



News From The Strong People

DON ELLIS, SEQUIM'S GRAND PIONEER

Tribal Elder Don Ellis prefers to stay out of the spotlight, but he's been living in Sequim and involved in so many ways with Sequim's Irrigation Festival that it was only a matter of time before they asked him to be Grand Pioneer.

"I like to be in the background," he said, then listing out his roles in the Festival Parade, from driving a Farmwell tractor when he was a preteen to being the sole veteran on the Korean War Vets float in 2016.

The individuals selected as Grand Pioneers and Honorary Pioneers represent the history that is so important to Sequim and the Irrigation Festival. A Grand Pioneer is one who was born and lived most of their lives in Sequim. Don's friend Judy Markley serves on the Irrigation Festival committee, and she was instrumental in his selection as the 2018 Grand Pioneer. Don has already attended the Royalty Pageant, and will be a part of the Pioneer Dinner at the Sequim Prairie Grange, the Kick-Off Dinner at 7 Cedars Casino, Crazy Daze Breakfast on May 5th, and the Grand Parade on May 12th.

Don was born in 1933 and raised on a dairy farm in Dungeness. He worked on the farm until after high school, when he went into the Army for two years in Korea.

"When I came out, I worked for my dad in what now is the 101

Diner in Sequim. At that time, it was Ellis Auto Repair," he said. After that, Don went to work for Rayonier Pulp Mill for 33 years. Then he drove bus for 7 Cedars Casino and for the Elders for about seven years. He is a life member of the Sequim VFW; a charter member of the Elks Club in Sequim; a charter member of the Foot Printer

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Keith Ross photo

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JAMESTOWN S'KLALLAM TRIBAL NEWSLETTER, VOLUME 39, ISSUE 4, APRIL 2018

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HARD WORK AND SUPPORT AID WELLBRIETY

Kayla Holden has gotten her life back, thanks to a lot of hard work, support from family, and services provided by the Tribe. Kayla has been drug free since November 10, 2016, and is close to successfully completing and graduating from her Intensive Outpatient Program. It's been a long road, but well worth it. Born in 1987, she had a rough start in life with a drug-addicted mother who, when Kayla was 9, was prevented by court order from seeing her until she was 18. Kayla lived with her father, Tribal citizen Dave Holden.

"Things got better at my Dad's," she said. At 17, she gave birth to her first child, Kianah, now age 12. "I was engaged to her Dad at 21. That quickly ended, and I fell apart," she said.

Addiction and depression became a downward spiral that cost her Kianah and the support of her family. She "couch-surfed" at friend's houses. Eventually, she moved to Neah Bay, where her daughter lived with her ex.

"His auntie gave me housing. She saw how badly I wanted to change my life," said Kayla, who got clean and sober there. "I got my child back, and worked three different jobs while living there," she said. Shortly after, her baby Kaleenah was born. "When Kaleenah was 3 months old, my brother Brook Thompson died of a drug overdose, and I fell apart again," she said, relapsing into the downward spiral of drugs and isolation. After several months, she decided that she didn't want to be the kind of mother that her own mother had been.



"I never wanted to be that kind of mother," she said. She got clean, and with the full support of her Dad and stepmom Shellie, Kayla decided to check herself into a residential treatment center for a 6-month program that allowed her to live with her infant daughter. There she learned many of the tools that keep her clean and sober today. She continues to attend Native American Wellbriety (Narcotics Anonymous) meetings.

After 9 months clean and sober, Kayla moved back to Port Angeles, seeking help from the Tribe, fully ready and willing to continue the work she had begun in treatment. She is an example of how the Tribe's new "wraparound" approach to service works. Staff look at all aspects of a person's situation, and work to remedy all of them simultaneously. But it only works if the client does the work required to make significant life changes. She worked with the Tribal Wellness Programs and Behavioral Health staff to enhance her parenting skills, physical and emotional health, and recovery plan. She quit smoking over a year ago with the help of the Tribal Smoking Cessation Program.

"After 6 months of in-patient treatment, I did 6 months of outpatient, which helped me work through a lot of past pain and shame and guilt and helped me learn who I am again," she said. "Things that help me are leaving the past in the past, being the best me I can be from here on out, not isolating myself, and actually talking out my true feelings when things come up. Talking with a safe person who I trust takes the power out of it. My go-to people are my dad and Dustin (Dustin Brenske, one of the Tribe's Behavioral Health counselors), who has made herself available day or night if I need her. I also have a sponsor in Wellbriety."

Kayla also worked with the Tribe's Educational and Behavioral Health team to secure a paid internship with the Olympic National Forest that she hopes will turn into a permanent job.

"I do a little bit of everything – in the office and out in the field," she said, adding that the uniform is a little uncomfortable, but "everyone likes me in it!"

Kayla also obtained housing through the Tribal Housing Program managed by Casey Thrush.

WE REMEMBER: CHARLES HARCEY BECKER APRIL 10, 1932 - FEBRUARY 28, 2018

Charles Harcey Becker was born on April 10, 1932 at Dungeness Washington, the youngest of the three Ellis and four Becker children born to Ethel Stevens Ellis Becker. He attended the Dungeness School, where he wore bib overalls. All during his years at Sequim High School, he earned money on his daily paper delivery route and by bucking hay. He graduated in 1951, and joined the service, where he served in the Air Force from 1953-1957.

He worked as a water engineer for Seattle Public Utilities for his entire career. He and his wife Gladys lived in Seattle, raising her two boys there. After retirement, he moved back to Sequim, where he lived until his death. His nieces and nephews remember him as "a big tease."

(Grand Pioneer, continued from page 1)

Chapter 74; a member of the Korean War Veterans. He served on the Tribe's Fish and Game (now Natural Resources) Committee for 12 years. Don and his siblings Betty Kettel, Janet Duncan, Mary Ross and David Ellis are the children of Lyman "Matt"

Ross and David Ellis are the children of Lyman "Matt" and Rachel (Fuller) Ellis. Matt (1913-1994) and his brothers Joel (1910-1943) and Archie (1915-1979) were the children of Ethel Stevens and William M. Ellis, and they were the half-siblings of Ethel and her second husband Edwin Arthur Becker – Edwin "Art" (1922-2000), Robert (1925-2011), Helen (1928-2015), and Charles (1932-2018). Don has four children - Cliff and Donnelle from his

first marriage, and Debi and Scott from his second marriage. He has 12 grandchildren, and 15 greatgrandchildren.

"I am so proud of all of them," he said.

SEQUIM'S IRRIGATION FESTIVAL EVENTS

(learn more at www.irrigationfestival.com/events)

May 4-6	Crazy Callen Weekend
May 4-6	Innovative Arts and Crafts Fair
May 4	First Friday Art Walk
May 5	Driftwood Art Show
	Kids Parade
	Family Fun Day
	Collectors Cancellation Stamp
May 10-13	Grand Finale Weekend Carnival
May 10	Sequim Historic Walking Tour
May 11	Golf Tournament/ Strongman Showdown/
	Fireworks
May 12	Irrigation Festival Fun Run/
	Hot Rods and Harleys Show n'Cruz /
	123 rd Irrigation Festival Grand Parade/
	Past Royalty Luncheon

(Wellbriety, continued from page 2)

"I had a Tribal house in Port Angeles, where I was able to have both of my girls. And when I got the job in Quilcene, the Tribe helped me move to Tribal housing in Sequim, which is closer to work, and has a bedroom for each daughter," she said. "Things are really falling into place. It feels so good! It's been a lot of work, but it's getting easier."

"Kayla has been an inspiration to the staff members and programs that were fortunate to be a part of her journey," said Tribal staff member Dustin Brenkse, her Behavioral Health counselor. "She is a perfect example of how the SCS programs are intended to work to support someone's goal of holistic wellness and self-sufficiency." "I want to thank the Tribe for all the services that have been given to me to help me get to where I am. I have also turned my life over to God who I have great faith in," she said.

Recently, she received a text message from her father saying how proud he is to be her Dad, and how proud he is of her progress. "I cried, and locked and saved that message forever," she said. "It means so much to me to make my Dad proud."



GRINNELL RECEIVES COMMUNITY SPIRIT AWARD

Elaine Grinnell (Prince) was recently awarded the Jennifer Easton Community Spirit Award by the First Peoples Fund of Rapid City, South Dakota.

The Jennifer Easton Community Spirit Award (CSA) recognizes exceptional artists who have shown a lifetime commitment to perpetuating their art and sharing it within their communities. These practicing artists embody the Collective Spirit[®], and are nominated for the award by members of their communities.

"These culture bearers quietly,



selflessly give of themselves in their communities year after year," said Lori Pourier, president of First Peoples Fund. "Through the Community Spirit Award, First Peoples Fund honors and shines a light on their work to restore and pass on ancestral knowledge and traditions, connecting their peoples to their greatest assets." This is what First Peoples Fund said about Grinnell:

Elaine Grinnell, Jamestown S'Klallam and Lummi, Sequim, Washington

It began in frightening times for young Elaine. She sat near a potbelly stove with her grandfather, David Prince, during World War II blackouts along the Jamestown Beach. But as he calmly peeled apples and told stories, Elaine listened, her fears forgotten as she pressed each word into her mind. He gave her the gift of storytelling. Today, this art medium overlaps with traditional cooking and basketry for Elaine.

She spent much of her life living around the Strait of Juan de Fuca (also known as the Salish Sea) where she digs clams, picks oysters, catches salmon, crab and octopus and prepares them in traditional ways.

"I have taught two generations of my family to do the same and am beginning to teach our third generation," Elaine says.

She is also showing them how to gather, prepare, and weave Western Red Cedar bark along with their stories. Because of that dedication, Khia Grinnell (Jamestown S'Klallam and Lummi) nominated Elaine for the CSA. "My grandmother has worked tirelessly to preserve and share our culture," Khia says. "She has served as an ambassador of our people in a manner that has made not only her family but her community proud." Following in the steps of her grandmother Elaine, Khia is a storyteller and serves on the Northwest Native American Basketweavers Association board alongside Elaine.

Elaine also serves on the Jamestown S'Klallam Culture Committee, the Native Elders Committee of the University of Washington, Northwest Native American Storytellers Association Board, and is a certified Klallam language teacher.

Also given the award were Kanoelani Davis, Native Hawaiian hula dancer; Marie Meade, Traditional Yup'ik dancer; and Clay artist Peter B. Jones, Onondaga.

Elaine plans to use the award funding to produce Volume 3 of her S'Klallam Stories, to preserve them in perpetuity.

Congratulations, Elaine!

JOIN THE FUN AT ELDERS "SWEATSHOP"



Every Thursday Elders gather at the Elders "Sweatshop" to make gifts for Tribal events. The Sweatshop is busy making 500 rattles for giveaway at the annual Jamestown Elders Gathering in July. Elders Coordinator Jeremy Monson (Hall/Adams family) created the rattle design and a production line of Elders cut rattle heads from rawhide, soak the hide, sew it, and wrap leather around the wooden handles to create the beautiful rattles. Elders who would like to help make rattles can contact Jeremy at 360-681-4637. Laughter and fun is guaranteed at this "Sweatshop." At left, Charlotte Fitzgerald and Michael Lowe laugh with Jeremy (far left).



CARLSBORG SELF STORAGE HAS EXPANDED

New units should be available by May 1, 2018. Sizes available are:

Unit size	Number of Units	Regular Price per month	Discounted monthly price for Staff and Citizens
10 x 30'	14	\$148	\$133
10 x 25'	11	\$125	\$112.50
10 x 20'	11	\$100	\$90

If you are interested in reserving a new storage unit, please call Wanda Becker at 360-681-3536.

The two new buildings at Carlsborg Self Storage are nearly complete.



JAMESTOWN S'KLALLAM TRIBE

OPIOID CRISIS AND LAWSUIT V. PHARMACEUTICAL INDUSTRY

Message from our Tribal Council Chair/CEO

Greetings Tribal Citizens! As many have read or heard, our Tribe joined the Port Gamble S'Klallam and Suquamish Tribes in a lawsuit against the pharmaceutical industry. I want to provide some details on why and what it means to our Tribe and community.

We share the collective concerns expressed across Indian Country and the non-Indian sector regarding this public health crisis. Many are deeply concerned about the economic greed of the pharmaceutical industry resulting in serious health problems due to the abuse and misuse of opioid prescriptions, which can cause dependency. This industry has grown into a multi-billion dollar industry by promoting over-prescribing and overcharging for opioids. These companies have worked hard to conceal their abuses and misuses for years. Many, including Tribes, have finally said "enough is enough," and have filed complaints in federal courts.



These and other abuses by this industry have resulted in hundreds of lawsuits

across the country. Our Council has chosen to join the Port Gamble S'Klallam and Suquamish Tribes and expect others to join our case.

We expect our case to be combined with other similar suits into a single Federal Court case. In the latest move in a string of lawsuits over the crisis, a coalition of Washington State-based Tribes recently filed a federal lawsuit, accusing the companies, including drug distributors and manufacturers, of causing of the opioid epidemic. The suit seeks damages and an order forcing the companies to compensate the Tribes for "costs to abate the ongoing public nuisance caused by the opioid epidemic," among other things.

Recent studies reveal that, throughout the United States, opioid sales nearly quadrupled between 1999 and 2014. By 2012, 259 million opioid prescriptions were being written each year. The massive surge in opioid consumption has led to increased usage of heroin, with studies showing that nearly 75% of new heroin users become addicted to drugs by using prescription opioids.

The resulting opioid and heroin epidemic has devastated communities across the country. Since 2000, more than 300,000 Americans have died from opioid or heroin overdoses including countless in Indian Country. One hundred forty-five people fatally overdose on opioids or heroin each day and more than 1,000 Washingtonians and 42,000 Americans have died of an opioid overdose in 2016 alone. The epidemic has a significant economic impact, costing the United States at least \$78 billion every year.

In recent months, the State of Washington and a number of Washington Tribes, counties, cities, and municipalities have filed lawsuits against opioid manufacturers and distributors. In September of 2017, the State of Washington and City of Seattle sued Purdue Pharma in King County Superior Court, alleging that the company contributed to the opioid epidemic through deceptive marketing practices.

We are a part of this effort to force the pharmaceutical industry to be accountable to our society and health of our people.

The Jamestown Family Health Clinic (JFHC) has been a leader in dealing with the Opioid Crisis. For many years medical providers were told by pharmaceutical companies that opioids were safe, non-addictive and had no upper limits. We now know that is not true and since 2012 – when State legislation passed—the JFHC has been working to reverse the trend. Brent Simcosky, Jamestown Director of Health Services, has implemented the following over the last few years:

The Clinic and medical providers follow Washington State and Center for Disease Control (CDC) guidelines.
 The new recommendations are based on CDC research that shows long term use of opioids do not outweigh

TRIBAL CITIZENS - CALL BEFORE YOU RELOCATE!

If you are a Tribal citizen living outside of Clallam or Jefferson Counties and you are interested in relocating to be near the Tribe, we strongly urge you to please contact our Social and Community Services Department **before** making any final decisions.

Please note that we may be able to provide certain <u>financial services to you at your current location</u>, which may help you make a better informed decision for yourself and your family regarding relocation. The current job and housing markets are scarce in the local Port Angeles and Sequim areas. Additionally, the Tribal housing waiting lists are very long.

Please call Melissa Smith-Brady at 360-681-4625 to begin the process of finding services that are right for you!

ARE YOU GRADUATING THIS YEAR? WE WANT TO RECOGNIZE YOU AND YOUR ACHIEVEMENT!

Attention Tribal Citizens and Descendants Who Will Graduate from High School or College in 2018!

Please contact Higher Education Coordinator Kim Kettel by June 15th so that the Tribe may recognize and congratulate you in the July Tribal newsletter and at the Qwen Seyu Tribal Picnic on August 11th! Kim Kettel, 360-681-4626 or <u>kkettel@jamestowntribe.org</u>

(Continued from page 6)

the risks.

- Operate a Pain Management Program (with 2 dedicated medical providers) under which specific patients are assigned and must participate. The goal of the program is to improve quality of life while decreasing dependency of controlled substances.
- Coordinate referrals for those with substance use disorders with behavioral health counseling and treatment with outside organizations and providers. In addition, we coordinate referrals for alternative pain management care.
- Operate a Medication Assisted Therapy (MAT) suboxone clinic for approximately 100 patients.
- JFHC will be the first participant on the Olympic Peninsula in the 6 Building Blocks Safer Opioid Prescribing and Transforming Care for Chronic Pain Program sponsored by the University of Washington. Other clinics within Clallam County will be participating in the 6 Building Blocks program in order to ensure a comprehensive, coordinated and common set of guidelines and policies to tackle the ongoing Crisis.

This is another challenge that has been placed before us. Although we find ourselves in this unfortunate societal health crisis situation, as always, we will step up and do the right thing to care for our people and future generations.

Please do not hesitate to call any of the Council members or me at (360) 681-4621 or e-mail me at <u>rallen@jamestowntribe.org</u> if you have any questions or need clarifications.

God bless, Ron

JAMESTOWN S'KLALLAM TRIBE

MAKING THEIR OWN CEDAR HATS

Growing up in Montesano, I didn't have much opportunity to connect with my Native culture. So when I saw a notice in the Tribal Newsletter that the Tribe was planning a sweet grass gathering in the nearby town of Hoquiam, my wife Barbara and I signed up - and that's how I met Cathy MacGregor. Learning that Cathy is an accomplished weaver piqued my interest. Having seen pictures and videos of the Canoe Journey to Port Campbell this year, I had admired the traditional woven cedar hats and hoped to have one of my own for the next Canoe Journey.

When we attended the cedar bark processing class last Fall, Cathy offered to teach us to make cedar hats. We met at Cathy's home for three sessions, approximately five hours each. We were also



Barbara and Allan Lickiss model their newly woven and decorated cedar bark hats.

assigned "home work," taking our hats home to finish weaving before our last session. Besides learning to weave, we admired Cathy's weaving pieces displayed in her home and had plenty of good conversation. We each embellished our hats differently. I used abalone and onyx beads with shell buttons, Barbara used tiny vintage mother of pearl buttons with turquoise seed beads. I'm well pleased with how our hats turned out. I can't help but think how proud my mother, Winifred Harner Lickiss, would be. Wearing my cedar hat gives me a feeling of connection to my Tribe and culture. We're so thankful that Cathy was generous with her time and knowledge, and that we were able to use Tribal Learning Enrichment funds for the class. Now I've got the weaving bug and I'm looking forward to doing more cedar weaving projects.

~Allan Lickiss, Tribal Elder

NORTHWEST NATIVE EXPRESSIONS GALLERY

1033 Old Blyn Highway Sequim, WA 98382 360-681-4640 Winter Hours: 10 a.m.—4 p.m. **Or shop online!** www.NorthwestNativeExpressions.com



NOMINATIONS SOUGHT FOR VOLUNTEER OF THE YEAR

The Volunteer of the Year award is intended to go to that individual or group who has shown selfless generosity by volunteering a significant contribution of time and talents in service to the Tribe and its mission.

To be eligible, the nominee must be an adult or youth who provided volunteer service unrelated to paid activities or employment in service to the Tribe.

Any or all of the following attributes and actions may apply to the nominee. These criteria will be used to select the Volunteer of the Year:

Need: The nominee contributed a needed service to community and contributed to the overall goals and mission of the Tribe.

Action: Involvement of the nominee was voluntary, significant, above and beyond. **Impact:** The volunteer helped program participants realize their potential, or mobilized other volunteers or the

public. The individual volunteered for a variety of projects and events; the quality and value of work was exemplary or extraordinary. The individual improved the ability of the Tribe to provide quality activities or services and/or helped fulfill the mission of the Tribe.

- Time/Service/Relationships: The volunteer's contribution of time, talents and service and/or length and frequency of service is significant. The nominee's actions have been ongoing and sustained; the volunteer demonstrates a willingness to contribute and is consistently available and reliable. The volunteer has shown exceptional dedication, leadership, kindness/compassion, or extraordinary service. Through volunteering, this individual has developed a special relationship and interaction with the Tribal community.
- Leadership/meeting challenges: The volunteer met unique challenges by initiating new programs or activities or using new methods to solve problems.

Volunteer of the Year Nominating Forms are available at the Tribe's website (www.jamestowntribe.org, on the Announcements page), and in the Administration Building lobby. Forms should be sent to Ann Sargent at asargent@jamestowntribe.org, or by mail to her attention by July 13, 2018. The Volunteer of the Year will be recognized in the Tribal newsletter and at the Tribal Picnic in August.

FIND US ON THE WEB

Websites:

Tribal Government: www.jamestowntribe.org

7 Cedars Resort/Casino: www.7cedarsresort.com

Tribal Library: http://library.jamestowntribe.org

Tribal Online Museum: www.tribalmuseum.jamestowntribe.org

Canoe Family: www.jamestowncanoefamily.com

Facebook Pages:

Tribal Government: www.facebook.com/JamestownSKlallamTribe

Tribal Library: https://www.facebook.com/Jamestown-SKlallam-Tribal-Library-468983403143461/

Wellness Program/Health Department: https://www.facebook.com/JamestownHealthandWellness

S'Klallam Tribal Events and Announcements: https://www.facebook.com/groups/sklallam.events.announcements/ YouTube Channel: Tribal Library: http://www.youtube.com/user/jstlibrary

PREVIOUS RECIPIENTS

- 2017 Paul Bowlby and Sonny Lehman
- 2016 Cathy MacGregor
- 2015 Celeste Dybeck
- 2014 Sandy Kardonsky
- 2013 Marlin Holden
- 2012 Vicki Lowe
- 2011 **Betty Brooks**
- 2010 Harry Burlingame
- 2009 Barbara Fernie
- 2008 Janet Duncan

CULTURAL ACTIVITIES

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INTERTRIBAL SINGING AND DANCING JAMESTOWN S'KLALLAM TRIBE WEDNESDAY, APRIL 18, 2018 5:30 p.m. RED CEDAR HALL

Please bring a side dish, beverage or dessert to share! Please RSVP to Vickie Carroll at <u>vcarroll@jamestowntribe.org</u> or 360-681-4659 before the end of the day Friday, April 13th.





JOIN US ON THE JAMESTOWN SUBSISTENCE BEACH TO LEARN ABOUT AND GATHER CLAMS & OYSTERS SATURDAY APRIL 21st, 1 - 4 PM

Where: Meet at Red Cedar Hall

Who: Enrolled Tribal Citizens (<u>due to Tribal Regulations this subsistence event is for Tribal citizens only</u>.) **What you need:** RUBBER BOOTS (very important), clothes that can get wet and

muddy, a bucket, gloves, and a clam rake (we will have loaners available)
 RSVP: Space is limited – Sign up with Anika Kessler 360-681-4600 or akessler@jamestowntribe.org

- * Learn to identify different shellfish, how to know when it is safe to gather, and other important information to keep you healthy, on the right side of the law, and eating delicious traditional foods
- * Take home what you dig or donate for sharing with homebound Tribal citizens.

"Glimpses of a S'Klallam Village at Washington Harbor"

continues at the Peninsula College Longhouse Art Gallery. On view through April 27 at the gallery on the Peninsula College Port Angeles campus, 1502 E. Lauridsen Blvd. It is free and open to the public from 10 a.m. to 2 p.m. Tuesday through Thursday. The exhibit, curated by Jamestown Cultural Resources Specialist David Brownell, is based on one of the ancestral villages of the Jamestown S'Klallam Tribe as it stood in the 1880s. For more information, contact Sadie Crowe at longhouse@pencol.edu or 360-417-7992.

KLALLAM LANGUAGE CLASSES

What: Basic Klallam Language Classes When: Thursdays from 5:30-6:30 p.m. Where: Fishbowl Conference Room in the SCS building.

Whether you are interested in becoming certified or just want to learn some Klallam, you are welcome! Classes are open to the Tribal community and Jamestown staff.

For more information, please contact the Library at 360-681-4632 or <u>library@jamestowntribe.org</u>.

THE INTERTRIBAL CANOE JOURNEY

WHAT'S IT LIKE TO PARTICIPATE

IN THE INTERTRIBAL CANOE JOURNEY?

Ginnie Kitzmiller, Tribal citizen from the Cook/ Kardonsky family and Security Administrator for the Tribal Government, had her first experience as a puller on the Canoe Journey to Campbell River in 2017. She has nothing but positive comments to make about being part of the Canoe Family.



"When you first hear about the Intertribal Canoe Journey, it sounds neat, but it seems like a massive commitment. The nice thing is that whether you are pulling, on ground crew, cooking or just carrying something, you are part of the Canoe Family. You can choose to be as involved as you want, but you feel a part of something so much bigger."

Kitzmiller said that with three sons and a fulltime job, she wasn't able to participate until last year, when her boys were old enough for her to attend the required number of practices and then go on the Journey.

"I got so much more out of it than I thought I would," she said. "I didn't know there was a puzzle piece in me that needed to be filled with culture. It felt, for me, like the Journey put all of the pieces together – the singing and drumming, the gift making, being on the water, going to sleep to the sound of drumming...I loved it, and I want more!" Besides, said Kitzmiller, it's a healthy, wholesome, sober event. "For me, it was both a personal and a cultural journey that combined sobriety, health and wellness. It was powerful, and I feel a new sense of connection to our culture." Kitzmiller is wholeheartedly looking forward to participating again this year on the Power Paddle to Puyallup, and encourages anyone with any level of interest to attend a Canoe Family Meeting, attend Singing and Drumming and attend a Canoe practice, to see if it is right for them. "Personally, as soon as I got out on the water, pulling in tandem with the other pullers, and hearing the "swoosh" of the paddles through the water, I knew I was in the right place," she said.

CANOE FAMILY MEETING

Saturday, April 28, 2018 10:00 a.m. to 1:00 p.m. Hummingbird Hall Lunch will be provided.

Please RSVP to Vickie Carroll at vcarroll@jamestowntribe.org or 360-681-4659 before end of day, Monday, April 23, 2018

Immediately followed by:

JAMESTOWN COMMUNITY DRUMMING & SINGING

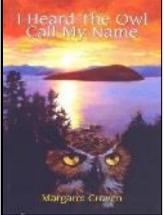
For more information contact: Jeremy Monson jmonson@jamestowntribe.org 360-681-4637

If you missed the first Jamestown Canoe Family meeting in February and would like an information packet, contact Canoe Journey Coordinator Vickie Carroll at 360-681-4659 or <u>vcarroll@jamestowntribe.org</u>. Refer to last month's newsletter for details on the many ways you can participate.

LIBRARY CORNER

JAMESTOWN READS BOOK CLUB

April 10th 2018 at 5:30pm at Fortune Star Chinese Restaurant, 145 E Washington St, Sequim



I Heard the Owl Call My Name by Margaret Craven

In a world that knows too well the anguish inherent in the clash of old ways and new lifestyles, Margaret Craven's classic and timeless story of a young man's journey into the Pacific Northwest is as relevant today as ever.

Here amid the grandeur of British Columbia stands the village of Kingcome, a place of salmon runs and ancient totems - a village so steeped in time that, according to Kwakiutl legend, it was founded by two brothers left on earth after the great flood. Yet in this Eden of such natural beauty and richness, the old culture of totems and potlaches is under attack - slowly being replaced by a new culture of prefab houses and alcoholism. Into this world, where an entire generation of young people has become disenchanted and alienated from their heritage, Craven introduces Mark Brian, a young

vicar sent to the small isolated parish by his church. (Goodreads.com)

This book is not available as a book kit.

Readers may find copies at the Tribal Library and North Olympic Libraries.

KLALLAM PHRASE OF THE MONTH

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ESTATE PLANNING:

April 6, 2018 from 10 Am-12 NOON IN RED CEDAR HALL

Caring Conversations: Communicating with your family and doctor about your health care

Whether you are 35 or 95, having a plan for medical and financial decisions before you need them is important for you and your family. Please join us for a program on estate planning with guest speaker Dr. Paul Cunningham who will present information on medical decision making and Physician Orders for Life Sustaining Treatment (POLST). Topics he will cover:

- Communication strategies between you, your family, and health care providers
- How to incorporate your values and goals into medical decision making
- Advanced directives and living wills
- Importance and role for surrogate decision makers, aka Durable Power of Attorney
- What a POLST form is and why you might need one
- Bring your friends and family to this free presentation.

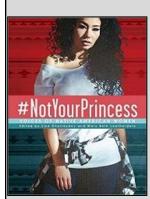
This will be the first program in a series of three that will cover legal and medical matters of estate planning and residential care. In the next 3-4 months we will have two more programs, one covering residential care options in the area and one on the legal aspects of estate planning. Watch for more details in the May newsletter.

Library:360-681-4632library@jamestowntribe.orgLibrarian Bonnie Roos:360-582-5783broos@jamestowntribe.orgLibrary Assistant Jan Jacobson:360-681-4614jjacobson@jamestowntribe.orgLibrary Assistant Gloria Smith:360-681-3416gsmith@jamestowntribe.orgVisit the Tribal Library at 1070 Old Blyn Highway in Heron Hall; Open M-F 9 -5, Sat. 9 -4Website: http://library.jamestowntribe.org

FEATURED BOOK

New DVD

<u>#Not Your Princess : Voices of Native American</u>



Women edited by Lisa Charleyboy and Mary Beth Leatherdale. Whether looking back to a troubled past or welcoming a hopeful future, the powerful voices of Indigenous women across North America resound in this book. <u>#Not Your Princess</u> presents an eclectic collection of poems, and essays,

interviews, and art that combine to express the experience of being a Native woman. (Goodreads.com)

EXHIBITS IN THE LIBRARY

Now on display are Harriette Adams's clam baskets donated to the Tribe by Ann Adams, and local artifacts donated to the Tribe by Desta Taylor. This exhibit ends in May so check out these pieces of Tribal history today! The exhibit also features a variety of bone and stone artifacts from the Olympic Peninsula. The Tribe thanks Ann Adams and Desta Taylor for their generosity. Thanks to their gifts, future generations will continue to enjoy these priceless items. If you missed Native Film Night last month, or want to watch the film again, <u>LaDonna Harris: Indian 101</u> is now



available for check out. LaDonna Harris (Comanche) was a powerful voice in Washington during the Nixon administration and helped reshape Indian country both in America and abroad. At 87, she continues to advocate for women's rights and the environment, and speaks out against poverty and social injustice.

"Traditionally, one became a strong

person in order to give back to the community. The community nurtured you while you were becoming strong and once this was achieved, you looked for opportunities to give back to the community." LaDonna Harris

Xčít -to know: APRIL IS POETRY MONTH

- The Tribal library has a nice selection of Native American poets. Here are a few titles that are available:
- <u>A Map to the Next World: Poetry and Tales</u> by Joy Harjo
- From Sand Creek by Simon J. Ortiz
- Songs of the Earth a Timeless Collection of Native
- American Wisdom by Edward S. Curtis
- The Summer of Black Widows by Sherman Alexie
- Turning to the Rhythms of Her Song by Duane Niatum

KLALLAM ALPHABET SOUNDS PRACTICE

c, c', s These three sounds are produced with the tongue in about the same position as for t, t', and n. c is pronounced as a combination of t and s as in the English word "hats". In English this ts sound can occur only at the end of words, not at the beginning. But in Klallam, as in many other languages, it commonly occurs at the beginnings of words.

c' is ejective. It is like c but "ejected" out of the mouth with a strong pop. s is the same as the sound at the beginning and end of English "sis."

DIGITAL PUBLIC LIBRARY OF AMERICA UNVEILS NEW WEBSITE

The Digital Public Library of America (DPLA) is an all-digital library that aggregates metadata — or information describing an item — and thumbnails for millions of photographs, manuscripts, books, sounds, moving images, and more from libraries, archives, and museums across the United States. DPLA brings together the riches of America's libraries, archives, and museums, and makes them freely available to the world.

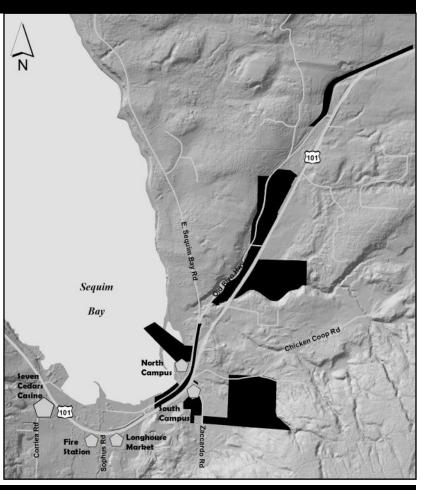
The Digital Public Library of America (DPLA) has just unveiled its all-new redesigned website, now live at <u>https://dp.la</u>/. The new site is more user-centered than ever before, with a focus on the tools, resources, and information that matter most to DPLA researchers and learners of all kinds.

Here are the direct links for searching for S'Klallam item: <u>https://dp.la/search?q=klallam</u> and <u>https://dp.la/search?q=s%27klallam</u>.

142.61 ACRES IN BLYN CONVERTED FROM FEE TO TRUST

24 parcels of Tribally-owned land in the area the Tribe calls the Blyn Basin, totaling 142.61 acres, were recorded with the county as having been converted from fee (taxable) to trust land by the federal government. Historically, "Indian reservation" means that area of land over which the Tribe is recognized by the United States as having governmental jurisdiction. Today, that jurisdiction authority extends to trust lands. The original meaning of the word reservation meant land reserved to a Tribe after the Tribe gave up other lands to the federal government. During the 1850s, the meaning changed to include land set aside under federal protection for the use of a Tribe. The Secretary of the Interior is authorized to proclaim new Indian lands in response to Tribes' applications.

Tribes choose to convert land status in order to clarify jurisdictional boundaries, and to be eligible for some local, state and federal grants, loans, programs and other funding opportunities.



THIS COULD SAVE YOUR CHILD'S LIFE

When car accidents happen, they're almost always "out of nowhere." You typically don't prepare for them, other than to have seat belts fastened and car seats secured. But a Michigan Fire Department warned there's more you can and should do.

The department advised parents to tape a piece of paper to their kids' car seats with a few facts written down:

- Child's name and date of birth
- Parents names and dates of birth
- Pertinent medical information/conditions
- Any medications the child is on
- Emergency contact number (other than someone who's likely to be in the car)

Mark McIsaac, a firefighter with the Rose City Area Fire Department, told a group of moms that first responders' ability to act quickly (and therefore save lives) is very difficult when parents are unconscious from a car wreck and the kids are too young to provide necessary information.

"Any information we can get for someone who doesn't speak aids us and our ability to care for them," he said, "because we have to relay the information we collect to other authorities (like emergency medical personnel)." The tag is helpful whether the child or the parent is injured, as it communicates the information quickly and clearly.

~Submitted by Indian Child Welfare Case Manager Tanya Pankowski, from KING5 News, Seattle

	Even	T CALE			2018	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 Language Class, page 10	6 Estate Planning, page 12	7
8	9	10 Jamestown Reads, page 12	11	12	13 Elder Luncheon, page 15	14
15	16	17	18 Intertribal Singing and Drumming, page 10	19 Walk, page 17	20	21 Learn about Clams and Oysters, page 10
22	23	24	25	26	27	28 Canoe Family Meeting and Jamestown Singing, page 11
29	30					

NORTHWEST NATIVE AMERICAN BASKETWEAVERS ASSOCIATION MINI NO FRILLS GATHERING APRIL 28TH, 9-4 P.M. AND 29TH, 9-3 P.M. YAKAMA NATION'S CULTURAL CENTER/WINTERLODGE

Preregister to save your spot by April 20th, one day \$50; both days \$90. (higher fees will be charged at the door). Basketry kit fees are additional, and paid directly to instructor.

Make checks payable to NNABA and send to Ramona/NNABA, PO Box 7185, Covington, WA 98042. If you do not have a registration form, please be sure to send us your name, address, phone number, check amount. Lodging at own expense at Legends Casino Hotel, Toppenish, WA 1-877-7COME11

Questions? Call Ramona at 206-962-7248

Interested in being a vendor? Email info.nnaba@yahoo.com

JAMESTOWN S'KLALLAM TRIBE

HAPPY EASTER TO ALL! APRIL ELDER LUNCHEON

Friday, April 13, 2018

12:00 P.M. @ 7 CEDARS CASINO CLUB 7 RAFFLES ~ DOOR PRIZES ~ SPLIT THE POT

Menu

Baked Ham ~ Baked Chicken Scalloped Potatoes ~ Mixed Vegetables Tossed Green Salad ~ Fresh Fruit, Rolls

ANNOUNCEMENTS

TRIBAL CITIZEN BENEFITS	JAMESTOWN S'KLALLAM TRIBAL CITIZENS (W/ID)	JAMESTOWN S'KLALLAM ELDERS (W/ ID)
7 CEDARS CASINO	 F&B 20% Discount on meals and non- alcoholic beverages Gift Shop 20% discount (excluding tobacco, sale items, candy or medicine) \$1 off carton of cigarettes. Tribal citizens exempt on all sales tax. (excluding cigarettes). 	 F&B 50% off meals for the Elder and their spouse or 1 guest Gift Shop 20% discount (excluding tobacco, sale items, candy or medicine) \$1 off carton of cigarettes. Tribal citizens exempt on all sales tax (excluding cigarettes).
THE CEDARS AT DUNGENESS GOLF COURSE	 F&B 20% discount on food and non-alcoholic beverages. Pro Shop 20% off merchandise (excluding sale items). Golf 50% off Golf and cart 7 days a week. Free Golf on Tuesdays w/ purchase of cart. 	 F&B 50% off meals for the Elder and their spouse or 1 guest Pro Shop free round of golf, cart rental and balls (Elders only, not spouses) and 20% off merchandise (excluding sale items).
THE LONGHOUSE MARKET & DELI	 F&B 20% discount on deli food and non- alcoholic beverages Other 20% off gift items or clothing. Tribal citizens exempt on sales tax (excluding cigarettes, fuel & spirits). 	 F&B 50% off deli items for the Elder and their spouse or one guest. Other 20% off gift items or clothing. Tribal citizens exempt on sales tax (excluding cigarettes, fuel & spirits).

F&B means Food and Beverage.



THE OFFICE OF THE EDUCATION OMBUDS (OEO) provides information about the Washington State kindergarten-12th grade public school system and informal, collaborative conflict resolution for families and educators; offers trainings and outreach to educators and community professionals; and partners with policymakers to tackle opportunity gaps. OEO is free, confidential, and impartial. You can read more about OEO services on the OEO website: www.oeo.wa.gov. You can also watch informational webinars on the OEO YouTube channel: <u>https://www.youtube.com/user/</u> TheWAEdOmbudsman. Washington State You can find out about upcoming events on OEO's social Governor's Office of the media: Jcati English: https://www.facebook.com/ WAEducationOmbuds/ Spanish/español: https://www.facebook.com/ OmbudsdeEducacion/ English: https://twitter.com/EdOmbuds Call OEO's toll-free number: 1-866-297-2597. Phone interpretation is available. We listen. We inform. We help solve problems

ANNOUNCEMENTS

JOB OPENINGS

- Women's Health Advanced Practice Clinician (APC), Full-Time, Jamestown Family Health Clinic, Open until filled.
- **Dental Assistant**, Per Diem, Jamestown Family Dental Clinic, Open until filled.
- **Dental Hygienist**, Per Diem, Jamestown Family Dental Clinic, Open until filled.
- **Dentist**, 32 hrs/week, Jamestown Family Dental Clinic, Open until filled.
- Excavating Division Manager, Full-Time, EDA, Open until filled.
- Family Practice Physician, Full-Time, Jamestown Family Health Clinic, Open until filled.
- Licensed Clinical Social Worker (Masters: Social Work), Full-Time, Jamestown Family Health Clinic, Open until filled.
- Patient Care Coordinator, Full-Time, Jamestown Family Health Clinic, Open until filled
- Physician Assistant Internal Medicine/ Family Practice, Full-Time, Jamestown Family Health Clinic, Open until filled.
- **Psychiatric Nurse Practitioner**, Part -Time, Jamestown Family Health Clinic, Open until filled
- **Title VII Educational/Program Assistant**, Temporary Substitute, Social & Community Services, Open until filled.

Please visit <u>https://</u> jamestowntribe.applicantpool.com/ for open job descriptions and to apply.

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(Walk with someone) Thursday, April 19th

from 6:30-7:30 pm, meet at the Chase Bank in the Safeway Parking lot in Sequim

Bring family and friends to enjoy a short walk together! Wear walking shoes and bring a bottle of water. Event will take place rain or shine. Sponsored by Kitsap Public Health Department grant: Healthy Communities Obesity, Diabetes, Heart Disease, and Stroke Prevention Program

JAMESTOWN FAMILY HEALTH CLINIC 808 North 5th Ave. Sequim, WA Phone: 360-683-5900

Hours: Mon. - Fri. 8 a.m. to 5 p.m.; Sat. 10 a.m.- 3 p.m. We are open from 10 – 3 on Saturdays for both

routine and as-needed appointments.

ARE YOU MOVING?

To keep your enrollment information current, please submit any address changes to Enrollment Officer Jeremy Monson at

360-681-4637 or <u>imonson@jamestowntribe.org</u>. Jeremy will forward your updated information to all who do mailings for the Tribe, so that your mail will continue uninterrupted.

Is your name changing?

In order for the Enrollment Officer to change your name in the official Tribal roll, you must provide documentation (for your file) that your legal name has changed. Questions? Contact Jeremy.

Deadlines for Jamestown Higher Education Scholarship Applications (for enrolled Tribal citizens) Summer Term - April 15th Fall Quarter /Fall Semester - June 15th Winter Quarter/Spring Semester - November 15th Spring Quarter - February 15th For information on Higher Education funding, contact Kim Kettel at 360-681-4626 or <u>kkettel@jamestowntribe.org</u>



HAPPY BIRTHDAY!

TO TRIBAL CITIZENS BORN THIS MONTH

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- 2 Jamill Vieth 3 **Douglas Lapointe** 4 George Mason 5 Sharon Champagne 6 **Rosie Zwanziger** 7 Gary Harner 7 Wayne Cope 8 Lillian Croft 8 Alonah Greninger 8 **Audrey Burgess** 11 Sam Barrell 13 **Nicole Prince** 13 Liz Mueller 13 Arthur Kardonsky 14 Louis Wilson 15 Frank Cobarruvias 15 Timothy Kardonsky 15 Paula Allen
- Sherry McAllister Scott MacGregor Juanita Campbell Criket Orr Michael Lowe **Ronald Barkley** Tom Taylor Mary Ross Kwa Kwain Price **Unique Smith** Rolena Marceau Danielle Lawson Warren Farmer **Michael Cusack** Don Ellis Evan Harner Julie McKenzie **Kiya Hensley**

WELCOME NEW ELDERS!

BRENDA FERGUSON

MARIE CHAMPAGNE

Want to read our newsletter online? Scan this QR code or visit www.jamestowntribe.org. Click on Tribe Documents, then on Reports and Newsletters. The online version is in color, so if you want to get the most out of our photos or print copies for your archives, use the online version.



JAMESTOWN S'KLALLAM TRIBAL COUNCIL

W. Ron Allen, Chair, <u>rallen@jamestowntribe.org</u>, 360-681-4621 Liz Mueller, Vice-Chair, <u>Imueller@jamestowntribe.org</u>, 360-808-3103 Theresa R. Lehman, Treasurer, <u>lehman1949@hotmail.com</u>, 360-457-5772

Lisa Barrell, Secretary, <u>lbarrell@jamestowntribe.org</u>, 360-460-5563 Kurt Grinnell, Council Member, k_grinnell@msn.com, 360-461-1229 Jamestown S'Klallam Tribe 1033 Old Blyn Highway, Sequim, WA 98382 1-800-262-6603 1-360-683-1109 www.jamestowntribe.org

7 Cedars Casino: 360-683-7777 Carlsborg Self Storage: 360-681-3536 www.carlsborgministorage.com Casino Gift Shop/Gallery: 360-681-6728 Cedars at Dungeness Golf Course: 1-800-447-6826 Double Eagle Restaurant/Stymie's Lounge: 360-683-3331 **Economic Development Authority:** 360-683-2025 Jamestown Dental Clinic: 360-681-3400 Jamestown Excavating: 360-683-4586 Jamestown Family Health Clinic: 360-683-5900 Jamestown NetWorks: 360-683-2025 Jamestown Social and Community Services: 360-681-4617 Longhouse Market and Deli 360-681-7777 Newsletter Editor: 360-681-3410 Northwest Native Expressions Gallery: 360-681-4640 www.NorthwestNativeExpressions.com Tribal Library: 360-681-4632 http://library.jamestowntribe.org

Tribal Digital Archives Online: <u>www.tribalmuseum.jamestowntribe.org</u> Tribal Gaming Agency: 360-681-6702

The Jamestown S'Klallam Tribal Newsletter is published monthly. Please submit news, informational items and Letters to the Editor by email to Betty Oppenheimer at

<u>boppenheimer@jamestowntribe.org</u>, or by US Mail to the address above, or call her office at 360-681-3410.

The deadline for submission to be included in the following month's issue is the 15th day of the current month.

Changes of Address:

Tribal Citizens: Please send changes of address and name changes to Enrollment Officer Jeremy Monson at <u>imonson@jamestowntribe.org</u> or call him at 360-681-4637.

Other newsletter recipients: Please send changes of address to Betty Oppenheimer at the address/ phone above.

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