news The Strong People

Volume 36, Issue 11

November 2015

Obama Comes to Pacific Northwest



The first week of October, President Obama traveled to the Pacific Northwest for the express purpose of visiting the grieving families and students from Umpqua Community College in Roseburg, Oregon. He made a stop in Seattle and visited with Tribal leaders. Here is the photo taken with Tribal Council Vice-Chair Liz Mueller and Council Member Kurt Grinnell.

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We Remember: Leona Jean "Nonie" Cope March 4, 1931 - September 26, 2015



Leona, "Nonie" to her family and many friends, passed away at the age of 84 at Olympic Medical Center after a short illness.

Born in Port Angeles to Louis and Lillian Kardonsky, she was an honored Tribal Elder of the Jamestown S'Klallam Tribe.

Mom was raised near the boat haven, West Second and Valley streets. As a child, she and her siblings Vivian, Leo and Walt were the first Jamestown Native Americans to attend Lincoln School. Mom had many fond memories of her childhood living near the beach. She said many times, "We were dirt poor but much loved by our parents." Mom was married to David S. Kline. They later divorced, and she married Dale R.

Cope.

Mom was a homemaker all her life. She loved gardening, canning, baking, the Seahawks, Mariners, Edgar Martinez, Christmas and Alan Jackson. In Snohomish, she was known as

"The Walker," as she never drove.

Our mother gave each and every one of us her undying love. She had a gentle soul, kindred spirit and a twinkle in her eyes. We have been blessed by God to have had her in our lives.

She is survived by sons Ken A. (Marcella) Kline, Wayne L. (Shannon) Cope and William Wilcox; daughters Theresa R. (Sonny) Lehman, Deborah Hutsell, Renee (Ken) Hoerath and Donita (Darin) Peterson; former son-in-law William Hutsell; sister Vivian V. Croft of Bremen, Georgia; brother-in-law Dennis "Sully" Sullivan; several grandchildren (she was known to them as Grandma Cookie); family; and her cat, Kitty.

She was preceded in death by her parents; husband Dale; son Jerry; siblings Walt, Leo, Kenneth, Dee, Alyce, Annie and Arlene; and Pumba Girl, her beloved dog.

Graveside services at Jamestown Cemetery and a celebration of life at Red

Cedar Hall took place in early October. In lieu of flowers, please send donations to the Olympic Peninsula Humane Society, 2105 U.S. Highway 101, Port Angeles, WA 98363.

To those of you who came right away
Who sent cards, flowers and necessities;
Who mourn with us;
Who share our tears;
Who called and sent condolences;
Who sat with us and remembered.
Our family would also like to extend a
special thanks to Bill Laubner and his crew.
They worked hard to make sure
we were comforted in our time of need.
Thank you Kathy Duncan for your assist.
Much love to her nieces and nephews
who gave their extra love on her special

Our sincerest heartfelt gratitude

She will be missed but know she is always in our hearts.

Vivian V Croft Dennis "Sully" Sullivan Her children and family.

We Remember: Bradley C. Hammer February 16, 1951 - October 1, 2015

Bradley C. Hammer, a 64-year-old resident of Port Angeles, passed away October 1, 2015, at Olympic Medical Center.

He was born to Harold and Louise (Anderson) Hammer on February 16, 1951, in Mount Vernon, Washington.

He graduated from Chimacum High School.

Brad had been employed as a mill worker and over the last decade enjoyed crabbing, fishing and clam digging for the Jamestown S'Klallam Tribe, of which he was a citizen.

He loved being outdoors, enjoying life to its fullest.

He is survived by his sons, Jody and Kasey Ray; sister Shirley Rodgers; brothers Harold and Kenny Hammer; and nieces Jennifer Spencer and Kathryn Thomas.

He was preceded in death by his mother, father and 12 siblings.

Memorial services were held Saturday, October 17, 2015 at Bethany Pentecostal Church in Port Angeles.



We Remember: George F. Wakefield February 27, 1933 - September 24, 2015

George F. Wakefield passed away at 82 at Bremerton's Harrison Medical Center from cancer.

George was born in Port Townsend to John and Gertrude (Patsy) Wakefield on February 27, 1933. His father died when he was 9 years old.

At the age of 22, George's mother became nearly completely paralyzed by debilitating arthritis and remained in bed until her death at 63. She was able to use her left arm to eat and write. In his childhood and into his adulthood George cared for her, even moving her hospital bed down to the beach for family gatherings. He also cared for his 3-year-old younger brother Bobby and did so for much of Bobby's life. Bobby died January 27, 2011, at the age of 74 in Aberdeen, Washington. George attended Port Townsend schools in his younger years. In his high school years, he hitchhiked every day to Chimacum High School (10 miles away) and back home to his mother's home in Port Townsend. He liked the sports program better at Chimacum. He was pretty clever - the people at the Crown Zellerbach paper mill were soon picking him up, and he got regular rides to and from school. He was No.



4 on the football team and proud of it. This was also where he met his high school sweetheart, Georgia Marie. The Korean War (Conflict) was going on and was calling on a lot of young men from the county. George joined the Navy, quitting school in order to do so. He later finished his schooling with the Navy, graduating with the class of 1953 at Chimacum. This was also the year Georgia graduated. He served four years on the carrier USS Valley Forge. After the four years, he became a longshoreman for 39½ years at the Local 24 in Aberdeen.

He was an active member of the Eagles, Veterans of Foreign Wars, Elks and Aberdeen Footprinters. For the last 25 years, he went to the USS Valley Forge's Navy reunions. He was vice president of the Valley Forge's West Coast Reunion Club, and a stalwart of the Local 24 Longshoreman union.

Sports (especially football) were a mainstay for family and friends over the years. Many happy, fun-filled barbecue parties were spent at his home with seven TVs.

Speaking of families, he always wanted to be from a big family. Three marriages brought him 13 stepchildren. The fourth and last marriage, to his high school sweetheart, Georgia, brought him three more stepsons: Terry, Gary and Dee Gaston, all of Seattle, Washington. He also had a surrogate daughter, Lisa (Brendan) O'Neil of Cave Creek, Arizona, with twin daughters. Many grandchildren and great-grandchildren survive him. Four stepdaughters predecease him. Ironically, he passed away at 6 a.m. on the 24th of September; Georgia's first husband, Stanley, passed at 9 a.m. on September 24th, 19 years earlier.

George and Georgia traveled 50 states; all across Canada; flew and cruised the Baltic States and Russia; backpacked from England to Paris, Switzerland, Rome, Venice, Munich and Frankfurt, Germany; and cruised to Hawaii and Alaska. They had so many busy years yet took time for studying the genealogy of their families going back to the pioneer days of the Patsy and Eldridge families from which they descended. They also loved their hobby of photography. Goodbye, my love. We will all miss you.

We Remember: Ava Lorene Barclay August 31, 2015 - September 24, 2015

Ava Lorene Barclay of Sequim died of a heart defect in Seattle. She was three weeks old. Ava was the daughter of Hannah (Carver) and Levi Barclay. Hannah is the daughter of Shawna Priest, and the granddaughter of Steve Johnson, of the Johnson family. A graveside service with officiant Patrick Adams was held at Jamestown Cemetery.

We Remember: Janice Larraine Goldsmith March 19, 1949 - September 21, 2015

Janice Larraine Goldsmith passed away peacefully on September 21, 2015 at her home. She was 66. Janice was born March 19, 1949 to Harold and Louise (Anderson) Hammer in Seattle. She was a long time resident of Montesano, recently moving to Elma. She was from the Jamestown S'Klallam Newton/Anderson/Hammer family.

On May 7, 1965 she married the love of her life Richard Goldsmith Sr. in Montesano Washington. Together they raised four children.

Janice worked for the Elma School District as a bus driver before retiring. She was a member of the Northwest Life Center Church in Elma and loved to volunteer in the soup kitchen at her church. She loved baking, playing golf and spending time with her family. She especially enjoyed her grandchildren. She also loved gardening and camping.

Janice is survived by her loving husband Richard at the family home, two daughters; Kim Malcolm of CDA, Idaho, Michelle Keating of Elma; two sons, Richard Goldsmith Jr.

of Satsop and Dennis Goldsmith of Elma; 13 grandchildren; and 3 great grandchildren as well as many brothers and sisters including Shirley Rogers, Harold, Kenny, and Bradley Hammer.

Services took place on October 3 at the Abundant Life Church at 2:00 p.m. with Troy Green officiating. To sign the online book of memories please visit www.harrisonfamilymortuary.com.



Election News

What is the election about?

This year's election is for the positions of Tribal Council Chair and Secretary.

When are upcoming important dates/deadlines?

Nov. 3: **Election Day**; Voting deadline**

**The Election Code requires that all ballots must be received at the Election Board's PO Box 40, Sequim, WA 98382. Ballots that are not mailed to that address will be considered invalid. The Election Board will pick up the ballots from the P.O. Box after the last sorting of mail by the Post Office on Election Day.

If you have questions about the election, please call the Tribal office at 1-800-262-6603 or 1-360-681-4600 and leave a message for Cathy MacGregor, Chair of the Elections Board. She will return your call.

Once the election results have been certified, the results will be posted on our website home page at www.jamestowntribe.org. The new Tribal Council Secretary will take office at the Council meeting immediately following the election certification.

Happy Holidays, Tribal Citizens!

Tribal Council is happy to announce that:

- Elder Checks (for enrolled citizens age 55 and over) will be mailed on November 19th. Please do not ask or expect to pick up your check. It will be mailed.
- Gift Cards (for enrolled citizens age 18-54) will be mailed the week of December 7th.

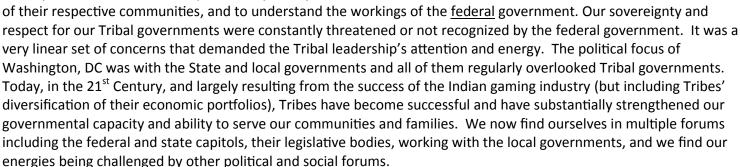
Tribal Leadership in the 21st Century

Message from W. Ron Allen, Tribal Chair/CEO

Greetings Tribal citizens! The battle to protect our sovereignty never ends. The warrior leaders of our past generations worked hard to defend our unique political standing in the fabric of our American political system. We have advocated for recognition and restoration of our political jurisdiction and the right to generate tax-exempt revenue from our governmental business operations to address the deep unmet needs of our American Indian and Alaska Native communities.

In order to continue these efforts, we must encourage our young citizens to seriously consider the Tribal leadership profession. Our current and future leaders need the knowledge and history to understand the complexity and challenges of Tribal leadership in the 21st Century – knowledge and history that most Tribal leaders did not have to deal with 15, 20 and 30 years ago.

In the past, our Tribal leadership had two primary areas of focus: to understand the needs



Tribes' unprecedented growth and success has put us on the political and social map of America. So, what does that mean to the unfolding challenges of Tribal leadership? It means that we now have the attention of public and private sectors of our society. Many of our older Tribal leaders remember when, for all practical purposes, state and local governments, businesses, the financial, and labor union sectors did not have any interest in Tribes. That is not true today.

Tribes now find themselves needing new levels of expertise in legal and in other professions, in order to be effective in defending or advancing our governmental jurisdiction, health services, education systems, and becoming competitive in business sectors. Access to these skills and expertise allow Tribal leaders to be better advised on how to advocate and advance our interests.

For generations, Indian Country's leadership traveled the journey to protect our sovereign status and treaty rights with the federal government. This journey was intended to force America to honor its commitments to our communities. But today our roles and duties are challenged by protecting our Tribal interests and rights in uncharted territory. We must understand this complex political playing field, and we have to prioritize and delegate so that we can stay informed enough to carry out our political duties.

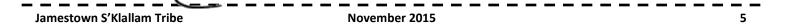
We will continue to fight and oppose the anti-Indian efforts, always looking for new ways to terminate our sovereign political standing, impose on our jurisdiction, whether it is based on environmental rationale, labor unions, taxation or other ways to diminish unique governmental authority.

I firmly believe in building emerging Tribal leadership skills and capacity to manage these political efforts. We are stronger, smarter, and more unified than ever before, but we must help our current and new rising young leaders to see the new big picture of Indian politics and not be overwhelmed. Our current and future leadership needs to understand the new, complex political environment, stay poised, and effectively defend our political standing in America for the same purposes and mission as our past leaders.

Please do not hesitate to call me at (360) 681-4621 or e-mail me at rallen@jamestowntribe.org, if you have any questions or clarifications.

on alla

God Bless,



Gathering Seaweed by Lisa Barrell

The Natural Resource Committee is charged with ensuring the orderly harvest of fish, shellfish and wildlife resources and to provide the opportunity to derive subsistence and/or livelihood from the harvest of these resources. It doesn't mention seaweed, but I'm sure it fits in there somewhere.

The Lower Elwha Heritage Center in Port Angeles offers seaweed gathering outings every once in a while and I've been able to attend two. The first time I went out, it was a few years ago and the group was mostly comprised of Jamestown and Lower Elwha citizens. Jennifer Hahn, author of Pacific Feast: A Cook's Guide to West Coast Foraging and Cuisine, led the group around Freshwater Bay. Jennifer has identified Freshwater Bay as an excellent location for "safe" gathering. The water flushes out of the bay regularly and arsenic and other toxic heavy metals that can accumulate in seaweed are low or nonexistent in the Bay. I collected at

Lisa gathering a kelp blade for wrapping salmon.

Bay. I collected at least 20 varieties of seaweed and by the time I got home, I didn't know what to do with three quarters of it. I told Vickie Carroll, the Tribe's Cultural

Tribe's Cultural Coordinator, if she ever heard of the Heritage Center offering another outing to let me know. Well, they had outings planned last May and June. Vickie went to the May gathering and I went in June. Jennifer Hahn was once again the guide and I was very delighted to see her again. Jennifer has many stories and is filled with facts regarding seaweed. She has kayaked solo from Ketchikan, Alaska to Washington mostly living off the land and water. She's also cousin to our very own Children's Program



Jennifer and her assistant show brown seaweed.



Cutting sea lettuce

(Continued on page 7)

Coordinator Sally Fairbanks! This time the group included people from Makah, Lower Elwha, Suquamish and me, Jamestown.

I had a different approach when gathering seaweed this time. I decided to only gather three types, since seaweed falls into three categories: brown, red and green. For the brown, I gathered bull kelp for pickles. Bull kelp can grow up to two feet per day in the summer months. We were told to only gather kelp that has washed ashore and no longer has a "holdfast" or claw-like attachment to rocks under the water. Bull kelp is the food for



Lisa's kelp pickles

countless species of sea life and home and shelter to otters, crabs, shrimp and many other marine creatures, so you don't want to take kelp that are still alive. For the red seaweed, I gathered nori. Nori grows on the rocks at Freshwater Bay and is also attached by a small holdfast. If consciously and correctly harvested, nori is a sustainable sea vegetable, as are all the other types of seaweed. It is the most nutritious vegetable on earth, containing up to 56 minerals and trace elements. That's 10-20 times the amount of minerals found in land vegetables. I definitely wanted nori!

For the green seaweed I chose bladderwrack. I had half of a 5 gallon bucket filled with bladderwrack before I was told it is not a green seaweed. It is a brown seaweed. It was too late. I had plans for my bladderwrack. There's no scientific proof, but Jennifer and her assistant swear that it increases their energy and suppresses their appetite. It's used for thyroid problems, arthritis, rheumatism, digestions, constipation, iodine deficiency, and topically for insect bites and burns. It appears to be "the" miracle seaweed, and I wanted a lot. I should also mention that before anyone goes out and gathers a ton of any seaweed to check with your doctor. As with anything introduced to the diet, make sure it doesn't interact with current medications. Seaweed is high in iron and may also worsen thyroid conditions. So stay on the safe side and check it out before trying it out. I was missing a green seaweed, so I gathered a bunch of sea lettuce on the way back to our meeting point. It's beautiful and gathered the same

way as nori. I found the holdfast on the rock and

cut a couple inches away from that. Seaweed



Lisa with bladderwrack



Jennifer explaining where to cut the kelp blade.

(Continued on page 8)

generates faster than any other plant, so when I returned a few weeks later, I was probably gathering from the same plants. Truly amazing. By the time I left the beach, my 5 gallon bucket was over flowing. I took it home and started peeling my kelp for pickles. I had also kept a couple blades (the top most "leaves" that grow from the bulb) to bake my salmon in. The salmon was excellent and I took a jar of pickles to the Tribal Picnic. They were gone by the time I reached the buffet table, so I assume somebody at the picnic liked them.

I dried the bladderwrack in my dehydrator and oven. I love the pop they make when you eat them after they've been dried. They're salty and addicting. Jennifer referred to them as popcorn seaweed. She sprinkles powdered cheese on hers to munch on like popcorn. That sounded gross to me, but I have a jar in my kitchen and every once in a while I pop a couple into my mouth. I also ground some and bought gelatin capsules. I was contemplating filling the capsules and taking a couple every day with my doctor's ok. It's a lot cheaper than buying them at a vitamin store. I haven't actually done that yet... maybe next year.

I dried the nori and sea lettuce in my dehydrator and 2 ovens and I still had quite a bit left over. I had the ingenious idea to tie strings across my front porch and hang out the remaining seaweed. I thought it was clever, but I had people stopping in front of my house to gawk, and I don't think the neighbors were too impressed. Luckily it dried within a few hours. I ground some and put it into shakers. I shake it on everything from eggs

to salmon. 1 to 3 teaspoons is all that's needed to add minerals to your diet. I took a shaker of nori to the Tribal Picnic, and my shaker was returned almost full. I guess you guys weren't as excited as I was about sprinkling seaweed on everything! The remaining dried nori and sea lettuce, I stuffed into ziplock bags. I give a bag to my kids whenever they visit and I keep a bag by the television. It beats a bag of potato chips and is so much more nutritious! The benefits of seaweed are widespread and the commercial harvest is taking off. Carrageenan, a type of seaweed some of the people collected, is used as a thickener in ice cream, cottage cheese, soy milk and other processed foods. The Japanese have been harvesting and using seaweed for thousands of

years , as have Native Americans. This year Oregon State University discovered and patented seaweed that tastes like bacon when it's cooked. It doesn't get much better than that!

We have reached autumn and there are no longer daylight negative tides that are necessary for good seaweed gathering. I've agreed to gather seaweed with Tribal citizens Cathy MacGregor (Reyes) and Robin Didrickson (Allen) in the spring. Robin has claimed that there's nothing better than Alaskan dried seaweed. I have a need to prove her wrong! You're welcome to join us - just give me a call at 360-460-5563.



Lisa's outdoor seaweed drying lines



Bladderwrack in the dehydrator



A shaker of dried seaweed to shake on everything!

Native Basket Weaving Gathering Well Attended

In early October, several members of the Tribe attended the 21st annual Northwest Native American Basket Weavers Association's Annual Gathering of Basket Weavers, hosted by the Warm Springs Tribes at the Kah-Nee-Ta Resort in Warm Springs, Oregon.

Charlene and Jorene Dick, Sarah Donahue, Elaine, Julie and Khia Grinnell, Cathy MacGregor, and Florence, Jeff, Jeremy and Jerry Monson all attended, joining more than 300 other participants and vendors. Several of the Jamestown attendees used their Tribal Learning Enrichment funds to pay for the conference. Jeremy Monson transported most of the attendees in a Tribal bus.

The event featured many different types of basket weaving taught by weavers from across the Western United States, including pine needle, corn

husk, tulle, bear grass, cedar, willow, wool and hemp. In addition to experienced weaving teachers, youth were available to teach Elders simple projects, as a means for the youth to improve their teaching skills. They taught such projects as a turtle made from sinew and raffia, sinew necklaces with shells, and cedar-wrapped lighters. Cathy MacGregor mentioned that the Warm Springs Tribes have a tradition of singing seven songs before meals, which was done before the 300 guests could eat. At the raffle, Janet Duncan won a Pendleton blanket, a root basket, and a coffee cup – spending only \$5 for six raffle tickets! Jeff Monson, who had a vendor table set up with his father Jerry, said that customers were very receptive to his artwork and Jerry's knives. He was pleased with their sales. Next year's gathering will be at the Great Wolf Lodge in Centralia, WA.



Hands weaving, photo by Charlene Dick

Interested in Basket Weaving? No Frills Basketry Weekend November 14-15, 9 a.m.-4 p.m. Red Cedar Hall, Jamestown Tribal Campus, All Are Welcome!

Teachers include Elaine Grinnell and family,
Theresa Parker and family
Registration Fee: \$60; basket kit fees additional
Additional fees for each class and materials.
For information and to register call
Elaine Grinnell at 360-683-5731 or
Theresa Parker at 360-640-0041



Clarification

Cultural Coordinator Vickie Carroll coordinated The Strong People Journey with our sister Tribes, including coordination of the ground crew (who in turn set up camp and prepared food for the celebration), and the gift making prior to and during the celebration to present to the Port Townsend volunteers. The October newsletter article about the Gathering incorrectly implied that Marlin Holden had organized the entire event.

Thank you, Vickie!

Cultural Coordinator Vickie Carroll, with her brother Steve Johnson in the background, on the beach at Fort Worden during The Strong People Gathering. Charlene Dick photo

Kardonsky Family Tree Button Blanket on Display

Celeste Dybeck has been collecting shell buttons for years, with plans to complete a button blanket. That project was completed recently, and the Kardonsky Family Tree Button Blanket is on display at the Sequim Museum and Arts Center through the end of November.

Although the blanket is not strictly

traditional, the 53" wide by 45" long wool, ultrasuede and shell button blanket depicts Celeste's nuclear family. The Raven is her Dad, Walt Kardonsky, because, she said "Kardonskys are a mischievous bunch!" The Moon is her Swedish Mom, Dee Kardonsky. Walt and Dee's seven children are the waves, and the buttons in the waves depict their children and grandchildren. For example, said Celeste, "the blue wave on the left is Lou. The two larger buttons on his wave are his kids, Kim and Nick, and the four smaller buttons are his grandchildren." The buttons at the bottom are future generations.

Artist Reception Friday, November 6 from 5-7pm Sequim Museum and Arts Center 175 West Cedar Street, Sequim Stop by and say hello to Celeste!



Museum of Northwest Art: Not Vanishing: Contemporary Native American Art, 1977-2015

October 10, 2015 through January 3, 2016 121 South First Street, La Connor, WA 98257 360-466-4446, www.monamuseum.org

This exhibit brings together significant work by artists in the Pacific Northwest in order to examine both the evolution of Native American artwork and the artistic strategies used by artists as they represent the complexities of indigenous realities to the world. Over 45 artists are featured, including Leo Adams, Ric Gendron, Wendy Red Star, Tanis Maria S'eiltin, Preston Singletary, and Marika Wilbur.

From Our Cultural Coordinator

Paddle to Nisqually 2016 Canoe Family Planning Meeting Saturday, November 21, 2015 12:00 p.m.—2:00 pm. Red Cedar Hall

If you have never been a part of a canoe journey, now is the time to share your voice or just enjoy a meal. If you have always been a part, help us welcome

Meeting Agenda

Welcome
New ideas for Planning Meetings
Lunch (Pizza)
Discuss Group Leads
Gift Ideas—bring samples
Plans for creating a song
(We are in the process of
documenting the song writing process
to preserve for future generations
and to hopefully have a song for

protocol at Nisqually.)

others and share your stories. If you have left us, please come back!

- * Bring an idea for gift making
- * Bring your thoughts of past and future journeys
- * Bring your words and spirit for a new song

Let's make the 2016 Nisqually Journey memorable!

Please RSVP to Vickie before end of day, Monday, November 16th.

Here are the tentative dates for the last 3 stops of our Nisqually Journey:

July 30, 2016 - Port of Olympia Landing

July 31, 2016 - Medicine Creek Treaty Ceremony

August 1 - 5, 2016 - Protocol at Nisqually

For information about anything mentioned in this section, contact Cultural Coordinator Vickie Carroll at 1360-681-4659 or 1-800-262-6603 X-4659 or email vcarroll@jamestowntribe.org.

If there has been a first frost before November 21st, Lisa Barrell will lead those interested in Rose Hip Gathering following the Canoe Family Meeting. Please bring gloves, clippers and a bag or container to collect your rose hips.



Seeking Women's Art for New Exhibit for Sequim Museum

The Sequim Museum and Arts Center display in the Longhouse room (located inside the museum) will soon be changed to display "Jamestown Women Artists."

We would like to include as many of our women artists as possible. If you have a large item, such as a cedar bark hat, then please submit one item or if your items are smaller, you may submit two smaller items.

Please contact Vickie if you have an item you would like to display for 4 to 6 months. She will need the to see the item (or a photo of it), and information on the piece, what it is made of, what it symbolizes (if anything), and your name as you would like it to appear with your work.



I would like to express my appreciation for all of the people who helped make the recent memorial for my brother-in-law, Gordon Ross, a success. Thank you to my sisters Janet, Betty and Mary, to Pat and Patsy Adams for the blessing, to Tribal Council for their support, and to all of the others in the Tribal community who helped with set-up, clean-up, and who brought food to share.

~David Ellis



Library Corner

Native Film Night—*Princess Angeline*Thursday, November 12
5:30 p.m. dinner
6:15 p.m. film
Red Cedar Hall on the Tribal Campus

Director Sandra Osawa will be available to discuss the film.

Seating is limited—Please RSVP 360-681-4632 or

library@jamestowntribe.org

Princess Angeline, daughter of Chief Seattle, is seen on many postcards and toward the end of her life she lived alone, refusing to leave her homeland. What historical events led to her

being one of the few Duwamish people left in Seattle by the 1890's only 35 years after the peace treaty? This video explores the story of the Duwamish and their unrecognized tribal status primarily through the life of Princess Angeline.

Produced by Sandra Osawa © 2015 Upstream Video Productions. All Rights Reserved.



Cedar Ornament Class—Back By Popular Demand! Saturday, November 21st from 10a.m. – 4p.m. in the Heron

Hall Library



This 6 hour class is taught by Tribal Elders
Cathy MacGregor and Ann Adams.
\$40 includes all materials and lunch
(Please prepay by November 19th to ensure
we have enough supplies)

RSVP to 360-681-4632 or library@jamestowntribe.org



Did you know? xčít: to know

That only a fraction (an estimated 3-5%) of the world's information can be found through Google and other search engines? Take your research to the next level and get some tips from the Library staff. (Students—if you really want to make your research papers stand out, go beyond Google and talk with your Librarian!)

Jamestown Reads Book Club will take a break for the holidays. The next book club will be Tuesday, January 12th at 5:30pm in Napoli's.

Library: 360-681-4632 <u>library@jamestowntribe.org</u>
Librarian Bonnie Roos: 360-582-5783 <u>broos@jamestowntribe.org</u>
Library Assistant Jan Jacobson: 360-681-4614 <u>jjacobson@jamestowntribe.org</u>
Library Assistant Shantelle Kallappa 360-681-3416 <u>skallappa@jamestowntribe.org</u>

Visit the Tribal Library at 1070 Old Blyn Highway in Heron Hall; Open M-F 9 a.m.-5 p.m., Sat. 9 a.m.-4 p.m..

Website: http://library.jamestowntribe.org

Tribe Adopts Section of Highway 101

The Tribe has signed up to pick up trash along Highway 101 from milepost 270 (0.6 miles west of the Fireworks Stand) to milepost 271 (Sophus Road), on both sides of the highway. Washington's Adopt-a-Highway program started in 1990. The first Adopt-a-Highway program began in Texas in 1985. Since then, thousands of groups have volunteered their time and effort picking up litter on highways all over the country. Fortynine of the 50 states in the U.S. have a program like Adopt-a-Highway.

From left: Council Member Kurt Grinnell, Health Services Deputy Director Cindy Lowe, Planning Director Leanne Jenkins, CFO Diane Gange, 7 Cedars CFO Colleen Berry, and COO Annette Nesse were trained on Sept. 28th, and then were transported out to the highway by Whe Whe Olitza to do their first trash pick up.



Upcoming Events in December

Gift Tags, Mulling Spices & Potluck! Wednesday, December 9th, at 5:15pm in Hummingbird Hall

If you're having trouble getting into the holiday spirit, this class is bound to help! You can make gift tags or mulling spice bundles (to flavor apple cider) or both.

Materials and recipe will be provided but there will be a small charge for the mulling spice bundles to cover our costs.

Please bring a salad, side dish, or dessert to share. Let us know if you will join us so we can have enough materials for all.

RSVP to 360-582-5783 or library@jamestowntribe.org



Storytelling with Elaine Grinnell

Master Storyteller and S'Klallam Elder Elaine Grinnell will share traditional stories on Saturday, December 5th at 2:00pm in Red Cedar Hall.



Tribe Awarded ANA Grant to Meet Community Needs

The Tribe received word in early October that it has been awarded \$589,664 by the Administration for Native Americans, Administration for Children and Families, Social and Economic Development Strategies (ANA-SEDS), for a grant period of three years, beginning immediately.

With a changing community demographic (fewer youth and more Elders), a community assessment will aid the Tribe in identifying and providing the most needed services. While many services are already available to the Tribal community, coordinated delivery of these services will assist clients in solving multiple issues simultaneously. Recognizing the value of fostering a deep community connection, the proposal includes an in-depth intergenerational curriculum to deliver culturally-relevant education and opportunities for community sharing.

The over-arching purpose of the project is to guide Tribal citizens toward self-reliance, self-sufficiency and a sense of cultural connection.

The project proposed by the Tribe and accepted by ANA-SEDS is a three-pronged approach that includes:

- 1) A comprehensive Tribal community asset and needs assessment that will provide us with concrete data to inform future programs and services;
- 2) A framework and staff structure, led by a new Case Navigator, that will provide seamless, holistic access to our available services managed by an Intervention and Prevention Task Force comprised of our many specialized service providers; and
- 3) A toolbox of programs and services including culturally relevant events and an intergenerational curriculum to educate our community in areas including employment readiness, financial literacy, educational goals and prevention tools, with the goal of moving the Tribal community past cultural barriers toward self-reliance, and to foster community connection and a sense of cultural pride.

Hiring is underway for the new Case Navigator position, and the Community Network Board, which will act as liaison to the Tribal community for the asset and needs assessment, is being augmented and reorganized to better serve the requirements of this grant.

The Social and Community Services Department began last year to conduct group meetings of social service providers, to discuss their approach to each client's needs. They also began to hold group meetings with families in need of multiple services, to insure that these services are well coordinated. The grant funding will allow these model practices to become standard procedure within the department.

The Great Thanksgiving Listen 2015

Over the coming months, StoryCorps will work with high school teachers across the country to ask students to interview a grandparent or Elder on the 2015 Thanksgiving holiday weekend.

Using the new free StoryCorps mobile app, participants will be able to upload their recordings to the StoryCorps archive at the American Folklife Center at the Library of Congress and in one holiday weekend capture an entire generation of American lives and experiences.

The scale of the Great Thanksgiving Listen is made possible by the new StoryCorps mobile app that was launched in March using a \$1 million 2015 TED prize.

The app takes the StoryCorps experience out of the recording booth and puts it entirely in the hands of users, enabling anyone, anywhere to record conversations with another person for archiving at the Library of Congress and on the new StoryCorps.me website, which also gives information on how to download the mobile app.

StoryCorps hopes to make the Great Thanksgiving Listen a national tradition and to continue fostering meaningful connections within families, communities, and classrooms while also creating a singular and priceless archive of American history and wisdom. For more information, visit https://storycorps.me/about/the-great-thanksgiving-listen/. Follow the Great Thanksgiving Listen on Facebook at https://www.facebook.com/thegreatlisten.



The Library will be open on the Saturday after
Thanksgiving and will have an iPad and a quiet space for you to interview if you need it.

R.A.D. Self-Defense Classes for Women Offered

What is R.A.D.?

R.A.D. (Rape Aggression Defense) is a program of realistic self-defense tactics and techniques. It is a comprehensive 12-hour course for women that begins with awareness, prevention, risk reduction and avoidance, while progressing on to the basic physical defense techniques. It will be taught in four 3-hour sessions. The course culminates in a "realistic simulation" which gives the students the opportunity to test their abilities on a real person during a simulated attack. Students who complete a RAD course are encouraged to take advantage of the free lifetime "return and practice" policy.



RAD is not a martial arts program. The courses are taught by certified RAD instructors and provide you with a workbook/reference manual. This manual outlines the entire physical

defense program for reference and continuous personal growth. The RAD System of Physical Defense is currently being taught at many colleges and universities. The growing, widespread acceptance of this system is primarily due to the ease, simplicity and effectiveness of the tactics, solid research, and unique teaching methodology.

The RAD System is dedicated to teaching women defensive concepts and techniques against various types of assault, by utilizing easy, effective and proven self-defense tactics. The system of realistic defense will provide a woman with the knowledge to make an educated decision about resistance.

The next course will be offered at the Tribal Campus from 5:15p.m.-8:15p.m. starting November 16-19, 2015. Space is limited to 12 women. Please wear comfortable clothing. Please contact Anika at 360-681-4624 or at akessler@jamestowntribe.org to enroll.

We look forward to seeing you in class!!!

American Indian Perspectives on Thanksgiving

an excerpt from the National Museum of the American Indian's Education Office (full text and illustrations available at http://nmai.si.edu/sites/1/files/pdf/education/thanksgiving_poster.pdf)

Most texts and supplementary materials portray Native Americans at the First Thanksgiving as supporting players. The real story is much deeper, richer, and more nuanced. The Indians in attendance, the Wampanoag, played a lead role in this historic encounter. The Wampanoag were a people with a sophisticated society who had occupied the region for thousands of years. They had their own government, their own religious and philosophical beliefs, their own knowledge system, and their own culture. They were also a people for whom giving thanks was a part of daily life. The Wampanoag already had a long history of dealing with other cultures.

The English colonists could not have imagined how important their first encounter with Native people would be. The Wampanoags—with their intimate understanding of the environment and the high value they placed on social relationships—provided the colonists with the knowledge and skills they needed to survive, enabling them to produce the harvest that they celebrated with that first Thanksgiving feast.

At the first Wampanoag/English encounter in 1620, there was probably curiosity, suspicion, and fear on both sides because of their vastly different cultures, but they learned much from each other. For the English, interaction with the Wampanoags enabled their colony's survival. Although the English were interlopers, the Wampanoags shared their land, food, and knowledge of the environment.

Early cooperation and respect between the two groups were short-lived, however, as conflicting perspectives emerged. By 1675 the relationship had degenerated into one of conflict and war. This would be the history of most relationships between Natives and non-Natives for the next two hundred years.

Even so, Native American contributions continued to be essential to the survival of Europeans. If not for the generosity and knowledge of the Native peoples who met the explorers Lewis and Clark during their travels in the Northwest from 1804 to 1806, their expedition probably would have ended in disaster. Ultimately, Native encounters with Europeans resulted in the loss of entire Native communities, traditional ways of life, indigenous knowledge, and access to foods that had sustained Native people for thousands of years. War, genocide, disease, dispossession of lands, and ill-conceived federal policies profoundly affected American Indian communities and their environments. The consequences are still felt today.

News from Tribal Fish and Game

- Waterfowl hunters are required to immediately record their harvest on a harvest record card when hunting duck, goose, or brant this season. See section 12 (K) of the 2015 Annual Hunting Regulations.
- Female elk season opens November 8, 2015.
- GMU 603 (Pysht) is closed to the harvest of antlerless elk for conservation purposes.
- GMUs 602 (Dickey), 603 (Pysht) and 607 (Sol Duc) are closed to the taking of antlerless deer this season for conservation purposes.
- When you are hunting this season please ensure you have your hunting tags with you at all times. Tags must be
 returned to the Fisheries Office within 10 days of harvest. Please refer to the Annual Hunting Regulations for
 seasons and bag limits.
- For openings, emergency closures, and regulations refer to the PNPTC web site (http://www.pnptc.org/ Regulations.html).
- If you lose gear, ensure you fill out a lost gear form. The form can be downloaded from the PNPTC website, or you can pick one up from the office.
- All subsistence harvest of fish and shellfish within the Tribe's U&A must be reported on Subsistence Cards before you leave the harvest area. Please ensure you have your Tribal I.D. and Subsistence Card on you at all times.
- Before you go subsistence crabbing;
 - o Know how to measure the male crabs.
 - o Know the types of crabs and how to identify them.
 - o Know how to record your Dungeness crab on your subsistence card.
 - o Ensure your traps and gear meet all the requirements.

If you have any questions or concerns please don't hesitate to contact us:

- Rory Kallappa (Fish & Game Enforcement Manager) cell 360-477-0233, office 360-681-4629.
- Jason Robbins (Fish & Game Enforcement Officer) cell 360-460-5178, office 360-582-5797.



Northwest Native Expressions Gallery and Gift Shop

has a large selection of holiday cards in sets and singles, and a wide variety of wood and glass ornaments, in addition to our terrific selection of art, gifts, books and music. Come in and do some holiday shopping!



Northwest Native Expressions Gallery and Gift Shop 1033 Old Blyn Highway, Sequim on the Jamestown S'Klallam Tribal Campus Open 9 a.m. - 5 p.m. daily.

Shop online: www.NorthwestNativeExpressions.com



Events Calendar — November 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 End Daylight Saving Time. Turn clocks back one hour!	2	3	4	5	6	7 Jamestown Holiday Craft Fair, page 19
8	9	10	11 Veterans Day Tribal Offices Closed	12 Native Film Night, page 10	13 Elders Luncheon, page 18	14 Basketry Weekend, page 9 (through Sunday)
15 Higher Education Scholarship Application deadline	16	17	18 Singing and Drumming, page 19	19	20 Nature Mart, page 19 (continues through Saturday)	21 Canoe Family Meeting, page 11 Cedar Ornament Class, page 12
22	23	24	25	26 Thanksgiving Tribal Offices and Clinic closed	27 Tribal Offices Closed	28
29	30		Please note: The Jamestown Family Health Clinic is OPEN on the day after Thanksgiving Nov. 27th, and on Christmas Eve, Dec. 24th.			

Tribal Committee Meeting Schedule

T	Meeting Date/Time/Place	Contact/Phone
Community Network	Fourth Wednesday of January, April, July and October, 5:30 p.m., Social and Community Services Elders' Lounge	Candy Burkhardt 360-681-4625
Culture	Quarterly, 5 p.m., Social and Community Services Elders' Lounge	Vickie Carroll 360-681-4659
Elders	Call for date. Social and Community Services Elders' Lounge	Mary Snodgrass 360-681-4637
Enrollment	Call for information.	Jeremy Monson 360-681-4617
Health	Second Tuesday in January, April, July, October, 6:00 PM Jamestown Family Health Center Community Health Conference Room	Cindy Lowe 360- 582-4876
Higher Education	Call for date, 4:30 p.m., Social and Community Services Fish Bowl.	Kim Kettel 360-681-4626
Housing Improvement	First Monday of January, April, July and October at noon in the Elders' Lounge. If the first Monday falls on a holiday it is moved to the second Monday of the month.	Casey Thrush 360-681-3411
Natural Resources	Second Monday of each month, 4 p.m. Community Center Alderwood Room	Anika Kessler 360-681-4624

Announcements

Job Openings, Apply Online!

Project Assistant; Full-time with benefits (after 60 days) EDA (Economic Development Authority), Open until filled

Please visit www.jamestowntribe.org for full job description, to download an application and apply online.

Bookkeeper; Full-time with benefits

Economic Development Authority (EDA), Open until filled

Please visit <u>www.jamestowntribe.org</u> to complete an EDA application or pick-up an application at 257 Business

Park Loop, Carlsborg.

Happy Thanksgiving!! Elders Luncheon Friday, November 13 at Noon in Club Seven at 7 Cedars Casino

We will be honoring our veterans.

*Please be sure to bring a dessert with you. We rely on people to bring desserts to the luncheons. Food Bank, raffle and door prize donations are always welcome.

Meals for American Indian Elders and their spouses are free through the Jamestown S'Klallam Tribe Nutrition Program. Guests and staff are welcome to come and join the Elders for lunch for a donation of **\$7.50, a**nd all children for a donation of **\$4.00.**

MENU

TURKEY with DRESSING
MASHED POTATOES &
GRAVY
YAMS, CRANBERRY SAUCE
SWEET CORN, DINNER
ROLLS, BUTTER
FRESH FRUIT
TOSSED GREEN SALAD
*ELDERS DESSERTS

Deadlines for Jamestown Higher Education Scholarship Applications:

(for enrolled Tribal citizens)

Winter Quarter/Spring Semester ~ Nov. 15th
Spring Quarter ~ February 15th
Summer Term ~ April 15th
Fall Quarter /Fall Semester ~ June 15th

For information on Higher Education funding, contact Kim Kettel at 360-681-4626 or kkettel@jamestowntribe.org

Find Us on the Web

Websites:

- Tribal Government: <u>www.jamestowntribe.org</u>
- 7 Cedars Resort/Casino: <u>www.7cedarsresort.com</u>
- Tribal Library: http://library.jamestowntribe.org
- Tribal Online Museum: <u>www.tribalmuseum.jamestowntribe.org</u>
- Canoe Family: <u>www.jamestowncanoefamily.com</u>

Facebook Pages:

- Tribal Government: <u>www.facebook.com/JamestownSKlallamTribe</u>
- Tribal Library: www.facebook.com/pages/Jamestown-S'Klallam-Library/4689834031
- Wellness Program/Health Department: https://www.facebook.com/JamestownHealthandWellness
- S'Klallam Warriors (Mud Run): https://www.facebook.com/SKlallamWarriors
- S'Klallam Tribal Events and Announcements: https://www.facebook.com/groups/sklallam.events.announcements/

YouTube Channel: Tribal Library: http://www.youtube.com/user/jstlibrary

Announcements

Nəxwsåayə'm Song and Dance Wed. November 18th

5:30 p.m. Red Cedar Hall



Main dish provided; please bring a side dish, dessert or beverage to share.

For additional details, contact Melissa Smith at

msmith@jamestowntribe.org or 360-582-4872

9th Annual Holiday Nature Mart Fri. & Sat., Nov. 20 & 21 10 a.m. to 4:00 p.m.

Dungeness River Audubon Center
at Railroad Bridge Park
2151 W. Hendrickson Road, Sequim
Handcrafted Gifts & more!
Raffle: Custom-knit Child's Sweater
Wreath Making, Table Arrangements,
Homemade Baked Goods,
Holiday Photo ops
Support River Center Education Programs

Jamestown Family Health Clinic
in cooperation with
Olympic Medical Cancer Center
will be offering
*FREE

Lung Cancer prevention and screenings

*for Medicare Qualified Patients
Saturday November 14, 2015
10:00am—2:00pm
At the Jamestown Family
Health Clinic
808 N 5th Ave
Sequim, WA 98382
~No Appointment Necessary~



6th Annual Jamestown Holiday Craft Fair

Saturday, November 7th 9 a.m. -4 p.m.



30 vendors (including 4 Tribal citizens and several staff members) selling their handmade wares, plus bake sale and raffle to benefit the Tribal Food Bank.

Come do your holiday shopping in Red Cedar Hall!

This has become a well-respected annual fair, anticipated by many local shoppers who tell us that it is one of the best in the area. Join us!



SAVE THE DATE FEBRUARY 13, 2016

Celebration of the 35th Anniversary of the Jamestown S'Klallam Tribe's Federal Recognition on

February 10, 1981. Look for more details in the January and February newsletters!

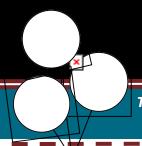
Elders Chair Exercise

Every Tuesday from 2—3 p.m. Jamestown Family Health Center, upstairs workout room

Open to Jamestown citizens and descendants 55 and older

For more information contact Elders Coordinator Mary Snodgrass at msnodgrass@jamestowntribe.org or 360-681-4637





Happy Birthday!

Tribal Council sends birthday wishes to these

Tribal citizens this month!

	/1\		
1	Richard Reuter	13	Jesse Prince
2	Dena Hill	15	Khia Grinnell
3	Charlotte Fitzgerald	15	Phillip Harner
3	Robert Decoteau	16	Eugene Becker
4	Carol Martindale	17	Jacqueline Vekich
4	Denise Ulowetz	17	Lana Kerr
4	Mackenzie Grinnell	17	Lisa Wylie
5	Harold Hensley	19	Taylor Hensley
5	Heather Obermiller	21	Brandyn Patzer
6	Toni O'Connell	21	Frank Hernandez
7	Daniel Hall	22	Jason Hutsell
7	Gloria Smith	22	Nicholas Fryett
7	Sally Hopkins	23	Jeffrey Hall
7	Susan Riordan	24	Makenna Hensley
9	Lisa Emperado	25	James Lapointe
10	Christopher Piltz	25	Jordan Dechenne
10	James McDonald	25	Kissendrah Johnson
10	Steven Rowling	26	Margaret Adams
11	Alice McCauley	27	Barbara Shearer
11	James Qualls	27	Patrick Maher
11	Karolyn Bartman	27	Walter Norton
11	Kurt Grinnell	28	Raymond Lounsbury
11	Walter Kemp	29	Darcel Shearer
12	Antoinette Sigle	30	Morgan Allen
13	Dawson Cope		
WICKSHIP		5 (-) (1) (1) (1) (1) (1) (1) (1) (1) (1) (1	

Want to read our newsletter online?

Scan this QR code (or visit www.jamestowntribe.org)



Jamestown S'Klallam Tribal Council

W. Ron Allen, Chair, <u>rallen@jamestowntribe.org</u>, 360-681-4621 Liz Mueller, Vice-Chair, <u>lmueller@jamestowntribe.org</u>, 360-808-3103 Theresa R. Lehman, <u>lehman1949@hotmail.com</u>, 360-457-5772 Heather Johnson-Jock, <u>heatherjohnsonjock@yahoo.com</u>, 253-862-8840 Kurt Grinnell, k_grinnell@msn.com, 360-461-1229

Tribal Administration: 360-683-1109

Toll free: 1-800-262-6603 www.jamestowntribe.org

7 Cedars Casino: 360-683-7777

www.7cedarsresort.com
Toll Free: 1-800-4LUCKY7

Carlsborg Self Storage: 360-681-3536

<u>www.carlsborgministorage.com</u>
Casino Gift Shop/Gallery: 360-681-6728

Double Eagle Restaurant/Stymie's Lounge:

Dungeness River Center: 360-681-4076

<u>www.dungenessrivercenter.org</u> Economic Development Authority:

360-683-2025

360-683-3331

Jamestown Dental Clinic: 360-681-3400 Jamestown Excavating: 360-683-4586

Jamestown Family Health Clinic:

360-683-5900

Jamestown Networks: 360-683-2025 Jamestown Fireworks: 360-683-5375

Longhouse Market and Deli: 360-681-7777 Mobilisa Enterprise Wireless 360-683-2025

Newsletter Editor: 360-681-3410

Northwest Native Expressions Gallery:

360-681-4640

www.NorthwestNativeExpressions.com

The Cedars at Dungeness Golf Course:

1-800-447-6826

Tribal Library: 360-681-4632

http://library.jamestowntribe.org

Tribal Digital Archives Online

www.tribalmuseum.jamestowntribe.org

Tribal Gaming Agency: 360-681-6702

The Jamestown S'Klallam Tribal Newsletter is published monthly. Please submit news, informational items and Letters to the Editor by email to Betty Oppenheimer at boppenheimer@jamestowntribe.org, or by U.S. mail to the address below or call her at 360-681-3410.

The deadline for submissions to be included in the following month's issue is the 15th day of the current month.

CHANGES OF ADDRESS:

Tribal Citizens: Please send changes of address to Jeremy Monson at jmonson@jamestowntribe.org.

Other newsletter recipients: Please send changes of address to Betty Oppenheimer at boppenheimer@jamestowntribe.org

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On the cover: Sketch of the Healing Pole, by Dale Faulstich. Carved pole located at Jamestown Family Health Center.