

Jamestown S'Klallam Tribal Newsletter, Volume 41, Issue 7, July 2020

Congratulations, Graduates!

Tribal Council and the Higher Education Committee extend their sincere congratulations to these Jamestown graduates:

High School Diploma

Madison Chambers
Jaiden Dougherty
Thomas Dougherty
Nathan Gill
Kiya Hensley
Jayden Madden
Aliya Shelton
Eli Smith

College/Post Secondary

Talia Renae Anderson
Olivia Barrell
Jaiden Bosick
Daniel Hanson
Julia Holden
Kaja Jade Obermiller

Graduate Degree

Morgan Snell
Summer Ehrig

Learn more about each of these graduates, listed alphabetically inside this newsletter edition!

Coronavirus Update: Now Open

Open to the Public	Open by Appointment
7 Cedars Casino, including restaurants Cedars at Dungeness, including restaurants Jamestown Family Dental Clinic Jamestown Family Health Clinic Railroad Bridge Park Northwest Native Expressions Gallery Cedar Greens Cannabis, Open, including drive-thru	Tribal Government offices, by appointment Jamestown Excavating, no outside visitors Jamestown NetWorks, no outside visitors Economic Development Offices, no outside visitors Carlsborg Self-Storage, by appointment

The governor has ordered that employees not working alone must wear masks. We encourage everyone who cannot stay 6 feet from others to wear a mask.

The Tribal Picnic has been canceled.

The Elders Honoring Luncheon has been canceled.

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Talia Renae Anderson

Talia Renae Anderson graduated from Toni and Guy Hairdressing Academy with a Cosmetology License. She is currently renting a booth at Coco Rose Beauty, a salon in downtown Coeur d'Alene, ID, where she cuts, colors and styles hair, provides facial waxing, and lacquer polish pedicures. "I am working on purchasing all the tools I will need to do more advanced nails, such as acrylics and gel polish. After I build my clientele, I plan on taking a 1 year course in psychology and behavioral health so I can truly help people transform not just their outside beauty, but their inner beauty as well, all while in a comfortable environment." Talia is the mother of 2 children, Miles (3) and Jasmin (2). "I hope my choices in life inspire them to be the amazing little humans I believe that they will become." Talia is a Tribal citizen from the Hunter family, the granddaughter of Laverne Purser. "I would also like to acknowledge my appreciation for all of Kim Kettel's help, encouragement, and loving responses to my success along the way. What a beautiful soul she has!"

Olivia Marie Barrell

Olivia Barrell graduated with a Bachelor of Science degree in Computer Science from DigiPen Institute of Technology. "I was recently hired by Keywords Studios as a remote technical support agent. After some time here, I plan to continue my professional career by becoming a software developer or data analyst for any company in need," she said. Olivia is a Tribal citizen from the Johnson family, the daughter of Lisa and Adam Barrell.



Jaiden Bosick

Jaiden (Grinnell) Bosick graduated with an Associate of Applied Science General Business degree from Kenai Peninsula College. "I plan on using my degree to make educated decisions as my husband and I continue to diversify into other fisheries and business opportunities. I would like to thank Jamestown and my family for their continued support over the near decade that it took for me to complete this degree. It takes a village to graduate and I've got the best of the best," she said. Jaiden is a Tribal citizen from the Prince family, the daughter of Kurt Grinnell and granddaughter of Elaine and Fred Grinnell.

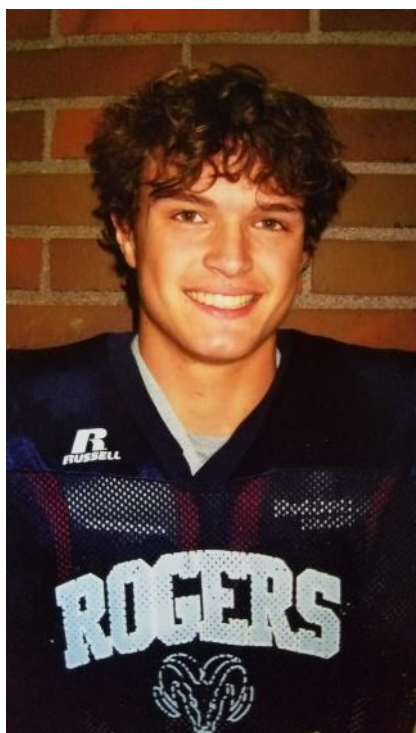


Madison Chambers

Madison Chambers graduated from Kentridge High School in Kent, WA on her birthday, June 13th! Madison is a descendant of the Cook-Kardonsky family. She is the grand daughter of loved and missed, Leo Kardonsky. Madi is an admirable young woman. She is sweet, smart, kind, loyal, loving, reliable, trustworthy and so much more. She is driven in everything she does and gives full attention and dedication. She plans on taking a year off to really dive deep into deciding what it is she wants with her future career. No matter what she decides, she will be happy and successful as she wouldn't ever settle for anything less.

Jaiden Dougherty

Jaiden Dougherty graduated from Sequim High School. She has been working with children at the YMCA since she was 15 – a connection she made through the Jamestown Teen Career Exploration Program. Unsure of her exact plans – to work with children, or to work in Information Technology - she plans to start at Peninsula College and see where that takes her. Jaiden is a Tribal descendant from the Allen family.



Thomas Doughty

Thomas Doughty graduated from Roger's High School in Puyallup, WA. He has earned eight letters in sports, participated in the Native Youth Leadership Academy for the past 6 years; and was about to become a certified lifeguard when the pandemic cancelled the final exam. He plans to attend Bates Fire/EMT Training Academy, and is working on his dad's painting crew for the summer. TJ's goals include "to be a puller on the Canoe Journey, pursue a career in firefighting, help others, stay connected to my culture and my family." Thomas a Tribal descendant; the grandson of Michael Lowe, and son of Heather Barrick.

Summer Ehrig

Summer graduated with a Masters of Education in Special Education from Northern Arizona University with a 4.0 GPA. She will work as a high school special education teacher at her alma mater in Yuma, Arizona.

Summer is a descendant of the Sullivan/Lawrence family, the great granddaughter of Carl R. Lawrence Sr. and the granddaughter of Jerry A. Lawrence.



Nathan Gill

Nathan Gill graduated from Montesano High School in Montesano, WA, where he has lived his entire life. He plans to attend Grays Harbor College and earn a degree in Auto Mechanics. He is a lifelong sports enthusiast, playing soccer and football throughout his school years. He loves dirt track racing and hopes to own/build his own race car. Nathan is a Tribal descendant from the Harner/Sparks family, the grandson of Sandra Gill, and the son of Tyler and Nickie Gill.



Daniel Hanson

Daniel Hanson graduated with honors from Lakes High School in Lakewood, WA, and with an Associate's degree from Pierce College, as a National Honor Society Scholar. He plans to attend Central Washington University to work toward a Bachelor of Science degree in Psychology, with a minor in Cyber-security. Daniel is a descendant from the Travers family; grandson of Ruth Roath, great grandson of Albert LeeRoy Simmonds and Margaret Travers-Simmonds-Stratte. His great-great-great grandmother was Princess Sally Salitza.

Kiya Hensley

Kiya Hensley graduated from Great Mills High School in St. Mary's County, MD, and plans to work fulltime. Kiya is a Tribal citizen from the Johnson family, the granddaughter of Vickie Carroll and daughter of Harold Hensley.



Julia Holden

Julia Holden graduated with a Bachelor of Science degree in Psychology and a minor in Counseling, from Grand Canyon University. She plans to pursue a Master's degree in Social Work. "In this profession I hope to help patients and families navigate the process of illness and injury, from hospitalization to recovery," she said. Julia is a Tribal citizen from the Prince family.

Jayden Madden

Jayden Madden graduated with honors from Insight School of Washington. She plans to have a career working with animals. Jayden is a Tribal descendant from the Prince family, the daughter of Lisa and Rashaud Emperado, granddaughter of Beth and Ed Anders, and great-granddaughter of Lyle Prince.



Kaja Jade Obermiller (No photo submitted)

Kaja Jade Obermiller graduated with Bachelor of Arts degree in International Affairs, with a minor in Spanish, from the University of Nevada at Reno. She plans to continue on to Nursing School. Kaja is a Tribal descendant from the Allen family.



Aliya Shelton

Aliya Shelton graduated from Cascade High School in Everett, WA. She will work with dogs until she begins college at EAB Global Inc. in Richmond, VA, for a degree in Psychology. Tribal citizen Aliya is the granddaughter of Anita Russell, from the Collier family.



Eli Smith

Eli Infinity Lynn Smith graduated from Lincoln High School in Port Angeles, WA. She plans to attend Peninsula College and pursue a career in ocean conservation. Eli is a Tribal descendant from the Cook-Kardonsky family.



Morgan Snell

Morgan Snell earned a Masters degree in Business Administration from Walden University. She plans to continue to work in the Tribal Health Benefits department where she hopes to continue to develop and grow her career. Morgan is a Tribal citizen from the Allen family.

Home Visit Replaces Graduate Dinner

The Higher Education Committee normally has a graduation recognition dinner for local Native students, but because of the Coronavirus, we decided to place "Congrats 2020 Graduate" signs on the lawns of the students. The two Jamestown Tribal descendants, Eli and Jaiden, were presented with woven cedar graduation caps made by Pat Adams. Kjirstin was given a small dream catcher, a feather for smudging, a friendship necklace, and three little pocket spirit tokens from the gift shop.



Jaiden Dougherty is a Sequim HS graduate, in the picture with her is the Higher Education committee (Vickie Carroll, Theresa Lehman, Rochelle Blankenship, and Beth Anders) Also pictured Loni Greninger and Theresa's granddaughters Kailoni Cagey-Carter and Zelby Gloria



Eli Smith - Lincoln High School graduate, in the picture is her family—brother Alden, grandmother Gloria Smith, and mother Melissa Smith-Brady, and laying on the ground is her Aunt Rochelle Blankenship.



Kjirstin Foresman is a Sequim graduate and Alaskan enrolled Tribal member. She has been accepted to the University of Washington! In the picture with her is the Higher Education committee (Vickie Carroll, Theresa Lehman, Rochelle Blankenship, and Beth Anders.) Also pictured Loni Greninger and Theresa's granddaughters Kailoni Cagey-Carter and Zelby Gloria.

Patricia Diane Hettler

November 23, 1957 - June 11, 2020



Patricia Diane Hettler, beloved daughter of Jamestown S'Klallam Elder Dottie Hopkins, died at the age of 62 on June 11, 2020 in her home in Northern California. She was born to Dorothy Hopkins Hettler and M. Hettler in San Antonio, Texas on Nov. 23, 1957. She was predeceased by her little sister Cynthia Louise (1956-1958) and her father. Pat is survived by her precious daughter, Kim Hettler-Coleman, mother Dottie Hopkins and siblings Deborah Hettler-Oda, Jeffrey Hettler and Nancy McIntosh Black as well as Jim, Tony and Doug Hettler.

Pat was a graduate of Washington High School in San Francisco and the University of California, Hayward, CA. Her earlier education took place in Olympia, WA, Newport News, VA and Department of Defense schools in Germany. She was a competitive gymnast and platform diver in high school as well as a cheerleader.

Pat was very spiritual and a proud Jamestown S'Klallam descendant. She felt very connected to her Tribe and had a special place on the beach at our Tribal Center for her meditations.

Pat, an accomplished chef, owned her own catering company and worked in a number of well known restaurants in California. She was artistic, fiercely intelligent and an avid reader.

Pat's favorite place on earth was the Eel River in Northern California. Family and friends are planning a celebration of life for Pat on the Eel in the near future.

Youth Programs

The youth participated in the annual Mental Health Fun Run, keeping a distance. Students followed a checklist including being active at different specific areas in their communities, as well as teaching others mental health facts. The kids were given a swag bag full of items (shown below) to increase awareness while decreasing the stigma of mental health illnesses.



Youth Ada Jane and Frankie Garden make their way across the Railroad Bridge on the Fun Run.



COVID-19 Pandemic & Tribal Operations – Part II

A Message from W. Ron Allen, Tribal Council Chair/CEO

Greetings Jamestown S'Klallam Citizens!

I wrote in the recent past to share some thoughts and provide insights on my view of the COVID-19 Coronavirus Pandemic. Yes, even though the spread of the virus has been light on the Olympic Peninsula, it remains a very real threat to the health of our community.

Our Public Health Care officials Dr. Allison Unthank (Clallam County) and Dr. Tom Locke (Jefferson County & Jamestown Tribe) continue to provide outstanding counsel and recommendations on how we all can contribute to Governor Jay Inslee's "Stay-at-Home" containment order to control the virus spreading, and his 4-phased Safe Start plan. There is no question it has been difficult for all of us and for all of America to adjust.

As of June 1st, we have reopened our 7 Cedars Casino, the Cedars Golf Course, the Art Gallery, our Dental Clinic, our EDA businesses, and we plan on opening our new hotel early August.

Our Health Clinic remains open to provide "front line" health services, but we are challenged to provide these services safely, and continuing with our "drive-thru" tests and tele-health services. We do not receive adequate compensation for these services but are trying to offset the lost revenue through federal and state COVID-19 relief funding. We're making it work.

We are using June and probably into July as a "transitional opening" of our offices to the general public mostly by appointment, and we are slowly bringing back our laid-off staff to provide essential services and support to our community, families and Elders including surplus food and meals. You can still reach all our department staff.

Some have asked how we are using the federal COVID-19 relief funds. It is important to understand that there are complicated requirements on how these funds can be used, to insure that we are not required to pay them back to the federal government. Every tribe received different amounts of these funds relative to their citizen numbers and economic impact. The U.S. Department of the Treasury used a very complicated formula for their distribution and this topic remains in litigation.

Since the pandemic crisis severely reduced the Tribe's revenue sources, we have been using our reserves to cover essential staff and operations, which forced us to cut back on salaries and hours to retain essential services during the state-wide shut down. Most of these funds are targeted at the health care side of our operations, including retaining health clinic staff and purchasing testing supplies and equipment.

Federal COVID-19 funds came with the stipulation that they are to be used for "unbudgeted expenditures" caused by the pandemic, including assisting the Tribes in rebooting our business operations. Therefore, we are using them to cover these salaries, as well as our obligation to the State for unemployment expenses.

Since we laid off over 300 employees, we expect the bill to be expensive.

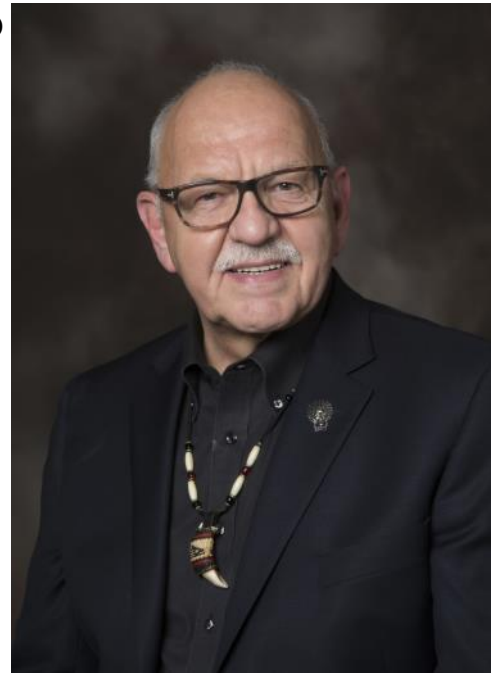
It is a relief that the COVID-19 funds allow us to address assistance to our Tribal citizens through our various programs that we would have otherwise had to cut, including Elder and Family Assistance programs, including our Traditional Foods program.

We have used some of these funds to cover our Natural Resource program, to keep our fishery operations going in support our fishers, and their opportunities to fish (even though their markets are weak).

Resources have been made directly to individuals from the Federal Government. One of the benefits most Americans received was the \$1,200 stimulus check. Those individuals who had incomes less than \$75,000 or \$150,000 for married couples were eligible.

Our Human Resources department continues to work feverishly at providing our current and laid-off employees information on their options for unemployment payments, including the additional \$600/week provided by the federal government to augment these State payments, as well as their options for accessing their 401K resources and alternative health care coverage, if necessary.

One of the citizen benefits from the use of these COVID-19 funds is that we were able to backfill essential staff salaries, freeing up our Tribal reserve funds to restore our annual Elder stipends.



(Continued on page 9)

Tribal Council Election News

The Election Board's most recent mailing, sent out in late June, is a postcard sent to every Tribal citizen who will be at least 18 years of age by November.

You will receive one of two postcards:

1. A postcard telling you that all of your records are in order, and you will receive a ballot for the November Tribal Council election, OR
2. A postcard telling you that the Election Board does not have a Signature Verification on file for you, and instructions to contact the Tribe to obtain the proper forms to fill out in order to receive a ballot for the November Tribal Council election.

Current members of the Tribe's Election Board are Cathy MacGregor (Chair), Lana Kerr, Mary Norton, and alternate Jokton Schmitt.

You can leave them a message at 1-800-262-6603 Extension 2029.

Presidential Election: Register and Vote!

There are close to 6 million Native Americans in the United States.

Let our voices be heard - register and vote!!!

Primary:

- July 17 Start of 18-day voting period (through Election Day). Ballots are mailed out and Accessible Voting Units (AVUs) are available at voting centers.
- July 27 Online and mail registrations must be received 8 days before Election Day. Register to vote in person during business hours and any time before 8:00 p.m. on Election Day.
- August 4 Deadline for Washington State voter registration or updates (in person only). Deposit your ballot in an official drop box by 8 p.m. on Election Day.

General Election:

- October 16 Start of 18-day voting period (through Election Day). Ballots are mailed out and Accessible Voting Units (AVUs) are available at voting centers.
- October 26 Online and mail registrations must be received 8 days before Election Day. Register to vote in person during business hours and any time before 8:00 p.m. on Election Day.
- November 3 Deadline for Washington State voter registration or updates (in person only).
- November 3 General Election** - Deposit your ballot in an official drop box by 8 p.m. on Election Day.

(Chairman's Message, continued from page 8)

Rest assured the State will open back up into the Phase II, III, and IV. It will be a slow recovery, but we will make it work. We continue to firmly believe we will persevere and survive this unusual lifetime challenge. It truly has been one never experienced, yet we're doing our part.

My days continue to be filled with back-to-back phone and Zoom conferences providing reassurances that we'll make sure any federal or state relief legislation includes Tribes, our businesses and community.

Meanwhile, continue to stay safe, practice good hygiene, wear masks in public and have faith as we emerge from this historic world-wide crisis. It is not clear if there will be a second wave or how long into the summer or fall this pandemic will last.

If you have questions or need clarifications, you are always welcome to call me at 360-681-4621 or e-mail me at rallen@jamestowntribe.org and I will be more than happy to share them or respond to your inquiries.

Sincerely,



Our Tribe Stands with Black Lives Matter

At the June 11th Tribal Council meeting, the following Statement was approved:

The Jamestown S’Klallam Tribe stands in solidarity with the Black Lives Matter movement, against systemic racism on Black people, Native people, and people of color. We vow to work for a world in which all people, regardless of race, religion, gender, sexual orientation, financial status, or education, share this precious planet free from inequality and injustice, recognizing that each of us deserves a chance to grow and thrive during our brief time on Earth.

We join our brothers and sisters of color in the current worldwide movement against racism, oppression, and police brutality. We are opposed to violence of any kind.

We pray for a world in which every human is treated with dignity and equality. We call for real change that addresses injustices and disparities, instills fairness in the criminal justice system and offers reparations to heal historic trauma and poverty.

We will never give up our dreams and prayers for a better world for all.

Our Town Stands with Black Lives Matter

Several hundred people gathered in downtown Sequim on June 3rd to speak out against racism and police brutality. From left, Tribal citizen Mackenzie Grinnell, and his housemates Peter Beeler and Jaiden Dokken hold signs at the corner of Washington Street and Sequim Avenue on Wednesday, protesting racism and the death of George Floyd and other Black men at the hands of police officers. (Michael Dashiell/Olympic Peninsula News Group)



Canoe Family During the Time of COVID

By Ginnie Kitzmiller (Cook/Kardonsky)



Alisha Adams (Hall/Adams) begins the cut to start the cedar strip that will run up the tree trunk.

When we all first got word that we were to “Stay Home and Stay Safe,” it was a bit surreal, especially since we did not have a clear idea of what it all meant yet. Once we got a clearer picture of the upcoming weeks, and what has ended up being months, my heart sunk at the thought of all the things that would be missed; especially preparing for Canoe Journey. My first full Canoe Journey where I was a puller was Paddle to We Wai Kai, Wei Wai Kum Nations at Campbell River BC in 2017. The experience of being a part of the Canoe Family these past few years has been wonderful. I feel like I have an extended family, and I miss them dearly when Canoe Journey ends and we await the following late winter/early spring months to get together again.

The months that we have been on ‘lockdown’ are usually the months that Canoe Family gets together at least once each week. Sometimes we are together up to four times in a week as we prepare for the journey. That time includes a canoe pulling practice nearly every weekend, which helps get us trained and in shape for the upcoming journey, in addition to harvesting together to create gifts, make gifts, and meet together to discuss the upcoming journey (these are called Canoe Family Meetings).

About a week or so into the lockdown I started to brainstorm how we could stay connected and also get into shape and stay active. I reached out to the Canoe Family via the phone app we used to communicate (called Team Reach) and asked if they would have interest in connecting via Zoom for a Zoom Canoe Family Meeting, in addition to a Zoom exercise class. It was a resounding “YES!” During our Canoe Family Meeting, we brainstormed ways we could continue to make gifts on our own, and eventually meet outdoors (socially distanced) in small groups so we could harvest together. We wanted to provide Elders with cedar and devil’s club so they could make gifts and other items during the stay-at-home orders.

So that is exactly what we did. Together, we made it happen. That is the great thing about Canoe Family – nothing is done alone. We have our leaders, and our wise elders with their important teachings. However, this is all done together; as a family. So far, we have harvested cedar once, with another harvest coming in mid-June, and we have harvested devil’s club together. Elders and citizens have had the opportunity to make beautiful devil’s club walking sticks, and we have plans to make salve and tea with the bark soon, too. With porch deliveries, we have been able to deliver cedar and devil’s club to a few of our Tribal Elders.

We also stay connected and active using Zoom as a platform for a Canoe Family virtual exercise class. We started with a yoga-instructor led morning flexibility and stretching class, and it expanded from there. We are now doing two early morning exercise classes per week from 6:45am to 8:00am. I have a personal Zoom account and have done my best to be an exercise instructor – with input from the family, we make good fun of staying active. We do a combination of aerobics and cardio, some basic strength and core toning, and yoga and Pilates style exercises which we now follow on YouTube. It is quite a lot of fun and our Canoe Family humor and laughs remain as our muscles shake and we sweat - similar to being on a canoe, but not!



Cathy MacGregor (Reyes) with the neatly peeled and rolled cedar bark.

yəhúmæct Traditional Foods Program

by Lisa Barrell and Mackenzie Grinnell

Gathering x̱páy q̱w̱c̱éŋ' - Cedar Root

The highlight of my month was leaving home (after sheltering in place for two months) to meet with Tribal Elder and knowledge keeper Kathy Duncan to gather x̱páy q̱w̱c̱éŋ' - cedar roots and wisps (small straight s̱lqács - branches) for weaving a clam or gathering basket. It was the first time gathering together/apart for most of us. Coming together was awkward in the beginning...being excited to see each other but keeping our distance and definitely not hugging! It felt so unnatural. Four cars parked along the logging road and we hiked back into the woods to a moss covered area with x̱páy trees. We offered a gift and blessing to the trees and ancestors before we began gathering q̱w̱c̱éŋ'. Kathy quietly instructed us to pull moss back to expose some of the smaller q̱w̱c̱éŋ' and select a q̱w̱c̱éŋ' with a thickness smaller than a pencil. She explained that you carefully coax the q̱w̱c̱éŋ' out from under the moss using your fingers to "see" it instead of your eyes. When the q̱w̱c̱éŋ' becomes too thick, pruners are used to clip the q̱w̱c̱éŋ' and the process continues at the other end. The q̱w̱c̱éŋ' form an underground web weaving in and around each other and it is a skill to follow the q̱w̱c̱éŋ' while trying to create as little disturbance as possible. After the q̱w̱c̱éŋ' is removed, the moss is replaced, leaving it as it was found. We scattered about finding places to sit while Kathy explained how to remove the bark, then explained how to gather and process the small straight x̱páy 'wisps, which will be used as the warp. It was a wonderful way to spend a couple hours to nourish our spirit and learn the ways of our ancestors. há?nəŋ st Kathy for providing us this reprieve and for sharing your knowledge. há?nəŋ st also to Michael Lowe for providing a gift for the forest and Cathy MacGregor for sharing her gathering spot.



Cousins Walter Norton and Cathy MacGregor (Reyes) peeling Cedar root.

q̱péct ?i? kwúkw - Gather and Cook – July 28th, 5:00 virtually via ZOOM

Check out the newsletter article on page 16, from our May 26th q̱péct ?i? kwúkw, with guest cook Joseph Prince. June's guest cooks for q̱péct ?i? kwúkw were father and daughter team Harold and Taylor Hensley. Since this event will take place after this article was submitted, a description will be provided in the August newsletter. Our next q̱péct ?i? kwúkw is scheduled for July 28th. Everyone is welcome to join in. The Zoom address will be listed on our Facebook page and on the Tribe's webpage.

If you are interested in leading a virtual cook-along let us know. We ask that it include one traditional food item and if the item is unique to your area, we can always work out a substitution. We can make it work! We do provide a \$100 thank you stipend plus \$50 for you to purchase the supplies you'll need. Those interested must have ability to log into ZOOM to present and guide citizens/descendants through a cooking demonstration. We ask that the recipe be applicable to all levels of cooking and that it can be prepared within 1 1/2 - 2 hours.



Above, the produce, bagged for the Gather and Cook participants.

(Continued on page 13)

cácu sčáʔyiqʷł - Riverside Berry Farm and the cácu sxʷčən'éʔηəł - Riverside Garden

The cácu sxʷčən'éʔηəł is coming along great! We are so excited to have hired Jessica Johnson and Eli Smith to help us with everything. We now have all of the dirt and bark spread and all the plants are in the ground. A huge thank you to everyone that helped with the starts. They are safe and sound in the ground and doing well. Even with all the help we have from Jessica and Eli, we would still love to see some new faces. If you want to come help with weeding, transplanting, or even to just see what we are doing everyone is welcome. We have a walking trail around the garden area and are planning on making one that connects the cácu sčáʔyiqʷł - riverside berry farm to the cácu sxʷčən'éʔηəł. So if you are looking for a beautiful place to get some fresh air and space, come on down. The cácu sčáʔyiqʷł- river side berry farm is off to a great start. With transplanting so many native plants we were expecting quite a few to not make it but with all the love that they received when being planted nearly every single one is thriving!

stə́tíʔəm ʔiyám -Jamestown Strong

The “stə́tíʔəm ʔiyám -Jamestown Strong program continues weekly on Wednesdays with the new time of 5:30. We rotate weekly to cover Garden Updates with Chris, Movement with Katy, Preventing & Living with Diabetes with Janelle, and Native Nutrition with Bridgette. We've handed out seeds and start trays to those interested in starting plants to transfer to the garden. We want to thank those who have volunteered to work in the community garden and we welcome anyone who'd like to spend some time outdoors playing in the dirt! Contact Mackenzie to sign up.

Kits for painting rocks to place along the Wellness Garden paths or in the garden

Thanks to Tribal Elder Sharon Champagne, we are working on rock painting. Sharon has provided instruction and design and we will be compiling kits for citizens to take home. Kits will be available for 12 citizens who would like to try their hand at painting a Salish design on a rock that will be placed along the garden wellness paths and possibly throughout the garden as ID markers. Paints, brushes and rocks will be provided, and we ask that you return 1 rock for us to place in the garden.



Join us, whether it's virtually through one of our workshops or in person at the garden. Check out what we're doing on our Facebook page Jamestown S'Klallam yəhúməct Traditional Foods & Culture and leave us a message. We'd love to hear from you.

yəhúməct – take care of yourself

Lisa & Mack

lbarrell@jamestowntribe.org,

360-681-3418

mgrinnell@jamestowntribe.org

360-681-3408

Mack Grinnell, “stə́tíʔəm ʔiyám -Jamestown Strong” Project Coordinator; Jessica Johnson (Johnson/Dick), Garden Assistant; Eli Smith (Cook/Kardonsky) Garden Assistant; and Chris Tipton, Garden Manager work in the Wellness Garden

JAMESTOWN FAMILY HEALTH CLINIC
808 NORTH 5TH AVE. SEQUIM, WA
PHONE: 360-683-5900

Hours: Mon. - Fri. 8 a.m. to 5 p.m.;

Sat. 10 a.m.- 3 p.m. for both routine and as-needed, face-to-face and telehealth appointments.

Participating in q̓páct ʔiʔ kʷúkw Gather and Cook

By Betty Oppenheimer

Gather and Cook in June was a virtual event, with 23 households (34 participants) tuned in on Zoom, a video platform.

At the last minute, Lisa had an extra food kit available, and asked me if I wanted to make cod tacos for dinner. "Of course!" I said.

Joseph Prince and his wife Chantel had agreed to teach Cod Tacos, Indian-style (on fry bread).

Lisa explained how that happened: "I was loading up Jamestown Fresh boxes to deliver to citizens for our first virtual q̓páct ʔiʔ kʷúkw and I kinda recognized Joseph from Facebook and he kinda recognized me. He was in town picking oysters for his dad, uncle and grandpa when we spotted each other in the parking lot at the Tribe. I've been in awe of his Facebook posts sharing the amazing places he's been to and the foods he's tried, and I've drooled over the photos he's posted of foods he's prepared. So I approached him and told him what we were doing. I mentioned that it would be cool if we could get other citizens involved in virtual cooking for our q̓páct ʔiʔ kʷúkw and I mentioned that we would be preparing black cod in June. I asked if he would be willing to come up with a recipe and lead us as guest cook. He agreed!! I ran over to the freezer and grabbed a couple packages of the cod for him to take home"

Before the event, Traditional Foods program staff had provided participants the needed ingredients, including black cod (from the Tribe's net pens in Port Orchard), a flour mix for the fry bread, and vegetables and dressing ingredients for slaw. We had been instructed to fillet our fish and make our fry bread dough before the event began. We tuned in at 5 p.m., and Chantel showed us how to divide and form our fry bread. Then Joseph showed us how to prepare the vegetables for the slaw – cabbage and radicchio tossed with avocado, Greek yogurt, lemon and spices. He talked us through preparing our garnishes – cilantro, and diced tomatoes and onion. We learned to coat our fish fillets in seasoned flour to prepare them for pan frying. Then, we got our frying pans hot and made our fry bread and kept it warm while we fried our fish. Along the way, Joseph and Chantel answered questions about ingredient substitutions (one family used shrimp instead of cod; another used gluten free tortillas instead of fry bread), offered tips on knife sharpening, how to properly dice and slice, and how to keep our workspace hygienic.

When all of the elements were ready, we assembled our Navajo tacos – fry bread with a nice helping of slaw, topped by fish, garnishes, and a squeeze of lemon juice. It was beautiful and delicious.

Joseph has been barbecuing the salmon at the Tribal picnics alongside his grandfather Les Prince, father Greg, and uncle Vince, along with his cousins Jesse and Lacey, for 25 years. He and his wife Chantel live in Olympia, and are expecting their first child in June.

It was an honor to be included, and a really fun way to make dinner. I'd encourage anyone who is interested in learning to make meals with traditional ingredients to contact Lisa or Mack to be included in a future Gather and Cook event. If you're not local and can't pick up a kit, they will send you the ingredient list and you can purchase your own.

If you would like to teach a future Gather and Cook event, contact Lisa with information on what you'd like to teach, and how it relates to traditional S'Klallam food culture.

Update: Joseph and Chantel welcomed their daughter Staley Layne Prince on June 10th!



Above, Chantel and Joseph Prince.
Below, the finished Cod Taco dish.



CAREERS AT JAMESTOWN S'KLALLAM TRIBE

Check out the latest career opportunities at Jamestown S'Klallam Tribe and 7 Cedars Resort online at the provided links below, and submit an online application today! When you submit your application, it is sent directly to that position's hiring supervisor for review. Remember to provide current phone numbers and emails for your references, a cover letter, and resume!

Apply Online At ↘
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CEDAR GREENS

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7 CEDARS RESORT

7CEDARS.COM/CAREERS/

Human Resources ↘
QUESTIONS? CONTACT US!



Tarynn Kettel
Jamestown S'Klallam Tribe
HR Workforce Analyst
P: 360-582-5789
E: tkettel@jamestowntribe.org



Hayley Pearce
7 Cedars Resort Properties
HR Recruiter
P: 360-582-2494
E: hpearce@7cedars.com

#JAMESTOWNSKLALLAMTRIBECAREERS   



CEDARS

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**FRONT DESK, NIGHT MANAGER, LAUNDRY ATTENDANT,
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APPLY ONLINE
WWW.7CEDARS.COM/CAREERS

Message from Our Tribal Enrollment Officer

Dearest Tribal Citizens: In an effort to update enrollment records please send me an e-mail (preferably) or a phone call with your updated e-mail address and phone number if it has changed. It is important that we have updated contact information in our records so we can reach you and (or) get valuable information to you effectively.

E-mail: kholden@jamestowntribe.org

Ph.: 360-681-4635

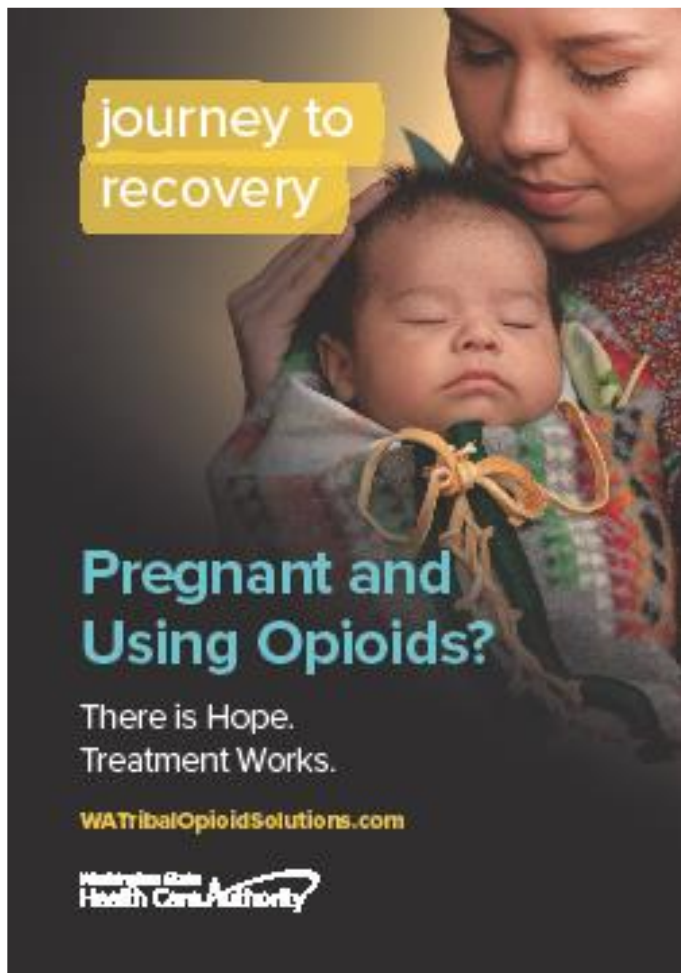
P.S. A gentle reminder to contact me as soon as possible with any address/ mailing updates.

háʔnəŋcən, Kayla Holden

COVID-19 and Taxation

There is no income tax due on your \$1,200.00 stimulus check.

But be prepared!!! There will be income tax due on any unemployment benefits, and on the additional \$600 weekly payment added by the federal government. These payments are considered taxable income.



journey to
recovery

**Pregnant and
Using Opioids?**

There is Hope.
Treatment Works.

WATribalOpioidSolutions.com

Washington State
Health Care Authority

River Center Charity Golf Tournament



- July 31-August 2, 2020 Hosted by The Cedars at Dungeness Golf Course
- A "virtual tournament" due to COVID-19 social distancing restrictions
- Call the Pro Shop at 360-683-6344 and make a tee time on one of the three days. When you check-in, announce that you are playing the River Center Tournament.
- \$80 per person includes green fees, cart, range balls, box lunch and prizes
- Two-person scramble format
- All proceeds benefit the River Center's on-going operations.

Protect Yourself from Social Security Scams

Be on the lookout for fake calls and emails



Securing today
and tomorrow

Telephone and email scammers are pretending to be government employees. They may threaten you and may demand immediate payment to avoid arrest or other legal action. Do not be fooled!

If you receive a suspicious call:

1. **HANG UP**
2. **DO NOT GIVE MONEY OR PERSONAL INFORMATION**
3. **REPORT THE SCAM AT [OIG.SSA.GOV](https://oig.ssa.gov)**



What to look out for



The caller says there is a **problem** with your Social Security number or account.



Any call asking you to pay a fine or debt with retail gift cards, wire transfers, pre-paid debit cards, internet currency, or by mailing cash.



Scammers **pretend** they're from Social Security or another government agency. Caller ID or documents sent by email may look official but **they are not**.



Callers threaten you with arrest or other legal action.

Be Alert

Social Security may call you in some situations but will **never**:

- » Threaten you
- » Suspend your Social Security number
- » Demand immediate payment from you
- » Require payment by cash, gift card, pre-paid debit card, or wire transfer
- » Ask for gift card numbers over the phone or to wire or mail cash



Be Active

Protect yourself, friends, and family!

- » If you receive a questionable call, hang up and report it at oig.ssa.gov
- » Don't return unknown calls
- » Ask someone you trust for advice before making any large purchase or financial decision
- » Don't be embarrassed to report if you shared personal information or suffered a financial loss
- » Learn more at oig.ssa.gov/scam
- » Share this information with others

Social Security Administration | Publication No. 05-10533-B | February 2020 | Produced at U.S. taxpayer expense



DEADLINES FOR JAMESTOWN HIGHER EDUCATION SCHOLARSHIP APPLICATIONS (FOR ENROLLED CITIZENS)

Spring Quarter - February 15th

Summer Term - April 15th

Fall Quarter /Fall Semester - June 15th

Winter Quarter/Spring Semester - November 15th

For information on Higher Education funding, contact Melisa Phippen at 360-681-4626 or mpippen@jamestowntribe.org



Free Piano

Located at Carlsborg Self-Storage
Contact: Tom McCaffrey
Phone: 509-671-6477

Cannabis as Medicine

- Zoom (on-line)
Presentation by Tribal Elder Lana Kerr and Clinical Pharmacist Claire Capriola
- Thursday August 6th at noon
- For Zoom meeting ID, email your name and phone number to:
bth.cannabisasmedicinegmail.com



**Census Deadline
Extended to
October 31, 2020
Go to www.Census2020 to
complete yours!**



We are open! Come in and see our new line of gift cards, collectable Signature plates, and many other Native-theme items that make great gifts!

NORTHWEST NATIVE EXPRESSIONS GALLERY

1033 Old Blyn Highway, Sequim, WA 98382
360-681-4640

Shop online! www.NorthwestNativeExpressions.com

Calendar of Events: July 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Jamestown Strong, page 15	2	3 Independence Day holiday— Tribal offices and clinics closed	4 Independence Day
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28 Gather and Cook, page 14	29	30	31	

The Qwen Seyu Tribal Picnic has been canceled to keep our community safe and healthy.

The 2020 Elders Honoring Luncheon has been canceled.

Websites:

Tribal Government: www.jamestowntribe.org
 7 Cedars Resort/Casino: www.7cedars.com
 Jamestown Family Health Clinic: <https://jamestownhealth.org>
 Jamestown Family Dental Clinic: <https://jamestownfamilydentalclinic.com/>
 Tribal Library: <http://library.jamestowntribe.org>
 Tribal Online Museum: www.tribalmuseum.jamestowntribe.org
 Healing Campus: www.jamestownhealingcampus.org
 Northwest Native Expressions Gallery: www.NorthwestNativeExpressions.com

Find Us on the Web!

Facebook Pages:

Tribal Government: www.facebook.com/JamestownSKlallamTribe
 Tribal Library: <https://www.facebook.com/Jamestown-SKlallam-Tribal-Library-468983403143461/>
 S'Klallam Tribal Events and Announcements: <https://www.facebook.com/groups/sklallam.events.announcements/>
 Children and Youth Programs: <https://www.facebook.com/jsktchildrenandyouth/>
 yəhúməct Traditional Foods and Culture Program: <https://www.facebook.com/jamestown.tfp/>
 Jamestown Family Health Clinic: <https://www.facebook.com/Jamestown-Family-Health-Clinic-191450454240502/>
<https://www.facebook.com/7CedarsCasino/>
<https://www.facebook.com/TheCedarsAtDungeness/>
<https://www.facebook.com/LonghouseMarket/>
<https://www.facebook.com/HouseOfSevenBrothers/>

ʔáyəstxʷ ʔínəŋ skʷáči HAPPY BIRTHDAY!

Jamestown S'Klallam Tribe
1033 Old Blyn Highway
Sequim, WA 98382
1-800-262-6603 or 1-360-683-1109
www.jamestowntribe.org

2	Harold Hammer	20	Virginia Hurd
2	Cassandra Johnson	20	Cynthia Wallace
2	Justin Brown	21	Owen Hutsell
2	Christine Hegler	21	Victoria Champagne
3	Louis Kardonsky	21	Matthew Cullivan
3	Cody Buckmaster	21	Darryle Adams
4	Michael Donahue	21	Marisol Canales
5	Tracy Kardonsky	22	Sondra Dumont
6	Dennis Wilcox	22	Denise Williams
6	Jolie Creech	23	Cary Sternback
6	Rochelle Blakenship	24	Robert Bass Jr.
7	Terry Johnson	24	Travis Barkley
8	Brayton Ruffcorn	25	Charles Hall
8	Denise Miller	26	Diane Purser
9	Vickie Vieth	27	Delilia Church
16	Sandra Gill	27	Janet Duncan
17	Bernard LaPointe	28	Richard Hunter
17	Bo Holden	28	Jason Tangedahl
18	Sharon Houk	28	Japhen Vieth
18	Jesse Ferdig	29	Jeffery Allen
19	Melissa Smith-Brady	29	Rachel Sullivan
19	Victor Tuson	30	Michelle Thomas
19	Donita Peterson	31	David Holden
19	Rosalynn McKenna	31	Kaitlyn Peterson
20	Bette Smithson		

7 Cedars Casino: 360-683-7777
Carlsborg Self Storage: 360-582-5795
Casino Gift Shop: 360-681-6728
Cedar Greens Cannabis: 360-489-6099
Cedars at Dungeness Golf Course:
1-800-447-6826
Double Eagle Restaurant/Stymie's
Lounge: 360-683-3331
Economic Development Authority:
360-683-2025
Jamestown Dental Clinic:
360-681-3400
Jamestown Excavating: 360-683-4586
Jamestown Family Health Clinic:
360-683-5900
Jamestown NetWorks: 360-582-5796
Jamestown Social and Community
Services: 360-681-4617
Longhouse Market and Deli
360-681-7777
Newsletter Editor: 360-681-3410
Northwest Native Expressions Gallery:
360-681-4640
Public Safety and Justice Center:
360-681-5600
Tribal Library: 360-681-4632
Tribal Gaming Agency: 360-681-6702
Tribal Veterans Representative:
360-434-4056

Want to read our newsletter online? Scan this QR code or visit www.jamestowntribe.org. Click on More, then on Tribal Newsletters. The online version is in color, so if you want to get the most out of our photos or print copies for your archives, use the online version.



Jamestown S'Klallam Tribal Council
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360-681-4660
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Kurt Grinnell, Council Member, k_grinnell@msn.com, 360-461-1229

The Jamestown S'Klallam Tribal Newsletter is published monthly. Please submit news, informational items and Letters to the Editor by email to Betty Oppenheimer at boppenheimer@jamestowntribe.org, or by US Mail to the address above, or call her office at 360-681-3410. The deadline for submission to be included in the following month's issue is the 15th day of the current month.
Changes of Address:
Tribal Citizens: Please send changes of address and name changes to Enrollment Officer Kayla Holden at kholden@jamestowntribe.org or call her at 360-681-4635.
Other newsletter recipients: Please send changes of address to Betty Oppenheimer at the address/phone above.
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