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Native Remains Found Near 3 Crabs

On March 30, while conducting a survey at the proposed North Olympic Salmon Coalition's 3 Crabs Restoration project, Cultural Resources Specialist Gideon Cauffman discovered human remains – part of a human skull. He immediately contacted the Clallam County Sheriff to determine whether or not the remains were forensic (related to a crime). Because these remains were found on private land, the process followed by Cauffman was dictated by the Revised Code of Washington rather than the NAGPRA (Native American Graves and Repatriation Act), which governs only federal and Tribal lands.

The remains were determined by the Sheriff's Office to be non-forensic, and were sent to Dr. Tasa, the Washington State Physical Anthropologist to determine their origin. In April, it was determined that the remains were American Indian.

"I made a formal claim that the remains are Jamestown S'Klallam," said Cauffman, "and so far I have received concurrence letters from the Port Gamble, Lower Elwha and Skokomish Tribes. They seem to have no objections because the remains were found within our Land Consolidation Area."



A lagoon area near where the remains were found.

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1969 Irrigation Festival Queen Celeste Kardonsky



Queen Celeste

In 1969, Tribal citizen Celeste Dybeck, the eldest daughter of Walt Kardonsky and granddaughter of Lillian Cook, was crowned as Sequim's 74th Irrigation Festival Queen. Back then, the Sequim Irrigation Festival took place during a long Mother's Day weekend in May each year, in celebration of the irrigation ditches that made farming possible for settlers in the Sequim-Dungeness Valley.

"Wednesday night was the coronation, and Friday, schools were closed for Kiddie Day. Kids would participate in races and contests to win tickets for the carnival rides," Celeste recalled. "It was a big deal. I'm not sure we would have been able to go to the carnival if we hadn't been able to win tickets."

Today, high school junior and senior girls have to apply and participate in a pageant to become Festival Royalty. But it was a bit different in the 60's.

"Anyone in the senior class who wanted to apply just stepped up, and our classmates voted. The top six girls were interviewed by a panel of local citizens," said Celeste, recalling the venue where the girls waited outside a room of judges and were called in one-by-one. "They asked us questions, mostly about the community, the history, and why we wanted to serve on the court. In those days, the town was so small that they really didn't need to ask us questions about ourselves or our families – they already knew us all. Then, they called us all back in and announced the two princesses and the queen."

Celeste served with Princesses Trudi Gault (now Hawley) and Julie Ball (now Jacobson), for the festival with the theme "How Green is Our Valley."

"There was a fancy coronation on May 7, 1969, when I was given my cape, crown and scepter. In those days, the high school auditorium was filled for the coronation."

Celeste recalls that her family, including her aunts and cousins, came to the parade to see her, and she even received a bouquet of long stemmed roses from the Cook family in Neah Bay.

The parade float always had the Queen's name on it," she said, opening her scrapbook and showing the photo of the float with the name "Celeste" adorning it, and turning the page to reveal the Sequim royalty with Washington's Governor Dan Evans. "The float had a working water wheel on it, with pivoting aluminum bread pans scooping up water as the wheel turned," she said.

After graduating from Sequim High School, Celeste used her Bureau of Indian Affairs college money to attend Washington State University School of Nursing, and worked for many years in Olympia, where she raised her daughter Alexis.

"In 1987, my daughter had an assignment to learn about her background. We went up to Sequim and met with Brick Johnson, and took photos at the crab shack at Jamestown Beach, and Brick's totem at Pioneer Park that was installed and dedicated during the 1969 Irrigation Festival, when I was the Queen. When Alexis did the report to her class, the classmates decided that the totem looked like it needed to be painted, so they raised \$63 to pay for the paint, and Mr. Schlaffman (a typing teacher and member of the Kiwanis Club) helped Brick repaint it."

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Kerr Returns to Sequim

Tribal citizen Lana Kerr recently moved to Sequim, into the house owned by her grandmother, on land previously occupied by her great-grandparents, David and Lizzie Prince. Lana's mother Leatrice was the daughter of David's son Oliver "Buck" and his wife Beatrice.

"I grew up in Idaho and Montana, but we spent every summer at Jamestown, and every Christmas," said Kerr of her parents, Leatrice and Max Fairchild, and her siblings Vicki Vieth, Les Fairchild (d. 2013), Kathy Schmitt, Darcie DeChenne and Dennis Fairchild. Lana's parents met at Port Angeles High School. The Fairchilds of Port Angeles even owned the airport there (called Fairchild International Airport), but the extended Fairchild family had roots in Idaho farming. So when they married, Leatrice and Max moved back to Idaho, where Max drove large farming trucks.

The family moved to Montana when Lana was in middle school. After graduating from high school and working in the transportation industry and as a drug and alcohol counselor while raising her young family, Lana joined the first wave of employees at 7 Cedars Casino, from 1994-1996, living at Jamestown with her grandmother Bea, and in a Tribal rental house up Zaccardo Road, with her children Brandyn Patzer, Pepper and Tatum Kerr. She was the first Human Resources director at 7 Cedars, who hired staff and wrote the initial employment policies for the Tribe.

"I was laid off when they realized they had overstaffed," she recalled, "but it worked out great for me. I was able to take those skills and work for casinos until I retired in 2011."

She was Human Resources Director at Muckleshoot, and then for many years served as a member of the executive team of a Casino management firm that ran card rooms in Western Washington. When her grandmother died in 1996, she purchased the family home, which has been empty or leased ever since. In October 2014, Lana and her daughter Pepper moved back to Sequim.

When Lana saw the announcement for an opening on the Tribal Election Board in the newsletter, she sent a letter of interest, and after an interview she was recommended to and approved by Tribal Council as the Election Board Alternate.

"I've always gotten the Tribal newsletters, and felt that on some level, I've missed out by not being here," she said. "So when I saw the opening shortly after moving to Sequim, I felt that my experience in Human Resources, maintaining confidentiality and ethics would fit well with elections.

In March, she attended her first Tribal Elections training in Las Vegas.

"The training made me realize how important it is for our Bylaws to mirror our Constitution, which I need to study in more depth. The trainer has been doing tribal elections for so long and with so many different tribes that he is an expert at pointing out the benefits and pitfalls of various policies. I learned a lot."

Kerr describes herself as a person who needs goals to motivate her to action, so she sets goals. Her present goal has to do with physical fitness, so that she can ultimately participate as a puller in the Intertribal Canoe Journey. For starters, she is working out and training for a half-marathon.



Lana Kerr

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(Queen Celeste, continued from page 2)

In recent years, Celeste has attended the "Past Royalty" events in May, sponsored by the Oak Table Restaurant. But last year she couldn't attend, because in March, 2014, she was diagnosed with cancer of the bone marrow. After undergoing chemotherapy for many months, in November she underwent a stem cell transplant.

"My most recent tests (in March 2015) showed marked improvement," she said, "but I have to have two more years of every other week chemotherapy."

Dybeck continues to serve on the Economic Development Authority Board, a post she has held for approximately 10 years.

NIGA Wendell Chino Humanitarian Award

A Message from Our Tribal Chair/CEO W. Ron Allen

Greetings Tribal citizens! Last month, I had the honor to be chosen as the recipient of the National Indian Gaming Association (NIGA) Wendell Chino Humanitarian Award. This event honors the legacy of the longtime President Wendell Chino of the Mescalero Apache Nation, who spent his life protecting tribal sovereignty and advancing Indian self-governance. The award is presented to a Tribal leader who has advanced or advocated unwavering dedication and commitment to Indian Country including demonstrating:

- Commitment to peace
- Commitment to ease of suffering and injustice
- Commitment to fair governance
- Commitment to the advancement of inter-cultural understanding

This is a nationally prestigious award that reflects a commitment to our Tribe as well as Indian Country. Being given the award caused me to reflect on the commitment and a vision for our Tribe and for Indian Country. I am deeply appreciative of the dedication of my family, the incredibly talented leadership team and the support I have been blessed with from the Jamestown Community. A leader cannot do his/her job successfully without a strong support system.

I cannot easily capture the events that eventually lead up to my decision to join the world of Tribal politics. It was in 1975, 38 years ago, when Harriette Adams and Edith Cusack and on the Council asked me to fill a vacant slot on the Council. I became absorbed by the mission of the Jamestown community and then eventually at the encouragement of Joe De La Cruz (Quinault), Mel Tonasket (Colville), Billy Frank, Jr. (Nisqually) and many others, I got involved with Northwest and National Indian political issues. I was always impressed with the influence of the Northwest leaders in national political forums and quickly learned the impact these leaders had to affect change both at home and throughout Indian Country.

My many years of experience have taught me to be patient, a better listener, and to understand the various views to help find the "common ground." I have a very demanding schedule, but when requested, my priority is always scheduling face time for Tribal citizens or staff. It is never a "my way or the highway" approach. When I think about where the Jamestown Tribe and Indian Country were 20 years ago, we have made significant progress, but our successes have revealed how much we still have to accomplish to address the overwhelming needs of our community and Indian Country.

This honor reflects a fascinating journey that involved a lot of meetings at multiple levels with Tribes, Federal Administrations, Congress, Governors, Legislators, Community groups and organizations, as well as many discussions with Tribal citizens and their needs, challenges, and requests for assistance. I have said many times over the years that this role requires balance, patience and an understanding that no one can resolve every issue. No one has that talent and skill, but when one can steer a team to address the problem(s), solutions and resolutions emerge.

My mission in my Tribal leadership career has always been about these four objectives:

- to help advance a better life for our American Indian and Alaska Native people;
- to strengthen our governmental structure and authority to raise the respect for our political standing in the family of American governments;
- to help advance access to resources, policy or laws that will assist Tribes in becoming more economically self-reliant; and
- to contribute to a greater understanding and respect for the complexities of our Indian cultures and traditional ways.



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Election News

Signature Verification Forms Explained in Further Detail

Who: All Jamestown S’Klallam Tribe enrolled adults 18 and over who intend to vote in Tribal elections.

What: Signature Verification Form.

A copy was mailed to you in February, but if you need another copy, it is available on the Tribe’s website at www.jamestowntribe.org.

Why: This new form allows the Election Board to update our signature files; to be certain that you have cast your own vote; to prevent voter fraud and ensure that no one has voted in your place. Some of our signatures on file are more than ten years old, and people’s signatures sometimes change over time. We anticipate this process taking several years.

If you are a registered voter, you are still a registered voter. This process is not the same as a voter registration. Your vote will be counted in any case.

The Election Board recently attended a “best practices” training in Las Vegas called “Conducting Credible Tribal Elections. “Our focus is on transparency and accountability, and making the Election Code so clear that no matter who is on the Board, the elections will be handled consistently from year to year,” explained Election Board Chair Cathy MacGregor (Reyes).

When: We need your Signature Verification Form on file before the November 3rd election, so that we can check your ballot signature against the form.

Where: Return forms to: By mail: Jamestown S’Klallam Election Board
PO Box 40
Sequim WA 98382

In person: Bring your form to the Tribal Administration Building.

How: Fill out the form and submit it with one of the following:

- A copy of the front and back of your signed Tribal photo ID, -or-
 - Before you sign the form, take it to a Notary Public and have your signature notarized.
- (Tribal Executive Assistant Ann Sargent is a Notary and is happy to notarize your form for you.)

Upcoming Election News

Candidate Declaration Packages will be sent out in early June, with June 15 being the first day you can declare your candidacy for this year’s elections, to be held on Tuesday November 3 for Tribal Council Chair and Secretary positions.

Deadlines: Please note that there are several key deadlines for candidates. Voter packages will be sent out in mid-September, after the Sept. 12 General Citizen meeting (where candidates will appear in person). You have until October 15 to declare your candidacy, but if you would like your candidate statement to appear in the Tribal newsletter, it must be received by the Newsletter Editor by August 15 for the September newsletter, or September 15 for the October newsletter.

I like to joke that I feel that I live in the fast lane and there is no “off ramp,” but I so enjoy my work that I am not looking for one. I firmly feel that the spirit of my people, Elders and mentors has blessed me with the energy to do what I have been doing over the years. This honor is an affirmation from my Tribal leader colleagues that I’m making a difference and advancing our cause for both my Jamestown S’Klallam community and Indian Country. It is a very humbling honor, but I’m not done yet.

Please do not hesitate to call me at 360-681-4621 or e-mail me at rallen@jamestowntribe.org, if you have any questions or clarifications.

God Bless,

For more information about the Wendell Chino Humanitarian award and the ceremony, please refer to the story on page 7.

Taylor Remembers, Values the Old Ways

Tom Taylor had the great good fortune of knowing his great-grandmother Annie Jacob Lambert Reyes, and her daughter, Tom's grandmother Marion Lambert Maher Vincent, very well. Born in 1930, Taylor was 16 when Annie died in 1946, and 36 when Marion died in 1966 (at age 87). The family lived on various properties in the Blyn and Port Discovery (Discovery Bay) area, and Tom has many happy memories of growing up there.

At the age of 15, Annie was married to Charles Lambert (1836-1887), who was much older than she was. They had four children between 1879 and 1886, and then Charles died of a blood infection from a fish hook at the age of 51. Annie was briefly remarried to Isaac Barkhausen, and together they had a child who died in infancy. Isaac, too, died within two years. At the age of 25, she married Bartolo Reyes, a native of Chile, and had 8 more children between 1890 and 1904.

Marion Lambert Maher Vincent was the oldest child of Annie and Charles Lambert, a Swedish/Finnish immigrant (whose real name was Carl Lunenberg, or perhaps Lunen, according to Tom). In the 1960s, Marion published (as Mary Ann Lambert) The 7 Brothers of the House of Ste-Tee-Thlum and The Dungeness Massacre, both books now used extensively for reference on S'Klallam history.

"My grandmother was an old-type Indian way beyond the old Indians' time," he said. "She did what she wanted to do."

Tom is the son of Marion's daughter Marion Maher and her husband Fredric Fulkerson Taylor, who was of German descent. Tom lived an early 20th century S'Klallam life, even though he had platinum blond hair and blue eyes.

"We were raised to be proud of our heritage. My great grandmother said "it don't make no difference how blue your eyes are, just be proud you're Indian," he said, adding of Annie: "What a sweet woman! Never had a day of education, but you couldn't fool her. She was bright, bright, bright!"

The family, descended from E'ow-itsa (the little sister of the seven brothers of the House of Ste-Tee-Thlum), spoke S'Klallam, and although he can't speak fluently now, he remembers many words, and he speaks them with the proper pronunciation in the Jamestown dialect, which is slightly different than the Lower Elwha and other S'Klallam-related language groups.

Annie taught Tom and many of his cousins to swim in Sequim Bay, in a way he's never seen before or since. She had each child find a thick piece of old growth bark – with white inner bark, not pink (which would give you slivers). Then, they were directed to go out into the water, facing the shore, and place the concave side of the bark underneath their chins, as a float.

"Within a half hour, we were all dog paddling," he said. "It was a great way to learn to swim."

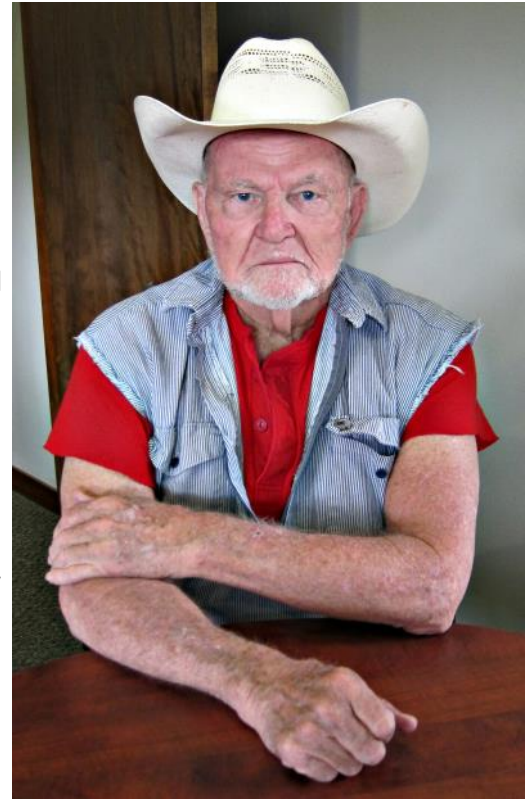
She also taught him about mushrooming, which he suspects she learned from her first husband.

"Indians don't eat mushrooms," he said. "They think they have been dead a long time. But Swedes and Finns love mushrooms. She would take me through the woods and point at different mushrooms, and say "That a good fella," or "That a bad fella." He learned more about the woods from his grandmother's second husband Frank Vincent, who was a Kwakwaka'wakw Indian from British Columbia.

Tom's relationship with Annie's daughter Marion, his grandmother, was exceptionally close. In fact, in adulthood, they communicated telepathically.

"She could call me any time, day or night, and I would go to her," he said, making clear that he wasn't talking about calling on the telephone. He called it the "moccasin telegraph."

"Generally, when I got the call, I'd drive up to Blyn and find her light on. One night, I drove up and there were no lights. I thought maybe I had only imagined the call," he said. "I parked and rolled down the window, and she came up to me and said "I wanted to prove to you that my messages get through."



Like his uncle Charles before him, Tom Taylor doesn't particularly like having his picture taken.

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Allen Honored by NIGA

The Wendell Chino Humanitarian Awards Banquet is the National Indian Gaming Association's (NIGA) most prestigious event honoring the legacy of longtime President Wendell Chino of the Mescalero Apache Nation, who spent his life protecting tribal sovereignty and advancing Indian self-governance. This year, NIGA honored Jamestown S'Klallam Tribal Council Chair/CEO W. Ron Allen at the NIGA convention in San Diego on April 2.

Master of Ceremonies Gary Davis, President and CEO of the National Center for American Indian Enterprise Development (NCAIED) introduced Mr. Wendell Chino's son Mark Chino. Mr. Chino spoke about his father and the passion he had for Indian Country. He shared the spirit of his father who, over 45 years ago was the President of the National Congress of American Indians (NCAI). Mr. Chino continued and said, "Whether you're President, Chairman, Governor or a member of your council, you all have an obligation not just to educate people on what it is to be Indian, but you have a duty to your people as well to represent them. That's what my dad tried to do...So again, thank you to NIGA for this opportunity, I very much appreciate being here and I thank each and every one of you."

As Chairman Allen stood before his family and attendees, he professed his gratitude. "Advocating for Indian Country is something we do and there's a lot behind what we do as warriors on behalf of our people. Whether it's in Washington, DC, state capitols or anywhere else, we are championing our interests....it's

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Tribal Chair/CEO W. Ron Allen (center) with Mark Chino left (son of Wendell Chino, for whom the award is named), and Gary Davis, right, President/CEO of the National Center for American Indian Enterprise Development, and master of ceremonies at the banquet.

S'Klallam Tribes Receive EcoHero Award



On Saturday, April 18th, the Green Sanctuary Committee of the Quimper Unitarian Universalist Fellowship in Port Townsend gave the three Klallam/ S'Klallam bands the Green Sanctuary EcoHero Award for 2015, stating: *"In honor of your stewardship of local lands and waters during the past millennia and your ongoing efforts to restore and protect our local environment for future generations, we, the congregation of the Quimper Unitarian Universalist Fellowship (QUUF), recognize your people with our annual **Green Sanctuary EcoHero Award for 2015.**"*

QUUF is certified as a Green Sanctuary by the Unitarian Universalist Ministry for Earth and each year the congregation recognizes an individual or a group for efforts that promote the 7th principle of Unitarian Universalism, namely: *Respect for the interconnected web of existence of which we are a part.*

Tribal citizen Celeste Dybeck and Carolyn Salmon, President of the Board of QUUF, hold the EcoHero Award certificate.
Don Dybeck photo

Just for the Halibut

by Lisa Barrell (Johnson/Wood family)

As the staff finfish biologist Aaron Brooks was updating the Natural Resource Committee on the halibut season I thought, "halibut fishing might be interesting." Actually, I guess I said it out loud, because my nephew Josh Chapman (Johnson/Hall Family) offered to take me out on his boat. Tribal commercial fishermen are able to keep four halibut per boat for subsistence (take home) each day. The size limit for halibut is above 32 inches for commercial, so fishers usually keep four fish under that size for subsistence. I said I'd do it just for the halibut! (pun intended).

Halibut season is intense, since it starts as a 48 hour unrestricted fishery. Unrestricted means they catch as many halibut as they can within the 48 hours. Jamestown falls into Area 2A where the catch amounts to approximately 2% of the total halibut catch from Alaska through California. What this boils down to is 308,356 pounds of halibut for 13 tribes, including Jamestown. The 48-hour fishery was set to start at 12 p.m. Saturday March 14th. Josh said when he started halibut fishing years ago they could fish for 30 days.

48 hours before the fishery opened there was bad news. The forecast for the weather on the coast was anticipated to be sustained winds greater than 25 knots and combined seas over 12 feet (regulation wording... I just know it means bad weather), so the start date was postponed. When the weather forecast improved, the 48-hour unrestricted fishery was changed to the following Monday at 10:00 a.m. More bad news - my nephew's boat was full, so I couldn't go out with him. I was bummed, but I had good news; my sister had room on her boat!

I climbed into Lynn McKenna's (Johnson/Wood family) pickup with her husband Andrew and Tribal fisherman Danny Freeman (Hall/Adams family) at 7:30 a.m. and we headed to the marina. It's quite the process for halibut fishing. First, fishermen are required to notify Jamestown enforcement when they head out. No halibut can be on the boat before the season opens, so enforcement is there to check the boats. Once that was finished, we headed out. Eight buoys were ready, four garbage cans held the long lines, four containers held baited hooks, eight anchors hung on the rails, and there were bags of rocks (for what? I wondered). I sat in anticipation for the process to begin.

Finally, it was 10:00 a.m.. Lynn threw out the buoys



Lynn
throwing out
the first buoy.



This year
there were
four
Jamestown
halibut
fishers
during the
opening.
Wally Norton
(left), Gary
Peterson
(right), plus
Lynn
McKenna
and Josh
Chapman
(shown
below).





Danny with the first halibut

and Andrew started throwing out the line. Then, when a certain amount of line was out, Danny attached an anchor. As Andrew controlled the line and maneuvered the boat, Lynn handed Danny the baited hooks and Danny latched them to the line. After a while, Danny attached a bag of rocks. Aha! The bag of rocks keeps the line on the sea floor. This continued until there were approximately 170-180 hooks on the line. Commercial fishers are allowed up to 3,000 hooks per boat, but Andrew explained that with the size of their boat, they max out at about 750 hooks. Another anchor was attached, more line was let out and finally, another buoy was attached (hence the name: long line fishing). We set off for a new location and the process was repeated. They set 4 lines at various locations before we headed back to the marina.



Aaron Brooks and Chris Burns removing the otolith

It was kind of anti-climactic. I was expecting to see halibut. Yes, it was a pleasant day. The water wasn't too choppy, the sun wasn't too bright and it was very quiet and peaceful out on the water, but I wanted to see a fish! After reaching the marina, we headed to town to get gas and grab a bite to eat. Upon returning to the marina, we climbed aboard the boat and headed to the first buoy. When we arrived, Danny pulled in the buoy and attached the line to the pulleys and started hauling in the line. I held my breath and waited... camera ready. The first anchor was hauled in, then an empty hook, then another empty hook, and another... then I screamed and almost dropped my camera as they pulled out a huge shark! Actually, it was a small dog fish, but to me it was a huge shark. I stopped screaming by the third shark, err... dog fish was pulled in. Then it happened. Andrew yelled for the hook, Danny passed it to him and they landed a beautiful halibut. Yes, it was a thing of beauty. They landed 3 more halibut on that line before we proceeded to the next three lines.



Andrew cleaning the halibut

By the time we finished, the sun had set. I sat in my chair and soaked in the beauty and tranquility of being on the water as we headed back to the marina. 18 halibut were clean and on ice. Buyers were waiting on the dock, along with Chris Burns and Casey Allen from the Tribe's Natural Resource Department. They would be taking the otolith (ear) from one halibut which would be sent to Seattle for genetic analysis and to determine the age of the halibut. Chris also mentioned that some tribes use the otolith for jewelry.

The bad news? All of the halibut were over 32 inches. No subsistence fish. No take home. No halibut dinner... I did it all just for the thrill and experience. Yes, it was worth it.



Tribal Health Benefits: How Are They Funded?

Originally extended to the S'Klallams in 1855, the federal government's obligation to provide access to healthcare has been upheld and expanded by several federal statutes since then - from the Snyder Act of 1921 through to the Affordable Care Act of 2010. Originally, Indian Health Services (I.H.S.) funded clinics, providers and hospitals to American Indians through funding referred to as "direct care" funds. For services that could not be received through an I.H.S. clinic or hospital, a bucket of funds called contract health services or, "purchase referred services", funds are used. Because these funds are very limited, especially for a small tribe, Jamestown S'Klallam Tribe has been very diligent with how money is spent for your Tribal Health Benefits.

Because I.H.S. looks at eligibility based on geography, the Tribe only receives funding for healthcare for Tribal citizens living near our reservation land, or service area. When Tribal Council realized that it was getting more and more difficult for Tribal citizens who don't live near our Tribe to get services through I.H.S. at other Tribes, the Out of Area (OOA) program was created. This program is not funded in any way through the federal government. The funding comes purely from Tribal business profits and it is limited to a dollar amount each year.

People sometimes are confused about the two programs, but they are two entirely different programs with different policies, using completely different funding.

	Wellness Program	Out of Area Program
Eligibility Criteria	Enrolled Tribal Citizens Living in Clallam or East Jefferson County Compliant with insurance screening and application process	Enrolled Tribal Citizens Living outside Clallam and East Jefferson County Verified contact information/mailling information with program
Funding from	Indian Health Services and Tribal Business Profits	Tribal Business Profits
Funding Year	October through September	January through December
Access to Jamestown Clinics	Medical- can use clinic without cost sharing Dental- can use clinic without any cost, receive referrals for specialty care.	Medical- can use clinic, will be billed to OOA benefit less 15% of full billed charges. Insurance will be billed where able. Dental- can use clinic, will be billed to OOA benefit less 15% full billed charges. Insurance will be billed where able.
Limits Per person	Must be signed up for coverage and report changes that affect premium or coverage as they happen.	\$1,000 per calendar year, register by providing current contact information.

Where Does The \$\$ Go?

In Fiscal Year 2014 (October 1st, 2013 through September 30th, 2014), Wellness Program spent \$16,154.52 more than it received from I.H.S. This over expenditure was funded through third party revenue from the Jamestown Family Health Clinic. *This is how the Wellness Program money was spent:*

Insurance Premiums	\$ 283,332.50
Insurance Cost Sharing (Not including RXs)	\$ 79,534.00
Medication Cost	\$ 153,176.02
Additional Benefits (Vision, Hearing, Alternative Benefits)	\$ 71,230.64
Total FY 2014 Expenditures	\$587,273.16

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How people were covered:

Medicare	58
Private Insurance paid by employer	80
Individual Plan Paid by Wellness	21
Washington Apple Health (State	63 (includes 6 with Medicare Primary)

"...and the United States further agree to employ a physician to reside at the said central agency, who shall furnish medicine and advice to the sick, and shall vaccinate them; the expenses of the said school, shops, person employed, and medical attendance to be defrayed by the United States, and not deducted from the annuities." (Article 11, Treaty of Point No Point, 1855)

For the Out of Area (OOA) Program, there is now a requirement for Tribal citizens to sign up for and maintain coverage. The Wellness Program staff attempted to do a survey of the OOA population in the summer of 2013 to determine options for coverage for this group. Less than 25% of the OOA Tribal citizens participated in the survey; not enough information was gathered to make a determination. In FY 2014, \$144,906 was spent on services for 173 OOA Tribal citizens. *Here is how the OOA funds were spent:*

Insurance Premiums	\$ 58,417.10
Insurance Cost Sharing (not including RXs)	\$ 34,930.39
Medication Cost	\$ 16,995.56
Medical Services not covered by insurance	\$ 2,857.15
Additional Benefits (Vision, Hearing, Other)	\$ 13,617.09
Dental Services	\$ 18,088.70
Total FY 2014 Expenditures	\$ 44,905.99

Although it is difficult to compare the two programs since they are very different, if you boil it down to how much the Tribe spends per person in each group, it looks like this:

Program	Average Cost Per Citizen In 2014	Average of Federal Funds Spent Per Citizen In 2014	Average Cost Tribal Revenues Spent Per Citizen in 2014
Wellness -222 members	\$ 2,429.54	\$ 2,356.77	\$ 72.77
OOA -173 Utilizing* Members	\$ 837.61	\$ 0.00	\$ 837.61

*There are 376 OOA Tribal Citizens, however only 173 used their benefit last year.

These numbers do not take into account any direct care services received by Tribal people. There is no way to know how many OOA people are receiving direct care at Indian Health, Tribal or Urban facilities near their location. Jamestown does provide direct care services for those people eligible and living in the service area. This includes medical, dental and mental health services.

Revenue generated by providing services to non-Tribal citizens in the Tribal health clinic is used to pay for the cost of co-payments, deductibles and co-insurance for the in-area, insured Tribal citizens.

The Tribe does not purchase dental insurance as the cost of the premiums exceeds the benefit of the coverage.

Revenue generated by providing services to non-Tribal citizens in the Tribal dental clinic is used to pay 100% of the cost of dental services for in-area Tribal citizens, including the cost of services provided by a specialist when referred by the clinic.

If you have questions about your health benefit through the Jamestown Tribal Wellness or OOA area program, please contact Melissa Smith at 582-4872 or msmith@jamestowntribe.org or Kaitlin Buckmaster at 582-4858 or kbuckmaster@jamestowntribe.org.



Library Corner

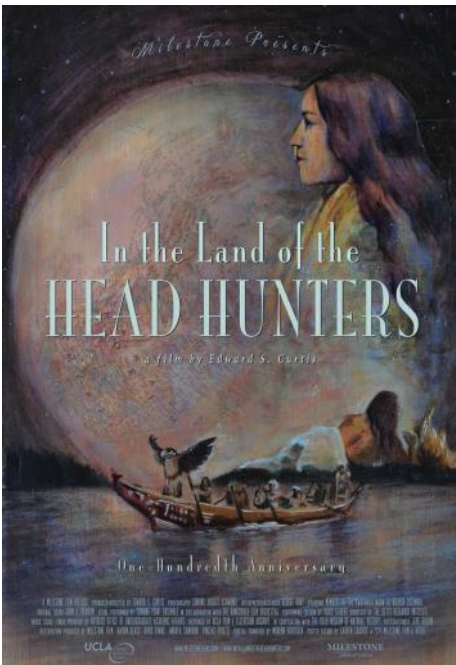
Native Film Night!

In the Land of the Headhunters a film by Edward Curtis, restored by UCLA Film and Television Archive and Milestone Films.

Thursday, May 14; 5:30pm dinner; 6:15 movie

Please call 360-681-4632 or email library@jamestowntribe.org to RSVP.

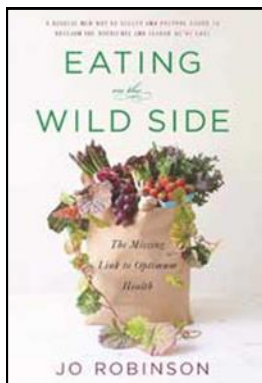
"Selected for the National Film Registry by the Library of Congress, this early Native American drama/documentary released in 1914 is an amazing film produced in collaboration with the tribe members. The story of love and revenge among the Kwakwaka'wakw of British Columbia, Motana, the son of a great chief, goes on a vigil journey. Through fasting and hardships he hopes to gain supernatural strength which will make him a chief as powerful as his father. Curtis showcases the Kwakwaka'wakw's magnificent war canoes, totem poles, rituals, [regalia] and dancing." *From the DVD case*



Jamestown Reads Book Club

Our next book club (date to be determined) will read and discuss the book *Eating on the Wild Side* by Vashon Island resident Jo Robinson. "Ever since farmers first planted seeds ten thousand years ago, we have been destroying the nutritional value of fruits and vegetables. *Eating on the Wild Side* shows us how to regain these lost nutrients by choosing modern varieties that approach the nutritional content of wild plants but also please the modern palate.

Based on years of scientific research and filled with food history and practical advice, *Eating on the Wild Side* will forever change the way we think about food." *From the book jacket.*



It was a full house at the Library when 28 people came to learn how to market their small businesses. Instructor Renne Emiko Brock-Richmond is also an instructor at Peninsula College She is as colorful as she is engaging and knowledgeable about marketing and social media. The five classes run through May 7th. Participants will come away with knowledge on how to effectively promote their small businesses in an online environment. These classes are funded through a grant from the Washington State Library and the Bill & Melinda Gates Foundation.

xĆit: "to know"

The Library has a VCR you can check out to watch classic VHS video tapes which we also have available for check out.

Library:	360-681-4632	library@jamestowntribe.org
Librarian Bonnie Roos:	360-582-5783	broos@jamestowntribe.org
Library Assistant Marlene Hanson:	360-681-3416	mhanson@jamestowntribe.org
Library Assistant Jan Jacobson:	360-681-4614	jjacobson@jamestowntribe.org

Visit the Tribal Library at 1070 Old Blyn Highway in Heron Hall; Open M-F 9 a.m.-5 p.m., Sat. 9 a.m.-4 p.m..

Website: <http://library.jamestowntribe.org>

Emergency Preparedness: Water Safety

Spring and summer are right around the corner, the seasons when people begin to spend more time outside enjoying many outdoor recreational activities. Some activities involve water sports such as swimming, boating, fishing, clamming, canoeing and kayaking. Very recently two kayakers lost their lives to hypothermia after capsizing on Dungeness Bay. Good weather turned bad with calm water and light wind suddenly replaced by rough seas and 24 mph winds. Although the kayakers were rescued from the water they later died in hospital. The group had checked the forecast for the day which predicted rough seas calling for a small craft advisory for the afternoon of that day. Still they were surprised by the dramatic change in weather, not fully understanding the implications of the advisory. This tragedy serves as a reminder about what we can do to keep ourselves, our children and others safe while on or around the water. The American Red Cross offers the following water safety precautions regarding lakes, rivers and streams.

Be aware of water and weather conditions.

Whenever you are near a natural water environment, look out for:

- Unexpected changes in air or water temperature.
- Fast-moving currents, waves and rapids, even in shallow water.
- Hazards, such as dams, underwater obstacles, or rocks or debris moving on the surface or along the bottom of the water.
- Aquatic life, such as vegetation that could entangle feet or animals that live in, on or around the water.
- Sudden drop-offs that change water depth.
- Other people's activities in the same waters, such as boating.

Make Smart Choices. Planning ahead and staying informed can help keep everyone in your group safe.

Remember to:

- Be aware of the potential hazards of the area you are visiting and take appropriate precautions.
- Check water and weather conditions before your trip and frequently during your stay.
- Watch for signs of severe weather and leave the water at the first indication of thunder and lightning. If outside, avoid open areas, tall, isolated trees or metal objects.
- Know the abilities of those going with you, including swimming abilities and level of supervision required. Be sure to provide appropriate supervision.

Practice Water Safety

- Ensure that everyone in your family learns to swim well by enrolling them in age-appropriate learn-to-swim courses.
- Swim only in areas that are designated for swimming with buoys and ropes and are supervised by lifeguards.
- Keep children under constant active supervision and remain free from distractions. Ensure that inexperienced swimmers stay within arm's reach.
- Have weak swimmers wear U.S. Coast Guard-approved life jackets whenever they are in, on or around water. Do not rely upon water wings or inflatable toys; they can enable swimmers to go beyond their ability or suddenly deflate, which could lead to a drowning situation.

Set and Enforce Rules

- Always swim with a buddy.
- Always enter unknown or shallow water cautiously, feet first.
- Dive only in water clearly marked as safe for diving. Diving areas should be at least 9 feet deep with no underwater obstacles.
- Do not enter the water from a height, such as a tree, ledge or bridge.
- Be careful when standing to prevent being knocked over by currents or waves.
- Do not use alcohol and/or drugs before or while swimming, diving or supervising swimmers.

Know How to Respond

- If a child is missing, always check the water first! Seconds count in preventing death or disability from drowning.
- Always alert the lifeguard in the event of an emergency.
- Know how and when to call 9-1-1 or the local emergency number.
- Learn how to respond to aquatic and other emergencies by taking Red Cross first aid, CPR and water safety courses.
- Have appropriate equipment, such as reaching or throwing equipment, a cell phone, life jackets and a first aid kit.

If someone is in trouble in the water:

- Reach out to the person using any available object that will extend your reach, such as a pole, an oar, a tree branch, a belt or a towel. Brace yourself to keep from losing your balance.
- Throw anything that will provide the victim support, such as a foam cooler or inner tube. A floating object with a line attached is best so you can pull the person to safety.
- If the water is shallow and calm, put on a lifejacket, wade into the water and reach toward the person with a pole, branch, life jacket or other object.
- Keep yourself safe. In most cases, only trained professionals should enter the water to perform a rescue.

Elders Honoring Luncheon, April 18, 2015



The Elders Honoring Committee offers its sincere thanks to all of the volunteers for their tireless help. Without them this day could have never been accomplished. We were pleased to host about 140 people at this event! Congratulations to the seven honorees. We value them sharing their histories with us at this event, and will pass these stories on for future generations.

~Theresa R. Lehman



*Clockwise from top left: Don Ellis; Mary Ross; Marlene Shaw; George Wakefield and Liz Mueller; Janet Duncan and Ron Allen; Betty Kettel; and center Ron Allen and David Ellis
Charlene Dick photos*

Tribal Video Expanded, Available on YouTube

The *Legacy of Our Ancestors: Treaty Resources of the Jamestown S'Klallam Tribe* video made for the Tribe by Mountainstone Productions and Tribal Natural Resources Committee Chair Marlin Holden has been expanded. Videographer Al Bergstein and Holden felt that some of the film that had not been included in the first cut should be added back in for the historical record, so the video has been lengthened from 35 minutes to just under a full hour. The video is available for anyone to view at <http://youtu.be/mEDatb64HxQ>



Update on Railroad Bridge Park

Last month, we updated you on the flood damage that occurred to the Railroad Bridge trestle owned by the Tribe at Railroad Bridge Park in Sequim. Listed below are the activities that have happened since February.

- Tribal staff urgently alerted Federal Highways Administration staff, BIA staff and FEMA contacts regarding emergency response and what funding might be available. To-date emergency funding is unlikely, as the damage to the trestle doesn't reach minimum damage threshold amounts.
- Relevant elected officials were notified including 6th Dist. Rep, Derek Kilmer, WA Senator, Patty Murray, and 24th Dist. WA Legislator, Steve Tharinger. Kilmer and Tharinger responded offering to help.
- Tribal staff began looking for funding from state agencies including Recreation and Conservation Office (RCO) - Salmon Recovery Funding Board (SRFB) and the Department of Natural Resources (DNR). Responses – RCO has no emergency program but did have funding returned from our area for salmon recovery purposes which we could apply for through competitive process. Staff submitted an application with a request for an early decision. This salmon recovery funding will cover design and permitting (about \$172,000) and be available in early May 2015. A Request for Proposal was sent out to engineering firms qualified to propose repair designs.
- Additionally, an application has been prepared for salmon funding for construction of the bridge. Cost will be driven by design, but is anticipated to be \$1.5 - \$2 million. The Tribe plans to determine if the State Department of Natural Resources can assist with creosote-treated timber pile removal.
- JST staff contacted the Tribe's insurance company to start an urgent damage claim. An adjuster and an engineer from the insurance carrier have visited the site and are working with bridge specialty contractors to determine the cost of repairs that can be covered under the Tribe's policy. The claim is pending final cost review.

Repair and replacement proposals under consideration, (Tribe seeks funds for both):

- **Short term repair** – Open the Dungeness River crossing to the public ASAP until a permanent replacement project is designed, funded, and ready to construct...**up to \$327,000**
- **Long term repair & replacement** – to construct a revised structure that would allow the river to flow, with fewer impediments, under this crossing. Replace the current creosoted wood pile bents spaced 16' apart, with a deck support system more compatible and less toxic to the environment...**up to \$2 million.**

This status report will be updated and re-posted to the Tribe's (www.jamestowntribe.org) and the River Center's (www.dungenessrivercenter.org) websites as new information on funding and status of repair work becomes known.

(Kerr, continued from page 3)

"I am also weight lifting, to build muscle mass," she said.

Between retirement and moving to Sequim, Kerr made a three-year stop in Kauai, Hawaii, where her son Brandyn works as a helicopter pilot. There she opened an on-line business called Lavender Lace Lingerie (www.lavenderlancelingerie.com), earned her credentials as a Master Gardener, and volunteered with endangered Hawaiian Monk seals on Kauai beach watches.

"I am easily bored, but I can also easily over-book myself. But now that I'm back in Sequim, I am taking it slow, growing back into the place," she said, mentioning many, many family members who she now sees regularly, including cousins Julie Powers and Elaine Grinnell. "We have a healthy family relationship."

She is the grandmother of five – Monea (Pepper's daughter, now attending Western Washington University), Tatum's children Maxwell, Tayona and Tavia Kerr, and Brandyn's son Kaleo, born just last month. She is also a great-grandmother of Milliana, Maxwell's two-year old daughter.

Welcome back, Lana!

(Taylor, continued from page 6)

Tom spent a great deal of time with family, because at the age of four, he developed polio, which crippled him up pretty severely. But he doesn't consider that a bad thing.

"It was an advantage. It gave me determination," he said. "I have no regrets – it's been a heck of a trip!" he said, adding that he functioned well as an adult, but that since about age 65, he has suffered with post-polio syndrome, which has crippled him again.

He and many other Natives (who all called each other cousins) worked as longshoreman up and down the west coast. Working on the water, seafood was readily available. He remembered a time when his son came alongside the ship with some just-caught salmon, and asked Tom to clean and fillet them.

"As I was doing it, one man said "Look at how he's doing it, you can tell he's Indian." Another man said, "No, he's obviously Finn. Finns clean fish the best." Then George Wakefield (another S'Klallam cousin, from the Patsey family) said "He's Findian!" and Tom added "and dang proud of it!"

He recalled several other fish stories – bringing salmon to his grandmother, butterflying it on the beach, and rinsing it off in the salt water.

"That was all the salt it needed," he said of the traditional combination of cleaning and naturally seasoning it in the sea. He also recalled several S'Klallam women, including his grandmother Marion Vincent, Amy Allen and Lizzie Prince knotting up their skirts, wading up to their waists (or higher) in the water at Jamestown, and stepping on flounder that were warming themselves in the sand. They scooped the flounder up and tossed them into a wash tub floating on a rope behind them, whooping and hollering.

"Frank Vincent said "look at those womans – they think they're having fun!" Tom recalled. "That was good eating, along with Mrs. Prince's sand bread, baked crisp in the sand."

Tom has keen memories of the many Jamestown families, including the Allens, the Hunters, and the Halls – particularly Francis "Lunky" Hall, who ran the Bugge Clam Cannery with Martin Hunter when Tom worked there, digging clams on middleground at night.

"Lunky made clam fritters that were so good, we called them clam cookies," said Tom. He recalled Jake Hall as an amazingly hard worker, and his brother Billy, the Shaker minister. He spoke of the strong S'Klallam women, along with his own family, mentioning Amy Allen in particular.

"Old people, particularly women, were the absolute rulers," he said.

Tom and his wife Carol still live in Sequim, as do Tom's sons Vincent and Craig. Their daughter Kirsten lives in Beaverton, Oregon.

Although Tom hasn't been involved in any Tribal activities since the Tribe was officially recognized, he said "What Ron has done here is like magic. It's hard to believe what they have accomplished. But most importantly – and I don't think there is another thing that is more important than this – *Indians have pride now.*"

Tom's oral history will be archived in the Tribal collections and available on the House of Seven Generations website.

(Humanitarian award, continued from page 7)

been a great journey and a pleasure. I look forward to continuing this journey as we continue to fight each of these fights and move our agendas forward. I am very honored, my brothers and sisters. Thank you,” he said as he accepted the award.

A video about Ron Allen, produced by Seminole Media for the National Indian Gaming Association, is available for viewing on the Tribal website at www.jamestowntribe.org, or on YouTube at <https://youtu.be/01WMduy8nXQ>.

(Remains, continued from page 1)

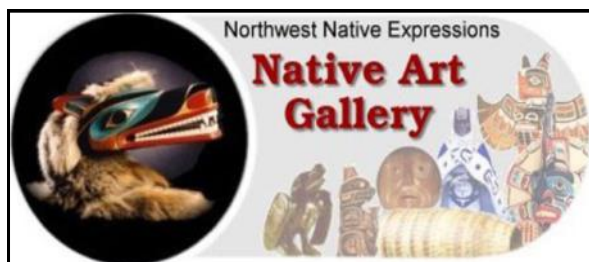
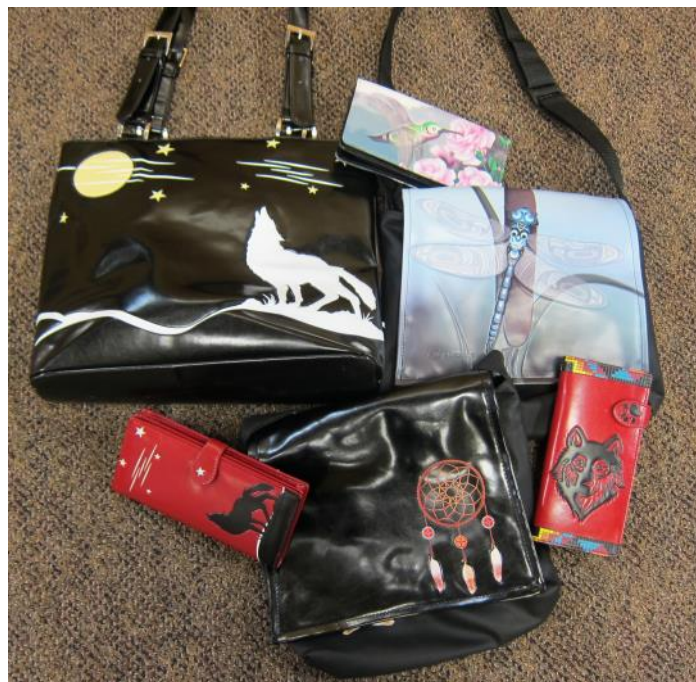
The remains were found in an area that will not be impacted by the restoration project, which might dictate that they should be reburied where they were found, to leave them as undisturbed as possible. However, Cauffman explained, the area where they were uncovered is plowed regularly.

“As this process proceeds, I will work with Dr. Tasa to determine the best course of action. We may survey the area further to see whether we find any additional parts of the skeleton, and then rebury them at Jamestown Cemetery.”

Mother's Day Gifts at Northwest Native Expressions

Northwest Native Expressions Gallery and Gift Shop is a great place to find Mother's Day gifts!

Check out our new lines of scarves, jewelry, blankets and much more, including those pictured here - purses, wallets, phone cases, card holders, and reading glasses - all with Native designs on them!



Northwest Native Expressions Gallery and Gift Shop
1033 Old Blyn Highway, Sequim on the
Jamestown S'Klallam Tribal Campus
Open 9 a.m. - 5 p.m. daily.
Shop online: www.NorthwestNativeExpressions.com

Seeking Nominees for Volunteer of the Year Award

The Volunteer of the Year award is intended to go to that individual or group who has shown *selfless generosity* by volunteering a significant contribution of time and talents in service to the Tribe and its mission.

To be eligible, the nominee must be an adult or youth who provided volunteer service unrelated to paid activities or employment in service to the Tribe.

Any or all of the following attributes and actions may apply to the nominee. These criteria will be used to select the Volunteer of the Year:

- Need** *The nominee contributed a needed service to community and contributed to the overall goals and mission of the Tribe.*
- Action** *Involvement of the nominee was voluntary, significant, above and beyond.*
- Impact** *The volunteer helped program participants realize their potential, or mobilized other volunteers or the public.*
The individual volunteered for a variety of projects and events; the quality and value of work was exemplary or extraordinary.
The individual improved the ability of the Tribe to provide quality activities or services and/or helped fulfill the mission of the Tribe.
- Time/Service/Relationships**
The volunteer's contribution of time, talents and service and/or length and frequency of service is significant. The nominee's actions have been ongoing and sustained; the volunteer demonstrates a willingness to contribute and is consistently available and reliable.
The volunteer has shown exceptional dedication, leadership, kindness/compassion, or extraordinary service.
Through volunteering, this individual has developed a special relationship and interaction with the Tribal community.
- Leadership/meeting challenges**
The volunteer met unique challenges by initiating new programs or activities or using new methods to solve problems.

Previous Winners:

- Janet Duncan
- Barbara Fernie
- Harry Burlingame
- Vicki Lowe
- Betty Brooks
- Marlin Holden
- Sandy Kardonsky

Volunteer of the Year Nominating Forms are available at the Tribe's website (www.jamestowntribe.org, on the Announcements page), and in the Administration Building lobby. Forms should be sent to Ann Sargent at asargent@jamestowntribe.org or to her attention at the Tribal address. The Tribal Council will announce and recognize the Volunteer of the Year in the Tribal newsletter and at the Tribal Picnic in August.

Find Us on the Web

Websites:

- Tribal Government: www.jamestowntribe.org
- 7 Cedars Resort/Casino: www.7cedarsresort.com
- Tribal Library: <http://library.jamestowntribe.org>
- Tribal Online Museum: www.tribalmuseum.jamestowntribe.org
- Canoe Family: www.jamestowncanoefamily.com

Facebook Pages:

- Tribal Government: www.facebook.com/JamestownSKlallamTribe
- Tribal Library: www.facebook.com/pages/Jamestown-SKlallam-Library/4689834031
- Wellness Program/Health Department: <https://www.facebook.com/JamestownHealthandWellness>
- S'Klallam Warriors (Mud Run): <https://www.facebook.com/SKlallamWarriors>
- S'Klallam Tribal Events and Announcements: <https://www.facebook.com/groups/sklallam.events.announcements/>

YouTube Channel: Tribal Library: <http://www.youtube.com/user/jstlibrary>

News from Tribal Fish and Game

- Steelhead fishing is closed in all western Hood Canal freshwater areas from Hood Canal Bridge south to Ayock Point, including Biq Quilcene River, Dosewallips River, Duckabush River, and Hamma Hamma River.
- Dungeness River Salmon and Steelhead are closed.
- Vessel registrations will expire on June 30, 2015.
- Any Tribal citizen who hunts within the boundaries of an area closed to hunting as designated by Title 9 of the Tribal code or regulations issued under it, is guilty of an offense. Please ensure that you are not hunting on private property.
- Tribal citizens are reminded that the Tribe asserts the right to hunt and gather on all open and unclaimed land and private land that is "open" or with permission of owner. If you choose to hunt on "private land" and have permission of the owner; be aware of WDFW's stance on this. Please talk to Anika in Natural Resources, or Enforcement for further information.
- If you participate in commercial clam harvest on the log yard tidelands, ensure that you are digging in the area that is open. If you have any questions in regards to boundary lines, contact Ralph at 360-681-4630, or contact Enforcement. For further information on digging in the log yard, refer to the current regulation.
- For openings, emergency closures, and regulations refer to the PNPTC web site (<http://www.pnptc.org/Regulations.html>).
- When you are participating in fishing or shell fishing within the Tribe's U&A, it is illegal to use a Washington State fishing license. If you are outside the Tribe's U&A you will need a Washington State fishing license and adhere to Washington State regulations. You are only allowed to use red & white buoys outside of your U&A.
- If you lose gear, ensure you fill out a lost gear form. The form can be downloaded from the PNPTC website, or you can pick one up from the office. If you do not report it, you can be issued a citation.
- All subsistence harvest of fish and shellfish within the Tribe's U&A must be reported on subsistence cards before you leave the harvest area. Please ensure you have your Tribal I.D. and subsistence card on you at all times.

If you have any questions or concerns please don't hesitate to contact us:

Rory Kallappa (Fish & Game Enforcement Manager) cell 360-477-0233, office 360-681-4629

Jason Robbins (Fish & Game Enforcement Officer) cell 360-460-5178, office 360-582-5797

RAFFLES

A Special Mother's Day to You!

Elders Luncheon, Noon on Friday, May 8

At 7 Cedars Casino Club Seven On Hwy 101.

To show our appreciation for all mothers we will wear our craziest looking hats!

DOOR PRIZES

MENU

Roasted Pork, Baked Chicken
Mashed Potatoes/W Gravy
Dinner Rolls
Baked Beans
Mixed Vegetables
Tossed Green Salad
Fresh Fruit and Desserts

Meals for American Indian Elders 55 and older plus their spouse are free through our Elders Nutrition Program.

All staff and guests are welcome to join our Elders for lunch for a donation of \$7.50.

Please come and enjoy a lunch with all our Elders.

Food bank items are always needed, and door prizes and raffle items are always welcome and greatly appreciated!

SAVE THE DATE!
Thursday July 9th:
Elders' Gathering
at Carrie Blake
Park for Elders
from all Tribes.

Mouth Guards: Sports Equipment that Protects the Smile

It's easy to take some things for granted until they're suddenly gone. Have you ever thought about how it would feel if you lost one or two of your front teeth? You'd probably avoid smiling. It would be uncomfortable talking with someone face-to-face. It wouldn't be easy pronouncing certain words. And how about eating an apple? Until your teeth are gone, you might not miss them.

Each year, thousands of teens get hurt on the playing field, the basketball court, or while skateboarding, biking or during other activities. Blows to the face in nearly every sport can injure your teeth, lips, cheeks and tongue.

A properly fitted mouth guard, or mouth protector, is an important piece of athletic gear that can protect your teeth and smile. You may have seen them used in contact sports, such as football, boxing, and ice hockey.

However, you don't have to be on the football field to benefit from a mouth guard. New findings in sports dentistry show that even in non-contact sports such as gymnastics, rollerblading, and field hockey, mouth guards help protect teeth. Many experts recommend that a mouth guard be worn for any recreational activity that poses a risk of injury to the mouth.

There are three types of mouth guards: The ready-made, or stock, mouth guard; the mouth-formed —boil and bite mouth guard; and the custom-made mouth guard made by your dentist. All three mouth guards provide protection but vary in comfort and cost.

The most effective mouth guard should have several features: It should be resilient, tear-resistant and comfortable. It should fit properly, be durable and easy to clean, and not restrict your speech or breathing.

Generally, a mouth guard covers only the upper teeth, but in some cases the dentist will instead make a mouth guard for the lower teeth. Your dentist can suggest the right mouth guard for you.

Here are some suggestions for taking good care of your mouth guard:

- Before and after each use, rinse it with cold water or with an antiseptic mouth rinse. You can clean it with toothpaste and a toothbrush, too.
- When it's not used, place your mouth guard in a firm, perforated container. This permits air circulation and helps prevent damage.
- Avoid high temperatures, such as hot water, hot surfaces or direct sunlight, which can distort the mouth guard.
- Check it for tears, holes and poor fit. A mouth guard that's torn or in bad shape can irritate your mouth and lessen the amount of protection it provides.
- Have regular dental checkups and bring your mouth guard along so the dentist can make sure it's still in good condition.

Don't take your teeth for granted. Protect your smile with a mouth guard.

~This article was provided by the American Dental Association,
and sponsored by the Jamestown Family Dental Clinic

Jamestown Family Dental Clinic
1033 Old Blyn Highway
Sequim, WA 98382
360-681-3400
Monday - Friday
8:00 a.m.-5:00 p.m.

Job Openings, Apply Online!

Dentist, Per Diem

Jamestown Family Dental Clinic, Open until filled

Clinic RN

Jamestown Family Health Clinic, Open until filled

Dental Assistant, Per Diem

Jamestown Family Dental Clinic, Open until filled

Please visit <http://jamestowntribe.iapplicants.com> for job description and to apply online.

Events Calendar – May 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Beading 9-12 (Elders Lounge) ; Chair Exercise, 2- 3 p.m. (page 22)			1	2
3	4	5	6	7	8 Elders Luncheon, page 19	9
10 Mother's Day	11	12	13	14 Native Film Night, page 12	15	16
17	18	19	20 Singing and Drumming, page 22	21	22	23
24 31	25 Memorial Day: Tribal Offices Closed	26 ↓	27	28	29	30

Tribal Committee Meeting Schedule

	Meeting Date/Time/Place	Contact/Phone
Community Network	Fourth Wednesday of January, April, July and October, 5:30 p.m., Social and Community Services Elders' Lounge	Candy Burkhardt 360-681-4625
Culture	5 p.m., Social and Community Services Elders' Lounge; Next meetings: July 9 and Oct. 15, 2015	Vickie Carroll 360-681-4659
Elders	Call for date. Social and Community Services Elders' Lounge	Mary Snodgrass 360-681-4637
Enrollment	Call for information.	Jeremy Monson 360-681-4617
Health	Second Tuesday in January, April, July, October, 6:00 PM Jamestown Family Health Center Community Health Conference Room	Cindy Lowe 360- 582-4876
Higher Education	Call for date, 4:30 p.m., Social and Community Services Fish Bowl.	Kim Kettel 360-681-4626
Housing Improvement	First Monday of January, April, July and October at noon in the Elders' Lounge. If the first Monday falls on a holiday it is moved to the second Monday of the month.	Casey Thrush 360-681-3411
Natural Resources	Second Monday of each month, 4 p.m. Community Center Alderwood Room	Anika Kessler 360-681-4624

Announcements

Elders Chair Exercise

Every Tuesday from 2—3 p.m.

Jamestown Family Health
Center,

upstairs workout room

Open to Jamestown citizens and
descendants 55 and older

For more information contact
Elders Coordinator Mary Snodgrass
at msnodgrass@jamestowntribe.org
or 360-681-4637

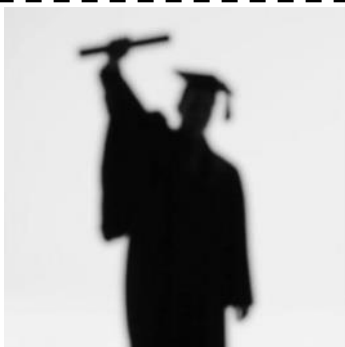


Nəxʷsʔayə'm Song and Dance
Wed., May 20th at 5:30 p.m.

Red Cedar Hall

Gather to share songs, dances and stories from the
times of our ancestors!

Bring your drums, rattles and voices to share and
learn songs and dances together at S'Klallam
Intertribal Drumming, Singing and Dancing!
Contributions for the meal would be greatly
appreciated! Salads, desserts, water, etc.



Attention Tribal Citizens and Descendants Who Will Graduate from High School or College in 2015!

Please contact Higher Education Coordinator Kim Kettel so that the Tribe
may recognize and congratulate you in the July newsletter and at the Tribal
Picnic in August! Kim Kettel, 360-681-4626 or kkettel@jamestowntribe.org

Save the Date

Tribal Staff and Citizen Rummage and Bake Sale
After your Spring Cleaning, do you have items to sell?
Saturday, June 6, 2015 8:00 am to 2:00 pm

Reserve your table now.

Your first \$25.00 in sales and proceeds of bake sale go to the Tribal Food Bank

For details contact Whe-Whe at 360-681-5782

University of Washington Press Book Release and Signing:

**Ozette: Excavating a Makah Whaling Village, by Ruth Kirk, with comments about their
work from other Ozette Researchers**

Friday, May 29th

The Mountaineers Seattle Program Center

7700 Sand Point Way NE, Seattle, in the Cascade Room

Cost: Free for members of the Pacific Northwest Archaeology Society; \$10 for others; \$5 for
students

Tickets, and learn more at <https://www.pnwas.org>

Announcements

Deadlines for Jamestown Higher Education Scholarship

Applications:

(for enrolled Tribal Citizens)

Fall Quarter /Fall Semester ~ June 15th

Winter Quarter/Spring Semester ~ Nov. 15th

Spring Quarter ~ February 15th

Summer Term ~ April 15th

For information on Higher Education funding, contact

Kim Kettel at 360-681-4626 or

kkettel@jamestowntribe.org

Jamestown Family Health Clinic

808 North 5th Ave. Sequim, WA 98382

Phone: 360-683-5900

Hours: Mon. - Fri. 8:00 a.m. to 5:00 p.m.

Sat. 10 a.m. to 3 p.m.

Would You Like to Be A Vendor in Our Holiday Craft Fair?

Our juried craft fair will take place on Saturday, November 7th in Red Cedar Hall. If you are an artist or craft person who would like to sell your wares at our fair, please apply by filling out an application (available on our

website at www.jamestowntribe.org) and send it in with photos of the work you will be selling, and the \$40 table fee. The application form has all of the information you need to begin this process.

This is our sixth year of holding this fair, and the public has always expressed very positive comments about the items for sale, the beautiful venue, and the fact that their purchases at our bake sale and raffles (with baked goods and raffle items provided by our generous vendors) support the Tribal Food Bank.

Questions? Call Betty Oppenheimer at 360-681-3410 or email boppenheimer@jamestowntribe.org.



7 Cedars Casino Restaurants

Napoli's Stone Fire Cuisine

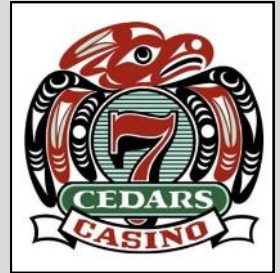
Open Sunday –

Thursday

9 a.m.-10 p.m.; Friday

and Saturday 9 a.m.

- Midnight



Totem Bar and Grille

Open 7 days a week

Breakfast 9 a.m.-noon;

Lunch 11 a.m.-4 p.m.;

Dinner 4 p.m.-Close

Salish Room Buffet

Buffets Fridays and Saturdays,

11 a.m.-10 p.m.

Seafood Extravaganza, 4 -10 p.m.

on the first Friday of every month.

Rainforest Bar

Monday-Saturday

4 p.m.-Midnight;

Sunday 10 a.m.-9 p.m.

Happy Hour 5-7 p.m. and

10 p.m.-Midnight

Live Music Friday and

Saturday 7 -10 p.m.

Cedars at Dungeness Restaurants

The Double Eagle

Open daily 4-9 p.m.

Stymie's Bar and Grill

Open 7 days a week

7 a.m.-9 p.m.

Breakfast Monday-

Friday

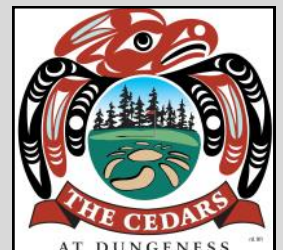
7 a.m.-11 a.m.

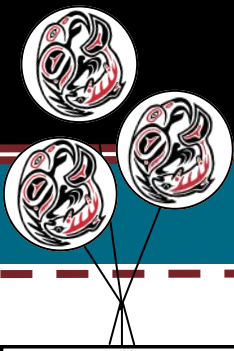
Saturday and Sunday 7 a.m.-Noon

Lunch 11 a.m.- 4 p.m.

Dinner 4 p.m.-9 p.m.

Happy Hour 4-6 p.m. and 8 p.m. to Close





Happy Birthday!

*Tribal Council sends birthday wishes to these
Tribal citizens this month!*

1	Joshua Freeman	15	Wachekya Roberts
2	Michelle Taylor	16	Cory Shoemake
2	Nichole Peterson	16	Theodore Woodard Jr.
3	Walter Anderson	20	Latrisha Suggs
4	Ellen Flores	21	Jason Holden
4	Jon Donahue	21	Jeremy Holden
5	Crystal Neu	21	Noah Chapman
5	Mary Norton	21	Veronica Davidson
5	Victoria Davidson	22	Christian Lounsbury
6	Evelyn Labelle	22	Denise Doud
7	Theodore Woodard	22	Rachele Thummel
8	Betty Kettel	24	Kenneth Hammer
8	Dean Holden	24	Michael Arey
8	Dixie Herman	24	Sherry Courtney
8	Jerry Lawrence	24	Theresa Lehman
8	Jokton Schmitt	25	Alan Kardonsky
8	Nathaniel King	25	Ethel Colon
10	Kathleen Duncan	25	Norman Stahlnecker
10	Nichole Red-Elk	26	Arthur Hinds
11	David Prince	26	Gladys Howard
12	Michael Daniels Jr.	26	James Hall
13	Marian Straker	27	Barbara Arey
13	Victor Knickerbocker	27	Dawn Callea
14	Emily Croft	29	Nicholas Grinnell
15	Candace Burkhardt	30	Sandy Kardonsky
15	Clyde Bill	31	Hannah Carver
15	Kriska Masta	31	Kathryn Santamaria



**Want to read our newsletter
online?**

**Scan this QR code (or visit
www.jamestowntribe.org)**



Jamestown S'Klallam Tribal Council

W. Ron Allen, Chair, rallen@jamestowntribe.org, 360-681-4621
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Tribal Administration: 360-683-1109

Toll free: 1-800-262-6603

www.jamestowntribe.org

7 Cedars Casino: 360-683-7777

www.7cedarsresort.com

Toll Free: 1-800-4LUCKY7

Carlsborg Self Storage: 360-681-3536

www.carlsborgministorage.com

Casino Gift Shop/Gallery: 360-681-6728

**Double Eagle Restaurant/Stymie's Lounge:
360-683-3331**

Dungeness River Center: 360-681-4076

www.dungenessrivercenter.org

Economic Development Authority:

360-683-2025

Jamestown Dental Clinic: 360-681-3400

Jamestown Excavating: 360-683-4586

**Jamestown Family Health Clinic:
360-683-5900**

Jamestown Networks: 360-683-2025

Jamestown Fireworks: 360-683-5375

Longhouse Market and Deli: 360-681-7777

Newsletter Editor: 360-681-3410

Northwest Native Expressions Gallery:

360-681-4640

www.NorthwestNativeExpressions.com

The Cedars at Dungeness Golf Course:

1-800-447-6826

Tribal Library: 360-681-4632

<http://library.jamestowntribe.org>

Tribal Digital Archives Online

www.tribalmuseum.jamestowntribe.org

Tribal Gaming Agency: 360-681-6702

The Jamestown S'Klallam Tribal Newsletter is published monthly. Please submit news, informational items and Letters to the Editor by email to Betty Oppenheimer at boppenheimer@jamestowntribe.org, or by U.S. mail to the address below or call her at 360-681-3410.

The Editorial Committee meets on the first Tuesday of each month at 10:30 in the Ironwood Room to discuss the articles for the following month's edition. The meetings are open to the Tribal Community.

The deadline for submissions to be included in the following month's issue is the 15th day of the current month.

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**1033 Old Blyn Highway
Sequim, WA 98382**

On the cover: Sketch of the Healing Pole, by Dale Faulstich.
Carved pole located at Jamestown Family Health Center.