Meet Our New Chief Operations Officer
Jessica Payne

Starting October 1, Jessica Payne will replace Annette Nesse as the Tribe’s Chief Operations Officer. Payne has worked for the Tribe since 2002, when she was the Tribe’s Elder Caregiver Case Manager during her internship for her Master’s degree in Social Work from the University of Washington. In 2004 she was hired on permanently as the Community Services Administrator, working under Bill Riley in the Health and Social Services Department. She worked there until 2010, when the department was split into the Health Services Department (led by Riley), and the Social and Community Services Department, where she was promoted to Director. In 2014, when Government Policy Liaison Liz Mueller retired, Payne transferred into that position under the Office of the Chief Executive Officer, Ron Allen.

“Jessica’s extensive and complimentary experience and expertise will be a seamless transition to the COO role and I am confident will continue the essential administrative leadership for the Tribe’s next chapter of growth extending our operational excellence,” said Allen.

In her new role, Payne is responsible for providing the leadership, management and vision necessary to ensure that the Tribe has the proper operational controls, administrative

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Improving Opioid Management at Jamestown Family Health Clinic

Jamestown Family Health Clinic (JFHC) was the first facility in the Olympic Community of Health (Clallam, Jefferson, and Kitsap counties) chosen to learn the Six Building Blocks team-based approach to improving opioid management in primary care, designed by professionals at the University of Washington. Implementation of this 18-month program began at JFHC in June 2018 with a kick-off event for medical providers. Jamestown is known for being innovative, and that’s why we were chosen,” said medical assistant Holly Joyce, who is the project manager for this program.

The program approaches opioid addiction holistically, both within the clinic and in the delivery of patient care. It is a known fact that four out of five heroin users abused prescription opioids prior to using heroin – most of them for chronic pain - so reducing the amount of available opioids is an important facet of solving the problem of opioid addiction. Clallam County has one of the highest overdose death rates in the state, and far too many prescriptions being written – in 2016, nearly 120 opioid prescriptions for every 100 people!

In 2010, the Washington State Legislature passed one of the first laws in the country mandating protocols for prescribing these drugs, and for weaning addicts off them. In 2013, the Centers for Disease Control passed similar national guidelines. Jamestown management chose to wholeheartedly embrace the new guidelines, enhancing their Pain Management Clinic and forming a Chronic Pain Committee that adopted internal guidelines for opioids based on the State law, the Centers for Disease Control, and the Washington State Agency of Medical Directors Group guidelines.

With the new guidelines, many other medical offices and clinics chose instead to stop treating patients with chronic pain. Jamestown Family Health Clinic became acutely aware of a problem when new patients began registering, and it became clear that their only reason for seeking care was to obtain prescriptions. Since 2016, the clinic has been recommending the use of non-opioid pain relievers, and help addicts move into recovery.

The new 6BB program takes this approach further. The six building blocks are:

1. Demonstrate leadership support and build organization-wide consensus to prioritize more selective and cautious opioid prescribing;
2. Revise, align and implement clinic policies, patient agreements, and workflows for health care team members to improve opioid prescribing and care of chronic pain patients;
3. Implement pro-active population management before, during, and between clinic visits of all patients on chronic opioid therapy;
4. Prepare and plan for the clinic visits of all patients on chronic opioid therapy. Support patient-centered, empathic communications for care of patients on chronic opioid therapy;

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Participating in the Canoe Journey
By Chumahan Bowen (Reyes)

No one can deny the salty summons of the Pacific Northwest with its grey waters, sandbars, shrouded bluffs and mountains laid out like streaks from a ghost brush. This is doubly true for attorneys sweating it out in Orange County amongst the sun-caked malls and hellish highways. Lately, when I squint across office parking lots struggling to remember where I parked, I feel like I have also forgotten my Indian past. I chose to pick up the paddle to remember where I came from. Besides, my elders were doing it. My Aunt Sherry and the Macgregors: Scott, Kathy, and Whe-Whe took to the waves on previous canoe journeys. I got my dry bag, practiced never calling the canoe a “boat,” and grabbed a flight to the Northwest.

“Connection” made extra special this year because the Canoe Journey ended at the Puyallup Indian Reservation where I grew up. My dad was their attorney. So my Indian Journey began in Puyallup where this year’s canoe journey ended—full circle as they say. Out-of-town people like me take a week-long crash course in canoeing. The Canoe launches out of John Wayne Marina. That kind of irony is as thick as Tamanowas Rock: an actor made famous for anti-Indian movies and we are preserving Indian heritage at his Marina. He is gone now but we are still here. During practice week we ate sea beans, marveled at eagles, got sore shoulders, and broke a cold-water training. We were ready.

Once the Jamestown S’Klallams met the other tribes at Cline Spit and gave permission to land, the festivities took off. We threw quite a party where all the different tribes ate, laughed and danced together. For a moment, I wondered what it would have been like if the white man hadn’t come.

On the journey there were oysters, bagels, salmon, power bars, Sonny’s clam chowder, vegan sandwiches, and buffalo. At Suquamish, we joined in the challenge song and I did the warrior dance. At Port Gamble, all the canoes paraded in a glorious line before landing. The Jamestown S’Klallam canoe is the heaviest. The Navy and Marines needed double the men to pick up our canoe. Watching that heavy wood canoe strain their backs reminded me of the S’Klallam story about how we got the name the “strong people.”

The love in the canoe grew and deepened like tree roots. We sang S’Klallam songs, splashed each other, and told stories. We paddled together, laughed together, cried together and got sunburnt together. All my life I have tried to imagine what the world would be like if the Indians had won the wars. It’s hard to imagine with cellphones, drones and Netflix shows around every corner. Yet, when I climb the beach from a canoe through smoke billowing off a mountain of baking crab and clams with the sun setting behind me I can almost see that world. I will come back because maybe someday I won’t have to imagine a world where Indian ways aren’t things to remember but things you do.
Johanna Bartee, a former investment banker, commercial loan officer, and project manager with a background in technology solutions servicing government clients, has been hired by Jamestown S’Klallam Tribe’s Economic Development Authority as Executive Director for the new Native Community Development Financial Institution (NCDFI).

“A Community Development Financial Institution is a financial intermediary that provides credit and financial services to underserved markets and populations,” explained Bartee. The Native CDFI’s purpose will be to promote economic vitalization and community development, supporting the Tribe’s economic development strategy by creating and supporting business opportunities that benefit the Jamestown people as well as the Olympic Peninsula as a whole.

Incentive for investing locally increased recently when the Governor announced that a large part of the Olympic Peninsula is eligible for Opportunity Zone investment.

“Certain census tracts of low-to-median income people qualify for special tax advantages to individuals who invest in them,” explained Bartee, making our area more enticing a place for investors. Johanna is responsible for establishing and developing the Tribe’s Native CDFI. The first step in the formation of the NDCFI is to gain clarity with the EDA Board and Tribal Council about precisely what form they would like it to take. Then, Bartee will fill out the appropriate applications to become certified by U.S. Department of Treasury, which will make the NCDFI eligible for various avenues of funding.

Working as an intermediary between investors and businesses opportunities, the NCDFI may have access not only to federal grant funds, but also to investment capital, including Community Reinvestment Act funding, which urges commercial banks to invest within the local communities where their customers hold bank accounts. Bartee is in the process of establishing a relationship with personnel at all of our local banks.

Bartee has more than fourteen years of professional experience in project management, investment banking, and most recently institutional banking. Her banking career focus has been serving non-banking financial institutions, such as broker dealers, insurance companies, registered independent advisors, hedge funds, and private equity firms, with alternative asset lending products and high value commercial loan requests.

Johanna is originally from the area, having grown up in Sequim and graduated from Port Angeles High School. She completed her undergraduate studies at the University of Washington in Seattle and Stockholm University in Sweden, and holds a Master of Business Administration from Columbia University in New York City. She will work closely with the EDA Board, comprised of Tribal citizens Jack Grinnell (chair), Matthew C. Adams (secretary/treasurer), Celeste Dybeck, Louis Kardonsky and LaTrisha Suggs.

For more information on the NCDFI, please contact Johanna Bartee at jbartee@jamestowntribe.org or 360-681-4650.
New Staff You Should Know

Amber Almond is the Tribe’s new receptionist, sitting at the front desk of the Administration Building in Blyn. Amber is the daughter of Indian Child Welfare Case Manager Tanya Pankowski. She attended the Tribe’s Summer Youth and Teen Career programs. In fact, one summer she worked at the front desk. She is a 2015 Port Angeles High School graduate, and comes from the Menomonee Tribe. She had been working in the food service industry for the past 3 years – first as a busser at 7 Cedars Casino, and then as a server at New Day Eatery in Port Angeles. She was looking for a job with the Tribe to move her career forward, and is thrilled to be here. Amber replaces Anika Kessler, who transferred into the Tribe’s Accounting department. Reach Amber by calling 1-800-262-6603 or 360-683-1109 or emailing aalmond@jamestowntribe.org.

Kayla Holden is the new Social and Community Services Administrative Assistant. Kayla recently completed an internship with the Forest Service. “It was a great learning experience for me which also gave me a great reference and needed skills that I can apply to my new job here with the Tribe. I have always wanted to work for the Tribe and I am so excited and grateful and blessed to have been chosen for this job so that I can help my people and serve my Tribe. I am so thankful that I am now here where I have always wanted to be. I love my culture, traditions, spirituality, and I hope I can make an impact and be a leader. I know my help is needed and I am so happy to be of any help to anyone who needs it! Kayla is a Tribal citizen from the Prince family. Reach Kayla by calling 1-360-681-4617 or kholden@jamestowntribe.org.

Fire Destroys Golf Carts and Storage Building

Cedars at Dungeness staff estimate about 50 golf carts and other equipment were lost on Sunday, Sept. 16 in an early morning fire. No injuries were reported. The fire fully engulfed the 24 x 100-foot storage building and destroyed all of its contents. A fire in February that destroyed several golf carts was deemed to have been electrical in nature. The carts and the building were covered by insurance, and will be replaced, said Bill Shea, Director of Golf and General Manager of The Cedars. September is a busy month at The Cedars, but local golf courses are helping with the course’s cart needs. Sequim’s SkyRidge Golf Course and Peninsula Golf Club in Port Angeles are loaning a few carts each, he said, and Gold Mountain Golf Club in Bremerton is renting The Cedars about 30 carts to get them through the fall.
Greetings Tribal Citizens! This month I write to update you on the changing of the guard for our Tribal Administration. In November, Annette Nesse is shifting out of her Chief Operations Officer (COO) after 23 ½ years as COO/Director of Administration, and 4 additional years prior to that. She will now transition into a part-time position overseeing our Transportation program and projects.

Many may not know that Annette has provided excellent leadership overseeing a number of our programs including the day-to-day operations such as maintenance of our facilities and properties including the north and south campus straddling Highway 101. In addition, Annette has had oversight responsibilities for our Housing and HIP program, Transportation, Information Services (IT), Human Resources (HR) and has represented our Tribe on a number of local committees. She recruited an experienced Maintenance Supervisor who complemented this program. Annette also recruited an experienced supervisor to oversee our Tribal construction projects. Both have made a huge difference in the stewardship of our properties and maintaining them.

One of her roles included being the Chair of our Executive Committee made up of all the program Directors. These are monthly meetings to review projects, policy changes and keep each of the Directors informed about the activities of each department. The 7 Cedars Resort & Casino participates in this forum as well. Annette can take credit for many governmental growth developments including the establishment of the current Human Resource department and the Information Services (IT) department that provides the oversight of the data and computer support services. Both of these programs have excelled under their new leadership to fully support the staff regarding hiring, personnel benefits and technical support.

Another of Annette’s achievements was her persistence in applying successfully for public transportation grants for our staff and citizens desiring to get to our Tribal campus on public transportation. As many know we have augmented bus service and built bus stops on both sides of Highway 101 and on the Tribal north campus. These bus stops now include 7 Cedars Casino. Annette has also been responsible for obtaining funding and overseeing construction of the Olympic Discovery Trail through Blyn.

As I reflect back over Annette’s long tenure with our Tribe and think of her many professional qualities and characteristics, I can easily say one of them is her dependability. Day in and day out, she was always mindful of a safe and healthy work environment. If we had storms or snow falls, we could count on her updates to determine if the roads were safe to get to work.

The COO position will be filled in by Jessica Payne, who has been with the Tribe for over 16 years, as a former Director of the Social and Community Services department, and as an Associate Government and Policy Associate. Jessica brings to this position a broad understanding of our Tribe’s mission and goals, as along with exceptional skills.

Jessica has been an active participant in the Self-Governance, National Congress of American Indians (NCAI), Affiliated Tribes of Northwest Indians (ATNI), as well as tracking the developments of our fisheries and gaming programs. Working with me, she has developed an extensive understanding of the complex health care industry, our clinics, while keeping apprised of the Tribe’s business ventures. Over the years, she has provided leadership and advice for Liz Mueller regarding the State’s Department of Social and Health Services. She knows the State legislative and executive forums well.

I have great confidence in Jessica stepping in to accept this new role and its responsibilities. Fortunately, we are not saying good bye yet to Annette, but I want to encourage those of you who see her around the campus to raise your hands and say thank you for so many years of dedicated service to our community.

The good news is we have been so successful in recruiting and retaining such quality staff, our government and
We Remember: Ruby Ellen (Twiggs) Wise
Aug 16, 1925 – Sep 1, 2018

Madeline Hilda (Bishop) Twiggs on August 16, 1925. She and younger brother Richard grew up on Chimacum Creek near Ness’s Corner and attended Chimacum schools. Her parents met when their families lived on neighboring farms in the Chimacum Valley. Ruby grew up with many Bishop relatives in her life, but had a special relationship with her grandparents Charles & Ellen (Porter) Twiggs and some of her father’s siblings. After graduating from Chimacum High School in 1943, for next three years she lived in downtown Seattle while attending business college and doing office work. In the summer of 1946 she was hired in the office of the Port Townsend Crown Zellerbach paper mill and returned to live with her mother near Port Townsend. In September she met her future husband William Wise, a Merchant Marine buddy of her brother, whom Richard had invited north to wait out a labor strike that had stranded them in San Francisco.

Bill and Ruby married on June 17, 1950, and moved into the house they were building along the highway south of Port Townsend, and in which they raised their family and lived the remainder of their lives. Ruby became a fulltime homemaker as her five children came along between late 1954 and early 1961. In addition to the active role Ruby played in the education and activities of her children, she and Bill were very involved with Odd Fellows organizations, initially with the lodge in Port Townsend and then as founding members of the Chimacum lodge.

They enjoyed a decade of retired life together until Bill died of cancer in December 1994. Ruby continued an active life with her children and grandchildren, lodge and Tribal activities, and fun times with friends. A year ago her health rendered her homebound, but until then she was determined to attend the Crown Z Retirees Luncheon and the Chimacum Alumni Banquet every year, and Odd Fellows Bingo twice a week.

A lasting legacy will be her contribution to the historical records of her parents’ and husband’s families. With the camera she was given at age 13 and the 35mm one she bought in 1952, she and Bill created a large collection of family photos. Her remarkable memory for dates, scenes, and faces provided the stories now accompanying those images in their digital form, as many of them are now being shared and reshared online to the delight of relatives young and old.

Ruby is survived by her children Ronald Wise (David Roscoe) of Port Townsend, Sunie Wise of Bothell, Thomas Wise of Port Townsend, Orville Wise (Tina Tanuvasa) of Port Ludlow, and Laurie Wise of Port Townsend; her brother and neighbor Richard Twiggs, and four grandchildren.

The family would like to thank Jamestown S’Klallam Home Health Services for their assistance, especially for the over eleven years of care and friendship from Darlene Taylor. We are also grateful to the staff of Jefferson Healthcare Home Health & Hospice for the compassionate care and support they provided Ruby and her family over the past year.

(Chairman’s Message, continued from page 6)

operations will not miss a beat to advance our goals.
Please do not hesitate to call any of the Council members or me at (360) 681-4621 or e-mail me at rallen@jamestowntribe.org if you have any questions.

God bless,

W. Ron Allen
Introducing Jamestown’s new Welcome Group

Because the housing market is so tight (less than 2% vacancy in Clallam and Jefferson Counties) and jobs can be limited in certain fields, moving to the Tribal Service Area takes planning and preparation. Even our Tribal Housing has a waiting list. So planning and preparing for a move here is essential.

After you’ve done the planning and preparing to relocate to the Tribe’s Service Area, the ʔənʔá ʔi č̕ə́yəxʷ Welcome Group is waiting to greet Tribal citizens so that every citizen feels extra welcome when they move into the area.

The Welcome Group is an all-volunteer group of Tribal citizens, descendants, and staff. Our purpose is to provide citizens who move into the area with a personal connection to the Tribe and the community. After giving permission to be contacted, each new arrival will be contacted by a sčáʔčaʔ (friend) from the Welcome Group who will gift new arrivals with a Welcome Basket, a Tribal Campus Tour, and provide information on the local community.

The Welcome Basket contains goodies like handwoven cedar items, traditional teas and salves, plus loads of information on Tribal and local programs and services.

To request a Welcome Basket, Tribal citizens moving (or returning) to the Service Area should contact Enrollment Officer Melissa Smith-Brady at 360-681-4625 or msmith@jamestowntribe.org or Human Resources Assistant Alaina Morgan at 360-681-5789 or jsthhrssistant@jamestowntribe.org (who can also help you to identify work opportunities!). To learn more about Tribal housing please contact Housing Programs Manager Casey Thrush at 360-681-3411 or cthrush@jamestowntribe.org.
Robin Arnold-Williams, D.S.W., 61, died October 29, 2017, in Durango, Colorado. Arnold-Williams served in the cabinet of WA Governor Christine Gregoire as the Secretary of the Department of Social and Health Services, where she worked with Jamestown Tribal Council Chair Liz Mueller. About 150 people joined in a celebration of the life of former DSHS Secretary Robin Arnold-Williams. Mueller was asked to speak at her memorial service.

Prior to that event, and the planting of a tree in her memory, Liz Mueller, and Marilyn Scott (Upper Skagit Tribe) dedicated a bench placed on the fourth floor of Washington State Office Building 2 in Olympia, to honor Robin’s work with Native American tribes.

According to her obituary, throughout her career Robin was dedicated to making a positive difference in the lives of persons with special needs and disadvantaged persons. She found special pleasure in working with the Native American Tribes of Utah and Washington.

Marilyn Scott, Upper Skagit Tribe, John Williams (husband of Robin), Liz Mueller, Jamestown S’Klallam Tribe, former Gov. Christine Gregoire, former Secretary of Health Mary Selecky, DSHS Secretary Cheryl Strange. All spoke at the memorial with the exception of her husband.

John Williams, husband of the deceased, planted a tree in her honor. A Tribal blessing was offered at the site just outside DSHS headquarters.
Since 2010, the Tribe has sponsored a Holiday Craft Fair on the first Saturday of November, in Red Cedar Hall. The initial impetus for the fair was two-fold: first, to raise some funds for unforeseen or unfunded needs identified by Tribal staff on behalf of Tribal citizens, and second, to provide a new venue for the many craftspeople on the North Olympic Peninsula who were looking for sales opportunities.

The Tribe charges a table fee to each vendor, and asks each to provide two things – one baked item for our bake sale, and one handmade item from their inventory for our raffles. The combined income from the table fees, baked goods and raffle ticket sales funds the advertising needed to bring in customers, and leave about $2,000 in profit each year, which is donated to the Tribal budget. For the first several years, the money was donated to the Tribal Food Bank. Since then, the funds have been used to benefit the Tribe’s Children’s program, which extends into many program areas.

Volunteer staff and Tribal citizens and descendants help with baked goods and raffle ticket sales, in 2-hour shifts. If you would like to volunteer, please contact Betty Oppenheimer at 360-681-3410 or boppenheimer@jamestowntribe.org.

While the initial hope was that many Native vendors would want to sell their wares in our fair, over the years there have only been a handful of interested Native artists. Of the 35 tables, about 5 have been occupied by Native vendors. This year, to further promote this idea, we reduced the table fee for Native vendors to 50% of the normal fee ($25 vs. $50), but the ratio of Native to non-Native vendors remains the same.

Many people have told us that this fair is their favorite annual fair. Every table is filled with handmade items juried by the small committee who runs the fair, which includes Communications Specialist Betty Oppenheimer, Chief Operations Officer Annette Nesse, and Tribal Elder Cathy MacGregor. They look for a good mix of items, including jewelry, fiber arts (including locally-grown fiber, hand-spun yarn, knitted, crocheted and sewn items), photography and paper arts, basketry, and traditional Native items including dream catchers, flutes and beaded items.

Please join us on Saturday November 3rd between 9 a.m. and 4 p.m. at Red Cedar Hall to start your holiday shopping!
At the September 11th, 2018 meeting of Tribal Council, Samish Tribal Chair Tom Wooten made a presentation in favor of Washington Initiative 1631, urging the Tribe and all of its citizens to vote “yes” on this initiative in the November elections. If passed, this initiative would levy a fee on polluters to fund a comprehensive climate change policy in Washington State. It will generate nearly $1 billion per year by putting a $15 per metric ton pollution fee on large corporate polluters. The revenues would be legally mandated to be spent only on policies that directly address eliminating pollutants and preparing communities for the impacts of climate change. The initiative was co-authored by many of Washington State’s Tribes in a coalition with progressive institutions the Washington Environmental Council and The Nature Conservancy. Best policy, scientific, technical, legal and political minds then met to create the comprehensive climate change policy included in I-1631. The initiative was filed in March with the support of Governor Jay Inslee, and the campaign for its passage is being co-managed by the First American Project Political Action Committee, an alliance between Tribal leaders and community of color leaders co-founded by Quinault President Fawn Sharp and El Centro de la Raza Executive Director Estela Ortega.

How can you help?
- Vote “yes” on I-1631.
- Join the “Tribal Resistance” on Facebook for updates on the campaign at https://www.facebook.com/pg/TribalResistance/about/?ref=page_internal
- Email TheFirstAmericanProject@gmail.com to volunteer in your community.

Representatives from the Seattle office of the federal department of Housing and Urban Development, which has funded many Tribal projects, came to Blyn for in-person consultation with the Tribe. Tribal staff discussed the kinds of housing issues currently faced by the Tribe, and how HUD programs could assist. Shown above from left are Julie Kander, Director, Grants Evaluation Division; Iris Friday, Acting Administrator for the NW Region; Jeffrey McMorris, Regional Administrator, Tom Carney, Director of Grants Management; EDA Director Kyle Johnson; Health Services Director Brent Simcosky; Housing Program Manager Casey Thrush; Chief Operations Officer Annette Nesse; Environmental Program Manager Robert Knapp; Tribal Council Vice-Chair Liz Mueller; Loni Greninger, Deputy Director of Social and Community Services; Diane Gange, Chief Financial Officer; Planning Director Leanne Jenkins; and Lisa Stewart, HUD Special Projects and Technical Assistance Specialist.
Archaeological Site in Blyn

In August and early September, some of you may have noticed activity along the shore of Sequim Bay behind the new Veterans Memorial. Jamestown’s Tribal Historic Preservation Officer (THPO) David Brownell, assisted by Tribal Citizen Josh Carver (Johnson), was excavating a newly discovered archaeological site in preparation for the re-channeling of a small “no-name” creek. The site was discovered during early site-prep work and was immediately documented, assigned a site number (45CA778), and named the “Jamestown Picnic Site.”

The name is both a nod to the nearby modern Qwen Seyu Tribal picnic, and the nature of the site itself. Characterized by archaeologists as a “shell midden,” the site is essentially a series of traditional cooking pits and the associated remnants of cooked meals. The term “midden” is generally applied to any collection of human refuse, or garbage. In the days before plastics and aluminum, the majority of human refuse came in the form of food waste – at this site, this is evidenced by large amounts of marine shell, mammal bone, and fruit pits. Here these materials are found in the form of old cooking pits. In addition to evidence of food preparation and cooking, we also found artifacts associated with wood working including a nephrite adze and an antler wedge, used for splitting cedar boards.

Beyond telling us what S’Klallams were doing at this site, the artifacts found help us learn more about what the local environment was like at that time, and how it has changed since. One good example of this is looking at the various shellfish species documented, and how prevalent these species are in Sequim Bay today. Some species of clam like butter, horse, and cockle are still found in Sequim Bay, but in much lower numbers than what was found at the site. Other species like littleneck clams and Olympia oysters have almost disappeared from Sequim Bay entirely, until recent efforts by the Tribe to reestablish populations of these native species. Fish vertebrae are from both locally-available species including sculpin and flatfish, and species that would have been harvested out in the Straits, like dogfish. The majority of the bone found at this site was mammal bone, primarily of deer and seal, both very popular with S’Klallam hunters. Finally, a few pieces of bird bone, possibly from a species of duck, round out the “S’Klallam food pyramid” recorded at this site.

While all of the “dirty” work has been done in the field, the next step – analysis – is just as important. We will look at not just the species of animals utilized but also their size, and whether they exhibit signs of modification by human beings. Charcoal samples collected from hearths beneath the cook pits will be sent for radiocarbon dates. Finally, the lithic (stone) artifacts will be examined for functionality and cultural characteristics. We hope to present the results of this analysis to the Tribal community at a future General Citizenship Meeting.

Among the artifacts uncovered at the site was this nephrite adze blade. The leading edge is razor sharp.
5. Develop policies and resources to ensure that patients who develop opioid use disorder and/or who need mental/behavioral health resources are identified and provided with appropriate care, either in the care setting or by outside referral; and

6. Continuously monitor progress and improve with experience.

JFHC has nearly completed building blocks 2 and 3. “This involves identifying all of our patients who have been taking opioids for more than 6 months for non-cancer related diagnosis,” Joyce states. “It can be difficult to identify all of these long-term opioid users if they have been seen at our clinic for different issues, but we are gathering data and establishing workflows,” she added.

Each patient’s primary care provider handles their care, but if it is clear that their case is “complex,” they are referred to Physician Assistant Tom Rambow, a provider who specializes in pain management. Rambow’s opioid quality improvement team includes a nurse, a medical assistant, a clinical social worker and a pharmacist to provide a holistic approach to getting the patient off opioids while still addressing any chronic pain issues. It is a frank, two-way conversation between the patient and the providers, in which the patient must accept the idea that prescriptions will no longer be forthcoming, but that an entire program to help them learn to live without the drugs will be made available to them. The team also has access to many UW resources, including monthly webinars and “TelePain” calls where they can discuss specific cases with the UW team of experts, and even a Pain and Opioid Hotline.

The goal of this program is to reduce long-term opioid use among the clinic’s 17,000 patients by working with those who are currently dependent on the drugs, and immediately identifying and treating any new patients who are addicted. While the clinic is involved in the UW 6BB program for the 18-month study period, it is expected that the program will continue, though it is hoped that the number of cases will decrease with this proactive approach.

“I’m very proud that the Olympic Community of Health and the UW 6BB program chose Jamestown as their first primary care clinic. It is because of our strong medical leadership and professional staff that we were chosen to begin the process that will eventually include other clinics throughout Washington. We are helping to establish the ground floor in the very important area of opioid disorders and pain management,” said Brent Simcosky, Jamestown Director of Health Services.
During the last weekend in čən̕t̕áqaʔ, the yəhúmact Traditional Foods and Culture Program set up our first “village” in Ocean City Campground near Ocean Shores. Our intent was to bring citizens together to gather, share stories, meet new people, share traditional foods, and harvest items in a traditional manner. Historically, Tribal wellness has been linked to social interaction, which was commonplace one hundred fifty years ago. Thirty Jamestown Tribal citizens/descendants and citizens of other Tribes signed up for the trip, but in the end we had sixteen participants. The TFP – Traditional Foods Program Intern, Mack Grinnell and I loaded the bus with our tents, canopies, ice chests, stoves, pots and pans and picked up our sweetgrass guide and basket weaving teacher Cathy MacGregor. We also welcomed Charlene Dick, and then headed to Poulsbo to pick up Tribal Elder Marg DeFord. At the same time Jamestown’s Elders Program Coordinator Jeremy Monson loaded up his bus with Florence Monson, Sheila Strong, Margaret Adams, Michael Lowe, Delores Cable and her husband Joel and they began their journey.

Three-plus hours later we reach our campsite and our group was greeted by a campfire started by Tribal citizen Walter Reyes and his wife Koko who traveled up from Oregon, and by Anika (Port Gamble) and Gabe Kessler from Sequim. We immediately set up camp starting with our canopy tent (since it had been drizzling the entire way) and ending with our massive eight-woman outfitter tent. It was a huge undertaking made light by laughter and camaraderie. Once camp was set up, Cathy started in on the sweetgrass weaving project with the group while I started preparing dinner, which included traditional foods of bear and seaweed. Berries were gathered throughout the campsite as a snack. A short time later, Jeremy’s group joined the camping group and some joined in on the sweetgrass weaving. When everyone had just about finished weaving their bottles with sweetgrass and our stomachs were full from bear, Jeremy’s group headed to their hotel and we said our goodbyes to Walter and Koko who had plans the following morning back in Oregon. Before heading to our cots, we had s’mores (thanks to Anika & Gabe), and we brought out our drums and sang a few songs. It was a peaceful way to end the evening.

Thanks to Vickie Carroll, who lent us the huge Canoe Family camp stove coffee pot, the campers awoke to coffee and breakfast the following morning. We then headed to Grays Harbor Refuge where Jeremy and the Elders joined us and we began to gather sweetgrass.

In just over an hour we were able to gather our fill of sweetgrass which would be taken home, washed and laid out to dry. I was touched when Mack took his bag of sweetgrass onto the Elders’ bus and handed it out to the Elders who were not able to make the trek down to the beach. His respect for Elders was much appreciated.

Jeremy and his group headed home and the campers returned to Ocean City to break down our camp.

Lesson learned: * Next year we will plan an additional day so we will have one day to relax and socialize. *I will provide cultural and historical information as to what S’Klallam villages were all about. * Recipes! *Possible ‘hands-on” demonstration in traditional food preparation.

häʔnəŋ cn – thank you to all the helping hands. A sweetgrass village date has been selected for next year and will be on the 2019 Tribal calendar.
Calendar Cooks

After taking July off from Calendar Cooks I was looking forward to seeing everyone again. It was a small group of eleven, but that meant there was more of Vicki Wallner’s (Chubby) smoked salmon chowder and crab! I made several pots of “lung tea” to help those who were suffering the effects of all the smoke from the forest fires, but everyone tried some since it tasted good! We welcomed newcomer Marg DeFord (Anderson) by making her and Jill Mauer cook the fry bread and Theresa Lehman’s (Cook/Kardonsky) yéʔx̣əm – evergreen huckleberry fritter recipe from August on the Tribal calendar. Mel Melmed brought a quinoa side dish and Julie Prince, who never takes a break from cooking for these dinners, brought a sq̕ʷəyáyŋxʷ - blackberry crisp. The meal was rounded out with a salad including the yéʔx̣əm/ŋə́c̕iʔnəč – evergreen huckleberry/blueberry balsamic dressing recipe from June.

While the meal preparations were underway, Mack took a group out to harvest the now seven foot high sčx̣áyč- stinging nettles in my back field, and after dinner I demonstrated how to process the sčx̣áyč. The fibers were traditionally used to make cordage for fishing and duck nets. We will make cordage at a future Calendar Cooks dinner.

A video on how to process sčx̣áyč for cordage is on the “Jamestown Yəhúməct Traditional Foods & Culture Program” Facebook page.

Upcoming Events for sxʷúpré – old salmon – October

October Calendar Cooks

It’s Fall and hunting season! Jamestown’s designated hunter, Lori DeLorm, will be preparing game stew. The Calendar Cooks will be co-hosting October’s gathering with Jamestown’s language class. Please RSVP no later than October 5th to Lisa Barrell, or access the TeamReach app, with the title Calendar Cooks, and group code Jstcooks if you would like to join in on the October meal.

When: October 11th Time: 5:30 pm Where: Red Cedar Hall

Devil’s Club Harvesting

The Elders Program and the yəhúməct Traditional Foods and Culture Program are once again collaborating and we will be going on a púʔqʷɬč Devil’s club gathering venture. púʔqʷɬč is used for both physical and spiritual medicine. After harvesting, we will prepare the č̕ə́yiʔ- bark for future use in the preparation of salve for aches and pain and another for soothing the discomfort associated with eczema. Lunch will be provided. If you are unable to physically stomp around in the woods and pull up roots, we will have chairs for those who would like to take part in the processing. Contact Jeremy Monson jmonson@jamestowntribe.org or 360-681-4637 or Lisa Barrell lbarrell@jamestowntribe.org or 360-681-3418.

Date: October 13th Time: 10:30 a.m. Where: Social and Community Services lower parking lot.

What to bring: boots, gloves and if you have long handled pruners, pruners or a potato peelers please bring them.

Keep November 17th open for a day to celebrate Native American Heritage month. We are considering a movie night with stick games to follow… and you can’t celebrate without food!

What’s In Season? púʔqʷɬč - Devil’s Club, ʔápələs-apples, páas-pears, walnuts, rosehips, páʔq̕ɬč-maple water for syrup

Lung Tea Recipe

2 parts Mullein, Horsetail. 1 part rosehips, mint. ½ part licorice root, sage leaf. Per herbalist and native food specialist Elise Krohn, this tea is useful for asthma or general lung weakness including lingering coughs that will not clear. Use 1 T per cup and steep up to 20 minutes. Drink 2-3 cups of tea per day. Warning: licorice root may interfere with blood thinning or high blood pressure medication if taken for a prolonged period.
**Library Corner**

**Featured book**

*Indians, Fire, and the Land in the Pacific Northwest* by Robert Boyd

This volume offers an interdisciplinary approach to one of the most important issues concerning Native Americans and their relationship to the land. During more than 10,000 years of occupation, Native Americans in the Northwest learned the intricacies of their local environments and how to use fire to create desired effects, mostly in the quest for food. Drawing on historical journals, Native American informants, and botanical and forestry studies, the contributors to this book describe local patterns of fire use in eight ecoregions, representing all parts of the native Northwest, from Southwest Oregon to British Columbia and from Puget Sound to the northern Rockies. (*from the book jacket)*

**Klallam Language Classes Thursdays from 5:30-6:30 in the Alderwood Room** (adjacent to Red Cedar Hall).

**Klallam word/phrase of the month**

Klallam phrase of the month: qʷáyəx či hay! Be careful everyone! To hear this phrase go to [http://klallam.montler.net/Phrases/index.htm](http://klallam.montler.net/Phrases/index.htm) and click on # 83.

**Alphabet sounds practice**

q is similar to the sound at the beginning of the English word "call", but the back of the tongue is touching farther back.

q̕ is ejective. It is like q but ejected out of the mouth with a strong pop. These sounds are all produced with the tongue pulled extremely far back in the mouth.

**Jamestown Reads Book Club – October**

*The Lemon Tree: An Arab, a Jew, and the Heart of the Middle East* by Sandy Tolan

(Not a book kit; readers will need to find their own copies. NOLS has one hard copy and one ebook.)

**Date:** October 17, 2018  
**Time:** 5:15 pm  
**Location:** The Paradise Restaurant, 703 N. Sequim Ave.

**Upcoming Book Clubs Reads:**

**November:** *All the Light We Cannot See* by Anthony Doerr  
**December:** No meeting  
**January:** *Reading Lolita in Tehran* by Azar Nafisi

Library: 360-681-4632  
Librarian Bonnie Roos: 360-582-5783  
Library Assistant Jan Jacobson: 360-681-4614  
Library Assistant Gloria Smith: 360-681-3416

Visit the Tribal Library at 1070 Old Blyn Highway in Heron Hall; Open M-F 9 -5, Sat. 9 -4  
Website: [http://library.jamestowntribe.org](http://library.jamestowntribe.org)
**Newsbank Database Available**

Thanks to the Washington State Library, a division of the Office of the Secretary of State, in cooperation with NewsBank, Inc., the Jamestown Tribal Library now has access to the Access World News Research Collection. Students, faculty, and public library patrons can search any topic and research any subject – globally, nationally, regionally, across the state and locally – with the most comprehensive news product NewsBank offers. Comprising over 11,000 news sources from around the world, this collection features 134 sources from Washington State alone, plus content from all 50 U.S. states, and over 170 countries and regions. The vast majority of sources are in English but at least 10 other languages are represented.

Through one seamless search experience, end users can also browse and search The Seattle Times Integrated Solution (1985 – present), consisting of full-color newspaper pages, individual full-text articles and content only published online. Access also includes NewsBank’s Special Reports, Hot Topics, and America’s News Magazines.

Access to this collection is available to Washington’s nonprofit public, academic, CTC (Community & Technical College), and public school libraries from September 1, 2018 through December 31, 2019. The cost for this content access is underwritten by the Washington State Library, using federal LSTA (Library Services and Technology Act) funds made available by IMLS (the Institute of Museum and Library Services).”


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**New Books**

- **All That We Say is Ours: Guujaaw and the Reawakening of the Haida Nation** by Ian Gill
- **Facing East from Indian Country: A Native History of Early America** by Daniel Richter
- **First Nations of British Columbia: an Anthropological Overview** by Robert James Muckle
- **Gathering Moss: Natural and Cultural History of Mosses** by Robin Kimmerer
- **Indians, Fire, and the Land in the Pacific Northwest** by Robert Boyd
- **North American Dye Plants** by Anne Bliss
- **Norval Morrisseau: Honoring Our First Nations** by Kinsman Robinson Galleries
- **Return of the Raven** by Sue Coleman
- **Roads to Quoz: an American Mosey** by William Least Heat Moon
- **Soldier to Advocate: C.E.S. Wood's 1877 Legacy: A Soldier's Unpublished Diary, Drawings, Poetry, and Letters of Alaska and the Nez Perce Conflict** by George Venn
- **Totem poles** by Pat Kramer
- **Voices in the Stones: Life Lessons from the Native Way** by Kent Nerburn

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**New CDs**

- **Closer to Far Away** by Douglas Spotted Eagle
- **Spirits in the Wind** by Burning Sky

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**New DVD’s**

- **Craft Stick Bending: Craft Stick Bending Tips and Tricks** by Brad Griffith
- **Life on the Edge: The High Olympics** by Gray Warriner

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**Deadlines for Jamestown Higher Education Scholarship Applications (for enrolled citizens)**

- Winter Quarter/Spring Semester - November 15th
- Spring Quarter - February 15th
- Summer Term - April 15th
- Fall Quarter /Fall Semester - June 15th

For information on Higher Education funding, contact Kim Kettel at 360-681-4626 or kkettel@jamestowntribe.org
Culture Corner

nəxʷsƛ̕áy̕əm’
Intertribal Singing and Dancing at Lower Elwha
Friday, October 19, 2018
5:00 Dinner

Transportation will be provided. Please RSVP before end of day Monday, October 15, 2018.
If you have any questions, please contact Vickie Carroll at 360-681-4659 or vcarroll@jamestowntribe.org.
We will depart from SCS lower parking level at 3:45 p.m.

Canoe Family Honor Luncheon
Saturday, October 20, 2018
10:00 a.m. to 2:00 p.m.
Red Cedar Hall

Please plan to join us, to hear about this amazing Journey as our Canoe Family shares stories of their experiences on the Paddle to Puyallup.

Philip Red Eagle will perform the Copper Ring Ceremony.

Please RSVP before end of day, Monday, October 15, 2018.
Vickie Carroll at 360-681-4659 or vcarroll@jamestowntribe.org.

Klallam Language Logo Contest

Are you ready to try your hand at a logo for Jamestown’s Klallam language program?

Please use 1 color for your logo. If you have any questions, please contact Vickie Carroll at 360-681-4659 or vcarroll@jamestowntribe.org.

Please email your design to Vickie before end of day, Friday, November 30, 2018.

October 8th is Indigenous Peoples’ Day in Seattle

Seattle’s Indigenous Peoples’ Day March and City Celebration "Hope of Our Ancestors, Vision of the Youth" will take place at Westlake Park (401 Pine Street, Seattle WA 98101) from 9:30 am - 3:30 pm. The Blessing, Rally, and Celebratory March to City Hall will include speakers, singers, and dancers.

Evening festivities will take place at Daybreak Star Cultural Center (5011 Bernie Whitebear Way Seattle, WA 98199) from 4:00 pm - 7:00 pm (dinner at 5 pm). This year United Indians of All Tribes Foundation chose a theme that revolves around honoring Native womxn and features activists Luana Ross and Jeri Moomaw as well as performances from Indigenous dance groups from around the country.
# Event Calendar: October 2018

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<td></td>
<td>Don’t miss the Jamestown Holiday Craft Fair on Nov. 3!</td>
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**GENERAL CITIZENSHIP MEETING**

Tribal Citizens Only (and Required Staff)

Saturday, October 6, 2018

10:00 A.M. TO 2:00 P.M. In the Red Cedar Hall at the Community Center

*(THERE WILL BE DRAWINGS FOR DOOR PRIZES!)*

Jerry Allen will present on the construction of 7 Cedars Hotel

12:00 p.m. – LUNCH WILL BE SERVED

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**Happy Halloween!**

**October Elder Luncheon**

At noon on

Friday, October 12th

7 Cedars Casino/ Club 7

Raffles ~ Door Prizes ~ Split the Pot

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**Menu**

Chicken ~ Baked Cod ~ Corn
Mixed Vegetables ~ Oven Brown Potatoes
Tossed Green Salad ~ Fresh Fruit ~ Garlic Bread
Elder Desserts Coffee ~ Tea ~ Soda
Announcements

Reminder from the Natural Resources Department
Subsistence cards will expire Sept 30th. Please turn them in at the front reception desk in the Administration Building.

FORFEITURE NOTICE of Fishing Gear
In accordance with the notice and forfeiture requirements, and other powers provided in the Jamestown S’Klallam Tribe Code Title 6, Section 10.01, and Title 20, Sections 10 and 11, notice is hereby given that a petition for forfeiture has been filed, and a hearing will be held at the Tribal Court of the Jamestown S’Klallam Indian Tribe, on October 25, 2018, for a final determination of the property described below:
1) One unmarked shrimp pot discovered 08-06-2016
2) One unmarked crab pot discovered 03-07-2017
3) One unmarked crab pot discovered 03-21-2017
4) One unmarked crab pot discovered 04-03-2017
5) One unmarked crab pot discovered 03-18-2018
You are hereby notified that any claim, response, or objections to this action must be filed with the Jamestown S’Klallam Clerk of the Court at (360) 681-4628 prior to the hearing date.

You Call it “Getting Mom Groceries” - We Call it Caregiving
You may know an Elder or an adult with chronic conditions who isn’t able to handle everyday things the way they used to. Changes in health and situation can decrease a person’s ability to take care of their home, plan and shop for food, cook meals, bathe, toilet or keep on top of their medications. Families step in to help but it can be difficult to balance everything and not become overwhelmed. There are options available to support families and the care they are giving.

Not sure if you need help or what type of services you might be interested in? Just talking with a local expert can provide you with resources and helpful ideas. The Department of Social and Health Services (DSHS) and the local Area Agency on Aging or Community Living Connections offices have programs available all across Washington state that include a wide variety of services and supports for caregivers. Many tribes also have tribal respite services and/or kinship navigators that can help connect unpaid family or kinship caregivers to supports and services. Reach out to your Tribal Social Services Department.

Learn more about services by calling 1-855-567-0252 or go to https://www.dshs.wa.gov/ALTSA/kinship-care-support-services. Additional information about long-term services and supports can be found at: https://www.dshs.wa.gov/ALTSA/resources to be put in touch with the local regional office or visit https://www.waclc.org/consumer/explore/support_for_family_caregivers/index.php for a variety of support options.

October at 7 Cedars Casino includes:
- Daily Houdini Hotseat drawings - win up to $10,000!
- Friday and Saturday night clam bakes
- 8th Annual Pink Party, to benefit Olympic Medical Center, Saturday October 13th
- Of Sound Mind and Dead Body magic, mystery and murder dinner on October 20th
- 777 Poker Tournament on October 27th
- Halloween Party and Costume Contest, October 27th

The House of Seven Brothers
Family-friendly restaurant
Hours: 9 a.m.-11 p.m. Sunday through Thursday;
9 a.m.- midnight Friday and Saturday
Where: 7 Cedars Casino, 720756 US Highway 101, Sequim
Contact: 360-683-7777 (option 0, ask for Seven Brothers)
Job Openings

Please visit https://jamestowntribe.applicantpool.com/ for open job descriptions and to apply.

Certified Medical Assistant, Full Time, Jamestown Family Health Clinic, Open until there is a need.
Equipment Operator/Laborer, Full Time, EDA, Open until filled
Equipment Operator/Truck Driver, Full Time, EDA, Open until filled
Excavating Division Manager, Full Time, EDA, Open until filled
Excavating Superintendent, Full Time, EDA, Open until filled
Family Practice Physician, Full Time, Jamestown Family Health Clinic, Open until filled
Psychiatric Nurse Practitioner, Part Time, Jamestown Family Health Clinic, Open until filled
Social & Community Services Planner, Full Time, Social & Community Services, Open until filled
Teen Program Assistant, Part Time, Social & Community Services - Children’s Program, Open until filled
Tribal Planner, Full Time, Jamestown Planning & Library, Open until filled

Reusable bags are hot!! We have many types of Native-themed bags for your shopping and packing pleasure! Cotton, canvas, jute and synthetic fabric bags range in price from $8-$17.

Northwest Native Expressions Gallery
1033 Old Blyn Highway, Sequim, WA 98382
360-681-4640
Open 9 a.m.-5 p.m. daily.
Or shop online! www.NorthwestNativeExpressions.com

Websites:
Tribal Government: www.jamestowntribe.org
7 Cedars Resort/Casino: www.7cedarsresort.com
Tribal Library: http://library.jamestowntribe.org
Tribal Online Museum: www.tribalmuseum.jamestowntribe.org
Canoe Family: www.jamestowncanoefamily.com
Facebook Pages:
Tribal Government: www.facebook.com/JamestownSKlallamTribe
Tribal Library: https://www.facebook.com/Jamestown-SKlallam-Tribal-Library-468983403143461/
Wellness Program/Health Department: https://www.facebook.com/JamestownHealthandWellness
S’Klallam Tribal Events and Announcements: https://www.facebook.com/groups/sklallam.events.announcements/
Children and Youth Programs: https://www.facebook.com/jsktchildrenandyouth/
yahúmačt Traditional Foods and Culture Program: https://www.facebook.com/jamestown.tfp/
The Jamestown S’Klallam Tribal Newsletter is published monthly. Please submit news, informational items and Letters to the Editor by email to Betty Oppenheimer at boppenheimer@jamestowntribe.org, or by US Mail to the address above, or call her office at 360-681-3410. The deadline for submission to be included in the following month’s issue is the 15th day of the current month.

Changes of Address:
- Tribal Citizens: Please send changes of address and name changes to Enrollment Officer Melissa Smith-Brady at msmith@jamestowntribe.org or call her at 360-681-4625.
- Other newsletter recipients: Please send changes of address to Betty Oppenheimer at the address/phone above.

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