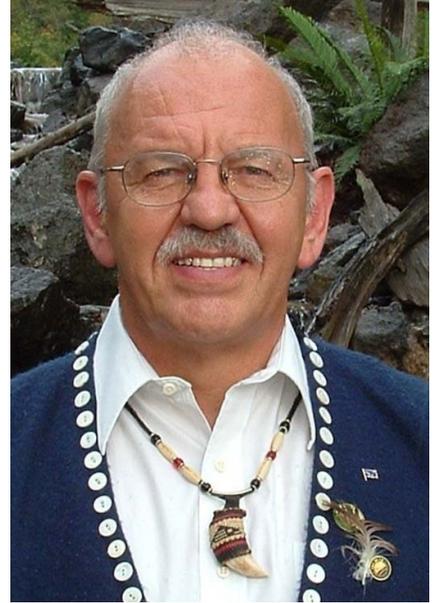
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Tribal Constitution and Proposed Amendments

A Message from Our Tribal Chair/CEO W. Ron Allen

Greetings Tribal citizens! Last month, we celebrated the Jamestown students and their educational achievements. This month I would like to talk about the proposed amendments to our Tribal Constitution. I believe these are constructive amendments that would improve our Tribal governing process and structure. There is always room for improvements and these are intended to strengthen the governing foundation of our Tribe.

The Tribal Elections Board, in conjunction with the Tribal Council, has spent several months drafting revisions and discussing Constitutional improvements. The Tribal Council is currently gearing up to submit a number of both substantive and technical amendments to the Tribal citizenship. I am particularly proud of how serious and diligent our Election Board has taken on the responsibility of overseeing our elections and advising the Tribal Council. We have sent the Board to a number of Tribal Constitutional and Election training conferences to learn about “best practices” and to receive a broader perspective from various Tribes’ experiences. Tribes across the country are moving progressively forward to improve their Constitutions and governing documents. I’m proud of how we are in front of the pack in strengthening and clarifying our Constitution and Codes.



As a result, we are submitting an amendment to stagger the terms of our Council members. This amendment will ensure that we have an officer elected in 3 of a 4-year cycle instead of 2 elections every 4 years. Effectively it means one year it will be the Chair and Secretary; the next Vice-Chair and Treasurer; and the third year the Councilperson and the fourth year there will be no officer up for election. This amendment is intended to provide more stability and create a closer relationship between the Council and the citizens. In this amendment, the Council person will be elected to a one-time 5-year term and shift back to every 4 years in the subsequent election. This amendment also includes new provisions for when newly elected Tribal Council members take office after an election.

The second substantive amendment is a residency requirement to qualify as a candidate in good standing for Council. This amendment requires that a candidate must live within the Tribe’s IHS Service Delivery area, which effectively means they must live in the Clallam or Jefferson County. This amendment is intended to be more practical, less expensive and to improve attendance and coordination of Council schedules. This amendment can be seen as a sensitive one concerning representation of those outside of the service area.

The remaining amendments are more technical. The first one includes amending the Constitution to ensure Elections will be held on the same day as federal and state elections, i.e. the first Tuesday after the first Monday of November. We believe that aligning all governmental elections will support voter participation. It also improves the flexibility of scheduling Tribal General Citizenship Meetings prior to elections and giving citizens ample time to formalize which candidates will receive their votes.

A second technical amendment provides a clarification in the Constitution. With the amendment, the Tribal Council will appoint an Alternate Election Board member to a three-year year term. This Alternate Election Board member will not have voting privileges unless he or she is serving in the absence of a regularly appointed Election Board Member.

The third technical amendment provides for only “mail-in” voting. Over the years, we have learned that even though we have provided a voting booth, we have only witnessed a handful of citizens who voted in person. The Election Board and Council feel it would be more practical and cost effective to require all voting to be done by “mail-in” voting. Over the years, voter participation has been very successful and this amendment will improve on the process and timeliness of counting the votes.

(Continued on page 4)

Thanking More People for Their Help with the Elders Gathering

As the Elders Program Coordinator I want to send out a huge thank you to the following for their generous donations.

Last month's thank you was incomplete.

- Barbra Mauro for the beautiful cedar hat and buffalo etching that was donated to the Elders program.
- Theresa Lehman for the Buffalo leather stamp necklace and the Casino for donating the leather purse.
- For the volunteers: Janet Duncan, Betty Brooks, Mary Norton, Anita Russell, Richard and Phyllis Mee, Bill and Bernice Matheson, Jeff Monson, Jerry Monson, Laverne Purser.
If it wasn't for you I would not have been able to get the pillows done in time.
- For fry bread: Sheila Strong, Margret Adams, Janet Giammalva, Florence Monson.
Thank you for making the best fry bread.
- For all the rest: Carmen Maxwell and her group, Jeremy and his group, Sally Fairbanks, Jessica Humphries, Meghan Johnson and their group of children.
Thank you for helping out the Elders with their food.
- For donations in the past year: Mila Staehler, Marlene Hanson and Mike Schultz
- For 7 Cedars Casino with their awesome crew, Chris, Mary, Helen, Ronnie, Melodie Bowers, Larry, and everyone else that I cannot name right now.

Thank you all for your hard work. It does not go unnoticed. I do my best to make sure that people get recognized for their donations. But sometimes, people fall through the cracks. Please, if there is any need to contact me in regards to donations call Mary Snodgrass at (360) 681-4637.

Thank you again,
Mary Snodgrass, Elders Coordinator



Jamestown S'Klallam General Citizens Meeting Saturday, September 6th, 2014 10 a.m.-2 p.m., Red Cedar Hall, Blyn Lunch provided.

(Chairman's Message, continued from page 3)

We will be presenting and discussing these amendments at our General Citizenship meeting on September 6, 2014. The Elections Board will have already sent out voting materials prior to this meeting.

Please do not hesitate to call any of the Council members or me at (360) 681-4621 or e-mail me at rallen@jamestowntribe.org if you have any questions or clarifications.

God bless,

Marie Olive Stephens August 9, 1930 - August 3, 2014

Marie O. Stephens passed away peacefully on August 3, 2014. Marie was the mother of Michael Stephens (wife Victoria); Kenneth Worrell (wife Monika, deceased); and Marie Norris (husband David). Also surviving are sister Barbara and numerous grandchildren and great-grandchildren. Marie resided in New Jersey and was laid to rest at Saint Mary's Cemetery in Cape May, New Jersey.

Marie was from the Patsey family.

Special Election: Constitutional Amendments

The Tribal Election Board and Tribal Council have announced a Special Election.

Mailings containing ballots, the proposed amendments, and statements pro and con will be sent out to citizens age 18 and older, along with the paperwork for unregistered voters to register in time to vote in this election.

Ballots must be mailed back by 5:00 on Thursday, October 9, 2014.

Please note that the Election Board will be at the General Membership meeting to answer any questions.

There are five changes proposed:

1. RESTAGGERING OF COUNCILPERSON TERM - Re-stagger the term of the Councilperson, whether newly elected or re-elected, with one 5-year term and then regular 4-year terms thereafter, commencing with the next election after the amendment is approved by the voters. Assuming the amendment is approved in the fall of 2014, its first impact will be on the election in the fall of 2016 when three positions will be filled (with one of them being the Councilperson for a one-time 5 year term). Subsequently, with the election in the fall of 2023, two positions will be filled, in 2024, two positions would be filled, and in 2025, one position would be filled. There would be no election in 2026 and then the cycle of two, two, one and no election would repeat.
2. CANDIDATE RESIDENCY REQUIREMENT - Require that candidates for the Tribal Council, whether newly elected or re-elected, physically and legally reside, within 90 days of the date of election, within Clallam or Jefferson Counties, Washington. Tribal Council members could serve out their existing terms if they did not meet the residency requirement, but would have to come into compliance if re-elected.
3. ALTERNATE ELECTIONS BOARD MEMBER – Require the Tribal Council to appoint an alternate board member to the Elections Board to serve in the absence of a regularly appointed member.
4. CHANGE IN ELECTION DATE - Change election date to match the date for the federal elections, which are held on the Tuesday after the first Monday of November, each year, unless no election is required (see item 1, above).
5. CHANGE ABSENTEE VOTING TO MAIL-IN VOTING. Technical amendment.

Voting is Important!

Let your voice be heard in the Tribal Special Election in October and make sure you are registered in your home state for the National, State and Local elections in November, too!



Pulling with the Port Gamble Canoe Family

Although the actual Jamestown Canoe Journey was shortened this year (July 21-14; Port Townsend to Songhees), two members of our Canoe Family were eager to pull to Bella Bella, so they arranged to join the Port Gamble S'Klallam Canoe Family, and made the journey with them.

Vicki Lowe and Paul Bowlby left Port Angeles on July 4th with the Port Gamble Canoe Family, and traveled in vans to Sayward, two stops south of Port Hardy. This was the length of the journey that the Port Gamble Tribe was able to make with its 21 pullers and one canoe. Besides Lowe and Bowlby from Jamestown, Sonny Francis and his daughters from Lower Elwha Klallam joined the group. They were supported by a 65-foot boat.

"The man who had captained the support boat in 1993, when Port Gamble went on the first journey to Bella Bella, really wanted to do it again, and he worked with the Tribe and some friends who own a seafood company to secure this vessel. The owners rented it to the Tribe, for \$1 for insurance purposes," explained Lowe.

They pulled from Sayward to Alert Bay, where, according to Bowlby, they witnessed the Hom-itza dance, which he characterized as "the wild cannibal men of the woods." The dancers wore artificial skulls hanging from their regalia. "I had heard about the Homatsa," said Bowlby, "but I never realized that it seems to be associated with cannibalism."

(Author Philip Drucker, in Indians of the Northwest Coast, describes this as a ceremonial dramatization of the cannibal spirit – one of many historic dances that told the stories of the spirit powers that one could attain in life.)

The next stop was Fort Rupert, at Port Hardy, and from there they pulled across the open ocean to the mainland, along with 16 other canoes.

"The great thing about having 21 pullers," said Lowe, "was that we could spell each other throughout the day. One day, we pulled 40 miles, but no one was worn out because we traded places."

Lowe explained that along the journey, she realized that with only 8 dedicated pullers the Jamestown Canoe Family would not have been able to make a trip like this. But with a larger canoe family working as a team, recognizing that no one pulls on every leg of the journey, such an undertaking is possible.

"When I started the journey, I knew a few of the Port Gamble Canoe Family, from our Intertribal Singing and Dancing events. But I got to know everyone better and the journey progressed. They had lots of kids along, too. I learned a lot of new songs and stories."



Port Gamble Canoe Family waits for its turn to ask for permission to come ashore. Vicki Lowe is visible on the right, wearing the cedar visor.

Below, Vicki Lowe and Elaine Grinnell giving gifts, with Lower Elwha Klallam Chairwoman Francis Charles watching on the far left. Mike Schultz photos



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Officials from the Heiltsuk Nation give canoes permission to come ashore at Bella Bella. Mike Schultz photo



All day during protocol, Tribes sang, drummed, danced, told stories and presented gifts to the Heiltsuk Nation. Each evening, the hosts presented the day's performers with gifts. Each Tribe received a huge, painted wooden copper; a ceremonial spear; a ceremonial paddle, and a commemorative blanket.

Sherry Macgregor photo



Left, Paul Bowlby and Madison Nute unfold a blanket to give to the hosts from the Heiltsuk Nation. At left are Gretchen Nute and Joshua Holden. Mike Schultz photo



The Port Gamble canoe coming into protocol in Bella Bella, with Vicki Lowe on board.

Sherry Macgregor photo

Youth Canoe Landing and Protocol



The Tribe's Summer Youth Program is a culturally-rich adventure that includes drumming and singing, making cedar bark head bands, drums, deer hide rattles, dream catchers, god's eyes and other Native craft items. During the mini Canoe Journey the group camped at Fairholme at the west end of Lake Crescent from Monday through Thursday. They practiced paddling on the lake each day leading up to the final protocol on Thursday. "On Wednesday, we paddled approximately 8 miles and had ice cream cones at Grannie's to celebrate," said Youth Program



Coordinator Jeremy Monson.

On Thursday friends and family joined the group at NatureBridge in front of historic Rosemary Inn to welcome them ashore and share food, songs and presents. The kids made the necklaces to give to everyone who was there.

The youth who participated in this year's Summer Youth Program were:

- Jayce Adams (Hall/Adams)
- Bodi Sanderson (Chubby)
- Kenny Coppage (Cook/Kardonsky)
- Ben Mitchell (Tsimshian)
- Tommy Hall (Hall)
- Kiya Hensley (Johnson)
- Elizabeth Smith (Cook/Kardonsky)
- Sierra Gober (Sampson)
- Hailey Gober (Sampson)
- Danna Gober (Sampson)
- Raelynn Lawson (Hall/Adams)
- Skyler La Tour (Sault Ste. Marie Tribe of Chippewa Indians)
- Riley DeLorm (Johnson)



Photos, from top:

Tribal youth pulled to shore at Rosemary Inn, where they were welcomed by Tribal Council Treasurer Theresa Lehman and Tribal Elder Patrick Adams. The children in the Summer Program, led by Megan Johnson and Jessica Humphries, sang the Youth canoe ashore.

Once everyone was ashore and had eaten lunch prepared by Vicki Lowe, some dancing was in order, led by Youth Program Coordinator Jeremy Monson and Canoe Skipper Paul Bowlby.

Thrush Earns Housing Management Certificate

Housing Coordinator Casey-Diane Thrush (Becker family) recently received her General Housing Management Specialist Certification from the Native American Indian Housing Council. This is the first of four certifications she is working on. She will receive the second certification – as an Occupancy Specialist – in September, and then continue with the Financial Management courses, followed by the Development Management courses. When all four have been completed, Thrush will receive her Professional Indian Housing Manager Certification. The first certificate required 72 hours of class time in Seattle, Austin and Oklahoma City, and three lengthy tests. Thrush is proud to have received a mark of 100+ in every test, by completing not only the main exam, but also the bonus questions, and getting all of the answers correct. “I take these courses very seriously and I study in my room every night,” she said.

Besides learning the coursework, Thrush finds these classes valuable, because she has an opportunity to spend time with many other people who do the same kind of work she does – that is, managing Tribal housing units.

“It has been a fantastic experience. Everyone in the room has experienced the same kinds of things I have, and they are great sounding boards. It has been a good opportunity to ask for help and to share ideas,” she said.

Thrush manages the Tribe’s 49 housing units, 27 of which are NAHASDA units, available only to low income, enrolled Jamestown Tribal Citizens. The other 22 of the units are community rentals – units that have been purchased by the Tribe, and which are being rented until the property is repurposed for other Tribal needs. These are available to anyone within our community, with priority given to Tribal Citizens, descendants and staff from all Tribal enterprises. For all of the units, Thrush handles all of the daily tenancy paperwork; maintenance scheduling and payments; and works directly with the tenants. Income from the rentals is reinvested into maintaining them, to insure that they meet all health and safety requirements.

In addition to that work, which keeps her quite busy, Thrush also serves as the staff liaison to the Housing Improvement Program Committee, which reviews applications from Tribal Citizen home owners for financial help with home maintenance.

She also co-created and teaches a two part series of classes on Home Ownership and Home Maintenance called Journey Home which is required for Tribal Citizens to access assistance through the NAHASDA Down Payment Assistance or Matched Savings Programs for home ownership.

This year, Thrush was promoted from Housing Program Assistant (a job she held since 2009) to Housing Coordinator. She reports to Chief Operations Officer Annette Nesse.

“What started as an opportunity for Casey to assist me with the housing program has grown into an opportunity for her. She really embraced the challenge of managing our housing programs. And, agreed to commit the time and energy to increase her knowledge with class work,” said Nesse. “Her diligence in learning on the job paired with her willingness to commit to the class work is a winning combination for the Tribe.”

Prior to her work in Housing, Thrush had worked in several departments within the Tribal organization before returning to her original position of Tribal receptionist which she began in August 1998. In 2008, she approached Nesse and said that she thought she had more to offer the Tribe than answering phones.

“Annette was thrilled and said that she had been waiting for me to say that.” She had something I could help her with and it ended up being housing.

“I love my job. Sometimes it can be overwhelming, because I am the only one and there are always lots of issues and I can’t always get done what I had planned for any particular day when other emergencies or issues arise. But I love the people I help and I feel like I do really worthwhile work. I feel that I have finally found the job that really suits me.”



Photos from the Qwen Seyu Tribal Picnic

More than 300 people attended the August 9th Qwen Seyu Tribal Picnic. It was a beautiful day for a Tribal reunion, and it was apparent that the picnic provides an opportunity for many family reunions. People came in from all over the country to see relatives and reacquaint themselves with long-lost and new-found cousins. The children sang and danced; graduates and students achieving excellence in their studies were honored, as was Volunteer of the Year Sandy Kardonsky. The Tribal Maintenance crew did a fantastic job steaming the oysters, clams and corn, and members of the extended Prince family gathered to prepare the salmon both on sticks around the fire, and on the large propane grill. There was plenty of food and lots of laughter and hugging to go around!

Clockwise, from left: Joy Munyago (Chubby); Quinn Adams (Adams); Jessica Humphries (Collier); Rosie Massey (Tsossie family, Navajo Tribe); Sam Gorduk



(Adams); Jesse Chavez (Shoshone Tribe); David Johnson III (Johnson family, Lower Elwha Klallam Tribe); Russell Gaither (Nakoda Tribe); Bailey Gorduk (Adams); Eva Osmer (Osmer); Sofia Chavez (Shoshone Tribe); TrinityLyn Gaither (Pahcheedaht First Nation); Amara Osmer (Osmer) I Liliy Mitchell (Tsimshian Tribe); Sally Fairbanks (Ojibwe Tribe); Nyomie Colfax (Collier); Tillie Norton (Campbell); Ella Massey (Tsossie family; Navajo Tribe); Anthony DeVeiga (Makah Tribe); Eilinhoir Lawson (Adams); Kiana Redner (Washburn); Elijah Osmer (Osmer); Caitlyn Humphries (Collier); Cameron Colfax (Collier).



These are the students who attended the picnic and were honored. Many others could not attend, but were honored in absentia. Back row: Tribal Chair/CEO W. Ron Allen, and Education Committee members Rochelle Blankenship, Vickie Carroll, Theresa Lehman and Beth Anders, Chair. Students, from left: Shawna Priest, Elyse Ulowetz, Olivia Barrell, Hawk Grinnell, Nick Grinnell, Jon Donahue, Anjanette Erickson, Trisha DeChenne and Justin Brown.

My Diabetes Road by Ann Adams

My Journey on the Diabetes Road began in 1979



with my first pregnancy. During pregnancy the term is *gestational diabetes*. At the time I had no idea what that was or what it meant. They were just words. And as it turned out I was also a gestational diabetic with my second child. What I learned after the fact was that gestational diabetes

is progressive. Once you are diagnosed with gestational diabetes, your chances are greater for developing Type 2 Diabetes in later years. Sadly that was the case for me. In the mid 80's I was diagnosed with borderline diabetes, Type 2. The termed used today is *pre-diabetes*.

At this stage of the disease I was informed that it can be managed with diet and physical activity. This was my first crossroad. Learn more about the disease and stay physically active. For several years I had walked to and from work (three miles round trip), the old preverbal shoe leather express, and this probably helped keep my blood sugar levels down. I joined an aerobics class, and when that was no longer available, I joined a water walking class. I tried to make healthy food choices...even today, when the healthy food choices are there, I need to work on portion control. I don't drink or take drugs, so food is my vice of choice.

Early on in my disease I met with the Tribal Nurse weekly and sometimes bi-weekly, and she monitored my blood sugar levels, discussed food choices and helped me come up with meal plans. She informed me that by following a meal plan and making healthy food choices I could delay going on medication, but said "just keep in mind that there will come a time when you will eventually go on medication."

In the early 90's while attending college, my diabetes symptoms increased. By then I had been reading more material on diabetes and I had all the

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The American Association of Diabetes Educators' 7 Steps/A Plan to Support Personal Diabetes Care

1. Healthy Eating:

You don't have to give up your favorite foods

- a. Portion Control
- b. Three types of nutrients: carbohydrates, proteins and fats
 1. carbohydrates - raise blood sugar levels – limit amount
 2. proteins - have very little effect on blood sugar
 3. fats - know what is a good fat, and what is unhealthy

2. Being Active

- a. come up with a plan that you would enjoy doing
- b. take baby steps

3. Monitoring

- a. monitor blood sugar levels daily, A1C every 3-6 months
- b. blood pressure: less than 130/80
- c. cholesterol levels:
 - HDL (good kind) greater than 40 mg for men 50 mg for women
 - LDL (bad kind) less than 100 mg
 - Triglycerides less than 150 mg

4. Taking medications: Follow directions, take as directed and at time directed, do not miss a dose. Know what each medication is for.

5. Problem Solving

- a. plan for special occasions; check out what is on the menu and plan medications accordingly
- b. exercise indoors in winter
- c. plan for sick days. Have medications and sundries (Kleenex, cough medication, etc.) handy

6. Reducing Risks

- a. A1C level at or below 7
- b. stop smoking or cut down
- c. annual visits with your health care team
- d. check feet on a regular basis
- e. check blood sugar levels and blood pressure regularly
- f. dental visits 2 times a year and brush every day

7. Healthy Coping

- a. have a support network to fall back on
- b. support groups
- c. let your doctor know if there are any changes in mood, appetite, sleep, or you don't feel like taking care of yourself
- d. be or become active; it influences your mood

Academic Achievement Awards

These students earned Academic Achievement Awards based on Grade Point Average, presented by the Tribe's Education Committee at the Tribal Picnic on August 9th. *Congratulations on your educational achievements!*

| | | | |
|---|--|---|--|
| High School: Anjanette Erickson Jason Holden | College: Laci Allen Olivia Barrell Justin Brown Trisha DeChenne | Robert DeCouteau Michael Donahue Nick Grinnell James Hall Rosa Hunter | Bridgette Light Kaitlyn Peterson Brayton Ruffcorn Elyse Ulowitz Nicholas Ulowitz |
|---|--|---|--|

Another Tribal Graduate

Michael Donahue received his Associate of Science degree in Fire Science from Everett Community College, in December, 2013.

"My plans for the future are to become a paramedic/firefighter. I may also do some form of construction on the side, since firefighters commonly work only 9 days a month. Right now I'm a part time firefighter/EMT for the City of Arlington, WA and applying for full time positions."

Michael is a Tribal citizen from the Prince family; the son of Julia Grinnell and grandson of Elaine and Fred Grinnell.



Lounsbury on Deans List



Tribal Citizen Raymond Lounsbury is attending County College of Morris in New Jersey, working toward his AA degree. In July, he received a letter from the Vice President of Academic Affairs congratulating him on qualifying for the Dean's Honor List for the Spring 2014 semester, because he had achieved a grade point average of 3.0 or higher.

Ray also works full time and is getting married this September!

Ray is the son of Glen Lounsbury, Trina Bridges-Jeffrey and William Jeffrey, grandson of tribal member Meredith Kardonsky Bridges and Raymond Bridges and birth grandma Annie Kardonsky Balch of the Cook-Kardonsky family.

New Degrees Offer Native American Focus

Please check out these exciting opportunities at Peninsula College!

Peninsula College offers a special Associate in Arts degree which is inclusive of Native perspectives.

With a unique set of courses particularly relevant to tribal communities, this program can prepare students for The Evergreen State College's Bachelor of Arts degree program. It can also be

transferred to other colleges and universities. This AA can include both online and face-to-face classes.

Evergreen offers a Bachelor of Arts degree at PC: Reservation Based Community Determined program (RBCD). Students attend weekly classes at the Peninsula College Longhouse, as well as four Saturday seminars per quarter at The Evergreen State College Longhouse.

Financial aid and scholarships are available!

Now is the time to plan your next educational steps. If you or someone you know is interested in learning about these degree programs, please contact Ami Magisos at 417-7987 or Evergreen@pencol.edu, and we will help you plan your next steps.

Council Supports Eagle Scout River Center Project

When 13-year old Sean Weber came before Tribal Council on July 30th, they were immediately impressed by the confidence he expressed when explaining his reason for being there. As a Life Scout in Boy Scout Troop 90 in Sequim, Weber is embarking on his Eagle Scout Project, which he explained as one that “must demonstrate leadership and better the community.”

Weber came before Council because his project is to take place at the Dungeness River Center in Railroad Bridge Park, owned by the Tribe. He proposed building a three-tier water feature/bird bath outside the Audubon Center building, using a large boulder that was previously donated, with a natural divot in its top surface that naturally catches water.

“The pump, sump and filter all have to be replaced,” he explained of the earlier attempt at a water feature. “We will excavate the overgrown vegetation and transplant it elsewhere, built up dirt, and place boulders, stream bed rocks and the bird bath to create the cascading tiers.”

The project is his design, but it was conceived by working with the River Center staff and adapting his general idea of a “water feature” into this bird-and-human-friendly unit, which will be located just behind the Center’s birdfeeder.

Weber came to Council seeking funding. When asked if he was intimidated by appearing before the Tribal Council, he said “No, I do a lot of public speaking.”

He has a tight schedule planned – to get the project done before the River Festival on September 26-27.

“I’m just finishing up the fundraising now,” he said on August 5th. “On August 7th, I am meeting with the landscapers to figure out when we should hold the two or three work parties. These will be done with volunteers including my fellow scouts, and River Center volunteers.”

Tribal Council approved a \$1,000 donation to Weber’s project to help cover the costs of hired labor, materials and food for work parties.

Why did he want to do a project at the River Center?

“I like to go to Railroad Bridge Park. I run cross country and track there, and I have attended their summer camps. I’m a big fan of nature and biology, and I wanted to help the park,” he said.

Most scouts that are working toward Eagle Scout are juniors or seniors in high school, but Sean is ambitious to attempt it at age 13. He was seventh grade student body president, and he will be eighth grade student body president when he starts school in September. He also plays on the Sequim soccer team.

Sean is the son of Carl and Asma Weber, both physicians in Sequim.



Sean Weber in his full Scout regalia



Eagle, by Dale Faulstich.
We wish Sean much luck in earning his
Eagle Scout status!

Tamanowas Rock Defaced by Graffiti

Jamestown S’Klallam officials learned last month of the pink and white painting of “I [heart] Miranda” on the towering Tamanowas Rock. The graffiti is about 8 feet long from end to end in letters that are roughly three feet tall.

“I don’t know who Miranda is,” said Annette Nesse, Chief Operating Officer for the Tribe. “She must mean a lot to somebody, but painting it on the rock is definitely not the best way to express it.”

Nesse and Bill Laubner, Tribal Facilities Manager, are determining the best way to remove the graffiti without damaging the rock.

Nesse doesn’t think the painting was done with malice. “I just think whoever painted that didn’t realize how important the rock is to us,” she said.

The Jefferson County Sheriff was notified as soon as the Tribe discovered the graffiti. The same “I [heart] Miranda” graffiti had also been found on the Uptown Theater and at the high school in Port Townsend.

The Tribe has been working with Jefferson Land Trust and Washington State Parks since 2009 to protect the property. Since purchasing Tamanowas Rock in December 2012, the Tribe has turned the property in to a sanctuary, with specific allowable uses. “Passive recreation” is the general term that describes the allowable activities. This includes hiking, education and bird watching.

The area has been a favorite spot for rock climbers, an activity which is no longer allowed within the sanctuary boundaries. Steel cable still hanging from the rock indicates that people may still be climbing there. In addition, fires are not allowed, but there is evidence throughout the sanctuary that people have been making fires.

The 43-million-year-old monolith has been used for millennia by Salish Native Americans for hunting, refuge and spiritual renewal rituals. The rock, believed to have formed from molten lava, was used as a lookout for mastodon hunters thousands of years ago. Aside from the rock’s enormity, one of its most unique features are the large, round caves formed from gas bubbles during the rock’s development. In the Klallam language, Tamanowas means “spirit power.” “It’s an incredibly important site for us,” said Nesse.

Standing more than 150 feet tall, Tamanowas Rock is made up of a pair of basalt masses that shoot up through a dense forest, offering sweeping vistas of Admiralty Inlet, Whidbey Island and the Cascades.

Tamanowas Rock was listed on the Washington Heritage Register in 1976. The Tribe is seeking to have it added to the National Register of Historic Places.



The I [heart] Miranda graffiti, just below some of the ancient caves



This sign greets visitors to the Tamanowas Rock Sanctuary

The Tribe is offering a \$500 reward to anyone who leads law enforcement to the person who defaced Tamanowas Rock with this graffiti. Contact Enforcement Manager Rory Kallappa at rkallappa@jamestowntribe.org if you have any information.

Adapted from an article by Joe Smillie, Peninsula Daily News

(My Diabetes Road, continued from page 11)

symptoms; thirsty all the time, needing to go to the bathroom all the time, bruising easily, wounds taking a long time to heal, blurry vision, tired all the time, and my mind in a fog most of the time, taking forever to recover from any illness. When your mind is in a fog it's not good for your overall Grade Point Average. This was the second crossroad for me. In the summer of '94 I was sick and tired of being sick and tired. The Lower Elwha Clinic was handling my medical care, so I made an appointment and went through a series of tests, including the Glucose Tolerance Test. My blood sugar levels had reached the point where it was now time to go on medication. I was now a diabetic, like my mother before me.

The first line of defense is oral medication, and this was my third crossroad. There are several types of oral medications and the ones that I have taken over the years include Metformin, which worked but my body could not handle the side effects; Glucotrol, which worked but don't remember why I switched; Glipizide, which worked but lowered my blood sugars too quickly. The pills were working, but over time, not well enough. In 2004 insulin was added.

Now I am in a roundabout and will be here for some time. This means daily management of my diabetes - testing my blood sugar levels daily. If they fall too low, I have to treat (eat something that will quickly get into my bloodstream), wait and test again. If my blood sugars are too high my insulin has to be adjusted. Other things that have to be done on a regular basis are foot checks at home and at every doctor visit; lab work done every 3 months to check my A1C level; blood panels to check liver, kidney and thyroid functions; and have an annual dilated eye exam.

At times it can be frustrating and depression sometimes sets in, but it is about taking one day at a time, one meal at a time, looking into a healthy future and being able to watch my grandchildren grow.



(Dave Purser, continued from page 2)

"Jake had a "live box," with wood on top and chicken wire on the bottom, where he kept live crabs in the water, so that he could cook them as needed. Besides catching crab for the village, Jake also sold them to local folks, and to Dupuis Restaurant, where Jake's daughter, Harriette Hall Adams, worked for many years," he said.

"Lyle Prince (who is 14 years older than Dave) was my hero," he said. "I used to have to fight my Dad for the radio so I could listen to Lyle's boxing bouts!"

Dave loved sports – basketball, football and baseball – and played in Sequim and at the various Indian schools he attended when he was in and out of foster care throughout his childhood.

But when his family was in financial trouble, Dave dropped out of school to go to work.

"If I had stayed in school, my family would have been split up again. If I worked, at least my family was able to stay together. Family meant more to me than leaving them stranded so I could go to school," he said.

Starting at age 15, he lived with his uncle David Hunter in worker housing at the Bugge Cannery at Washington Harbor, which had once been the site of one of the largest S'Klallam villages on the Strait of Juan de Fuca. When his family finally lost the home at Jamestown for back taxes, it was purchased by Chad and Mickey (Prince) Judson.

When he married, Dave moved to Hoh River and lived near his wife's family for more than 30 years. He logged and fished for a living, and for as long as he was surrounded by others who spoke it, he could speak Quileute. He and his wife raised her three children there. His mother-in-law was Lila Fisher, was well-known for making cedar hats.

He moved back to Sequim about a decade ago, and continued working for several years until he just didn't have the strength for logging anymore.

Now Dave lives very close to the Tribal campus, and is pleased to have had caregiver named Lloyd for the past two years. The two really get along well, and Lloyd's care has enabled Dave to live in his own home despite health problems.

"I beat (kidney) cancer, and then had a heart attack, and then a stroke," he said. "I think I'm still around because working so hard all those years made my body strong."

He is proud of how far the Tribe has come; loves visiting all of his "girlfriends" in the Tribal offices; and he feels respected by all of the people in the Tribal community.

"I always remember being told to treat people the way you want to be treated, and they will respect you," he said.



Library Corner

Jamestown Reads!

**Monday,
September 28
5:30 p.m.
Napoli's**

Join us for refreshments,
some food and a book
discussion.



Tech Tuesdays

**Computer classes starting
September 16th
2:00pm – 4:00pm**

Still think a mouse is something the cat
dragged in? Would you like to cruise the Information
Highway but can't find the on ramp? Maybe beginning
computer classes are for you.

The Library staff at Heron Hall will the teach the basics and
give you plenty of time to practice.



At last month's brown bag lunch, the Ukes of Hazard were a fun bunch!
There were extra ukuleles so participants had the opportunity to join in.

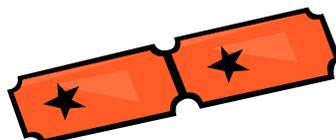
Brown Bag Lunch and Movie

**Thursday, September 18th
12:00 p.m.
Red Cedar Hall**

The movie Ground Operations is 40 minutes long so
we will start the movie a little after noon.



Special Events!



**Save the Date for Native Film Night
Film: "Return of the River"
Thursday, October 16
5:30 p.m. Red Cedar Hall**

Dinner Provided! Seating is limited so please RSVP to
360-681-4632 or library@jamestowntribe.org

xčít: "to know"



Did you know? You can access
American Indian Quarterly online

and can also set up email reminders so you are
notified when the next issue is available. Call or
come into the Library for instructions on how to
access through our ProQuest database.

Did you know that the Library is open on
Saturdays? 9:00 a.m.—4: 00 p.m.

Library: 360-681-4632
Librarian Bonnie Roos: 360-582-5783
Library Assistant Marlene Hanson: 360-681-3416
Library Assistant Jan Jacobson: 360-681-4614

library@jamestowntribe.org
broos@jamestowntribe.org
mhanson@jamestowntribe.org
jjacobson@jamestowntribe.org

Visit the Tribal Library at 1070 Old Blyn Highway in Heron Hall; Open M-F 9 a.m.-5 p.m., Sat. 9 a.m.-4 p.m..

Website: <http://library.jamestowntribe.org>



Culture Corner

Coast Salish Design Class

We will create a Salish Design, and use it to make a block print.

Students will learn the basics of Block Printing. They will learn carving techniques using linoleum blocks, and how to print using inks.

Please join us – this class is open to 14 students, ages teen to Elders. Please sign up by calling or emailing Vickie Carroll.

Instead of one 8-hour class, we will have two 4-hour classes, same students:

Date: Saturday, October 4, 2014 – 11:00 to 3:00 AND Saturday, October 11,

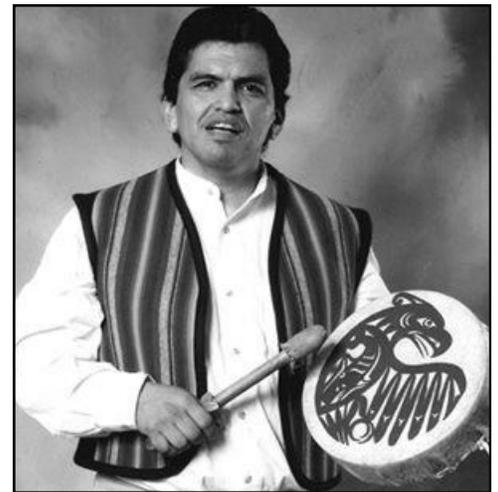
Time: From 11:00 to 3:00 on both days

Place: Hummingbird Hall, 233 Zaccardo Road, Sequim

Instructor: Roger Fernandes, Lower Elwha Klallam Tribe (shown at right)

His art is a blending of traditional and contemporary images that presents his visions of Salish spirituality and culture. He worked in a variety of mediums including drawing, painting, printmaking, and photography. His works have been purchased by individual collectors worldwide and by public arts organizations in this region.

Contact Culture Coordinator Vickie Carroll with any questions;
by phone at 360-681-4659 or 1-800-262-1109 X4659 or by email at vcarroll@jamestowntribe.org.



(Pulling with Port Gamble, continued from page 6)

Lowe said that the farther north they got into Canada, the more it was like canoeing into a time warp.

"It is so culturally rich. Their big houses (longhouses) smell like centuries of smoking fish, and they line up on both sides of a high cedar log and drum directly on the log. When the log deteriorates, they bring in another log.

"The habitat is pristine, with trees right down to the waterline," said Lowe.

For four of the next several nights, they slept and ate on the support boat, because there were no beaches on which to land, and no tribes to welcome them.

Bowlby recalled one particularly difficult leg of the journey, finally ending at Clam Beach on the mainland.

"We anchored in a sheltered lagoon after a rough crossing. The nearest Tribe came to the coastline from 35 miles inland. The water was glassy, and a full moon came up. I slept on the beach, within one foot of the high tide. The next morning, we saw whales out in the mist. It was glorious," he said.

"Port Gamble Skipper Laura Price is an incredible skipper," said Bowlby, who has been the Jamestown skipper for many journeys. "She is so capable."

Elaine Grinnell counted a total of 42 canoes at the final protocol at Bella Bella on July 13th. 14 members of the Jamestown Canoe family were there to greet them, having come up on the ferry. The S'Klallams all camped on "Grandma Phyllis'" property, and got to know her and her daughter Ruby and her children.

"They were all so generous. And each day Ruby and her sister baked pastries and sold them. Their frybread filled with pizza toppings and lemon and butter tarts were incredible," said Lowe. This is something that they do throughout the year, but they sold a lot and took a lot of orders during the journey."

Bella Bella is an island, and people really have to plan for their shopping – to take a ferry or a plane to shop in anything larger than a convenience store. But in preparation for the journey, the Tribe set up a more extensive store in a local church building. After the journey, the shelving and inventory was going to be kept, as a larger store for the small island village.

"I was disappointed that Jamestown didn't go, but going with Port Gamble was a wonderful experience. Paul and I so appreciated being able to join them. It was a good learning experience to see how another canoe family operates. All canoe families have "issues," but in the end, when you get into the canoe and work together, you feel so close. We had a blast!"

Lowe encourages anyone with any level of interest in the journey to join the Canoe Family. That doesn't necessarily mean being a puller. Anyone can participate at any level. And even though there won't be another formal journey until Nisqually in 2016, for the next two years, there will still be opportunities to sing and drum and dance, make gifts, learn to pull, and raise funds for future journeys.

News from Tribal Fish and Game

- When you are hunting this season please ensure you have your hunting tags with you at all times. Tags must be returned to the Tribal Fisheries Office within 10 days of harvest. Please refer to the annual hunting regulations for seasons and bag limits.
- Male elk in Game Management Unit 602, DICKEY, is open as of September 1, 2014.
- For hunting and gathering you can now obtain keys to access certain DNR gated lands. Please contact Anika Kessler at 360-681-4624 for further information.
- Quilcene River is now open. Please ensure that you pick up your trash.
- If digging in the tidelands by the log yard, ensure you are digging in the area that is open. If you have any questions in regards to boundary lines, contact Shellfish Biologist Ralph Riccio at 360-681-4630, or contact Enforcement. For further information on digging in the log yard, refer to the current regulation.
- For openings, emergency closures, and regulations refer to the PNPTC web site (<http://www.pnptc.org/Regulations.html>).
- If you lose gear, please fill out a lost gear form. The form can be downloaded from the PNPTC website, or you can pick one up from the office. If you do not report it, you may be issued a citation.
- All subsistence harvest of fish and shellfish within the Tribe's U&A must be reported on subsistence cards before you leave the harvest area. Please ensure you have your Tribal I.D. and subsistence card on you at all times.
- Before you go subsistence crabbing:
 - Know how to measure the male crabs.
 - Know the types of crabs and how to identify them.
 - Know how to record your Dungeness crab on your subsistence card.
 - Ensure your traps and gear meets all the requirements.

If you have any questions or concerns please don't hesitate to contact us:
Rory Kallappa (Fish & Game Enforcement Manager) cell 360-477-0233, office 360-681-4629
Jason Robbins (Fish & Game Enforcement Officer) cell 360-460-5178, office 360-582-5797

Deadlines for Jamestown Higher Education Scholarship Applications:

Winter Quarter/Spring Semester ~ Nov. 15th

Spring Quarter ~ February 15th

Summer Term Due ~ April 15th

Fall Quarter /Fall Semester ~ June 15th

For information on Higher Education funding, contact Kim Kettel at 360-681-4626 or kkettel@jamestowntribe.org

Find Us on the Web

Websites:

- Tribal Government: www.jamestowntribe.org
- 7 Cedars Resort/Casino: www.7cedarsresort.com
- Tribal Library: <http://library.jamestowntribe.org>
- Tribal Online Museum: www.tribalmuseum.jamestowntribe.org
- Canoe Family: www.jamestowncanoefamily.com

Facebook Pages:

- Tribal Government: www.facebook.com/JamestownSKlallamTribe
- Tribal Library: www.facebook.com/pages/Jamestown-SKlallam-Library/4689834031
- Wellness Program/Health Department: <https://www.facebook.com/JamestownHealthandWellness>
- S'Klallam Warriors (Mud Run): <https://www.facebook.com/SKlallamWarriors>
- S'Klallam Tribal Events and Announcements: <https://www.facebook.com/groups/sklallam.events.announcements/>

YouTube Channel: Tribal Library: <http://www.youtube.com/user/jstlibrary>

Employee Survey Results

The tribal government has grown by leaps and bounds over the last several years. Our employees play an important role in managing the changes inherent with this growth as we work together to advance the mission and vision of the Tribe. In light of our growth and prominence as a major employer on the Olympic Peninsula, an employee satisfaction and engagement survey was administered in June. 176 employees (79% of government staff) participated in the employee satisfaction and engagement survey. Our staff's insights provided valuable base-line data that will help us improve our workplace.

The survey found our overall **employee job satisfaction** to be 83%, 13% above satisfaction levels of other U.S. employees surveyed by the Society for Human Resource Management (SHRM).

Jamestown Employee Job Satisfaction

83% Very Satisfied or Somewhat Satisfied
6% Neutral
11% Dissatisfied

Other U.S. Employees Surveyed by SHRM

70% Very Satisfied or Somewhat Satisfied
14% Neutral
16% Dissatisfied

What is "employee engagement" and how did we score?

Employee engagement is the energized feeling an employee has about work. It is defined by feelings of urgency, focus, enthusiasm and intensity. Engagement in an organization also prompts employee behaviors that have a positive impact on the success of the organization.

The survey found Jamestown employees are more engaged when compared with similarly sized governmental organizations.

Using a scale of 1 – 5, where 3.0 = moderately engaged and 5.0 = highly engaged, our overall employee engagement is 3.9 compared with the score of 3.6 for other U.S. employees and a score of 3.5 for employees of similarly sized governmental organizations.

Strengths and Opportunities

We learned that the main reason employees continue to work for the Tribe is "meaningful work." Our top areas of employee satisfaction include the work itself; the benefits package; and opportunities to use skills and abilities in one's work. Staff also expressed satisfaction with paid training; having a diverse and inclusive workforce; the organization's commitment to corporate social responsibility; and the overall corporate culture. **Eighty-three percent of staff would recommend JST as a good place to work.**

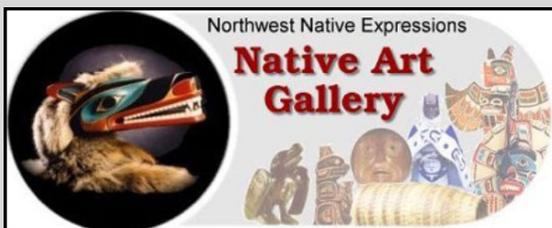
Our top areas of dissatisfaction (our "opportunities") are communication between employees and senior management; and compensation. We also learned that 26% of staff report they are "Very Likely/Likely" to look for a job outside Jamestown in the next 12 months, and that one of the main reasons is compensation/pay.

And while the Tribe has many long-term employees, 33% of our employees have been here two years or less.

We will repeat the survey in two years and hope to see measurable progress.

~Robin Hake, Human Resources Director

Time to start thinking about holiday shopping! Northwest Native Expressions Gallery and Gift Shop has a great selection of items you won't find anywhere else! Come in and see us!



Northwest Native Expressions Gallery and Gift Shop
1033 Old Blyn Highway, Sequim on the
Jamestown S'Klallam Tribal Campus
Open 9 a.m. - 5 p.m. daily.
Shop online: www.NorthwestNativeExpressions.com

Events Calendar - September 2014

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|------------------------|----------|--------------------------------|-------------------------------------|
| | 1 | 2 | 3 | 4 | 5 | 6 General Citizenship Meeting |
| 7 | 8 | 9 | 10 | 11 | 12 Elders Luncheon | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 Diabetes Program | 25 | 26 Dungeness River Festival | 27 Dungeness River Festival |
| 28 | 29 | 30 | | | | |

Tribal Committee Meeting Schedule

| | Meeting Date/Time/Place | Contact/Phone |
|---------------------|--|---------------------------------|
| Community Network | Fourth Wednesday of January, April, July and October, 5:30 p.m., Social and Community Services Elders' Lounge | Candy Burkhardt 360-681-4625 |
| Culture | 5 p.m., Social and Community Services Elders' Lounge; call for date. | Vickie Carroll 360-681-4659 |
| Elders | Call for date. Social and Community Services Elders' Lounge | Mary Snodgrass 360-681-4637 |
| Enrollment | Call for information. | Jeremy Monson 360-681-4617 |
| Health | Second Tuesday in January, April, July, October, 6:00 PM Jamestown Family Health Center Community Health Conference Room | Cindy Lowe 360- 582-4876 |
| Higher Education | Call for date, 4:30 p.m., Social and Community Services Fish Bowl. | Kim Kettel 360-681-4626 |
| Housing Improvement | First Monday of January, April, July and October at 6:00 p.m. in the Elders' Lounge. If the first Monday falls on a holiday it is moved to the second Monday of the month. | Casey Thrush 360-681-3411 |
| Natural Resources | Second Monday of each month, 4 p.m. Community Center Alderwood Room | Anika Kessler 360-681-4624 |

Job Openings, Apply Online!

The Tribal Government's Human Resources Department is creating a list of Tribal citizens and descendants who are interested in being considered for temporary employment on future JKT/JEX construction projects. We are looking for experienced:

Flaggers

Heavy Equipment operators

General laborers

JKT/JEX does not currently have openings for these positions; this list is being created in anticipation of future projects. If you are interested in being considered for temporary employment on future construction projects, please contact the Tribe's Human Resources Director Robin Hake, at 360-582-5788 or email rhake@jamestowntribe.org. Thank you!

Education & Volunteer Coordinator I

Dungeness River Audubon Center, Open until filled

Please visit <http://jamestowntribe.iapplicants.com> for job description and to apply online.

Non-Jamestown Government Job Opportunities

Session Aide to Senator John McCoy: Assist in the areas of communication, research and public relations. This position is ideal for a student with a major emphasis in governance, business, political science, public administration or a related field. Full time Jan./Feb./March 2015, paid, in Olympia, WA. Send resume and cover letter to John.McCoy@leg.wa.gov by October 1.

Legislative Session Internship: After orientation and trainings to enhance understanding of the legislative process, interns will complete research related to bills respective to Senator McCoy's committees. Positions are 15-20 hours per week, unpaid, but academic credits are available on request. Send resume and cover letter to John.McCoy@leg.wa.gov before October 1.

Tribal Committee/Board Appointments

- Health Committee: Robin Didrickson has been appointed to complete the term ending January 31, 2016.

Tribal Citizens: Would you like to own a Jamestown S'Klallam Flag?

If we have enough interest in flags, we can purchase them at wholesale prices:

2' x 3': \$40 or 3' x 5': \$60

If you are interested, please call Ann Sargent at 360-681-4661 or email her at asargent@jamestowntribe.org.

Once we see how many people want flags, we will place the order. If we do not have sufficient interest, flags will still be available, but the price will be higher. We will contact you to let you know the details once we have determined them.



Dungeness River Festival September 26th and 27th

Dungeness River Center at Railroad Bridge Park, 2151 West Hendrickson Road, Sequim

On September 26-27 the annual Dungeness River Festival will fill Railroad Bridge Park in Sequim with music, activities, and hundreds of visitors. The Festival theme, "Celebrating wonder, inspiration, and fostering stewardship" reflects the richness and resources of the Dungeness Watershed. This year's Festival, sponsored by the U.S. Forest Service and First Federal, will include a student art contest to commemorate the 50th anniversary of the Wilderness Act. The Festival hours are 10:00 a.m. to 4:00 p.m. and admission is free. On Saturday morning, the Jamestown Tribal Singers and Drummers will open the festivities. In conjunction with the River Festival, the Olympic Driftwood Sculptors will hold its sixth anniversary show on Saturday and Sunday, September 28-29, in the River Center.

The interactive nature exhibits and activities on Friday and Saturday will feature nearly all the local, state, federal, tribal and non-profit entities active on the north Olympic Peninsula. In addition, the Festival will feature music, walks, presentations, story telling, food, and more.

Many volunteers are needed for an event this large. If you'd like to help with set-up on Thursday afternoon (Sept. 27) or during the Festival, please contact Vanessa Fuller at rcoffice@Olympus.net or call her at the River Center at 360-681-4076.



A human in a salmon suit looks over the bridge's edge, while children learn about the Dungeness River. The festival is for nature fans of all ages!

9th Annual Northwest Indian Storytelling Festival Thursday, October 9 - Monday, October 13 Portland, Oregon

The Northwest Indian Storytelling Association (NISA) 2014 Festival and Emerging Traditional Storytellers Workshops celebrates the ninth season of traditional storytelling in the Pacific Northwest. With friends and relatives joining us from around the region, generations come together to listen to and learn from one another, the craft of traditional storytelling woven into each day.

The 2014 NISA Workshops and Festival are scheduled for October 9-13, 2014. Traditional drumming and singing, with opening prayer and commentary by treasured native elders are integral to the events. The registration fee for the Emerging Tribal Storytellers Workshop is \$40 plus the donation of an item for our silent auction. This fee covers two days of workshops culminating in Sunday's Emerging Storytellers Matinee, three meals, and entry to all storytelling festival events. Workshop events are for any tribal member and those who self-identify as Native American. You do not need to regard yourself as a storyteller to participate.

The Northwest Indian Storytellers Association (NISA) was formed in 2005 to encourage, preserve and strengthen traditional storytelling among tribes in Oregon, Washington and Idaho, and to share tribal oral cultural arts with our entire regional community.

Sponsors of NISA have included Northwest Indian College (NWIC), Native American Youth and Family Center (NAYA), Portland Community College Native Nations, Portland Art Museum Native American Art Council, KBOO Community Radio 90.7 FM, Northwest Indian Storytellers Association (NISA), and Wisdom of the Elders, Inc. Funding provided by National Endowment for the Arts, and Multnomah County Cultural Coalition.

Learn more and become a member of NISA so that you can participate in the storytelling workshops, at www.WisdomoftheElders.com/nisa/

NORTHWEST INDIAN STORYTELLER'S FESTIVAL



Announcements

Jamestown S'Klallam School Supply Drive

School supplies are one important part of school success. Please join us in helping the Native students in our community be prepared for that success.

Things we can use include pencils, lined paper, erasers, 3-ring binders, post-it notes, rulers, clip boards, crayons, Kleenex, scissors, pens, tablets, markers, folders, flash drives, hand sanitizer, backpacks, colored pencils, glue sticks, and other

Items or checks (made out to Jamestown S'Klallam Tribe with "school supplies" in the memo line) may be dropped off at :

- Social and Community Services Building
- Jamestown Family Medical Clinic
- Jamestown Dental Clinic
- Tribal Administration Building Lobby

If you have questions, or have children who need supplies, please call Carmen Maxwell at 360-681-4647 or Sally Fairbanks at 360-582-1411.



Tribal Food Bank

If You Need Help:

Contact Christine Kiehl at 360-681-4636 or ckiehl@jamestowntribe.org to begin the process. Fill out some initial paperwork, and then, each month a family may take up to 25 pounds of goods from the food bank.

You may also qualify for other programs that can help with food and other necessary items.

Food Bank staff members are available Monday through Friday from 8 a.m.-Noon, and from 1 p.m.-4 p.m. to open the food bank room.

How Can You Help? Donations are always appreciated!

This may include:

- Financial donations
- Non-perishable, healthy foods
- Fresh produce
- Pet food
- Toiletries, personal hygiene items (no over-the-counter medications)
- Cleaning items
- If you donate a large quantity of something (for example, 50 pounds of rice), please also donate a box of zip lock baggies so that we can apportion the item into smaller, sealed packages.

Jamestown S'Klallam Tribe STOWW Distribution Days 2014

Tuesdays from 1:00 p.m. to 3:00 p.m.

September 16, 2014; October 20, 2014; November 18, 2014; December 16, 2014

To make other arrangements for pick up, call Tanya Pankowski 681-4639

To Report missing food items, call 1-800-567-6690 EXT X 227

Pat and Patsy Adams, booksellers

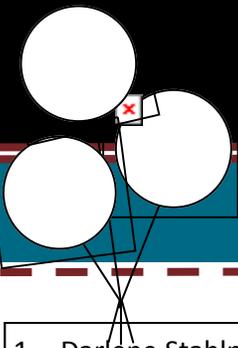
Anarose, an online bookstore at Amazon.com

Featuring approximately 1650 new and used books of many differing genres, including Native American. We pick out books from various sources; grade, clean, and repair them if necessary, and list the books online. When an item sells, we package it for mailing, send a greeting to the book's new recipient letting him/her know that the book is on its way and that it comes with a free tracking number if shipped within the United States. On some items, we even ship internationally.

To view our online store, visit

www.amazon.com/shops/anarose

Questions? Email patpatsyadams@olypen.com or call 360-683-0119



Happy Birthday!

Tribal Council sends birthday wishes to these Tribal citizens this month!

- | | |
|----------------------------|------------------------|
| 1 Darlene Stahlnecker | 16 James Rowling Jr. |
| 2 Shawna Priest | 18 Justin Obermiller |
| 4 Annette Erickson-Murallo | 19 Jason Holden |
| 4 Anthony Nichols | 19 Richard Johnson |
| 4 Beatrice Jackson | 20 Dylan Allen |
| 4 Carol Musial | 20 Kristy Myers |
| 6 Charles Jenkins | 23 Kenneth Morrow |
| 6 Sheri Higgins | 23 Medielaine Depouli |
| 9 Bonnie Nichols | 24 Heather Cajas |
| 9 Jerelyn Allen | 25 Carol Woodard |
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| 10 Brianna Robinson | 25 Kenneth Hall |
| 10 Darleen Crawford | 25 Lyle Prince |
| 10 Gloria Donnelly | 26 Dana Ward |
| 10 Pharis Gusdal | 26 Randy Smith |
| 11 Ann Tjemslund | 27 Clara Abbott |
| 11 Desari Schmitt | 27 Scott Harner |
| 11 Elizabeth Adams | 28 Albert Fletcher |
| 11 Merle Holden | 28 Juanita Walker |
| 12 Gary Croft Jr. | 28 Jessica Humphries |
| 13 Nicholas Kardonsky | 29 Edward Anders |
| 13 Russell George | 29 Gary Peterson |
| 14 Douglas Harner | 29 Jerry Allen |
| 14 Thomas Hall | 29 Kayla Holden |
| 15 Jesse Holden | 29 Virginia Kitzmiller |
| 16 Jacob King | |

Jamestown Family Health Clinic

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Phone: 360-683-5900

Hours: Mon. - Sat., 8:00 a.m. to 5:00 p.m.

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The Jamestown S'Klallam Tribal Newsletter is published monthly. Please submit news, informational items and Letters to the Editor by email to Betty Oppenheimer at boppenheimer@jamestowntribe.org, or by U.S. mail to the address below or call her at 360-681-3410.

The Editorial Committee meets on the first Tuesday of each month at 10:30 in the Ironwood Room to discuss the articles for the following month's edition. The meetings are open to the Tribal Community.

The deadline for submissions to be included in the following month's issue is the 15th day of the current month.

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On the cover: Sketch of the Healing Pole, by Dale Faulstich.
Carved pole located at Jamestown Family Health Center.