



THE STRONG PEOPLE

# JAMESTOWN

*S'Klallam Tribe*

NEWS FROM THE STRONG PEOPLE

## COUNCIL, YOUTH MEET CANTWELL, JONES



Dylan MacGregor (Reyes), Tribal Council Treasurer Theresa R. Lehman (Cook/Kardonsky), Senator Maria Cantwell, Victoria Hall (Hall), and Teen Program Coordinator Carmen Maxwell

Tribal Council Vice Chair Liz Mueller and Treasurer Theresa R. Lehman met with Senator Maria Cantwell (WA-D), chairperson of the U.S. Senate Committee on Indian Affairs on August 18<sup>th</sup> at the Red Lion Inn in Port Angeles. Among other topics, they talked about the *Every Child Succeeds Act* and the *Native American Children Safety Act* that Cantwell helped pass into law.

"Senator Cantwell has been a strong supporter of Tribes and continues to work for our benefit. I invited Teen Program Coordinator Carmen Maxwell and two of our Tribal teens - Victoria Hall and Dylan MacGregor - to the luncheon. During my presentation I asked Victoria to stand with me and talk about her experience in the Tribe's Children's and Youth programs."

"My experience speaking to her was very spontaneous," Hall said, adding that five minutes before she spoke, Teen Program Coordinator Carmen Maxwell tapped her on the shoulder to tell her that Mueller wanted her to speak. "A few minutes later, Liz and I went up to the podium and she spoke about the Jamestown educational programs. Then, she addressed me and asked me to speak about my experiences with the Tribe. It was very scary to speak in

front of Maria Cantwell and the other Tribal leaders, but Maria's reassuring smile made it easier. The Tribe has always been there for me and has helped me toward the goals I have set for myself. It has always been a home

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**INSIDE: TRIBAL COUNCIL  
CANDIDATE STATEMENTS**

## LIZ MUELLER, INCUMBENT COUNCIL VICE-CHAIR

Dear Tribal Citizens,

Greetings. It is my pleasure to reintroduce myself to the citizenship, especially to all of our new citizens. My Indian name is Ahcultza, although most of you know me as Liz Mueller, daughter of Charles Fitzgerald (past Tribal Chair) and descended from the Chubby family. I am once again asking for your support for the position of Jamestown S'Klallam Tribal Council Vice-Chair. The role of the Vice-Chair requires leadership, experience and a broad knowledge of the issues facing our people and our government. My education includes a B.A. in the field of social and health services. During the past 28 years I have been actively involved in strengthening our Tribe's response to social, health and welfare concerns. As the present Tribal Council Vice-Chair, I strongly advocate for you to our Federal, State and local governments.



In my September letter, I shared with you what I have accomplished over the past 14 years on Council. This month, I want to tell you where I plan to focus for the next four years, if you honor me with your votes:

1. Support Economic Development, which financially supports our education, culture programs, health services, elder program.
2. Continue to develop and implement our Health Business Plan to guide the expansion of health care in and out of our service area.
3. Financially support our college and vocational students in their educational goals.
4. Help our Natural Resources financially and politically in order to sustain our treaty rights, and our citizens' abilities to access them.
5. Support incremental increases in Elder stipends.
6. Continue to fight for the rights of our children and Elders, no matter where they live.

During my time on Council, I have been able to work with the State of Washington's Aging and Adult Services division to designate our service area (Jefferson and Clallam Counties) as "Indian Country" so that the State cannot attach real or personal property for reimbursement from any Jamestown citizen who accesses these State services. Prior to this designation, the State was only willing to consider those who lived on reservation land.

Many of you know that I am passionate about our children and their opportunities to gain leadership experience. The Jamestown Tribe has outstanding young people who have been very successful through participation in our programs. I am proud of the work our Council and committees have done to shape their future. We have increased funding for higher education, Tribal canoe journeys for the youth mentor program, leadership and employment programs for teens, and an after school homework program for our youngsters.

We need a Tribal Council that is well informed on the issues and experienced in public relations. Seldom does a day go by that Tribes are not featured in the news. I have the experience, and it would be an honor to serve another term as your Vice-Chair. Thank you for all of your support. We have challenges ahead, and I look forward to serving you over the next four years. I encourage you to continue to contact me with your concerns and questions.

Please call me at 360-808-3103 or e-mail me at [lmueller@jamestowntribe.org](mailto:lmueller@jamestowntribe.org).

Blessings to you and your families,

A handwritten signature in black ink that reads "Liz Mueller". The signature is written in a cursive, flowing style.

Liz Mueller, Tribal Council Vice Chair

# CANDIDATE WITHDREW FROM ELECTION



*Clarence Tuson*

## ELECTION NEWS

All of the candidates in this newsletter have now been certified by the Election Board. These are the Tribal Election cycle dates for this year:

- Ballots mailed [this is an ALL MAIL-IN Election]: 2nd week of October  
*Look for a legal-sized envelope marked "Election" in your mailbox!*
- Ballots must be received at the Post Office by five (5) pm on November 7.
- Ballots will be counted on Nov. 8.
- Results will be posted on the Tribal website ([www.jamestowntribe.org](http://www.jamestowntribe.org)) and included in the December newsletter.

**NOTE:** Ballots will be mailed to all registered voters. Non-registered voters have received two mailings containing the paperwork to register. If you would like to vote but have not yet registered, please call Election Board Chair Cathy MacGregor at 1-800-262-6603 no later than October 15th, and the Election Board will register you and mail you a ballot in time to vote by November 7th.

Ballots must be mailed to the Tribe's Post Office Box. Ballots dropped off at the Tribal Center are invalid and will not be counted.



## THERESA R. LEHMAN, INCUMBENT COUNCIL TREASURER

Greetings, Tribal Citizens:

I wish to begin by thanking each and every Tribal citizen for supporting me these past eight years as Tribal Council Treasurer, and hope you will continue to support me. My great-great grandparents were John and Nora Johnson-Cook. My grandmother was Lillian Cook Kardonsky and my mother was the late Leona "Nonie" Jean Cook-Kardonsky. I have 2 daughters, Antoinette "Toni" Sigle and LaTrisha Suggs, 6 grandchildren and one great-grandson. I am married to Lloyd "Sonny" Lehman whom many of you know, as he has spent many years volunteering for our Tribe. I have a Bookkeeping/Accounting degree and retired from the State of Washington after more than 30 years in Finance.

As I have indicated in the past, I still hold strong to my words "I will continue to work hard to maintain trust, dignity, and respect as a Tribal Council member. "

As I reflect over the past 4 years I am proud to say the Tribe continues to grow strong, thrive, and this is due to your input, guiding our Tribal enterprises, committees, boards, staff and Tribal Council dedication. We are all partners and look to your guidance on how, what, and where the Tribe needs to be seven generations from now.

I continue to be proactive in meetings with Tribal directors and enterprises each month. Meeting with these different groups allows me to stay current on government and economic issues impacting our Tribe. I also sit on the following committees for the Tribe: Health, Higher Education, Housing Improvement Program, and the Art Board. Being on Tribal Council has allowed me the opportunity to participate in local, state, and Tribal meetings such as: Affiliated Tribes of the Northwest Indians, American Indian Health Commission, Portland Indian Health Board, and National Congress of American Indians, and Clallam County Homeless Shelter Network.

Let me share with you some accomplishments that I have been involved in during the past 4 years:

- **Housing:** Many Tribal Elders have been able to remain in their own homes through the Housing Improvement Program, which funded the building of wheelchair accessible ramps, installing safety rails, improving electrical and roof issues that were deemed a safety hazard as well as housing emergencies such as plumbing and heating, mold and mildew issues that were deemed a health hazard.
- **Natural Resources:** Restoration of habitat along the nearshore is vital to our shellfish, and the Council has provided continued support for the Natural Resources committee to clean up and restore what is now known as "Little Neck Beach." Another project that has resulted in benefits to shellfish harvesters/gatherers is the improvement of the water quality at Dungeness Bay. The Council has supported the active partnerships whose efforts have resulted in the upgrade of 700 acres for commercial shellfish harvesting, through steady water quality improvements.
- **Education:** The Higher Education Committee continues to work hard for our students, with a budget that has grown from \$35,000 dollars in 1988 to \$550,000 in 2015. We are investing in Tribal citizens' lives by giving them the opportunity to attend college and not worry about the funding hurdles faced by their peers who do not have the support our students have.
- **Culture:** It is important that our culture be preserved, not only through us, but also our children. When an Elder talks or speaks, we must teach our children to listen to their words, as these words are our history.
- **Health, Wellness, and Dental:** Our Tribe is fortunate to have an amazing medical facility. Recently we had the opportunity to meet with delegates from the Fort McDowell Yavapai Nation from Arizona who visited our medical and dental facility to learn about our innovative approach to health care. In the past four years the Health Committee has supported advances including the streamlining of the front desk/reception and medical billing processes through an independent contractor, which has increased revenue, and the implementation



# CANDACE BURKHARDT, COUNCIL TREASURER CANDIDATE

Fellow Tribal Citizens,

It would be an honor and privilege to serve as your Treasurer for the Jamestown Tribe.

I am Candace D. Burkhardt from the Kardonsky Cook Hall family. I was raised in Sequim, the middle of seven children and I raised my four children in Port Angeles.

I have a proven track record of taking action to get things done. Over the past 27 years I have advocated and collaborated with agencies, nonprofit groups, and service organizations to promote activities, resources, and jobs to make our community a safe healthy environment. This includes preschool activities, Tribal programs, jails and schools. My intention is to use my skills to work on YOUR behalf.

## PRIORITIES

- **Jamestown Health Care Committee:** I would advocate to increase money for out of area Health Care to help with increasing health care expenses.
- **Simplify access to our social services and administrative programs** such as housing, home improvement funds, transportation and finances through collaboration with Network committee, grant project manager, and assessment committee.
- **Promote the hiring of Tribal Citizens and inclusion of Tribal Citizens to interview panels** through collaboration with the Human Resources Department.

## ACCOMPLISHMENTS

My work and philanthropic involvement clearly demonstrate my ability to collaborate, take action, and follow through on my goals. All of which are attributes that are critical to being an effective council member.

- **Clallam County Mental Health and Chemical Dependency Board:** I advocated for a case manager in our jail, and an intervention specialist in our public schools. Both of these positions have been filled in our county.
- **Clallam County Serenity Board:** I supported in keeping our overnight shelter open when serenity house programs were getting cut.
- **Jamestown Community Network Board:** I organized and facilitated four Town Hall Meetings. I was instrumental in forming the graduation banquet held every spring.

## CULTURE

I have participated in nine canoe journeys, which is truly a spiritual awakening, and an honor to represent the tribe. I participate in Intertribal drumming and singing, I even DANCE!!!!!! In 2002 with the help of Jorene Dick, I was able to make my own drum which I am so thankful for. This spring I began digging clams with my nephew Mike. I have felt a great deal of pride in utilizing our treaty rights.

This fall I will begin my 19<sup>th</sup> year in social services as the chemical dependency professional here at the tribe. This has been an incredible journey surrounded by challenges in which I am honored to serve our Tribal Citizens one on one to promote successful life skills to advance their well-being.

I look forward to continuing to serve to improve the lives of our Jamestown Tribal Citizens.

With your support and vote in the election I can continue to do so. (360)-452-3731

From the bottom of my heart,

Thank you Ha'non-tson



Candace Burkhardt

JAMESTOWN S'K'LALLAM TRIBE

OCTOBER 2016



# MELANIE CABLE, COUNCIL TREASURER CANDIDATE

Dear Tribal Citizens:

Hello again! My name is Melanie Cable and I am excited to let you know that I'm running for the position of Tribal Council Treasurer.

Our Tribe has overcome many great obstacles and has become a growing economic force for our community. The Tribe has provided us with many benefits through all of our ever-growing programs. I, myself, have benefitted greatly by these programs and resources because I live locally. This is not true for the citizens who live outside of the service area. I believe ALL citizens should get the same benefits as our local citizens. We need to make sure all of our citizens are taken care of equally and we need to ensure that out-of-area citizens feel safe, healthy, and a part of our community.

Here are some ideas:

1. Increase the amount of money for health benefits, including dental.
2. Financial assistance for housing/housing repairs.
3. In-home care for our Elders or for citizens with disabilities.
4. Nutrition and food services/food vouchers.
5. Daycare benefits for those with children.

I cannot express how important and valuable our Elders are. We need to make sure our Elders receive the best possible care. We have amazing benefits and programs, and I want to add some ideas on how we could enhance some of these services:

1. Improve transportation for medical and other appointment needs.
2. Provide services to harvest and distribute fresh seafood, especially our local traditional foods.
3. In-home assistance for Elders such as yard work, meal preparation, housekeeping, and shopping.
4. Implement a healthy aging program to promote self-care and independence for our Elders.

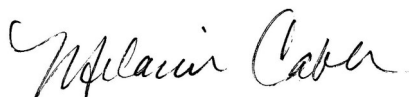
I'm very involved in the Children's Program. This program is growing and has been an invaluable, cultural and educational resource for our youth. I will continue to advocate and support the growth for this amazing program. I think we need to focus on promoting intergenerational growth within our elder and youth communities.

We need to continue to look at how we can strengthen all of our programs and provide more services to our citizens. Other ideas would be creating a daycare program, providing trainings/ classes to teach citizens how to commercial fish so they can practice their treaty rights, mentor and teach our citizens how to carve and do native art, provide internships for adults through some of our programs, improve our chemical dependency program, and the list goes on and on. I realize that many of these ideas and concern's will take money but if we get creative, work together, and think outside the box, we can make anything work. Promoting, strengthening, and implementing these ideas will encourage unification within our community. Just look how far we have come so far!!

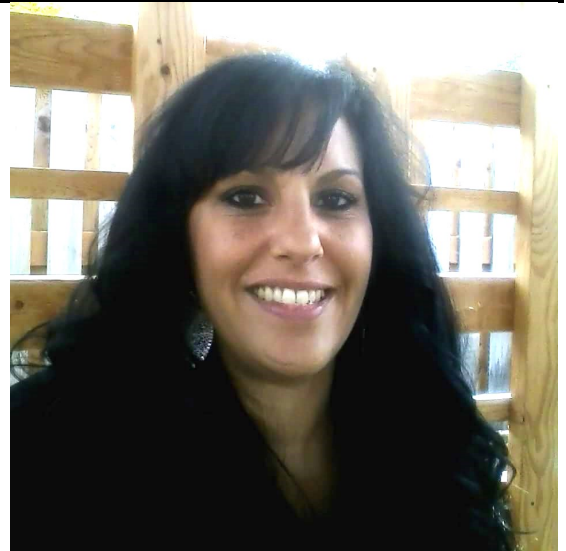
I will be reaching out to as many of you as I can within the next few weeks and I hope that you can share your thoughts and ideas with me. Again, I am humbly asking you for your support in electing me as your next Tribal Council Treasurer.

Please don't hesitate to contact me at 360-301-2928 and my email is [melcable@hotmail.com](mailto:melcable@hotmail.com).

Thank you!



Melanie Cable





## KURT GRINNELL, INCUMBENT COUNCIL MEMBER

Dear Tribal Citizens:

I am Kurt Grinnell (Paèxʷlās-stəṭṭəm) of the Prince family. My S'Klallam heritage originates from Chief Chetzemoka, Prince of Wales and David Prince. I am the grandson of the late Mildred "Micky" Judson and Chad Judson, and the son of Elaine and Fred Grinnell. I am very proud to have been your representative on the Tribal Council for the last twelve years and I would like to continue to serve the S'Klallam people and address your needs.

Jamestown is known in our local community and throughout the country as a progressive, respected Tribe. Over the years the Tribe has met and successfully overcome many challenges and obstacles, and we have approached projects and programs in innovative ways. I will continue to work diligently to protect and enhance programs and services for all citizens, and to maintain the stable leadership that is needed to move forward for our future generations.

As a Tribal citizen, I participate in the following ways:

- *Seafood and Aquaculture Manager, Jamestown S'Klallam Tribe.* After seven years managing the Tribe's geoduck program, I have taken on management of the Tribe's growing aquaculture venture. I continue to be very active in assisting our citizens who are interested in joining in the Tribe's various fishery entities.
- *Chair, Jamestown S'Klallam Tribe Natural Resources Committee.* We co-manage the Tribe's resources with the State of Washington, and fine tune the Tribe's policies for subsistence and commercial harvest, working with the Tribal community and Tribal Council.

As the Tribal Council's Policy Representative for the Natural Resources department, I bring to the Council a unique perspective and active participating in the area of natural resources.

As a Tribal Council Member, I serve in the following capacities:

- *Vice Chairman, Point No Point Treaty Council (PNPTC) Board.* The Jamestown and Port Gamble S'Klallam Tribes work with PNPTC staff to protect and advance the treaty reserved hunting, fishing and gathering rights of our Tribes.
- *Commissioner, Northwest Indian Fisheries Commission (NWIFC),* a consortium of 20 Western Washington Treaty Tribes that deal with treaty rights issues that the tribes have in common. I participate at a policy level on the *Legal/Technical Team*, helping to manage Tribal natural resources.
- *Tribal Representative, Alternative Dispute Resolution process,* standing up for our Tribe on all fisheries issues, using a culturally sensitive, traditional alternative for settlement of our Treaty rights so that we can avoid taking them to State or Federal Court.
- *Co-Manager (with partner Troutlodge) in aquaculture ventures* at the *Point Whitney Hatchery* for oyster, clam and geoduck seed; and with research partner *National Oceanic and Atmospheric Administration (NOAA)* in Port Orchard in a project to produce farmed sablefish (Black cod) from wild fish. When the Tribe recognized the need for oyster seed in order to continue our aquaculture work, we found a way to become the producer of the much needed seed. Black cod is a popular eating fish, but the wild stock does not meet the consumer demand. Both of these projects are on the cutting edge of aquaculture. We are learning and creating as we move forward to create new revenue sources for the Tribe in both of these ventures.
- *Associate Supervisor, Clallam Conservation District,* representing the Tribe on issues regarding streams, rivers and any salt water bodies, focusing on the impacts of farming to our waters. This is a new position for me, but prior to becoming an Assistant Supervisor, I spoke at the State level in Spokane, and in Reno at the national level regarding our award-winning partnership with the Clallam Conservation District to promote our common goals of clean waters and sustainable farming practices.



(Continued on page 9)

(Lehman, continued from page 4)

of the paperless medical records system called EPIC. In December of 2015 the Tribal Council voted to increase the out-of-area health benefit reimbursement from \$1000 per year to \$1,200 per year. The dental clinic recently benefited from major expansion of the pediatric dental services and surgery to fill a community need.


- **Veterans:** Tribal Council and our Veterans Representative Al Fletcher (Patsey) have been working together for the last two years on a new memorial that represents Tribal veterans. The final design has been approved and the memorial will be built in 2017 just east of the Tribal Administration Building. I want to thank all the veterans for their sacrifice and honor to our country.
- **Tribal Enterprises:** Our business success is an investment in the future of Jamestown, reducing our dependence on the federal government. Our Tribal enterprises such as the 7 Cedars Casino/Resort, Longhouse, Medical Clinic, and aquaculture continue to generate revenue to support programs that benefit all of our Tribal programs for children, youth, teens, students, adults, Elders and families, as well as our infrastructure needs and improvements.
- **Economic Development Authority (EDA):** EDA oversees business development activities, and manages businesses including Jamestown Excavating, Jamestown Networks, Mobilisa Enterprise Wireless, Carlsborg Self Storage. The storage business is doing so well that the board is reviewing options for a phased-in project that would make improvements and increase the number of storage units. Just recently the Council was pleased to welcome our new EDA Director David LaSarte-Meeks.
- **Elders Program:** Our Elders Coordinator continues to work with the Elders Committee to plan many trips of interest and events in the local area. It is important that our Elders continue to remain independent to preserve their way of life and remain in their own homes. This is being done through our Elders Program. Over 1,000 meals are delivered to our Elders monthly.
- **Teen Program:** Teens attended the White House Tribal Youth gathering and the National Congress of American Indians in 2015 and 2016, learning about Tribal Governance, Self Sufficiency, and Tribal leadership.
- **Tribal Council:** Our current Council (as well as past Councils) is a strong leadership team, with strength, commitment and dedication. This is important to remember in an election year. We have all worked side-by-side to preserve the past, current and future visions for our Tribe. I am proud of our current leadership, as I see many other Tribes that do not have this ability.
- **Honoring Our Elders:** About 10 years ago I approached Tribal Council with a request to fund this event. Through the years we have honored many Tribal Elders with a luncheon honoring their lives. We must remember they fostered our future.

I have grown on Tribal Council, and have witnessed many positive changes. I ask for your continued support in my endeavor to serve our Tribe. Please call me if you have any questions, 360-457-5772 or email me at

[lehman1949@hotmail.com](mailto:lehman1949@hotmail.com).

Thank you and God bless.

Respectfully yours,



Theresa R. Lehman  
Cook/Kardonsky family



## FLU VACCINE CLINICS

The Jamestown Community Health Program will be holding three vaccination clinics so as to provide more opportunities for people to come in and get vaccinated! Flu shots are available at no cost to Jamestown Tribal citizens, spouses of citizens and descendants.

### Flu Vaccine Clinic Dates:

**Wednesday, October 19, 2016      9:00 am to 12:00 pm**

**Thursday, October 20, 2016      1:00 pm to 3:00 pm**

**Tuesday, November 15, 2016      9:00 am to 12:00 pm**

All located in upstairs conference room at Jamestown Family Health Center. RSVP's are greatly appreciated, however all clinics are a first come first serve basis. Light refreshments will be provided. To RSVP or simply for questions or clarification please contact Ann Adams, CHR 360-582-4874.

If you prefer, you can always contact your provider for your flu vaccination as well.



*(Cantwell, continued from page 1)*

away from home. I know that the Tribal leaders really value education and Maria Cantwell spoke about making education for Tribal peoples even better. I can't wait to see what she has in store."

The group also met with Erin Jones, who is running for the position of Washington State's Superintendent of Public Instruction.

MacGregor said that it was like nothing else he had ever experienced, especially when Senator Cantwell spoke to him. But he was most impressed by Erin Jones, the "up and coming candidate. She is the first African-American woman to run for the office. She was adopted at birth and lived with a Native American family in Minnesota. She has worked in her career to improve education for Native Americans and minorities, and to bring back Native culture."



**Senator Maria Cantwell (D-WA) and  
Tribal Council Vice Chair Liz Mueller (Chubby/Fitzgerald)**



*(Grinnell, continued from page 7)*

The Tribe continues to make progress in many areas, much of it based on mutually beneficial partnerships. And while all of these programs and projects provide benefit to the community, they also contribute to the Tribe's revenue base. I firmly believe that continuing to grow our diverse revenue base will enable us to enhance services for our Elders, children and families living both inside and outside the service area. After focusing on education for more than two generations, we can all see the resulting successes, as our children and grandchildren have greater opportunities and thrive in a wide variety of careers and vocations. The Tribe must continue to provide funds to educate our children toward the goal of self-sufficiency.

I have seen tremendous revival in the cultural aspects of our traditional ways, such as carving, preserving the S'Klallam language, weaving and ceremonial protocol. We must continue to preserve our cultural identity by staying economically viable and not dependent on the federal government. It is vitally important in this ever-changing, technologically-advancing society that we continue to educate our children about our ancestors and culture.

I urge you to stay informed about our Tribe's progress. The current Council members and the Tribal Department Directors are available anytime to listen to your concerns and provide information at your request.

I welcome the opportunity to hear your thoughts on what is important to you so that I may represent your interests at the Tribal Council level. I close with my appeal to you for your vote to remain on the Council and continue to serve you and our Tribe. I can be reached at 360-461-1229.

*Haʔnəŋ cən - Ha'non-tson - Thank You!*

Kurt Grinnell

# 2017 ELECTIONS AND MY RECOMMENDATIONS

## A Message from Tribal Council Chair/CEO W. Ron Allen

Greetings Tribal Citizens! The last couple of months I have been writing about the outcome of the elections this coming November 8<sup>th</sup> knowing it is on everyone's minds. Everyone will vote their conscience regarding who is the best person to lead our Country, State, County and even our Tribe. I am often asked my opinion and why.

**Our highest priority is to urge, encourage and yes, persuade everyone to vote.**

My comments and views in the recent past articles have been relative to what we in Indian Country do to prepare for the next set of leaders. We always must remember to stay focused on how we can work with the political leadership to advance our Native Nation-building agenda respecting our sovereignty, jurisdiction, treaty rights and unique cultural values.

I don't normally make any recommendations regarding our Tribal elections, but since they are as important as any of the other elections and stability and consistency of leadership is such an important set of values, I decided to include them. Given those stability and priority values, my recommendations are as follows:

### Jamestown Tribal Elections:

- Vice-Chair – Liz Mueller – Liz has faithfully served our community with dedication and loyalty for 15 years. She has a great understanding of our collective obligations to our community and even though she has a strong bias to families, children, and Elders, she understands the importance of education, health care, natural resources, public safety and economic development. She serves on a number of our Committees and has been a great advocate for Tribal cultural activities including the Canoe Journey, as well as revitalization of our traditional practices. Liz has been a great advocate for our Tribe in State forums and now is a key leader with the federal government's Administration for Children & Families Tribal Advisory Committee.
- Treasurer – Theresa Lehman – Theresa has served for 8 years, coming on to the Council with particular interest in the health and education programs. I have been very impressed with how hard she worked to understand all of our programs and businesses. She has spent many hours in each department, with EDA as well as the 7 Cedars Resort operations. And as a result she has become extremely balanced in her advocacy and decisions regarding all Tribal interests. She has served with loyalty and dedication and is very active with most of our events representing our Tribe with professionalism.
- Councilman – Kurt Grinnell – I understand Kurt is running unopposed, but I must compliment him for his very impressive dedication and service over the past 12 years, particularly in natural resources and representing us on the Northwest Indian Fisheries Commission and Point-No-Point Treaty Council, as well as managing our Shellfish operations. He is committed, well respected and serves our community with the greatest of integrity.

**Note:** I appreciate that all three of these candidates have been strong supporters of the needs of our citizens who live outside of our service area, and look for ways to improve them.

Regarding the following national, state & local elections, I don't have enough space to describe why, but I have worked with the majority of these folks or have reviewed their views on the importance of our Tribal agenda and feel that each is the best candidate to work with in their respective forums. Many of them have come to our Council meetings to provide their views of their candidacy and how they are supportive of Tribes.

### Federal elections:

President – Hillary Clinton

Senator – Patty Murray



*(Continued on page 11)*



**YOU ARE INVITED!**  
**CANOE FAMILY HONOR LUNCHEON**  
**SATURDAY, OCTOBER 15, 2016**  
**10:00 A.M. TO 3:00 P.M.**  
**RED CEDAR HALL**

The canoe journey experience is a mixture of emotions: excitement to be there, exhilaration to be on the water traveling the way our ancestors did, spiritual renewal, tests of endurance, hard work, fun, food and celebrations. Please join us as we honor our Canoe Family for representing the Jamestown S'Klallam on this year's Journey to

Nisqually, and listen as they share some of their experiences. We will also share the information we have about next year's journey to Cape Mudge, BC.

**Please RSVP to Vickie Carroll at 360-681-4659 or [vcarroll@jamestowntribe.org](mailto:vcarroll@jamestowntribe.org) before end of day, Monday, October 10<sup>th</sup>.**

*(Chairman's message, continued from page 10)*

Congressman – Derek Kilmer

**State elections:**

Governor – Jay Inslee

Lt. Governor – Cyrus Hibib

Attorney General – Bob Ferguson

State Supreme Court Justice – Barbara Madsen

Secretary of State – Tina Podlodowski

State Insurance Commissioner – Mike Kreidler

State Commissioner of Public Lands – Hillary Franz

Superintendent of Public Instruction – Erin Jones

State Senator District 24 – Kevin Van De Wege

State Representative District 24 – Steve Tharinger

State Representative District 24 – Mike Chapman

**County elections:**

Commissioner – Ron Richards

Superior Court Judge #1 – Eric Rohrer

Superior Court Judge #2 – Dave Neupert

Superior Court Judge #3 – Christopher Melly

There are a few issues I'm not addressing, such as initiatives, but I am focusing on the candidates that impact our Jamestown S'Klallam interests.

Again, I encourage you to vote and make a difference and as you vote think of how these candidates will protect our unique sovereignty, treaty rights and support the great programs and services for our community. We're living in a more complex political world in the 21<sup>st</sup> century and we need leaders who understand how to protect and advance our agenda and future opportunities.

Please do not hesitate to call any of the Council members or me at (360) 681-4621 or e-mail me at [rallen@jamestowntribe.org](mailto:rallen@jamestowntribe.org) if you have any questions or clarifications.

God bless,

*W. Ron Allen*





## OUT OF AREA CITIZENS: Tribe's Demographic Data Survey to be sent in October

Earlier this year, we conducted a demographic data survey of Tribal citizens within the Tribe's service area. Now we are ready to mail the same survey to Tribal citizen households outside of Clallam and Jefferson Counties.

**Why are we doing this survey?** We need your help to get the information we need to be successful in our funding applications. Grant applications require household income data. For Tribes where most citizens live on a reservation, this data is easily obtained through the U.S. Census, taken every ten years. This does not

work for Jamestown. In fact, the data we were able to collect from the survey conducted earlier this year helped us in our application to the Department of Housing and Urban Development, and we were recently awarded \$500,000 to build a new Public Safety and Justice Center. Your response makes a difference for us all!

**Whose information should be included in the survey?** Everyone living in the household should be included in the survey, with the Tribal citizen listed as "head of household". It is very important that the necessary information be gathered for each person in the household (including single individuals over 18 years old), whether or not they are Tribal citizens. Include income from all sources, whether wages, alimony, child support or other source of payment.

**When must I return the survey?** The deadline for all surveys to be returned is November 17, 2016.

**What if I don't complete the survey?** If the form is not returned, we will follow up by telephone to complete the survey. If you or one of your household is incarcerated, hospitalized, or otherwise unavailable during the survey process, a family member can provide the information.

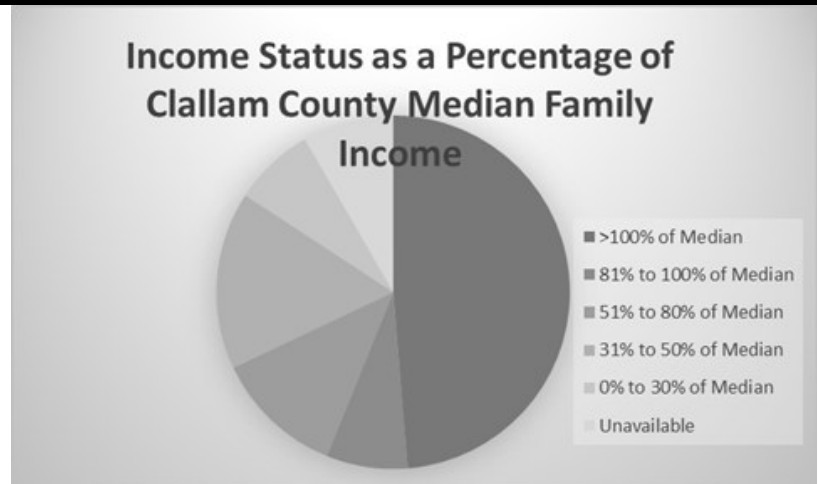
**Do you really need to know everything that you have asked in the survey?** Yes. We understand that it may seem like an invasion of your privacy to ask for your income, your education level, and your housing conditions, but these are the kinds of facts that will help us win grant funding and to plan programs and deliver services that benefit the entire community. Please answer every question.

**Are there any incentives for me to fill out the survey?** Yes. Every household sending in a completed survey returned by November 17<sup>th</sup> will receive a \$25 gift card. In addition, each household that returns a completed survey before October 15<sup>th</sup> will be entered to win a \$100 gift card. All households that return their complete survey before November 3<sup>rd</sup> will be entered to win one of four \$50 gift cards.

**Who will see my answers?** **All of this information will be held in strictest confidence.** The only people that will see a name associated with the data are: the individual entering the survey information into our database; the Enrollment Officer; and the Planning Director. If you have any concerns about privacy or confidentiality, please contact Planning Director Leanne Jenkins.

**What will be done with my answers?** They will be compiled with everyone else's answers to provide a group percentage for use in grant applications and program planning. Your individual information will never be distributed or made public.

**Questions?** If you would prefer to answer the survey by phone or in person, or if you have any questions, please contact Planning Director Leanne Jenkins at 360-681-4669 or by email at [ljenkins@jamestowntribe.org](mailto:ljenkins@jamestowntribe.org).



# FORMER CARVER STILL CARVING

The second of former House of Myths carver Nathan Gilles' totems has been purchased and installed at 7 Cedars Casino.

"Raven and Bear Man" is a traditional entry pole, and is situated inside the back entrance to the Casino, near Rainforest Bar. It is 12.5' tall, and 29" wide, and carved in the Tlingit style from an old growth cedar log that Gilles purchased in southeast Alaska. The color pallet is soft and semi-transparent with some of the cedar wood grain showing through to create a soft layered effect.

The story depicts Raven on the top stealing the moon. On the bottom is the Bear Man Chief. This is an entry pole so there is a traditional doorway hole in the Bear Man's stomach. Bear Man has the wealth of salmon inside. Two salmon are painted on a panel inside the doorway. In the story, the raven steals the moon out of a box in the chief's house, and flies through the smoke hole to put the moon back into the sky.

Gilles' other item is a Salish House Post located in the front entryway of the Casino. It shows an eagle at the top, representing the cycle of life, death, and rebirth. A nobleman symbolizes the many great leaders of the Coast Salish culture. He is holding a little wolf, representing the spirit helper, and at the bottom are the salmon, a staple of Coast Salish life.

Gilles worked with Dale Faulstich in the Tribe's House of Myths Carving Shed from 2004 to 2010. Though non-Native, he spent much of his adolescence living in Tulalip with his "grandma" Ivy Guss, the daughter of Albert Charles, who was the grandson of Chief Chetzemoka of the S'Klallam Tribe. Guss' family gave Gilles his Salish name Too-Sem-Tein.

Gilles, who lives on Whidbey Island, plans to use the proceeds from the sale of the Raven and Bear Man totem to build a studio where he can teach others to carve.



Left, the new Raven and Bear Man totem at the rear entry of the Casino. Above, Nobility of the Sea house post in the entry foyer of the Casino.



# FIELD TRIP TO JAMESTOWN'S OYSTER HATCHERY IN HAWAII

by Lisa Barrell



**Nate Tsao with vials of algae that will be grown to feed the oyster seed.**

On my vacation to Hawaii at the end August, I stopped by the Tribe's oyster hatchery located in Kona. Nate Tsao welcomed my husband Adam and me. Nate has been working for the Tribe since January 1, 2015 when Jamestown, in partnership with Troutlodge, took over the lease of an acre parcel in Hawaii used for the sole purpose of growing oyster seed. Nate received his degree in Fisheries Biology from Unity College in Maine and a week after graduating, he moved to Hawaii. That was twelve years ago and after working for various aquaculture ventures he is now the Aquaculture Biologist for the Jamestown/Troutlodge Hawaiian oyster hatchery. After spending an hour with Nate, I realized we really lucked out when he chose to work with Jamestown.

Nate starts the oyster seed process by actually growing the algae that will be feeding the oyster larvae and seeds. This process seems more time consuming and intricate than the actual growing of the oysters. He receives vials of five different algae from a Maine laboratory which he grows and mixes with Hawaiian waters until it fills several tanks 15 feet in diameter. The algae have very long complicated names, so I called them brown, yellow and green. The first five days the algae is kept in a cooled, sterile environment. It's important that this process remains sterile so no germs or bacteria are introduced to the algae. The temperature reached 95 degrees the day we visited, and if I were working at the Kona hatchery... a lot of my time

would be spent in the cooled room! In the cooled room vials of the algae grows, and is moved to small flasks, then larger flask, then big flasks, then carboys as the density increases. The algae double in density every day and by the fifth day each algae fills a carboy and are big enough to survive outdoors in large tubular tanks. They spend five days in these tubular tanks where air circulates through to stir up the algae so they don't settle on the bottom of the tank and so those on top don't get sunburned. Frigid water is also pumped around the tubes from a depth of 2,500 feet to keep the algae cool. During summer months the tanks are occasionally covered with black mesh to keep the algae from getting sun burned. Summer is the most difficult time to keep the algae alive due to the high temperatures and intense sun in Hawaii. The algae are again moved to larger holding tanks and they reach their final destination after two months which are tanks 15 feet in diameter. The algae density per milliliter increases from a few hundred cells to several million within this timeframe. From the large holding tank, the algae is mixed with ocean water and finally... the oyster larvae and seeds are fed.

Nate stated that, "Every alga is worth the time that was spent growing it." The algae growing is done for the sole purpose of feeding the Pacific oysters. The oysters are grown from 500,000,000 spawn of 1 ½ dozen "parents". After three weeks, the free-swimming larvae are mixed with a powder made from ground oyster shell. Each larvae will attach itself to a single grain of shell to become spat. 100,000,000 spat will eventually result into 20,000,000 seeds. These seeds are placed in tanks and continually fed the smallest chestnut brown algae. As the seeds grow, they are separated into different bins and fed different mixtures of algae. When the oysters are at their smallest, the algae/ocean water mixture is continually drained through the seed and when the seed reach four weeks they are large enough to be placed in upwelling tanks where the green algae is forced through the seeds from below. Overflow in these tanks is drained into tanks adjacent to the seed tanks. It appeared Nate makes good food because the overflow tanks were virtually clear... meaning most, if not all of the algae was eaten.



# HARVEST DINNER A HUGE SUCCESS



The  
~~Statifam~~  
Harvest  
Dinner held  
on  
September  
20th was  
attended  
by more  
than 100  
people  
who  
enjoyed a  
feast of



fresh local and traditional foods. The event was the result of monthly meetings by the Community Assessment Committee, a sub-committee of the Community Network Board, which is currently involved in planning for a community survey to give the Tribe a snapshot of Tribal needs, strengths, and opportunities.

Candy Burkhardt, Network Chairperson, explained how during a recent Assessment Committee meeting the discussion focused on food security. Committee members identified that although subsistence gathering is a benefit that can be enjoyed by Tribal citizens, not all Tribal citizens know how to obtain the proper permits, how to gather, or how to prepare such ingredients as clams, fish, or nettles. The discussion that followed resulted in the idea of holding a Harvest Dinner to offer an opportunity to taste a variety of traditional foods, to provide information on accessing subsistence foods,

and to let people know how the community

**Many thanks to Mel Melmed, staff and volunteers who made this gathering successful!**

**Theresa R. Lehman  
Tribal Council Treasurer**

*(Continued on page 21)*



**Photos, clockwise from above: The group danced HuyaHuye after dinner; Liz Mueller (Chubby) greets Sharon Champagne (Fulton/Wood);**



**Billie Adams (Woodman) at the Wellness table; Ethel Colon (Becker) and Eugene Becker; and Jorene Dick, Cindy Wallace (Reyes) and fitness trainers from Sequim Gym look over the sign-up table.**

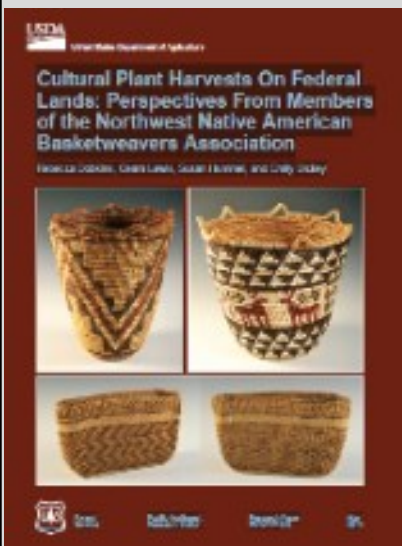
**Photos by  
Charlene Dick**





# LIBRARY CORNER

## FEATURED ITEM:



**Cultural Plant Harvests On Federal Lands: Perspectives From Members of the Northwest Native American Basketweavers Association** by Rebecca Dobkins, Ceara Lewis, Susan Hummel, and Emily Dickey

29 members of the Northwest Native American Basketweavers Association shared their experiences with gathering plants on federal land, discussing barriers to harvest (e.g., gates, closed roads, and requirements for obtaining permits), and complications that make gathering difficult. The study's findings indicate that expanded efforts to understand the exercise of Tribal reserved rights to gather on ceded lands are warranted. This report can be read online at:

[http://permanent.access.gpo.gov/gpo68755/pnw\\_rp608.pdf](http://permanent.access.gpo.gov/gpo68755/pnw_rp608.pdf)

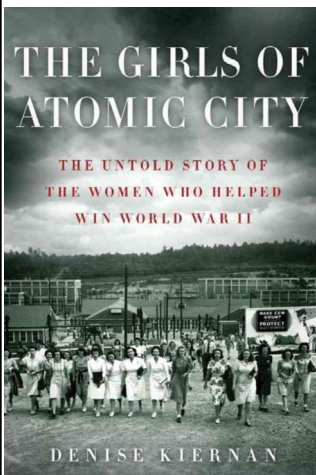
A printed copy is also available at the Tribal Library.

## JAMESTOWN READS: OCTOBER 18TH

**\*Note change of date and location!**

Our next book club will meet on October 18th at 5:30pm at *Golden Star*, 909 East Washington. Everyone is welcome. Copies of the book are available at the Tribal Library for checkout.

***The Girls of Atomic City: The Untold Story of the Women Who Helped Win World War II*** by Denise Kiernan



This is the incredible story of the young women of Oak Ridge, Tennessee, who unwittingly played a crucial role in one of the most significant moments in U.S. history. The Tennessee town of Oak Ridge was created from scratch in 1942. One of the Manhattan Project's secret cities, it didn't appear on any maps until 1949, and yet at the height of World War II it was using more electricity than New York City and was home to more than 75,000 people, many of them young

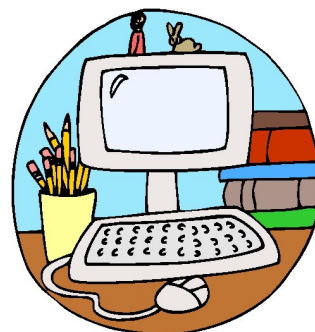
women recruited from small towns across the South. They all knew something big was happening at Oak Ridge, but few could piece together the true nature of their work until the bomb "Little Boy" was dropped over Hiroshima, Japan, and the secret was out. The shocking revelation: the residents of Oak Ridge were enriching uranium for the atomic bomb. In *The Girls of Atomic City*, Denise Kiernan traces the astonishing story of these unsung WWII workers through interviews with dozens of surviving women and other Oak Ridge residents. Like *The Immortal Life of Henrietta Lacks*, this is history and science made fresh and vibrant—a beautifully told, deeply researched story that unfolds in a suspenseful and exciting way. (*Excerpts from Goodreads review*).

Future Jamestown Reads are November 8th: *Trickster: Native American Tales* by Matt Dembicki, and December 13th: *Skippping Christmas* by John Grisham.

## Xćít –to know:

Did you know that one-on-one computer instruction is available at the Library?

Call us at 360-681-4632 for details.



**Library:**

**Librarian Bonnie Roos:**

**Library Assistant Jan Jacobson:**

**Library Assistant Shantelle Kallappa:**

**360-681-4632**

**360-582-5783**

**360-681-4614**

**360-681-3416**

**[library@jamestowntribe.org](mailto:library@jamestowntribe.org)**

**[broos@jamestowntribe.org](mailto:broos@jamestowntribe.org)**

**[jjacobson@jamestowntribe.org](mailto:jjacobson@jamestowntribe.org)**

**[skallappa@jamestowntribe.org](mailto:skallappa@jamestowntribe.org)**

**Visit the Tribal Library at 1070 Old Blyn Highway in Heron Hall; Open M-F 9 -5, Sat. 9 -4**

**Website: <http://library.jamestowntribe.org>**

## CREATE ART WITH S'KLALLAM ARTIST JEFFREY VEREGGE



The Sequim Branch of the North Olympic Library System (NOLS) in collaboration with the Jamestown Tribal Library welcomes Port Gamble S'Klallam artist Jeffrey Veregge on Saturday, October 15. Jeffrey will be presenting two sessions exploring and creating graphic novel cover art. The first session, recommended for children ages 7-12, will be held from 10:30 am – 11:45 am. The second session for ages 13-21 will be offered from 12:30 pm – 1:45 pm. *Preregistration is required.* To register, visit the Sequim Branch Library events calendar at [www.nols.org](http://www.nols.org), call 360-683-1161, or send an email to [youth@nols.org](mailto:youth@nols.org). All materials will be provided. *A Native American artist and writer from the Port Gamble S'Klallam Tribe and honor graduate of the Art Institute of Seattle, Veregge enjoys taking his passions and blending them with his Native perspective, artistic background and the desire to simply be himself. Veregge states on his website that "Basically I am just trying to have fun and get back to that kid that went to art school to begin with."*

**For more information,** contact the Sequim Branch Library at 360.683.1161, send an email to [Youth@nols.org](mailto:Youth@nols.org), or visit [www.nols.org](http://www.nols.org).

The Sequim Branch Library is located at 630 North Sequim Avenue in Sequim. This program is generously supported by the Jamestown Tribal Library, the Friends of Sequim Library, and the Institute of Museum and Library Services.

For more information about Jeffrey Veregge visit his website at <http://www.jeffreyveregge.com/>



Tribal teens participated in the Legos Mindstorms program at the Tribal Library in September, using Lego kits to build robots, then learning to program them. Shown here are: Seth Mitchell, Abe Mitchell, Victoria Hall (Hall) and Ben Mitchell (the Mitchell boys are Tsimshian)

## TRIBAL CAREER ADVOCATE AVAILABLE

An extended service from Social and Community Services Department is now being offered specializing in **one-on-one job training and career support**. This personalized service seeks to guide Tribal citizens and descendants with self-assessment, career training, educational goals and skill building. The Tribal Career Advocate will have direct collaboration with the Tribe's Human Resource Department to ensure that all Tribal citizens seeking employment are personally assisted in their career growth opportunities and job placement efforts.

Please contact Scholarship Advisement and Job Training Coordinator Heidi Lamprecht at

360-681-4635 or

[hlamprecht@jamestowntribe.org](mailto:hlamprecht@jamestowntribe.org)

to set up an appointment.



# CULTURE CORNER

## LEARN TO MAKE A DREAMCATCHER INSTRUCTOR: CHARLOTTE FITZGERALD MONDAY, OCTOBER 10, 2016, 10:00 A.M. TO 2:00 P.M., ELDERS LOUNGE

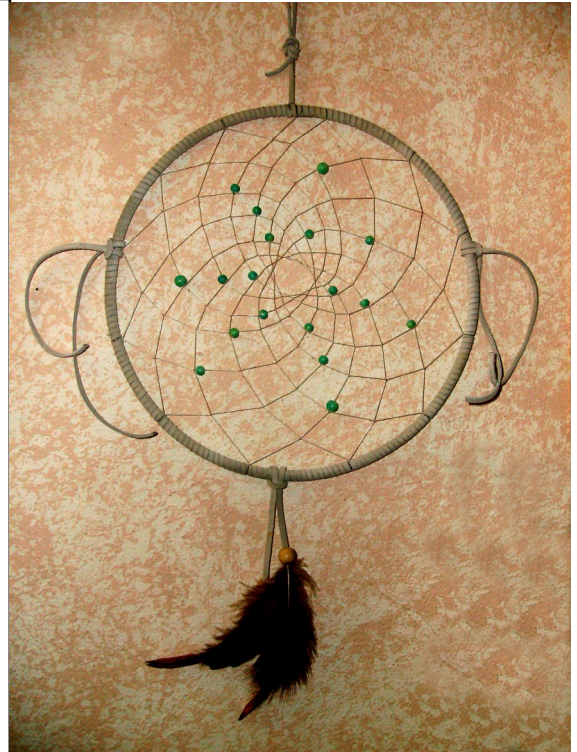
Lunch will be provided. Transportation will be provided from Port Townsend, Sequim and Port Angeles, if needed. Class size: 10

Contact Vickie before end of day, Thursday, October 6<sup>th</sup>, to register for this class.

**Vickie Carroll, Culture Coordinator**

**Email: [vc Carroll@jamestowntribe.org](mailto:vc Carroll@jamestowntribe.org)**

**Phone: 360-681-4659 or 1-800-262-6603, X-4659**



## WASHINGTON STATE HISTORY MUSEUM ROOTS OF WISDOM: NATIVE KNOWLEDGE. SHARED SCIENCE. SEPTEMBER 17 - DECEMBER 11

Against the tide of history, unlikely partners work side by side in the hope of undoing environmental and cultural damage and making a balanced and abundant future for generations to come.



In *Roots of Wisdom: Native Knowledge. Shared Science*, students and families will learn ways in which traditional knowledge of indigenous peoples and cutting-edge science are being applied to challenges that face people across the nation and beyond. Learn how this innovative approach to problem solving is working to improve our world. This cross-culturally developed, interactive exhibition tells the stories of four indigenous communities, giving visitors real life examples of how traditional knowledge and Western science provide complementary solutions to ecological and health challenges. Through the voices of elders and youth, hands-on interactives, videos, graphics, and clever computer games, visitors will gather resources, examine data, and take part in

the growing movement towards sustainability and reclamation of age-old practices.

Funded by the National Science Foundation, *Roots of Wisdom* is specially designed for students ages 11-14 and has English audio, video, and text along with language samplings from several different indigenous communities. The exhibition was developed by the Oregon Museum of Science and Industry (OMSI) in collaboration with the Indigenous Education Institute (IEI), the National Museum of the American Indian (NMAI), native community elders, educators, and youth.

**WASHINGTON STATE HISTORY MUSEUM, 1911 Pacific Avenue, Tacoma, Washington  
(253) 272-9747, Open Tuesday through Sunday 10 a.m.-5 p.m.**

# ARTIFACT OF THE MONTH



## Composite Harpoon Valve

This month's artifact is another specimen from the Washington Harbor site, located near today's Battelle Marine Sciences Laboratory on Sequim Bay. This composite harpoon valve, carved from bone, is a great representation the highly specialized tool manufacture that was a part of the daily life in the S'Klallam village of Suxtcikwi'In.

Animal remains from this site show signs of heavy dependence on both maritime and terrestrial hunting, with a range of

butchered animal bone including elk, black-tailed deer, coyote, seals and even a porpoise!

Far from being entirely dependent on annual salmon runs as sustenance, local S'Klallam were successful at exploiting protein sources from the wide range of environments still visible in the Sequim area today; other artifacts from the site include a large number of shellfish, fish and bird bone, and even a smattering of bear remains. Most importantly, the hunting of large mammals complemented new technologies that were heavily dependent on bone as a medium for tool use: carved bone points, harpoons, needles and awls all helped diversify the S'Klallam toolkit and made it easier for the village to make the best of any opportunities presented throughout the various seasons.

~ David Brownell, Cultural Resources Specialist

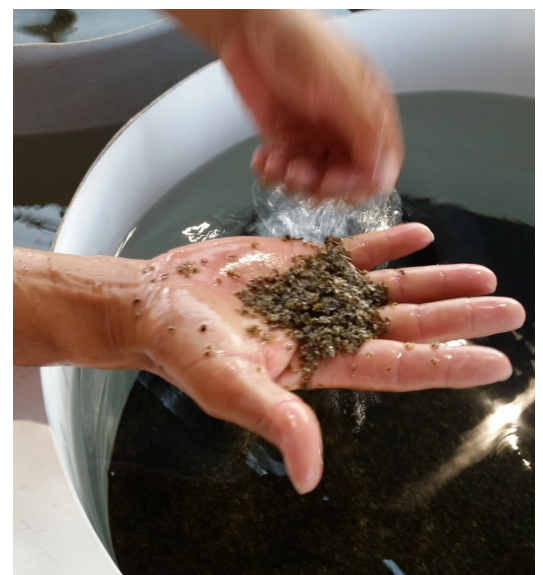
View Object ID: WH070 at [www.tribalmuseum.jamestowntribe.org](http://www.tribalmuseum.jamestowntribe.org), in the Washington Harbor Collection in the Artifact section of the online museum.



*(Hatchery, continued from page 14)*

When the seed reaches the size larger than a pin head, they're ready to ship to the Tribe's Point Whitney site. They'll remain there for a few weeks before being transferred to the Tribe's FLUPSY (FLoating UPweller SYstem). In the FLUPSY, the seeds are laid out on the mesh bottom of the floating tank. Water is continually circulated through the oysters by a paddle wheel and they will remain in the FLUPSY until they are sold to oyster growers or used on the Tribe's oyster farm.

So, why do all this? Growing oyster seed in Hawaii is a viable business. This year the Tribe produced 50-60 million seed and the goal is to reach 150,000,000 - 200,000,000 seed per year and the best place to grow the seed is Hawaii. Seawater around the contiguous United States has become more acidic making it difficult for the miniscule oysters to form a shell. The PH levels in Hawaii are higher and provide the environment necessary for oyster seed growth during the first five weeks of life when they are most vulnerable. Nate believes it's possible for Jamestown to become the second largest oyster seed provider in the country. I look forward to watching the progress of this oyster venture!



There are thousands of oyster seeds in this handful, which is ready to be shipped to Sequim from Hawaii.

# ARE YOU READY FOR THE SHAKEOUT?

With 6.8 million people living and working in Washington, a major earthquake could cause unprecedented devastation. What we do now, before a big earthquake, will determine what our lives will be like afterwards. With earthquakes an inevitable part of Washington's future, we must act quickly to ensure that disasters do not become catastrophes.



The Great Washington ShakeOut in October 2016 will involve hundreds of thousands of Washingtonians, including the staff at the Blyn Tribal Campus. The drill will be held statewide annually on the third Thursday of October, and is organized by the Earthquake Country Alliance ([www.earthquakecountry.org](http://www.earthquakecountry.org)). The 2016 *Great Washington ShakeOut* earthquake drill will be at 10:16 a.m. on October 20th.

A key aspect of the ShakeOut is the integration of comprehensive science-based earthquake research and the lessons learned from decades of social science research about why people get prepared. The result is a "teachable moment" on par with having an actual earthquake (often followed by increased interest in getting ready for earthquakes). ShakeOut creates the sense of urgency that is needed for people, organizations, and communities to get prepared, to practice what to do to be safe, and to learn what plans need to be improved. The 2016 ShakeOut drill will be the largest preparedness event in U.S. history. Tribal Chief Operations Officer Annette Nesse has registered the Tribe's participation in the drill, and has received information on how to plan the drill and continue our ongoing dialogue with staff about earthquake preparedness. Staff will practice "drop, cover, and hold on" at the specified time!

For more information on how to participate in Washington State, visit [www.ShakeOut.org/washington](http://www.ShakeOut.org/washington).

## EVENT CALENDAR: OCTOBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Tribal Citizenship Meeting
2	3 Coffee with Candy, page 22	4	5	6	7	8
9	10 Coffee with Candy, page 22	11	12	13	14	15 Artist Sequim Library, page 17 Canoe Honor- ing, page 11
16	17 Coffee with Candy, page 22	18 Jamestown Reads, page 16	19 Flu Shots 8 Singing and Drumming, page 22	20 Flu Shots 8 Washington Shake-Out Drill, page 20	21	22 Elder Art Workshop, page 22
23 30	24 Coffee with Candy 31 Coffee with Candy	25	26	27	28	29



assessment process will benefit the community. The menu included Jamestown oysters, charred octopus, geoduck fritters, wood-fired salmon, beef stew (that would have been venison or elk if those had been available), steamed clams, crab, kelp pickles, geoduck chowder, kale salad, buckskin bread, blackberry and apple crisps, and



nettle-mint iced tea. Tribal Elders\*\* Marlin Holdin and Lisa Barrell each spoke about the importance of continuing to gather and to eat our traditional foods, staying connected to the Tribe and to the Ancestors.

To close the event the group went outdoors to sing and dance Huya Huye, led by our Teen drummers and singers. háʔnəŋ cn (thank you), to the many Tribal citizens, Tribal community members, and Tribal staff members who contributed to the success of this event. For more information on the 2017 community survey, please contact Candy Burkhardt Community Network Board Chairperson at 360-681-4625 [cburkhardt@jamestowntribe.org](mailto:cburkhardt@jamestowntribe.org) or Mel Melmed, ANA Grant

Mack and Elaine Grinnell (Prince)

Project Manager at 360-681-4613  
[mmelmed@jamestowntribe.org](mailto:mmelmed@jamestowntribe.org).

## 8 TIPS FOR CYCLING IN AUTUMN

Adapted from an article by Geffen Semach for Momentum Mag

Autumn is a time of change. But the new conditions need not be a deterrent, just another opportunity to find your footing on two wheels. Here are some tips for cycling in autumn to keep you enjoying cycling through the cooling season.

### 1. Stay dry

First and foremost, one of the biggest obstacles when it comes to fall cycling is the rain. But rain doesn't have to stop us from biking. Good rain gear can keep you dry and warm and on your bike in even the most torrential of downpours.

### 2. Wear waterproof shoes

Our feet will inevitably feel whatever the weather of the day is. Make sure to have waterproof shoes to keep your feet dry; wet feet all day long is no cakewalk. And if it's cold as well as wet – a warm pair of socks to make sure you don't get tingly toes.

### 3. Layers!

With the changing season, we never know what to expect from morning to night. Raining and cold in the morning, warm and dry by afternoon then cold again by evening. Wearing layers makes you adaptable to whatever the day brings and keeps you comfortable commuting in any conditions. Pack extra layers in your bag on warm mornings in case an unexpected chill moves in while you're out and about.

### 4. Waterproof panniers and bags

There's no sense packing extra layers if they're just going to get wet in your bag, not to mention your laptop or any other valuables you have packed away in there. Waterproof or weather-resistant panniers and

bags will ensure that your change of clothes and essential electronics and other possessions don't get ruined.

### 5. Maintain your chain, and clean your bike!

Wet and dirty roads tend to kick up a lot of dirt which makes your chain and bike all grimy. Make sure to clean your chain more often and keep your bike as clean as possible. A dirty bike will mean more trips to the bike repair shop as well as to the laundry machine.

### 6. Stay visible

With shorter and shorter days creeping up on us, we need to remember to be visible more than ever. Shorter days mean earlier, darker evenings. Get yourself good lights for the front and rear of your bike. And with all the great clothing options with subtle reflective striping cropping up, it's never been easier to add a little a little reflective strip to your wardrobe as well.

### 7. Wear gloves

We do everything with our hands, so it's the least we can do to try and keep them warm. Whipping winds and cool rain can leave our hands dry, numb, and cold, after a ride. Rather than an afterthought, gloves should be a staple component of your fall cycling wardrobe.

### 8. Keep your vision clear

Rain can get in our eyes and obscure our vision, not to mention it's annoying! To keep the rain out of your eyes, consider glasses with clear or light lenses. If you're not into glasses or find that the droplets on the lenses are more distracting than the rain itself, try a helmet with a visor or a good-old-fashioned baseball hat.

# ANNOUNCEMENTS

## **FOR SALE: 2003 CHEVY TRAILBLAZER**

White Exterior/Charcoal Gray interior  
EXT-1/2 Ton -I6; Utility 4-Door EXT LS 4WD  
103,700 miles; \$3,450 Firm  
Contact Karl or Wanda for questions/test drive  
JKT Development, Inc. 360-683-2025



## **JOB OPENINGS**

**Human Resources Assistant**  
Jamestown S'Klallam Tribe

**Dentist**  
Jamestown Family Dental Clinic

Please visit <http://jamestowntribe.iapplicants.com> for job description and to apply online.



## **ELDER CULTURAL ART WORKSHOP IN THE BELLINGHAM/LUMMI AREA ON OCTOBER 22ND**

Jamestown's Elders Coordinator Jeremy Monson and Tribal Council Secretary Lisa Barrell are teaming up for an Elder Cultural Art Workshop in the Bellingham/Lummi area on Saturday October 22. They will be taking 6 local Elder Citizens and will meet up with 6 out-of-area Elder Citizens to work on and teach each other art projects. If you would like to be included, contact Jeremy Monson at 360- 681-4637, or by email at [jmonson@jamestowntribe.org](mailto:jmonson@jamestowntribe.org). Please sign up by Friday October 14th.

Food, lodging and supplies will be provided.

Future workshops are planned near Aberdeen and Tacoma. Participation is limited to 1 trip per person.

## **EARLY RISERS SUPPORT GROUP**

### **“COFFEE WITH CANDY”**

on Monday mornings at 8 am in the Elders' Lounge for anyone who would like support and friendship with others while trying to maintain a healthy lifestyle. Please contact Candy Burkhardt at 681-4625; or Rachel Sullivan at 681-4606 for any additional information or transportation issues.

## **SINGING AND DRUMMING WEDNESDAY, OCT. 19TH AT 5:30 P.M.**

### **RED CEDAR HALL**

Dinner will be provided, but please bring a side dish or dessert or beverage to share.

For more information contact  
Vickie Carroll at 360-681-4659 or  
[vc Carroll@jamestowntribe.org](mailto:vc Carroll@jamestowntribe.org)

# ANNOUNCEMENTS

## **7TH ANNUAL JAMESTOWN HOLIDAY CRAFT FAIR SATURDAY, NOVEMBER 5TH FROM 9 A.M.-4 P.M. RED CEDAR HALL**



Interested in helping out? We need baked goods for our bake sale! Bring any kind of homemade baked goods to the Red Cedar Hall kitchen on Friday Nov. 4th or directly to the bake sale table on Saturday Nov. 5th. Funds raised from the bake sale and raffle tickets go to the Tribal Food Bank! Even if you can't help out, please come shop! We have a great line-up of vendors. Questions? Call Betty Oppenheimer at 360-681-3410.

## **THE TRIBE IS UPDATING RECORDS AND WOULD LIKE TO KNOW YOUR EMAIL ADDRESS.**

Please call or email Jeremy Monson, Enrollment Officer, with your email address, at [jmonson@jamestowntribe.org](mailto:jmonson@jamestowntribe.org) or call 360-681-4637 or toll free at 1-800-262-6603 X-4637.

## **FIND US ON THE WEB**

### **Websites:**

Tribal Government: [www.jamestowntribe.org](http://www.jamestowntribe.org)

7 Cedars Resort/Casino: [www.7cedarsresort.com](http://www.7cedarsresort.com)

Tribal Library: <http://library.jamestowntribe.org>

Tribal Online Museum: [www.tribalmuseum.jamestowntribe.org](http://www.tribalmuseum.jamestowntribe.org)

Canoe Family: [www.jamestowncanoefamily.com](http://www.jamestowncanoefamily.com)

### **Facebook Pages:**

Tribal Government: [www.facebook.com/JamestownSKlallamTribe](https://www.facebook.com/JamestownSKlallamTribe)

Tribal Library: [www.facebook.com/pages/Jamestown-S'Klallam-Library/4689834031](https://www.facebook.com/pages/Jamestown-S'Klallam-Library/4689834031)

Wellness Program/Health Department: <https://www.facebook.com/JamestownHealthandWellness>

S'Klallam Tribal Events and Announcements: <https://www.facebook.com/groups/sklallam.events.announcements/>

YouTube Channel: Tribal Library: <http://www.youtube.com/user/jstlibrary>

## **JAMESTOWN FAMILY HEALTH CLINIC 808 NORTH 5TH AVE. SEQUIM, WA 98382**

**PHONE: 360-683-5900**

Hours: Mon. - Fri. 8:00 a.m. to 5:00 p.m.;  
Sat. 10 a.m. to 3 p.m.

**We are open from 10 – 3 on Saturdays for both routine and as-needed appointments, but we are not a walk-in clinic. Please call ahead for a Saturday appointment.**

## **DEADLINES FOR JAMESTOWN HIGHER EDUCATION SCHOLARSHIP APPLICATIONS**

(for enrolled Tribal citizens)

Winter Quarter/Spring Semester - Nov. 15<sup>th</sup>

Spring Quarter - February 15<sup>th</sup>

Summer Term - April 15<sup>th</sup>

Fall Quarter /Fall Semester - June 15<sup>th</sup>

For information on Higher Education funding, contact

Kim Kettel at 360-681-4626

or [kkettel@jamestowntribe.org](mailto:kkettel@jamestowntribe.org)





# HAPPY BIRTHDAY!

TO TRIBAL CITIZENS BORN THIS MONTH

1 Alan Lyckiss	18 Valerie Ramirez
1 Allana Schroeder	19 Stephanie Adams
2 Marlin Holden	19 Trever Hunter
2 Casey Allen	20 Gail Feeley
2 Miles Kardonsky	20 Diana Rouse
5 Kimberly Thomas	21 David Pettigrew
6 Beth Anders	22 Erin Hunter
6 Benjamin Harner	23 Benjamin Erickson
6 Quentin Decoteau	24 Donald Anderson
6 Clarissa Stafford	24 Hilda Hunter
6 Lorelei Bill	25 Norma Brundage
7 Thomas Lowe	26 Michael Stahlnecker
7 Patrick McClanahan	26 Julia Holden
7 Lashayna George	27 Shirley Collins
8 Sherry Macgregor	27 Roger Howard
9 Darlene Taylor	28 Lois Camus
9 Bridget Light	28 Patricia Taylor
12 Robin Bisette	28 Sheryl Garrick
13 Shirley Rogers	28 Neila Cameron
14 Diane Lapointe	28 Jeremy Cope
15 Marie Norris	28 Owen Kardonsky
16 Elaine Grinnell	29 Leila Mann
16 Lacey Prince	29 Matthew Adams

Want to read our newsletter online? Scan this QR code or visit [www.jamestowntribe.org](http://www.jamestowntribe.org). Click on Tribe Documents, then on Reports and Newsletters. The online version is in color, so if you want to get the most out of our photos or print off copies for your archives, use the online version.



## JAMESTOWN S'KLALLAM TRIBAL COUNCIL

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1-360-683-1109  
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7 Cedars Casino: 360-683-7777  
Toll Free: 1-800-LUCKY  
Carlsborg Self Storage: 360-681-3536  
[www.carlsborgministorage.com](http://www.carlsborgministorage.com)  
Casino Gift Shop/Gallery: 360-681-6728  
Cedars at Dungeness Golf Course:  
1-800-447-6826  
Double Eagle Restaurant/Stymie's Lounge:  
360-683-3331  
Economic Development Authority:  
360-683-2025  
Jamestown Dental Clinic: 360-681-3400  
Jamestown Excavating: 360-683-4586  
Jamestown Family Health Clinic:  
360-683-5900  
Jamestown NetWorks: 360-683-2025  
Mobilisa Enterprise Wireless:  
360-683-2025  
Newsletter Editor: 360-681-3410  
Northwest Native Expressions Gallery:  
360-681-4640  
[www.NorthwestNativeExpressions.com](http://www.NorthwestNativeExpressions.com)  
Tribal Library: 360-681-4632  
<http://library.jamestowntribe.org>  
Tribal Digital Archives Online:  
[www.tribalmuseum.jamestowntribe.org](http://www.tribalmuseum.jamestowntribe.org)  
Tribal Gaming Agency: 360-681-6702

The Jamestown S'Klallam Tribal Newsletter is published monthly. Please submit news, informational items and Letters to the Editor by email to Betty Oppenheimer at [boppenheimer@jamestowntribe.org](mailto:boppenheimer@jamestowntribe.org), or by US Mail to the address above, or call her office at 360-681-3410.

The deadline for submission to be included in the following month's issue is the 15th day of the current month.

Changes of Address:

Tribal Citizens: Please send changes of address to Enrollment Officer Jeremy Monson at [jmonson@jamestowntribe.org](mailto:jmonson@jamestowntribe.org) or call him at 360-681-4637.

Other newsletter recipients: Please send changes of address to Betty Oppenheimer at the address/phone above.

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