Join Us to Honor the Adams Siblings

Harriette Lorraine Hall Adams was born September 27, 1924 at Graveyard Spit, Sequim, the daughter of Jamestown S’Klallam Tribal citizen Jacob (Jake) Hall and Puyallup Tribal citizen Flora Sicade. After her mother died, when Harriette was two years old, the family moved to Jamestown, where she lived the rest of her life. Harriette was the first Elder to be formally honored by the Tribe in 2007, and she passed away on November 20, 2009. She started school at the Jamestown Day School and transferred to public school in Sequim when the Native American school was closed down in 1934. She was one of the two first American Indian women to graduate from Sequim High School, in 1942.


We are honoring the siblings who are enrolled citizens of the Jamestown S’Klallam Tribe (Mary and Robert are enrolled Suquamish). All of the children remember their mother working tirelessly to keep

(Continued on page 3)
NCAI Gives Allen Special Recognition Award

On Tuesday, February 11, 2020, the National Congress of American Indians (NCAI) awarded six distinguished leaders for Indian Country at NCAI’s 22nd Annual Leadership Awards Ceremony at its Executive Council Winter Session (ECWS). The awards are given annually to individuals or groups who serve as champions in their respective fields. Every year NCAI recognizes leadership in five award categories. This year’s awardees are:

**Special Recognition Awards**

W. Ron Allen, Chairman, Jamestown S’Klallam Tribe

Chairman W. Ron Allen has been a leader in Indian Country for decades. His leadership covers all areas of the country from being the Chairman of Jamestown S’Klallam Tribe for over 40 years to being elected to the NCAI Board as President, First Vice President, and Treasurer (most recent) and serving on a number of other boards and leadership positions to help address a variety of issues important to Indian Country such as the budget, fisheries, and government parity.

Senator Tom Udall, United States Senator from New Mexico

Senator Udall has been a tireless advocate for Indian Country, sponsoring or co-sponsoring many key pieces of pro-tribal legislation.

**Public Sector Leadership Award**

Portugal. The Man, Grammy Award-Winning American Rock Band from Wasilla, Alaska

Known for their mega-hit song, “Feel it Still.”

**Native American Leadership Award**

Peggy Flanagan, Lieutenant Governor, State of Minnesota

Lt. Governor Flanagan is recognized for her distinguished and now historic career of service and raising awareness about tribal nations, issues, and policy priorities, and civic engagement.

**Congressional Leadership Award**

Representative Derek Kilmer, United States Congressman from Washington

Representative Kilmer was instrumental in pushing for the “Broken Promises” report, and has been a staunch proponent in Congress for pro-tribal sovereignty laws and policies.

**Government Leadership Award**

Nedra Darling, United States Department of the Interior

For many years, Darling played an instrumental role in informing and guiding the federal government’s administration of its trust responsibility to tribal nations across multiple presidential administrations, and has served as mentor to many young Native professionals.
the family fed and clothed, encouraging them to be independent, and to rely on each other for support and friendship. They fondly speak of their shared love for making music together, and of their memories of endless hours spent on the beach, on the sand bar, and in the water at Jamestown.

Most of the Adams siblings who live in Clallam County have, at one time or another, worked for the Tribe, and many have served on committees and Council. Their children and grandchildren, and soon their great grandchildren, too, will find ways to be involved with the Tribe participating in programs, receiving services, and offering their services as staff, volunteers and committee members.

Learn much more about each of the honored siblings at the Honoring Luncheon on March 21, 2020 in Red Cedar Hall. Don’t forget to RSVP so that we know how much food to prepare!
ʔə́ y̕ skʷáči! (Good day!) Tribal Citizens and Descendants, My name is Loni (Grinnell) Greninger, and my S'Klallam name is yúčciʔə (“yooch-see-uh”); I come from the Prince Family. My father is Kurt Grinnell (pačxʷáɬəs-stətíɬəm), my grandmother is Elaine Grinnell (kʷəlcid). I am very excited to step into this temporary, appointed role of Vice Chair, and at the same time I do not take this lightly. All Council positions come with the burden to represent our People and support economic development that increases the self-sufficiency of the Tribe. I am following very large footsteps in taking Liz Mueller’s place; I look forward to learning from current and past Tribal Council members, as well as Tribal Elders, because this is certainly an undertaking I cannot do alone.

Even though I have much to learn, I am very grateful for the opportunities that will help me during this appointment. Some of my experiences thus far include:

- **Tribal experience:** Born and raised in Port Angeles, and grew up within the Children, Youth, and Teen Programs learning cultural values, songs; employed in Social & Community Services since June 2017 as Deputy Director; certified Klallam Language Teacher; one of the song and dance leaders at JST; assigned staff person to the Community Network Committee, and secondary staff person to the Enrollment Committee.

- **Local experience:** Since June 2017, facilitate cultural awareness trainings to non-tribal community partners such as the Sequim and Port Townsend School District staff, Olympic Medical Center staff, Port Angeles Rotary, church groups, and behavioral health and family service providers in Clallam and Jefferson County.

- **State experience:** Since April 2013, travelling to state social service meetings (both monthly and quarterly) where program and policy are discussed with the state, and helped the state implement such in favor of Natives in WA State;

- **Federal experience:** Since June 2017, represent the Tribes of WA State on an Indian Child Welfare Practice panel at the National Congress of American Indians; co-facilitate a Tribal Consultation with the Commissioner of Administration for Native Americans, discussing program and policy issues with the federal government that affect Indian Country, attend Administration for Children and Families Tribal Advisory Committee meetings on an annual basis; and attend National Congress of American Indians.

Thank you for taking the time to read this, and I look forward to meeting you in person if you are attending the General Citizenship Meeting on March 14th. Also, should you have any questions or concerns, please contact me by phone at 360-681-4660 (office) or 360-406-0822 (cell), or by email at lgreninger@jamestowntribe.org.

háʔnaŋ cn! (Thank you!)

~Loni Greninger
Meet Rochelle Blankenship
Tribal Council Secretary

My Fellow Tribal Citizens,
My name is Rochelle Blankenship (Cook-Kardonsky family) and I am honored to have been appointed as the interim Tribal Council Secretary, completing the term held by the very capable Lisa Barrell. Port Angeles/Sequim has been my home since I was two years old, and several generations of my family live in the area. During my lifetime, I have seen our Tribe grow, prosper and become a driving economic force in our communities.

In 2013, I was appointed to the Higher Education Committee and have found it inspiring to be able to make a difference in the educational advancement of our Tribal citizens. I am passionate about our future generations and their educational opportunities as the road to self-reliance and self-sufficiency. I obtained my Master’s degree in business management and I believe this degree, coupled with my 15 years of experience working at 7 Cedars Casino and four years at the Tribe are assets that will be valuable in the role of Secretary on Tribal Council.

In my current role as Executive Director of the Tribal Gaming Agency I have the privilege of serving on the Tribe’s Executive Committee which has provided me with some insight into our programs. I know I have much to learn from existing Council members, and believe I have assets that will prove positive for the leadership within our Tribe.

My professional passion lies in business, economics and the pursuit of education; my heart lies in the growth and prosperity of my Tribe and my community. I have confidence that I can help provide guidance and an additional educated voice.

I believe that any commendable elected official is one who continues to listen to the opinions and viewpoints of those represented. It is my commitment to do my best to protect the assets and values of our Tribe.

In my spare time, I enjoy spending time in the great outdoors: biking, kayaking, paddle boarding and walking on many of the gorgeous Pacific Northwest trails with my husband Scott and our two corgis, Jack and Sully.

I certainly appreciate you taking the time to read this and I welcome your questions. You can reach me at 360.460.0045 or at rochelle.lynn.blankenship@gmail.com. I look forward to seeing you at the General Citizenship meeting.

háʔnəŋ cən

~Rochelle Blankenship

How Do Tribal Council Appointments Work?

According to Article VI, Section 2 of our Tribal Constitution, if there is a vacancy on Council, Tribal Council appoints a replacement member who serves until the next regular election. Whoever is elected to the vacated position then fills out the remainder of the original member’s term, thus preserving the system of staggering terms of office.

<table>
<thead>
<tr>
<th>Position</th>
<th>Term Ends</th>
<th>Currently held by</th>
<th>Next term ends</th>
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<tr>
<td>Vice Chair</td>
<td>November 2020</td>
<td>Loni Greninger (appointed 1/2020)</td>
<td>November 2024</td>
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<tr>
<td>Treasurer</td>
<td>November 2020</td>
<td>Theresa Lehman</td>
<td>November 2024</td>
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<tr>
<td>Secretary</td>
<td>November 2023</td>
<td>Rochelle Blankenship (appointed 2/2020)</td>
<td>November 2023</td>
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Greetings Jamestown S’Klallam Citizens!
This month I would like to talk about the importance of the 2020 Census. As many of you already know, the federal government updates its Census data every ten years. Census data is more than just new statistics regarding how many people there are in the U.S. or how populations are shifting from one part of the country to another. Census data is used to determine how much federal funding each state receives, as well as the number of seats each state gets in the House of Representatives. Census data is all about political power, federal funding opportunities and representation.

According to Kevin Allis, CEO of the National Congress of American Indians, “The importance of the 2020 Census to Indian Country cannot be overstated. A full and accurate count is needed to ensure that American Indian voters have an equal voice and are accurately represented in the political process. The 2020 Census data will be used for allocation of seats in the U.S. House of Representatives and will be used in political redistricting efforts on the state and local levels. The 14th Amendment to the U.S. Constitution guarantees equal representation, and therefore, congressional districts must have roughly equal numbers of people. Decennial Census data is used to draw these district lines.” He also points out that “Tribal nations rely on the U.S. Census Bureau in collaboration with the BIA and Tribes to make sure that the count for Indian Country is accurate and complete to ensure proper representation and redistricting, equitable federal funding decisions and formulas, and access to accurate census data for local tribal governance.”

This statement comes at a time where Tribal communities across the U.S. have had to endure partisan debates which affect federal budgets and impact the day to day lives of many American Indian people. Tribal communities already face underfunded healthcare, education, and other treaty guarantees, all of which fall under the federal trust responsibility. Historically, Indian Country has been reluctant to participate in the Census and many communities remain hard to count for various reasons. Past efforts have resulted in Indian communities regularly being undercounted. We are working hard to improve participation for 2020. Tribal leaders across the U.S. must urge Tribal citizens to participate in the Census in order to provide an accurate profile of our communities. NCAI is encouraging American Indian (AI) and Alaska Native (AN) people to only identify as AI/AN, and not as mixed race on the census. Checking AI/AN and another race group will combine the two groups into a single category as ‘two or more races’ effectively reducing Tribal representation. While we never want to discount the multiple heritage identities people may have, we do want our Tribal community to be aware of the implications selecting multiple races will have. Many of our Jamestown citizens live outside of our local community and we need you to not only select that you are American Indian but specify the Jamestown S’Klallam Tribe.

The 2020 Census will be available online for the first time. Every household will have the option of responding online, by mail, or by phone. Most households will receive an invitation to respond in mid-March, with the official Census day on April 1st. Luke Strong-Cvetich, Jamestown’s Tribal Planner, is leading our efforts. You will see guidance and recommendations in our newsletter. If you have any questions, please do not hesitate to call Luke for advice or help, his number is (360) 681-4669.

Most people don’t realize how important Census data is to influence political leaders and their staff about our needs in our respective communities. This information is essential to protecting our unique Indigenous rights and advancing our interests. Without Census statistics, it is harder to convince them about the need for resources to address these fundamental services or assistance.

If you have questions or clarifications, you are always welcome to call me at (360) 681-4621 or email me at rallen@jamestowntribe.org and I will be more than happy to share them or respond to your inquiries.

Sincerely,

W. Ron Allen

W. Ron Allen
Suggs Appointed to Port Angeles City Council

By Jimmy Hall

Tribal citizen LaTrisha Suggs (Cook-Kardonsky) was recently appointed to the Port Angeles City Council.

“I was pretty stoked with being chosen,” Suggs said, adding she received four of the five votes from the City Council members. She is now one of three women sitting on Council. Though it is being confirmed by the Clallam County Historical Society, Suggs believes she is the first Tribal citizen who has served on the Port Angeles City Council.

Suggs was first approached by two Port Angeles City Council members over the summer, who suggested that she run for a position. She knew she would have to commit a lot of time and energy to campaigning, so she declined. It wasn’t until Suggs saw a vacant position due to the passing of Jim Moran that she submitted an application. She and three other candidates were interviewed by the Council and answer a set of questions.

“I had a lot of confidence going into the interview, thinking that I had a lot of skill sets that I developed over the years,” she said.

Suggs took the position at the beginning of January, getting sworn in on January 7th. At her first meeting, there was a host of citizens from Lower Elwha Klallam Tribe, and Jamestown S’Klallam Tribal citizens and Council members present to commemorate the occasion.

“It was nice to have that strong showing. People were reminiscing about leadership in the area,” she said. Leadership is in Suggs’ family. She is the daughter of Tribal Council Treasurer Theresa R. Lehman and cousin to Rochelle Blankenship, who was recently appointed to serve on Tribal Council. “My mom has always been encouraging,” Suggs said. “She has always been supportive of pushing myself and doing more.”

Except for a four-year period when she lived in Colorado, Suggs has been a Port Angeles resident all her life. Her experience as the Tribal Restoration Planner has given her a lot of experience with budgeting, working with State and Federal processes, and contracting.

Suggs felt self-assured that she could serve the people of the City of Port Angeles well with a strong resume in working in government. She interned for Clallam County and then worked for the Lower Elwha Klallam Tribe for 16 years, helping with the 2011 Elwha River Dam removal, which necessitated drafting and closing architect and engineering contracts.

“If I’m not learning something new, I’m not expanding my skillset,” Suggs said about the reason she pursued the position. “The only way to do that is to do something outside my comfort zone.”

For the past two years, Suggs’ work as Restoration Planner at the Tribe has focused on land acquisition for conservation easements. She also sits on the Health Committee, Economic Development Authority board and the Cannabis Committee.

About the collaboration between herself and the rest of the City Council, Suggs said, “Nobody is coming in with an agenda, but we’re working together to address issues that might arise.”

Congratulations, LaTrisha!
Canoe Family Photographed for Census

The 2020 Census contracted with local photographer Michael Jones Studio to take pictures of various groups for the 2020 Census. Jones contacted Shellfish Manager Kelly Toy by email: “We’ve been hired by G+G, a native owned agency from Billings, MT, that is creating all the media for the Census American Indian Alaskan Native outreach. 18 ads are being photographed in Alaska, Washington, Montana, Michigan, New Mexico and Louisiana to represent different tribal regions, and there are three urban ads in addition.” At the October 19th Canoe Family lunch Toy explained the Census project and asked members of the Canoe family if they would like to participate in the 2020 photo shoot. All who participated needed to agree to a background check. Natural Resources Technician Chris Burns and Enforcement Officer Jason Robbins took the photo crew out (on the Tribe’s support boat) the day before the photo shoot to look for beautiful scenery. Loni Greninger and Ginnie Kitzmiller assisted in coordinating participants. Posters of the photo as well as a billboard on Highway 101 (in East Port Angeles, shown above) depict the Jamestown Canoe Family in regalia, with paddles up. Those shown in the photo are Susan Adams, Ann Tjemsland, Alisha Adams, Kaycee Adams, Dustin Freeman, Walt Norton, Dana Ward, Virginia Kitzmiller, Joshua Freeman, Vicki Lowe, Lisa Barrell, and Paul Bowlby.

Jamestown Citizens and Descendants stətíɬəm ʔiyə́m -Jamestown Strong

It’s a new year! Are you interested in learning more about making healthy food choices? Learning more about healthy living choices for weight loss? Being more physically active? Would you like to: Receive fresh produce? Physically help tend a community garden? Do you have knowledge or expertise in community gardens that you’d like to share?

If you answered yes to any of these questions, join us for the kick-off of our new six-month stətíɬəm ʔiyə́m -Jamestown Strong program. We will be teaming up with the Jamestown Family Clinic staff to address various topics including how to make healthy food choices, plant a community garden, make planter boxes, discuss ways to include physical activity in your life. We’ll cover a different topic each month with cooking demonstration and incentive drawings. It all starts with a kickoff meeting with tastes of traditional food and vegetables that could be grown in the community garden. We’ll also discuss the plan for the next six months of the program. In August we’ll wrap it up with a celebratory harvest & dinner and a grand prize drawing.

If you’re interested in attending the kick-off, please RSVP by March 20th.
Kathy Salmonson, RN BSN, NC, BC, ksalmonson@jamestowntribe.org, 360-683-5900 ext. 4836
Or Mack Grinnell, mgrinnell@jamestowntribe.org., 360-681-3408.

What: stətíɬəm ʔiyə́m kickoff, tasting fair and community garden planning
Where: Red Cedar Hall
When: March 30th, 5:30 p.m.
Census Participation is Important

Tribal Citizens and Descendants:
Did you know that the Jamestown Tribe’s Canoe Family is on a billboard in Port Angeles? Our Tribe was approached by the Census in order to help them with outreach to Tribal Nations. Why did Jamestown agree to this outreach strategy? We believe that it is important that the United States government sees that there is still a large population of American Indians/Alaska Natives in this country, and we cannot be ignored. Your response to the 2020 Census helps determine how billions of dollars in federal funds are distributed to Tribes each year. Census data is also used to ensure the number of seats in the U.S. House of Representatives correctly matches the population.

This year, every household will have the option of responding online, by mail or by phone. Be sure to check your mailboxes for an invite from the Census in mid-March. If you are asking, “How do I fill out the Census?”, we are here to help with a few tips! Whether you are an enrolled citizen, or a descendant of, the Jamestown Tribe or any other Tribe, here are a few things we suggest:

1. List the American Indian/Alaska Native person in the household as Person 1 on the Census form. **This guarantees the household being counted as having American Indians/Alaska Natives in the home.**
2. When choosing the race of Person 1, only check the American Indian or Alaska Native box on the form, even if Person 1 is of multiple races. **American Indian/Alaska Native counts are lost the moment we check “more than one race”.**
3. After checking the box to identify race, there will be a space to print the name of the Tribe you are enrolled in or a descendant of.
4. Repeat these steps above if you have more than one American Indian/Alaska Native person in your household (Person 2, Person 3, and so on). Also list all other non-native people in your home.

See example form below, and for more information contact Luke Strong-Cvetich, Tribal Planner at (360) 681-4669 or lstrong@jamestowntribe.org and visit the Census Bureau’s website www.2020census.gov.
Special Diabetes Grant Funds Activities

This year’s Special Diabetes Program for Indians, funded by a grant from the Indian Health Service, will focus on Physical Activity Education.

Routine physical activity has been shown to improve glycemic control and diabetes outcomes, while lack of physical activity is viewed as one of the common contributing causes for development of type 2 diabetes. Routine physical activity also can reduce blood pressure, facilitate weight loss, and reduce the risk of heart disease and stroke.

Some of our activities this year will include:

- Lunch or dinner, every other month, featuring low-carbohydrate meals and guest speakers, who will share a variety of expertise in diabetic self-care.
- Gym sessions in our Tribal gym at the clinic. Our group will have 1-hour sessions with a Personal Trainer. Nursing staff will be available for support as well. We will become familiar with the variety of gym equipment available to our Tribal Citizens, as well as learn ways to safely exercise.
- “Walk with a Doc:” Organized walks with medical staff, in a few pretty locations in our community (when the weather is warmer).

Planned activities will be included in the Tribal newsletter calendar to assist those with diabetes or pre-diabetes in planning their schedules.

About the grant:
In response to the diabetes epidemic among American Indians and Alaska Natives, Congress established the SDPI grant programs in 1997. This $150 million annual grant program, coordinated by IHS Division of Diabetes with guidance from the Tribal Leaders Diabetes Committee, provides funds for diabetes treatment and prevention to IHS, Tribal, and Urban Indian health programs across the United States.

The Jamestown S’Klallam Tribe has been awarded $12,072 of $48,292 in grant dollars for 2020, and expects the remainder to be awarded when Congress approves additional IHS funding. With this funding, we are able to provide additional, specific support and education for Tribal citizens within the service area who have been diagnosed with either diabetes or pre-diabetes.

Contact Ethel Colon, Community Health Representative, if you have any questions.
Email: emcolon@jamestowntribe.org
Phone: (360) 582-4874

MARCH DATES for Diabetes Group
Gym Sessions
Monday, March 2 @ 2-3 pm
Monday, March 9 @ 10-11 am
Monday, March 16 @ 5:30-6:30 pm

MARCH LUNCHEON:
Wednesday, March 25 @ 11:30 am-1:30 pm (Clinic upstairs)
yəhúməct Traditional Foods Program
by Lisa Barrell, and Mackenzie Grinnell

q̓pə́ctʔiʔ kʷúkʷ - gather and cook
Verna Johnson led us in making seed paper. Shredded paper that had been soaked in warm water was pureed in a blender. Beet juice was added to make a pretty pink mush and we added various edible flower seeds. Using cookie cutters, the mush was pressed into various shapes then dried in a dehydrator. Verna had an assortment of cookie cutters and different colored construction paper to add speckles of color to the paper. This paper can be used for valentines, book markers etc., which can be planted in ¼" of soil and watered. With any luck, we each will have edible flowers in the spring after planting. For dinner, I was unsuccessful in trying to hide venison liver in a meatloaf of bear, venison and pork. Oh well, I have a couple other liver recipes to try. Maybe they will be more successful.

Plant of the month púʔqʷtč – devil’s club
February 15th we celebrated our plant of the month púʔqʷtč – devil’s club. Since Mack and I were at another event Nick Grinnell emceed the workshop. Nick demonstrated how to scrape the sharp needles from the

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stems to prepare them for peeling. In the winter months the strongest medicine is in the q̕ʷc̕ə́ ŋ̕ - roots and participants tried their hand at peeling the č̕ə́ yiʔ - bark from the q̕ʷc̕ə́ ŋ̕ and stalks. In the spring, the č̕ə́ yiʔ peels off the stalk like melted butter and is much easier to process. For our purposes, we wanted the strongest medicine and it requires a bit more work.

Rachel Sullivan shared the various ways pūʔqʷɬč can be used for medicine, tinctures, tonics, salves, liniments… infusions, concoctions… Everyone was able to take home what they created during time spent with Rachel.

Nick took those interested out to locate pūʔqʷɬč in the winter when it is dormant. Nick also covered the code we use when gathering plants:

- Know what you are gathering. There are poisonous lookalikes. Research before you gather or go with an authority.
- Be careful where you gather. No gathering along roads or in landscaped areas! Some plants absorb toxins that could be hazardous to your health
- Be respectful. Don’t overharvest and leave enough behind so the plant will continue to flourish.
- In the Native way, gather with good intention. It is said that you ingest the intention in which you gather. Have a good heart while gathering… that intention will pass into whatever you create.
- Most importantly, thank the plants and trees for what they’ve given and offer a gift.

The afternoon was spent with Ginnie Kitzmiller who taught how to make beads from pūʔqʷɬč stalks. Everyone was able to make a bead or two to take home. The peeled stalk has many uses including drum strikers and walking sticks. háʔnaŋ cn to these three for sharing their knowledge and time.

**Time with Teens**

This past month Mackenzie took the teens out to learn about Cottonwood, and Maple trees. It was a bit rainy and cold, but it was fun to go out and see the Dungeness so full of water and learn from these trees. We ended the day by tapping a maple tree! It was a great way to learn about the water that is in the tree and to get a delicious beverage. When you tap a Maple tree what comes out is maple water which is full of vitamins and minerals much like coconut water. This maple water can then be boiled down into a syrup. We are hoping to get enough maple water to boil down, but we will need 40 gallons of maple water to make 1 gallon of syrup.

**What’s happening in March?**

**VOLUNTEERS NEEDED**

We have placed an order for many, many berry plants, shrubs and trees that we will be planting at our new cácu sčaʔyíqʷɬ - riverbank berry farm next to the Dungeness River. We are looking for volunteers to help plant these new plants and we will be discussing how to spark interest in adopting a row to take care of. Over the years citizens have shown interest in berries. Berries played a large part in our traditional diet, and now not many go out or know where to harvest berries. We thought the next best thing to going out into the woods to harvest berries would be to have a designated farm to grow a variety of berries. Once these plants, shrubs and trees start producing fruit we will decide how to distribute the fresh fruits to citizens.

**What: Digging holes, planting**

**Where: cácu sčaʔyíqʷɬ farm, call for location**

**When: March 7th, 11:00**

(Continued on page 13)
Hunter Safety Classes
We are pleased to announce a series of five free classes in March on comprehensive instruction in Washington hunting safety. If you are interested in taking the classes to obtain your Washington State card (required to hunt outside our usual & accustomed (U&A) hunting area if born after 1972 and required by Jamestown if you are under the age of 18) sign up by March 3rd at [https://www.register-ed.com/](https://www.register-ed.com/) click on Traditional classroom course, March 11th.
If you are interested in hunting safety but don’t plan to hunt outside our U&A and don’t want to take the tests, you can sign up through Lisa Barrell lbarrell@jamestowntribe.org 360-681-3418 or Mackenzie Grinnell mgrinnell@jamestowntribe.org 360-681-3408 by March 6th.

**What:** Hunter Safety Classes  
**Where:** Red Cedar Hall  
**When:** 5:00 pm - 7:00 pm  
March 11th  
March 12th  
March 17th  
March 19th  
Field 9:00 am until finished March 21st

Weavers and Wannabes
We hope that everyone is working away on their coil basket. Let us know if you want to meet up one more time before we switch gears to a new basket. In April when cedar roots and boughs are ready, we will be going out to harvest enough to make a clam basket. Contact us if you are interested in harvesting and we will add your name to the list and we will give you a call when the time is right.

Plant of the Month for March - Willow
March 18th we will be learning about willow. There are over 35 species in the Pacific Northwest, often growing along the edges of rivers, ponds, wetlands, or beaches. Most willows are bushy with many stems, but a few are larger, multi-trunked trees. They are easy to miss until very early spring when new growth paints bright green, yellow, and reddish hues on the monotonous winter landscape. Willow is an incredible medicine; the leaves are high in vitamin C and the bark contains salicylates which is the active ingredient in aspirin. Willow tea was used for pain relief and fever reducer long before the invention of synthetic salicylates. We will head out from the Social & Community Services offices to gather willow for a sweat lodge.

**What:** Willow Gathering  
**Where:** Meet at SCS building  
**When:** March 18th , 5:00 p.m.

Sweat Lodge, March 22nd
Join us in building a sweat lodge and/or participating in a sweat. Nakia DeMiero, Traditional Medicine and Garden Program Manager with the Northwest Indian Treatment Center will be working with us to build a sweat lodge. We’ll sweat and if you’re up for it, jump into the straits.
Contact Mack Grinnell 360-681-3408, mgrinnell@jamestowntribe.org for details or if you’d like to sign up.

q̕pə́ ct ?iʔ kʷúkʷ  
Our monthly gather & cook will once again be at Lisa’s. We’ll be gathering nettles and making a pesto to be served over pasta. We’ll make extra so everyone can take home a bit.

**What:** q̕pə́ ct ?iʔ kʷúkʷ  
**Where:** Lisa’s  
**When:** March 24th , 5:00

To RSVP, or for more information, please contact:  
Lisa Barrell lbarrell@jamestowntribe.org (360) 681-3418  
Mack Grinnell mgrinnell@jamestowntribe.org (360) 681-3408
Calling all catering businesses!
Chehalis Tribal Loan Fund Team is searching for a caterer to serve at our 2nd annual Native Carvers Showcase
Dates: May 29th-30th
For more information, please contact Diana Pickernell at 360-709-1631 or email dpickernell@CTLF-empowers.org
Requirements are the following:
- The person needs to be a licensed caterer with their tribe or county
- Be able to obtain a Thurston County Temporary Kitchen Permit
- Be able to obtain a Thurston County food handler’s card
- Have event insurance for up to $1,000,000 (policy is between 100 and 300).
Hosted by The Evergreen State College Longhouse in collaboration with the Chehalis Tribal Loan Fund

CAREERS AT JAMESTOWN S‘KLALLAM TRIBE

Check out the latest career opportunities at Jamestown S‘Klallam Tribe and 7 Cedars Resort online at the provided links below, and submit an online application today! When you submit your application, it is sent directly to that position’s hiring supervisor for review. Remember to provide a current phone and email for your references, a cover letter, and resume!

If you are interested in a career with Jamestown S‘Klallam Tribe or 7 Cedars Resort, and would like to be considered as part of our general pool of applicants, please apply to the “Future Job Opportunities” listing link provided on each career page!

Apply Online At
TRIBAL ENTERPRISES
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Human Resources
QUESTIONS? CONTACT US!
Tarynn Kettel
Jamestown S‘Klallam Tribe
HR Workforce Analyst
P: 360-582-5789
E: tkettel@jamestowntribe.org

Hayley Pearce
7 Cedars Resort Properties
HR Recruiter
P: 360-582-2494
E: hpearce@7cedars.com

#JAMESTOWNSKLALLAMTRIBECAREERS
Peninsula College Opens Veterans Center

Jamestown S’Klallam veterans participated in the flag ceremony at the grand opening of Peninsula College’s new Veterans Center. The center is located in Room J1 on the east end of the Pirate Union Building, 1502 E. Lauridsen Blvd.

Michael Lowe and Tribal Council Treasurer Theresa Lehman attended the grand opening, at the Pirates Union Building.

“The center was specifically created for Veteran students. The college hopes to create a sense of camaraderie with resources available to study, relax, get help, make friends and share stories,” said Lehman. Please contact Shae Pozarzycki Veterans Navigator at 3604176339 if you have any questions about the Center.

Groundbreaking for River Center Expansion

Save the Date!

You are invited to a groundbreaking celebration at the Dungeness River Audubon Center on Monday, April 13, 2020 at 2:00 p.m. This event celebrates the official beginning of the construction of the River Center expansion, the new access road, and new parking lot. It will recognize and thank the many individuals, foundations, businesses, organizations, and government entities who have so generously contributed to the successful Inspire Wonder Capital Campaign.

The event will feature speakers from the partners who co-manage the Dungeness River Audubon Center at Railroad Bridge Park, including representatives from the Jamestown S’Klallam Tribe, Dungeness River Audubon Center, and Olympic Peninsula Audubon Society. After the formal presentations, guests are invited to participate in a ‘virtual tour’. The Center expansion and parking lot features will be delineated on the ground and labeled. Volunteers will be stationed throughout the area and will share specific details about these exciting projects.

The expansion of the River Center will include adding a 150-seat community multipurpose room, a meeting room, commercial kitchen, restrooms, office space, gift shop, and concession stand. Following the expansion construction, the existing building will be remodeled to provide a larger exhibit space, children’s discovery corner, library, and wildlife viewing area.

The Inspire Wonder Capital Campaign work continues toward completion of the expansion, then the focus shifts to raising funds for the design and fabrication of new exhibits, commercial kitchen equipment, and other furnishings. Read more about the Inspire Wonder Capital Campaign at www.dungenessrivercenter.org.

S’Klallam Word Scramble

n q’ m n a y q’ k’ s ?
q’ m n a y q’ k’ s ?
s n q’ é t a y ’ x ? n t a
q’ a t q’ y á p n ’ y í c
á c k’ a n ’ t q’ t q’ ú
n ú n á p s á n ’ á a c
x’ m ’ n t p t t p n m
s a y á k’ a w a q y n
č c’ n’ x’ q’ m ’ ? k’ n’ c’ x’ x’
x’ s q’ á n a s c á ? s

eye: q’i’ış
ear: s’qaw
mouth: x’i’is
nose: q’lapi’is
face: s’alı’cs
crown of head: s’xt’is’ta’y’éy’t’p’
cheek: s’mq’isi’n
eyebrows: q’a’q’el’k’’is’p’
jaw: x’i’is’c’i’l’ı’c’
forehead: s’q’T’ap’
Library Programs and Services

Artist Reception

The Tribal Library will be hosting an artist reception for artist/illustrator Tribal citizen Timothy O’Connell (Cook/Kardonsky), whose’s art was the basis for the 2020 Klallam Language calendar and is now on display at the Jamestown Tribal Library.

Friday, March 13th from 3-5 pm.

All are welcome to attend.

Sweet Grass Weaving Class

Tribal Elder Cathy MacGregor will teach a class on how to weave sweet grass around an abalone shell on Saturday March 7th from 10:00am—4:00pm at the Tribal Library.

The cost of the class is $25 and includes a 3” abalone shell and all weaving materials. You may also bring your own clam shell if you prefer. This class is for Tribal citizens (and descendants if there is room) ages 16 and up. Some weaving experience is helpful. The class is limited to 10 people on a first come basis.

Please make arrangements before the class if you plan to use educational enrichment funds.

Lunch will be served.

Please call the library to register 360-681 4632.

Featured Book

Ragged Company by Richard Wagamese, Ojibway, is a foremost Canadian author of bestselling novels and memoirs. This novel follows a group of homeless people—the ragged company - Amelia One Sky, Timber, Double Dick and Digger take refuge from a descending Arctic front in an old movie theater. There they meet the beautiful world of cinematic escapism, and meet Granite, a jaded and lonely journalist who has given up writing. They form and unlikely bond- one made even stronger by the discovery of a lost winning lottery ticket with a $13.5 million jackpot. A modern classic, Ragged Company deftly and movingly explores the meaning of the word “home”. (from the book jacket)
New books

The Deekatoo: Native American Stories about Little People by John Bierhorst, Editor
Fire in the Village: New and selected Stories by Anne M. Dunn
Through the Eyes of the Deer: An Anthology of Native American Women Writers by Carolyn Dunn and Carol Comfort
New Poets of Native Nations by Heid E. Erdrich, Editor
Standing with Standing Rock: Voices from the #NODAPL Movement by Nick Estes and Jaskiran Dhillon, Editors
Tilly: A Story of Hope and Resilience by Monique Gray-Smith
A Warrior of the People by Joe Starita
Hawaiian Myths of Earth and Sky by Vivian Thompson
Hawaiian Tales of Heroes and Champions by Vivian Thompson

Xčít –to know
As we plan for new exhibit space in the upcoming library expansion, we invite you to tell us what exhibit content is important to you. Please go to the Library website http://library.jamestowntribe.org/home and take the survey in “Community Voice” on the left side of the home page.

Klallam phrase of the month:
ɬə́məxʷ tiə skʷáči -It’s a rainy day.

eye: qáyaʕ
ear: qʷáyaʕí
mouth: cúcan
nose: náqsan
face: stács
crown of head: sxʷʔtaʔyéʔqʷ
cheek: sxʷʔiʔqʷʔon
eyebrows: qáwakʷáyas
jaw: scámúcan
forehead: sxʷʔógas

Library: 360-681-4632 library@jamestowntribe.org
Librarian Bonnie Roos: 360-582-5783 broos@jamestowntribe.org
Library Assistant Jan Jacobson: 360-681-4614 jjacobson@jamestowntribe.org
Library Assistant Gloria Smith: 360-681-3416 gsmith@jamestowntribe.org
Library Assistant Brandon Taft: 360-681-4632 btaft@jamestowntribe.org

Visit the Tribal Library at 1070 Old Blyn Highway in Heron Hall; Open M-F 9-5
Website: http://library.jamestowntribe.org

Jamestown S’Klallam Tribal Newsletter March 2020
Advance Care Planning Class Well Attended

Ten participants attended the Advance Care Planning (ACP) session in January, planned specifically for the Tribal community. The ACP class explores the question “how do you allow your wishes to be honored when you are unable to speak for yourself?” and then offers ways to make those wishes known on legal documents stored with your medical records.

Jamestown Family Health Clinic Chief Medical Officer Paul Cunningham opened the session, explaining that in his specialty of Geriatric and Palliative Care medicine, knowing the patient’s wishes is important. Most importantly, he said, we should each talk to the people who will be speaking on our behalf (if we are incapacitated), so that they have a framework through which to make appropriate decisions.

Students learned from Olympic Medical Center (OMC) RN Sandra Ulf about the Health Care Directive and the Durable Power of Attorney for Health Care, and were given official forms to consider. At the second session, Ulf will answer additional questions and help participants complete their paperwork, a notary will be present to certify signatures, and JFHC Nurse Kathy Salmonson will make sure that those forms are scanned into the EPIC medical records system for those who are patients at the clinic.

Ulf offers the class on the second Tuesday of each month at Jamestown Family Health Clinic, but partnered with the Tribe to offer the special 2-part session for Tribal folks, in order to increase Tribal participation. OMC’s goal is for as many of its patients as possible to have their forms scanned into EPIC, so that medical providers can honor their wishes if they are unexpectedly incapacitated.

If there is interest in additional sessions specifically for the Tribal community, Ulf would be happy to work with JFHC to schedule them. Otherwise, please consider attending a regularly scheduled class:

- First Mondays, 2 p.m. Olympic Medical Services Building, 840 N. Fifth Ave., Sequim
- First Tuesdays, 1:30 p.m. Shipley Center, 921 Hammond St., Sequim
- First Wednesdays, 3:30 p.m., Olympic Memorial Hospital Private Dining Room, 939 Caroline St., Port Angeles
- Second Tuesdays, 10 a.m. Olympic Medical Cancer Center, 844 N. Fifth Ave., Sequim
- Second Tuesdays, 2:30 p.m. Jamestown Family Health Clinic, 808 N. Fifth Ave., Sequim

For more information, visit https://www.olympicmedical.org/services/advance-care-planning/ or contact Nurse Ulf directly at 360-565-9293 or ACP@olympicmedical.org.

Soap Making Class

Instructor: Teresa Smithlin
Sunday, March 15, 2020
(scheduled for the day after the General Citizenship Meeting)
11:00 a.m. to 3:00 p.m.
Hummingbird Hall

Lunch will be provided.
We will make hypoallergenic soap.
This class is for Jamestown citizens and descendants.
Maximum class size is 15.
Please RSVP to Vickie Carroll at 360-681-4659 or vcarroll@jamestowntribe.org before end of day, Tuesday, March 10, 2020.
Culture Corner

Culture Corner

nəxʷsƛ̕áy̕əm
INTERTRIBAL
SINGING AND DANCING
ʔənʔá kʷi t̕íyəm ʔiʔ q̕ʷəyíyəš!
(Come sing and dance!)
Jamestown S’Klallam Tribe
Wednesday, March 18, 2020
5:30 p.m.
Red Cedar Hall
Please bring a side dish, beverage or dessert to share!
Please RSVP to Vickie Carroll at vcarroll@jamestowntribe.org at 360-681-4659 before the end of the day Friday, March 13, 2020

Interested in Being a Part of the Canoe Family?
Canoe Family members participate in many of these activities:
- make gifts for host Snuneymuxw First Nation
- be a puller
- be a part of ground crew, ie.e help prepare meals and setup camp
- participate in Protocol—singing, dancing, gifting
- represent Jamestown during the Canoe Journey

For more information contact:
Vickie Carroll at vcarroll@jamestowntribe.org or 360-681-4659

Canoe Journey T-shirt Logo Design Contest
It is time to create a t-shirt logo for Paddle to Snuneymuxw 2020.
The theme is:
Honoring the Salmon
Honoring Our Ancestors

Please use 1 to 3 colors for your logo
Extending date logo design to Friday, April 10, 2020

Canoe Family Meeting dates
Sunday, March 1, 2020
Saturday, March 28, 2020
Saturday, April 25, 2020
Saturday, May 30, 2020
Saturday, June 27, 2020

Save the Date
Canoe Family Honor Luncheon
Saturday, August 29, 2020
10:00 a.m. to 2:00 p.m., Red Cedar Hall
Attention Tribal Citizens and Descendants Who Will Graduate from High School or College in 2020!

ARE YOU GRADUATING THIS YEAR?

WE WANT TO RECOGNIZE YOU FOR YOUR ACHIEVEMENT!

Please contact Higher Education Coordinator Melisa Pippen by June 15th so that the Tribe may recognize and congratulate you in the July Tribal newsletter and at the Qwen Seyu Tribal Picnic on August 8th!

Melisa Pippen, 360-681-4626 or mpippen@jamestowntribe.org

Deadlines for Jamestown Higher Education Scholarship Applications (for enrolled citizens)

- Spring Quarter - February 15th
- Summer Term - April 15th
- Fall Quarter /Fall Semester - June 15th
- Winter Quarter/Spring Semester - November 15th

For information on Higher Education funding, contact Melisa Pippen at 360-681-4626 or mpippen@jamestowntribe.org

Seeking Nominations for Volunteer of the Year

The Volunteer of the Year award is intended to go to that individual or group who has shown selfless generosity by volunteering a significant contribution of time and talents in service to the Tribe and its mission.

To be eligible, the nominee must be an adult or youth who provided volunteer service unrelated to paid activities or employment in service to the Tribe.

Volunteer of the Year Nominating Forms are available at the Tribe’s website (www.jamestowntribe.org, on the Announcements page), and in the Administration Building lobby. Forms should be sent to Ann Sargent at asargent@jamestowntribe.org, or by mail to her attention by July 1, 2020. The Volunteer of the Year will be recognized in the Tribal newsletter and at the Tribal Picnic in August.

Election News

Signature verification forms have been sent to Tribal citizens who did not have them on file with the Election Board. Please return your form as soon as possible, as the Election Board is in the midst of an audit of registered voters.

The Election Board wants the Tribal citizenry to know that the 2020 Tribal Council Election will be an important one because three positions will be open. Vice-Chair and Treasurer were scheduled for elections this year. But with the appointment of a new Secretary to fill out Lisa Barrell’s term, the Secretary position will also be up for reelection. Think about whether you are interested in becoming a candidate, and remember to cast your vote when ballots come out in the fall!
## Calendar of Events: March 2020

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### General Citizenship Meeting

**Saturday March 14th**

10 a.m. – 2 p.m. in Red Cedar Hall

Lunch, door prizes!

Speakers: Brent Simcosky on The Healing Campus; Michael Smith on Cedar Greens Cannabis

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**Websites:**

- Tribal Government: [www.jamestowntribe.org](http://www.jamestowntribe.org)
- 7 Cedars Resort/Casino: [www.7cedars.com](http://www.7cedars.com)
- Tribal Library: [http://library.jamestowntribe.org](http://library.jamestowntribe.org)
- Tribal Online Museum: [www.tribalmuseum.jamestowntribe.org](http://www.tribalmuseum.jamestowntribe.org)
- Healing Campus: [www.jamestownhealingcampus.org](http://www.jamestownhealingcampus.org)
- Facebook Pages:
  - S’Klallam Tribal Events and Announcements: [https://www.facebook.com/groups/sklallam.events.announcements/](https://www.facebook.com/groups/sklallam.events.announcements/)
  - Children and Youth Programs: [https://www.facebook.com/jstkchildrenandyouth/](https://www.facebook.com/jstkchildrenandyouth/)
  - yehúməct Traditional Foods and Culture Program: [https://www.facebook.com/jamestown.tfp/](https://www.facebook.com/jamestown.tfp/)
  - Jamestown Family Health Clinic: [https://www.facebook.com/Jamestown-Family-Health-Clinic-191450454240502/](https://www.facebook.com/Jamestown-Family-Health-Clinic-191450454240502/)
  - [https://www.facebook.com/7CedarsCasino/](https://www.facebook.com/7CedarsCasino/)
  - [https://www.facebook.com/TheCedarsAtDungeness/](https://www.facebook.com/TheCedarsAtDungeness/)
  - [https://www.facebook.com/LonghouseMarket/](https://www.facebook.com/LonghouseMarket/)
  - [https://www.facebook.com/HouseOfSevenBrothers/](https://www.facebook.com/HouseOfSevenBrothers/)

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**Find Us on the Web!**
Seeking Applicants for Election Board - Alternate Member

The Election Board meets monthly, during election years. If one of the Board members is absent, or if there is a vacancy on the Board, the Alternate becomes a voting member. Applicant for the open position must be a registered Jamestown S’Klallam voter, and able to attend monthly meetings in person.

The Alternate will complete a term that runs through 2021.

If you are interested in this position, please send a letter of intent to:

Election Board c/o Cathy MacGregor, Jamestown S’Klallam Tribe, 1033 Old Blyn Highway, Sequim, WA 98382

Questions? Call and leave a message so that Cathy can return your call at 360-681-2029

Olympic BirdFest 2020
Come Bird With Us Sequim, Washington, April 17-19, 2020


Enjoy guided birding trips, boat tour, and a gala banquet. Our featured speaker this year, Scott Pearson, is a researcher in Ecology, Marine Biology and Zoology at the Washington Department of Fish & Wildlife.

Come bird with us and discover with others the spectacular landscapes of the Olympic Peninsula ...you just might go home with a new bird for your life list!

Check out the offerings by going online (www.olympicbirdfest.org).

Precede your Birdfest weekend with a three-day, two night birding cruise of the spectacular San Juan Islands on April 14-16, 2020. Visit San Juan and Sucia Islands, and more. Stay at the historic Roche Harbor Resort.

Extend your Birdfest weekend with the Neah Bay post-trip, April 19-21, 2020: Two and one-half days exploring northwest coastal Washington, a region rarely seen by birders.

Contact us by phone, at 360-681-4076, E-mail us at info@olympicbirdfest.org

Peninsula College Studium Generale
Thursday March 5th, 12:30 p.m.
Little Theater
All are welcome to attend

Daniel Gullota, historian of religion and PhD student in religious studies, Stanford University, presents

“Andrew Jackson, Native Americans, and the Indian Removal Act”

Gulotta’s podcast The Age of Jackson, features a weekly interview with researchers and published historian, looking at various aspects of American life in the Jacksonian period. https://theageofjacksonpodcast.com/

JAMESTOWN FAMILY HEALTH CLINIC
808 NORTH 5TH AVE. SEQUIM, WA
PHONE: 360-683-5900

Hours: Mon. - Fri. 8 a.m. to 5 p.m.;
Sat. 10 a.m.- 3 p.m. for both routine and as-needed appointments.
Northwest Native Expressions Gallery

Check out our wide selection of Native theme adult and children’s books, audio and video DVDs.

Northwest Native Expressions Gallery
1033 Old Blyn Highway, Sequim, WA 98382
360-681-4640
Open 9 a.m.-5 p.m. daily.
Shop online! www.NorthwestNativeExpressions.com

fostering together
Our Community…Our Children
Learn how you can open your home to a Native Child in your community.
By opening your home to a Tribal youth:
- The Tribe can protect and promote the youth’s best interest.
- The Tribe can provide on-going connection to culture and traditions.
- The Tribe can often provide additional resources and support from Tribal Child Welfare Programs.
Fostering Together can help.
Fostering Together is dedicated to helping ensure that every child has a safe place to stay. Homes that honor and support culture until children can return home are needed. If you are willing and able to become a resource for a family involved with child welfare, please contact us.
At Fostering Together, we care here to answer your questions, offer guidance to you during the licensing process and provide ongoing support after becoming a licensed foster parent.
All services are free to foster, adoptive and kinship caregivers.
Call 888-KIDS-414 (888-534-7414)
Visit http://www.fosteringtogether.org
Connect facebook/FosteringTogetherWA

For more information, contact
Linda Cortani
Fostering Together Liaison
Jefferson and Clallam Offices
Cell 360-640-0869
linda-cortani@olivecrest.org

Regina Hopkins
Fostering Together
Native American Outreach Liaison
Region 5 & 6
Cell 253-228-3071
Regina-Hopkins@olivecrest.org
The Jamestown S’Klallam Tribal Newsletter is published monthly. Please submit news, informational items and Letters to the Editor by email to Betty Oppenheimer at boppenheimer@jamestowntribe.org, or by US Mail to the address above, or call her office at 360-681-3410. The deadline for submission to be included in the following month’s issue is the 15th day of the current month.

Changes of Address: Tribal Citizens: Please send changes of address and name changes to Enrollment Officer Kayla Holden at kholden@jamestowntribe.org or call her at 360-681-4635. Other newsletter recipients: Please send changes of address to Betty Oppenheimer at the address/phone above.

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