

Jamestown S'Klallam Tribal Newsletter, Volume 41, Issue 8, August 2020

7 Cedars Hotel Opens August 4th

7 Cedars Hotel will open on August 4th, with a grand opening celebration planned for a later date, when it is safer to congregate. Reservations have been accepted since July 7th. Book online at www.7Cedars.com, or call 360-683-7777.

An invitation-only opening day celebration will be phased throughout the day to ensure social distancing, with a blessing, and receptions for Tribal citizens and politicians.

The 5-story hotel offers 100 guest rooms on floors 2 through 5, with four Corner Suites on the top floor – named for the Salish Sea, Chetzemoka, Lord James Balch, and Prince of Wales - and an Executive Suite on each floor – named for Water, Land, Trees and Sky. The hotel is non-smoking, and offers ADA compliant rooms in each room type – double queen, king, king suite, executive suite, and corner suite.

The main floor offers guest services, Jamestown Java, as well as three meeting rooms that can accommodate up to 140 people theater-style, and 80 people for a sit-down meal.

Room services will be provided by Cedar Eats from 5 p.m. to midnight, while guests can get breakfast at Jamestown Java in the lobby, or walk through the connecting hallway into the Casino to eat at Napoli's or the House of Seven Brothers whenever the Casino is open.

The hotel was designed by Rice, Fergus, Miller Architects, and built by Swinerton Builders of San Francisco. This project was originally slated to begin in 2008, but the Tribe determined that a delay was prudent due to the national financial downturn at that time. Now, twelve years later, the many pieces of this complex project have come together, including a connection to the Sequim Wastewater system, and a road that loops behind the Tribal businesses, allowing patrons to get to and from them without entering the highway. The hotel complements the Tribe's other resort properties – 7 Cedars Casino, The Longhouse Market and Deli, and The Cedars at Dungeness Golf Course. A blueprint of the first floor is inside, on page 3.



Jamestown Tribal Citizen Discount Rates

30% off Best Available Rate, Friday-Saturday (based on availability)
35% off Best Available Rate, Sunday—Thursday (based on availability)
Tribal Elders: One-night complimentary stay per year

Other Tribes' Citizens' Rates

20% off Best Available Rate, Friday-Saturday
25% off Best Available Rate, Sunday-Thursday

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Volunteers of the Year

Although the Tribal Picnic was cancelled due to COVID-19, the Tribal Council still selected Volunteers of the Year to honor. They will receive plaques and gifts.
If you see Allan, Barbara or Mary, offer your congratulations!

Allan and Barbara Lickiss

(Sparks/Harner)



Allan and Barbara Lickiss spent their working lives in Maple Valley, southeast of Seattle. She worked at Boeing for 36 years, and he worked as a welder and hydraulic mechanic at Flow International. They raised their daughter Deanna there; she still lives in North Bend.

But when Allan retired, and Barbara a year later in 2015, they moved back to his hometown of Montesano, where they built a home on a piece of land he had inherited.

Allan and Barbara saw an article in the Tribal newsletter about an Elders Trip to Ocean Shores, and they signed up. They thoroughly enjoyed it, and put their names in for the next trip, winning their spots on the Elders cruise to Alaska.

"We had so much fun with everyone, and as we were talking, we decided that having reaped the benefits, we should give back, support Elders and other programs of the Tribe that has been so warm and welcoming to us," said Barbara.

Over the past five years (up until the COVID-19 shut-down), the Lickisses have traveled the 2 ½ hour trip to Sequim almost monthly, attending all sorts of events and classes, including traditional foods, veteran and other events. They have worked

(Continued on page 9)

Mary Norton

(Reyes)



During her working life in Port Townsend, Mary Norton was only occasionally able to attend Tribal events. But as she neared retirement and moved back to Sequim, it was part of her plan to become more involved with her Tribal family and culture. Since she retired at age 55 in 2007, she has volunteered in various capacities.

"It was a gradual thing. The more events I started going to, the more involved I got. Once you volunteer for something, you can see areas where people need help. If someone can use my help and I know I can do it, I do it," she said.

Norton's nomination, submitted by fellow Elders Cathy MacGregor and Julie Powers, calls her a "model elder," adding "her integrity is unquestionable; she is an example of how to behave and contribute. She takes her duty to heart. She presents with kindness, compassion, patience, generosity, and acceptance of others and their viewpoints..."

Mary has become quite involved in the Klallam language program, now acting as an alternate instructor at classes at Jamestown, and moving toward becoming a certified teacher. Her next step is to take a class with linguist Timothy Montler in the fall, and then take the certification test, hopefully in January.

Mary has helped for more than ten years with the Elders Gathering, making gifts and selling raffle tickets. Her sewing skills are sought after, as she has constructed many regalia vests and other items.

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COVID-19 Update

The people of the State of Washington flattened the COVID-19 curve in April and May, and began moving through Governor Inslee's Safe Start phased reopening. As the month of June progressed, many counties moved into Phase 2, which allows larger gatherings and business openings, and several moved into Phase 3, with even more freedom of movement. The population was warned to continue to social distance from one another, and to wear masks, but it was clear by the end of June that many were not following those guidelines.

On June 27th, any moves to Phase 4 were put on hold. On July 2nd, the Governor and Secretary of Health Weisman paused the phased approach (not extended at least through July 28th), and mandated that masks be worn, as the virus had begun spreading faster than the anticipated uptick. At that time, Jefferson County had just applied to move into Phase 3, and Clallam County was holding off for a few more weeks to see how the spread progressed.

By mid-July, it was apparent that Independence Day holiday gatherings had caused a major increase in COVID-19 cases, indicating that many people were not following the masking and distancing mandates.

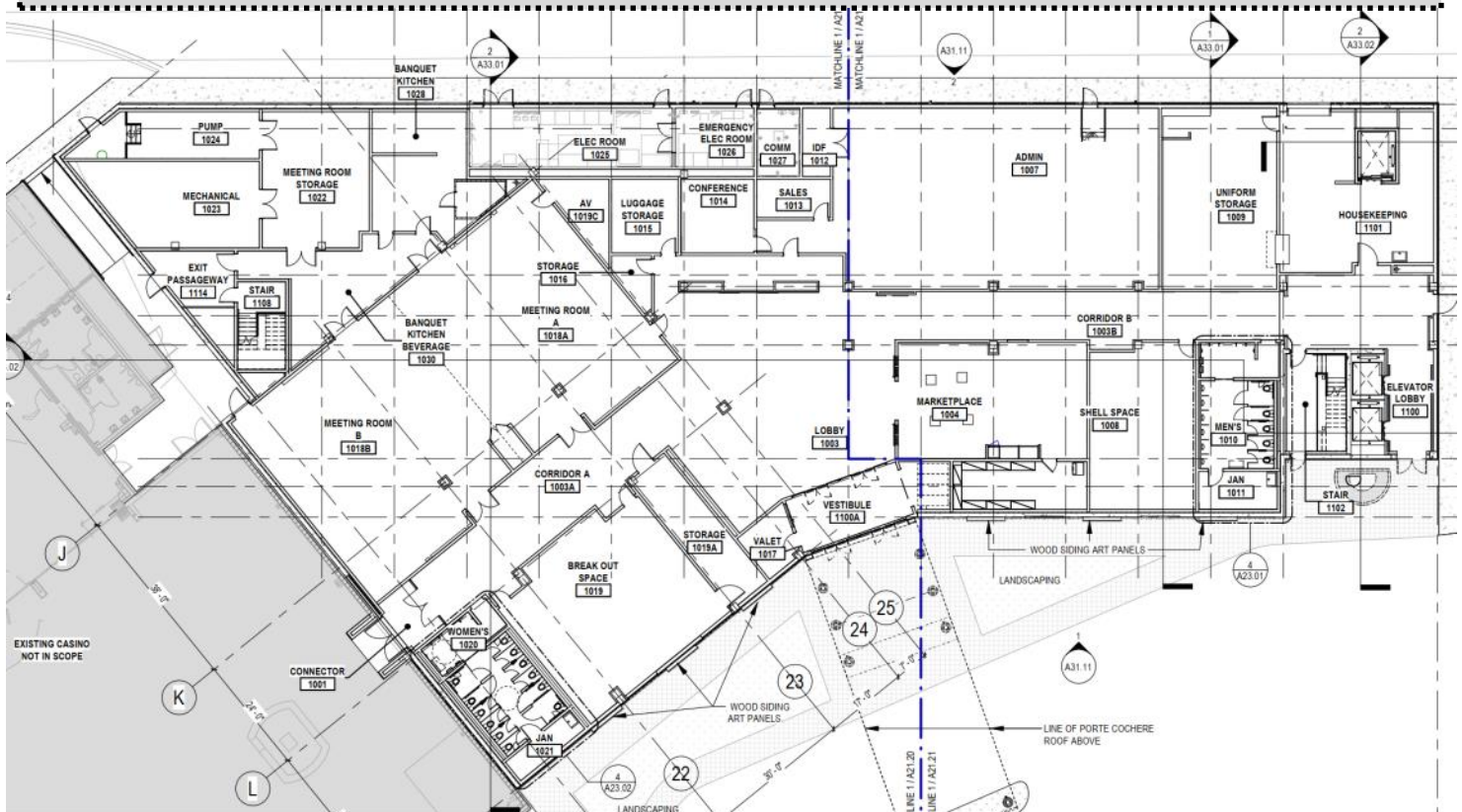
Masks are required at all Tribal businesses. The Tribal offices reopened slowly throughout the month of June, with masks, handwashing stations and distancing guidelines in place. Some staff continue to work from home, but are fully connected by phone and wi-fi.

As we head into August, it is not known how the State will proceed. The virus is spreading, and with fall comes the annual flu season. The bottom line: if you have any flu-like or COVID-like symptoms, stay home. Call your primary care provider to determine whether you should have a COVID-19 test.



Tribal Chair/CEO Ron Allen wearing a mask.

Main Floor Layout - 7 Cedars Hotel



Candidate Statement: Rochelle Blankenship For Tribal Council Secretary



Safe and Healthy Greetings to my fellow Tribal Citizens!

My name is Rochelle Blankenship (Cook/Kardonsky) and I am hoping you will support and vote me into the position of Tribal Council Secretary in the upcoming November election. I have lived in the Port Angeles/ Sequim area since I was two years old and several generations of my family live here as well. During my lifetime, I have seen our Tribe grow, prosper and become a driving political, economic and social force in our communities.

I currently serve as the Executive Director of our Tribal Gaming Agency and prior to that I worked at our very own 7 Cedars Resort. All in all, I have worked for our Tribe going on 19 years. In this current TGA capacity I am afforded the opportunity to attend monthly meetings with other directors in the Tribe to learn about their programs, challenges and successes. Participating in these meetings, as well as online meetings and trainings has helped me acclimate to my new role on Council regarding the many priorities and needs of the Tribe to serve our citizens.

In 2013, I was appointed to the Higher Education Committee and have found it inspiring to be able to make a difference in the educational advancement of our Tribal citizens. Having obtained my Master's Degree in Business Administration in 2016, I have a deep appreciation for the Higher Education program and how it can change lives of our people for the better. In my capacity as a Director for TGA, I represent our Tribe by serving as Secretary of the Washington Association of Tribal Regulators Board.

It has been an honor and enlightening to serve you and our Tribal community as interim Secretary for the past six months. In most of those months we have been weathering the COVID-19 Crisis and I have been privileged to be able to play my part in finding ways to keep the Tribe running and ensure our programs are still made available to us during this global pandemic. In fact, we have been able to find ways to even increase some benefits for those directly affected including our youth and Elders.

As my career has evolved, I have become more interested in running for a Council position. I'm honored with this short interim appointment. I hope you will consider me for the role of Secretary in the upcoming election.

I welcome any thoughts, comments or questions that you may have regarding my candidacy or any other Tribal matters. My cellphone number is (360) 460-0045 and my email is rblankenship@jamestowntribe.org.

Stay tuned to next months newsletter to learn more about my goals for our Tribe!

~Rochelle

Tribal Council Election News

- Incorrect Voter postcards were sent out last month. Expect to receive a corrected postcard about your registration status, and respond accordingly to receive a ballot at the end of September.
- Attend the Citizenship meeting on September 26th to hear from candidates for Tribal Council. This meeting may be held online, and possibly in person with proper social distancing. Details will be in the September newsletter.
- Current members of the Tribe's Election Board are Cathy MacGregor (Chair), Lana Kerr, Mary Norton, and alternate Jokton Schmitt.
You can leave them a message at 1-800-262-6603 Extension 2029.

Candidate Statement: Loni Greninger For Tribal Council Vice-Chair



ʔéy' skwáči Tribal Citizens and Descendants!

I write this first letter, in a series of others, to reflect on the past six months as the Interim Vice Chair. In addition, I hope to gather your support to continue in this position in the November elections. My name is Loni Grinnell-Greninger (yúčciʔə) from the Prince Family. My father is Kurt Grinnell, my grandmother is Elaine Grinnell, my great-grandmother was Mildred Prince, my great-great grandfather was David Prince, his father was lakánəm (Prince of Wales), his father was čičməhán (Chetzemoka), and his father was lakánəm, who was the youngest son of the House of stətíʔəm.

My ancestors believed in partnership, unity, and service. I believe that reflects in my work on Council, as Deputy Director of Social & Community Services, as an involved member in our tribal community, and in a faith community.

Since my appointment in January 2020 as Interim Vice Chair, this season has been a trial by fire. Before the rise of COVID-19, I began to soak in what it takes to operate our Tribe. Granted, I have still only scratched the surface of it all—working with individual Tribal citizen and descendant needs while learning all Tribal departments' inner workings, multiple budget management, construction processes, business management, and still yet working with state and federal agencies to make sure Indian Country is not forgotten. As we moved closer toward

the COVID-19 outbreak, the Tribe had recently crested the MAT Clinic process, which was a difficult and victorious season. Finally, the virus affected our State. As a Council we made difficult decisions: closed businesses/offices, laid off/furloughed staff, provided vision on safety for tribal citizens, staff, and community members, and then formulated a re-opening plan.

Council and staff met regularly with state and federal agencies; the number of meetings was overwhelming. Thanks to our staff who attended with Council, we were able to receive education on COVID-19, personal protective equipment, and funding to increase safety, increase response to COVID-19, help offset income loss, keep essential services going, pay bills for our buildings, and pay the 50% cost toward unemployment benefits for staff. Even in a difficult season, we remained mostly to fully open these last few months. It makes me very proud to be Jamestown!

We advised agencies on their funding and modified programs during COVID-19. With my focus on social services, I met regularly with agencies to guide adaptations in child welfare, elder welfare, food programs, education, and cultural programs. My schedule includes meetings with WA Department of Social and Health Services, WA Department of Children, Youth & Families, WA Governor's Oversight Board for Child Welfare, Governor-Tribal Leader calls, Federal Administration for Children & Families, Federal Department of Agriculture, Bureau of Indian Education, and Federal Housing & Urban Development.

Through our election process and newsletters, I will continue to share more with you on my thoughts on special issues, priorities as well as goals. I sincerely thank you for your time. Should you have any questions, please contact me at 360-681-4660 or lgreninger@jamestowntribe.org.

Until next month! háʔnəŋ cn! (Thank you!)

~Loni

Tribal Citizenship Meeting September 26th

This meeting may be held online, and possibly in person with proper social distancing.
More details in the September newsletter.

Candidate Statement: Theresa R. Lehman For Tribal Council Treasurer



Theresa and her daughter Toni Sigle.

Dear Honorable Citizens:

My name is Theresa Lehman and I am running for Tribal Council Treasurer. It has been the highest honor to represent you and our community these past 12 years on Council. I want to thank each and every one for all the support you have given me these past and present years.

The COVID crisis has completely changed and challenged all of our lives. It has taken a toll physically and mentally on our health, disrupted daily activity, and changed the way we handle and go about our daily lives. Economically, it has caused damages of unknown amounts and will possibly take up to 18 months or longer before we, as a Tribe, could see our reserve account stable. These collars have been used to operate our Tribal businesses as the COVID dollars received have federal guidelines we must follow. The Council and staff have worked hard to ensure our programs and services are still provided to citizens. I want to send out a big thank you to all our staff.

Remember, our Elders and children are valuable to all of us. Please stay safe, follow CDC guidelines. Wash your hands, wear your mask in public, and save lives.

Next month I will be submitting my campaign letter for the newsletter. Please remember we as Jamestown Tribal citizens will stay strong and together during these trying times in our lives. May the Great Creator be with you all. háʔnəŋ cn! (Thank you!)

As always, and much respect,
Theresa Lehman

lehman1949@hotmail.com

360-457-5772

Additional 2020 Graduates

Tribal descendant Paden Young was blanketed for his achievement of graduating from Abbotsford School of Integrated Arts Sumas Mountain, where he also received an award of resilience, on June 21, 2020.

He has been in the indigenous school program since kindergarten. Paden has been experiencing some health problems, so much of his work was done from home, making this achievement even more special.

Paden is a descendant from the Chubby family, the son of Laura Friess, and grandson of Tribal Elder Helen McElroy. Paden and Helen are shown here.



Tayona Heller, daughter of Tatum Kerr and granddaughter of Lana Kerr of the Prince family, graduated from Western Washington University with a Bachelor's degree in English-Creative Writing, and a minor in Psychology.

Don't Forget Your Usual Healthcare.

by Paul Cunningham MD, Chief Medical Officer, Jamestown Family Health Clinic

In the midst of the global Coronavirus pandemic, particularly when local COVID cases are rising, it is reasonable and healthy to choose to hunker down and not venture far beyond your home and immediate family and friends. A healthy respect for the coronavirus, and the potential morbidity and mortality it carries, particularly for older adults and those with underlying chronic medical condition, is wise and prudent.

However, attention to one's ongoing healthcare needs is equally important. Many are experiencing increased stress, social isolation, decreased physical activity, altered diet and eating habits, and perhaps increased alcohol, tobacco and other detrimental substance use. The cumulative effect of these lifestyle and home conditions have the potential to exacerbate underlying medical conditions.

It is important to attend to your routine healthcare needs, including attention to the self-management and medication adjustments related to Diabetes, Hypertension, Asthma, COPD, Depression, Anxiety, and others. Additionally, preventive measures such as cancer screenings, immunizations, well child, and annual adult wellness visits are the foundation for ongoing optimal health. Foregoing these visit types now, may result in unexpected and preventable illness later, unrelated to the coronavirus.

Some might find themselves putting off sick visits, out of concern for venturing out, while others are delaying elective, but important, surgical and/or cancer screenings such as colonoscopies, mammograms, and Pap smears. In the midst of the new normal, it may seem like the world has stopped to some degree, but our body's physiology and normal aging processes have not.

Fortunately, healthcare organizations on the North Olympic Peninsula, and beyond, have quickly adapted to meet their patient's evolving and ongoing healthcare needs.

At Jamestown Family Health Clinic we have done the following to create a safe and accommodating environment for our patients and visitors:

- Separate entrances and treatment areas for well vs sick patients.
- Screening temperatures and COVID symptom questions prior to entry.
- All visitors are requested to wear a mask in order to protect those around them. For those unable or unwilling to wear a mask, we are offering lobby seating arrangements optimized to keep everyone safe.
- Availability of Virtual or Telemedicine visits that can be completed from the comfort of your own home. Do not assume that your particular healthcare issue cannot be accomplished by phone or video. We have had success with Orthopedic complaints that you might think requires a hands on visit, but can be readily addressed with a careful history and symptom discussion.
- Experienced Patient Care Coordinators who can walk even the most technology adverse folks through the steps necessary to achieve a successful tele-video visit with the provider of your choice.
- Increased attention by our Facilities Team to continuously clean and sanitize patient waiting and care areas.

While we all eagerly await a breakthrough vaccine and effective COVID treatments that offer the hope for a return to normalcy, it is important for our physical, emotional, and spiritual health to continue to seek the healthcare that we need and deserve.

Jamestown Family Health Clinic and our community partners from Olympic Medical Center, Jefferson Medical Center, and beyond, are working every day to offer safe and accessible care. We encourage all Tribal members, descendants, family, and loved ones, to not put off the care you need today. Call now for a face to face or virtual visit that best meets your needs.

And don't forget to get your influenza shot this Fall...



Vickie Carroll Retires After 23 Years by Jimmy Hall

Tribal Elder and former Tribal Council Secretary Vickie Carroll (Johnson-Dick), will retire from her position as Culture Coordinator this month, leaving a legacy of keeping Tribal culture thriving.

As Culture Coordinator, Vickie is most proud of her work with the annual Canoe Journey. Her first journey was the 2002 Paddle to Taholah. "It was the best. I was a puller and we loved challenges," she said. Her first canoe journey as Cultural Coordinator was to coordinate the Paddle to Lummi in 2007.

Remembering when she became the Culture Coordinator in 2007, Vickie said the Cultural Committee asked if she would be interested in the brand-new position, reporting to Jessica Payne. "As I read the job description, this was what I wanted," Vickie said. "I coordinated events, cultural classes, canoe journey, intertribal, and presentations and much more, I have learned and grown with being the culture coordinator for the past 12 years."

Throughout her years, she said that Lower Elwha's storyteller and Salish art instructor Roger Fernandes made an impression on her. She also mentioned Lummi's Fran and Bill James for their part in cultural classes, as well as Bruce Miller from the Skokomish Tribe, who would lead in the "Happy Song" during canoe journey protocol. "It was amazing as all tribes sang this song together," Vickie said.

"I have learned so much and have appreciated our Tribe," Vickie said about her time as an active Elder in the Tribe. "Not only in returning to our culture in song, dance, and most recently, our Klallam language. My supervisor, Loni Greninger (Prince), has been instrumental in bringing back our language," Vickie said, adding that Greninger is certified in the language and sparked interest among Tribal citizens. Vickie has also been enjoying the Tribal yəhúməct Traditional Foods and Culture program, where she and others have been learning about traditional foods, gathering and cooking. In the past few months, Vickie has especially enjoyed the virtual cooking with citizens and descendants.

Vickie will have more time to dive deeper into Tribal culture in her retirement. She plans on working with cedar bark, sweet grass, waxed linen, and other carving projects, as well as joining the Tuesday Beading Group and Elders' Sweatshop. On her to-do list is to volunteer in the kitchen for events with her fellow Tribal Elder Marg DeFord. Vickie looks forward to any opportunity to travel with Elders on trips, take part in luncheons and other events. On top of all of that, she looks forward to taking a photography class, a passion she has held for years.

Before working for the Social and Community Services Department, Vickie found work at the Tribe in 1997 at the Economic Development Department with John Robbin. During that time, previous Tribal Planner Leanne Jenkins was seeking for a Water/Wastewater Operator. Since the job seemed interesting to Vickie, she decided to take the appropriate classes to earn a certificate to become the Water/Wastewater Operator for the Tribe and 7 Cedars Casino. During that time, she also reported to Annette Nesse.

After high school, Vickie attended Magee Brothers Beauty School in Vancouver, but soon found that wasn't the profession she wanted to pursue. Vickie served on the Tribal Council from 1980 to 1983 and is a Sequim High School and Central Washington University alumni, attending the Ellensburg University from 1983 to 1987.

After graduating from college, she moved to Livermore, California, where she worked at Lawrence Livermore National Laboratory for an eight year period. She was then selected to work at the Department of Energy in Gaithersburg, Maryland from 1995 to 1997. She returned to Sequim at that time and hasn't left since.

Vickie is the daughter of the late Harold and Hannah Johnson, granddaughter of Wilson and Ethel Johnson and Nelson and Lydia Dick. Her great-grandparents were Joe and Lily Johnson, Dan and Annie Wood, James



Vickie Carroll (right) and her daughter Veronica Davidson

(Continued on page 10)

Case Management Update

Hello, all! Your Case Management team here with a quick update. We have been thriving and growing. We recently added Youth and Teens Program Assistant Eric Greninger to our team as a Case Manager to help with client services and support in this critical time.

The ongoing pandemic has presented many new challenges. While crucial to our community's health, the safety guidelines and restrictions in place due to COVID-19 carry with them an increased risk of individuals feeling isolated. Isolation threatens wellness. For this reason, our team is working to help our clients continue feeling supported and maintain a sense of community connectedness. We have been engaging in several client support efforts such as conducting physically distanced field visits on a weekly basis, assisting with housecleaning and delivering living essentials like food, firewood and toiletries. Thus, we have been able to maintain client services while simultaneously protecting our clients, especially those who are most vulnerable. Because client and colleague safety is a top priority, we have been following the below CDC-recommended infection control practices: Handwashing; using personal protective equipment (PPE); following respiratory hygiene/cough etiquette principles; properly cleaning, sanitizing and disinfecting items and surfaces; and handling items carefully, especially textiles and laundry. Additionally, we have implemented the following in-office safety practices: At the door we are self-checking body temperatures and applying hand sanitizer. Staff exhibiting any symptoms of illness are required to stay home, as well as asked to return home if symptoms develop while at work. We have extra PPE available for any folks visiting our offices who do not have their own. We are also offering alternative, physically distanced measures via Zoom/phone appointments, outdoor appointments or appointments/meetings in conference rooms.

For information purposes, please see our contact info below:

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Behavior Health and Family/Youth Services Manager

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(Volunteer of the Year Norton, continued from page 2)

She is also a member of the Canoe Family, learning songs, attending meetings and protocol, and most recently, helping to refurbish the Family's canoe paddles.

"I want to thank the Tribe for all of the opportunities, benefits and events that happen here. The people I have gotten to know are wonderful, and it has been great to connect with family and ancestors."

Mary grew up in Gardiner and Port Townsend, graduating from high school there, and attending the University of Washington. After a brief work stint in Seattle and Denver, she settled into a 35-year career at the Port Townsend Paper Mill as its Human Resources Manager.

Mary credits her great-aunties from the Lambert/Reyes family for instilling a sense of cultural pride in her. She is the daughter of Tillie (Reyes) and Wally Norton. Her siblings are Wally and Walt Norton, and Ann Tjemsland.

(Volunteers of the Year Lickiss, continued from page 2)

on ground crew for the last two canoe journeys, acting as co-leads with Dana Ward last year.

"When I stood on Jamestown Beach in 2018 and saw all of the canoes of different tribes coming in, the water dripping off the paddles, the sun low on the horizon, it was so powerful," said Allan. "I felt my heritage there, and I know my mother would have been so proud to see that happen." He was also very moved by the dedication of the Jamestown Veterans Memorial. "It was emotional for me. I am proud of my service and honored that the Tribe built the memorial. I was honored to witness that."

And as their nomination form, submitted by Lisa Barrell states, "They helped with the backbreaking work of planting the Riverside Berry Farm." Barrell continued: "They show what it is to volunteer, to be kind, to have an excellent work ethic, and to lead." Prior to retiring, they used to bring Allan's mother Winifred to the Tribal Picnic each year, but that was the extent of their involvement. Winifred's mother was Eva Mae Harner of the Sparks/Harner family. "Mom would sit with Annie Balch and reminisce," Allan recalled. "All of the Harner siblings were so proud of their S'Klallam heritage."

"We were shocked to be nominated, and we are so humbled for being recognized for doing something we enjoy so much, said Barbara. "It been a blessing getting reacquainted with the Tribal citizens, and seeing Al reclaiming his heritage."

Although all of the Harner uncles are gone, Allan has many Sparks/Harner cousins in the Montesano. His siblings are twin sister Allana Schroeder, and brothers Dale and Weston.



(Vickie Carroll, continued from page 8)

and Martha Dick, and Jim and Mary Fulton.

Vickie was married in 1969 and has two children and six grandchildren: son Harold and Terina Hensley, children: Caitlyn, Taylor, Makenna and Kiya; daughter, Veronica and Clay Davidson, children: Clayton and Tori.

About her ancestry, Vickie said the military is particularly close to her heart. "I am so proud that many of my ancestors served in the military," she said, "even more proud that some of my family have served in the military." Her son and daughter-in-law, Harold and Terina Hensley, were in the Navy, and their daughter, Caitlyn, served in the Air Force. Vickie's son-in-law, Clay Davidson, served in the Army as well.



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- LAUNDRY ATTENDANT
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APPLY ONLINE

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Career opportunities at both Jamestown S'Klallam Tribe and 7 Cedars Resort. Submit an online application today! Applications are reviewed directly by hiring managers. To virtually introduce yourself, share your profile, resume, and cover letter. We look forward to meeting you!

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Human Resources

QUESTIONS? CONTACT US!



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#JAMESTOWNSKLALLAMTRIBECAREER



Message from Our Tribal Enrollment Officer

Dearest Tribal Citizens: In an effort to update enrollment records please send me an e-mail (preferably) or a phone call with your updated e-mail address and phone number if it has changed. It is important that we have updated contact information in our records so we can reach you and (or) get valuable information to you effectively.

E-mail: kholden@jamestowntribe.org

Ph.: 360-681-4635

P.S. A gentle reminder to contact me as soon as possible with any address/ mailing updates.

háʔnəncən, Kayla Holden

Pardon Our Dust: Maintenance Work to Proceed at Jamestown Cemetery

Over the coming months, Tribal Citizens may notice improvements and maintenance work occurring at the Tribal Cemetery. We will be filling in collapsed graves, animal burrows and other areas with garden soil. This work may involve the resetting of some collapsing headstones, but no graves will be disturbed or materials removed from burial sites. Additionally, we will place metal plate markers on unmarked ancestral graves located during the 2016 Ground Penetrating Radar survey. If you have any questions regarding this work or are interested in assisting, please contact THPO David Brownell at dbrownell@jamestowntribe.org or (360) 681-4638.

Presidential Election: Register and Vote!

Native American impact could be huge, if all 5.2 million Native Americans registered and voted. Check now to make sure you are registered to vote in the November election! Check out the new Washington Democrats website, where you can check your voter registration status, and volunteer to help.
<https://www.wa-democrats.org/tribalorganizing/>



Groundbreaking: River Center Expansion

July 13th was a perfect day, but the groundbreaking for the expansion of the Dungeness River Audubon Center (DRAC) took place on Zoom, in a virtual meeting of about 60 people.

Park Manager and DRAC Director Powell Jones welcomed the group and called it a “watershed day,” when four years of work, planning, designing, engineering, fundraising, budgeting and more came to fruition with the start of the new wing of the Center, a new parking lot and entry road. “COVID is a small speed bump in the way of something great,” he said. It is hoped that a year from now, the ribbon cutting will be able to take place in person.

Chairman Allen expressed the Tribal Council’s delight at being a partner in this adventure since the beginning. “The property is a centerpiece on the Peninsula,” he said, thanking State Representatives Mike Chapman and Steve Tharinger for including \$1.5 million in the State’s Capital Projects budget, and thanking the Tribe’s Construction and Facilities Manager Kirk Nelson for taking on the role of General Manager for the project.

Inspire Wonder Capital Campaign Committee Chair Annette Hanson, who has been involved in the Railroad Bridge Park and River Center projects since their inception, told the story of how \$3.6 million was raised with contributions from individuals, businesses, partners, and taxpayers. She enumerated how well-used the Center, Park, and the Olympic Discovery Trail over the Railroad Bridge are used for hundreds of events, dozens of user groups, thousands of students on field trips, and added that in 2019, 220,000 people had crossed the bridge through the park.

Ken Wiersema, Education Chair for the Olympic Peninsula Audubon Society who was also the general manager for the construction of the original Dungeness River Audubon Center building, reiterated how important the center’s work is to the community, and thanked the Tribe for its generosity in “loaning” Annette Nesse and her expertise to the Center’s board for several decades.

State Representatives Mike Chapman and Steve Tharinger congratulated everyone on what has been accomplished so far, and expressed their pleasure at having been able to budget funding to this local project. Tharinger has been involved with the Center from its beginning in the 1990s. He quoted Shakespeare; “One touch of nature makes the whole world kin,” as he noted that the Park and Center are “assets that add strength to this community and touch us all.”

Tribal Council Vice-Chair Loni Greninger sang an original song of blessing for the land and the building, thanking the sun, the land, the creator, and the hard work of those involved in bringing this project to fruition. And finally, Kirk Nelson revved up a very large excavator, and broke ground.

You can follow the progress of this project on the Dungeness River Audubon Center’s website, Facebook and Instagram pages.



Above, a screen shot of Loni singing with two rattles, with thumbnail shots of Ron Allen and Powell Jones in the righthand side of the screen. Below, a screen shot of Kirk Nelson with the first scoop of dirt from the River Center property.



COVID Impacts Tribal Natural Resources Management, Traditions

By Lorraine Loomis, Chair, Northwest Indian Fisheries Commission

Like communities across Washington, treaty Indian tribes are coping with what we all hope are the worst days of the COVID-19 pandemic that has disrupted every part of our daily lives, economies and traditions.

High rates of certain illnesses, combined with limited access to medical care, put tribal members at increased health risks due to COVID-19 and led tribes to take quick preventive action to close our reservation boundaries.

That came with a huge financial cost as we closed our casinos, resorts and other businesses that are the economic engines of our own and nearby communities. Tribes are among the top 10 employers in the state and most employees are non-Indian.

Like any sovereign government, the health and well-being of our members is the top priority of tribes, especially the most vulnerable – our elders. According to the American Indian Studies Center at the University of California, Los Angeles the recent top five infection rates nationwide would all be found in tribal nations if tribes were states.

Our economic problems were compounded with the collapse of the seafood market due to both COVID-19 and trade policy issues with China over new tariffs on shellfish such as geoduck. The giant clams harvested in western Washington are much loved in China and other Asian countries and fetch as much as \$50 per pound.

Tribes quickly shut down most of their fisheries and delayed or canceled other fisheries. As restaurants closed, markets dried up for salmon, crab, shrimp and other species. Fish buyers were scarce and our fishermen were paid about half of normal prices.

In times like these we have come to rely more on ceremonial and subsistence harvests of fish and shellfish to feed our families and cultures. Even these limited fisheries have been difficult to conduct due to social distancing requirements. These fisheries provide important nutrition when many tribal members have limited options for groceries or are furloughed or unemployed. Many tribes are distributing fish, elk and other foods to members unable to go shopping.

We've also had to modify some aspects of our ceremonies to deal with the impacts of COVID-19.

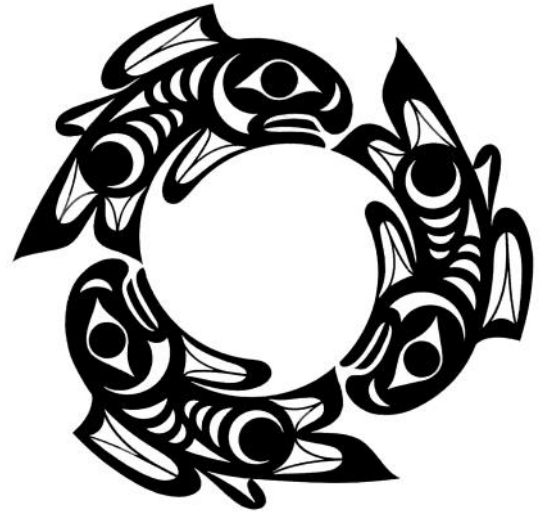
My tribe, the Swinomish Indian Tribal Community, holds a First Salmon Ceremony and Blessing of the Fleet in May each year. It is our largest community celebration. We welcome the salmon with drums, songs and prayers. We invite our neighbors to share this food that has always sustained us and we pray for the safety of our fishermen and their boats.

Like many tribes, we had to make some changes this year, but were able to prepare salmon meals and deliver them to tribal members in their homes.

In South Sound, the Puyallup Tribe held a socially distanced First Salmon Ceremony on the Puyallup River waterfront on Memorial Day weekend.

Most of those who attended watched the ceremony from their cars as the first salmon was brought to shore in a tribal canoe. Those outside wore masks and practiced social distancing. Salmon was cooked on site and passed out drive-through style along with camas bulbs and other traditional foods. The ceremony was livestreamed on Facebook for those who couldn't attend.

These changes we have had to make to our ceremonies because of the pandemic in no way lessen their importance. In fact, they remind us just how important they are. From smallpox to tuberculosis, tribes have dealt with many diseases over the years and we will survive COVID-19 as well. One way is with the ceremonies that preserve our culture, honor our natural resources and enable us to survive as a people.



Children and Youth Programs

We are now doing a hybrid model for our summer programming, partially online and partially in person. For all age groups we have minimized our groups to under 10, splitting each group into 3 to 4 youth per teacher. These are combined indoor and outdoor activities; some teachers having a cultural craft at their station while another may have a physical activity. We are doing our best to maintain the positive connections and annual summer

lessons and activities with all of the youth while also following the State's safety guidelines.

Teacher Miss Cindy reports "I really like it, we get to spend more quality time with the kids this way," while Miss Jessica says "I like that we can do more intricate projects." For our Healing of the Canoe and Teen Readiness Group we have two online Zoom sessions weekly where more specific lessons are given, including education around prevention, wellness and nutrition, and cultural lessons. The Teen Readiness Group is resuming community give back days, assisting the Tribal Housing Program with yardwork and chores for our valued Elders and citizens.

We wanted to do small group field trips but due to the rise of

cases in our area, along with the difficulty of maintaining the recommended social distancing, this idea ended quickly. Although we look forward to resuming activities as we have in the past, we feel grateful to have created an adapted model to keep the youth connected to their community and culture. We assess and adapt our programs daily to ensure we continue to provide the best and safest programming we can during these times.



Photos, clockwise from upper left: Youth wearing face shields; youth wearing masks; youth helping Housing Program at Bell Street Apartments.



~ Dustin Brenske

Correction: These two youth were incorrectly identified in last month's newsletter. They are Azuriah and Phin Sylvester.

A Statement on COVID and Grieving by Loni Greninger

To our Tribal Citizens, Descendants, and Community Members,

I want to share my heart for those that are grieving in this time during COVID. There are many things that we have had to grieve. I want you to know I am thinking about you. Some of us have lost loved ones and have not been able to hold proper services. Others had weddings planned and cannot celebrate to the fullest. Some had travel plans, and still others had the joy of new births but families cannot come together in-person to celebrate. We lost our ability to come together in large gatherings, to do activities that bring life to our spirits. I also acknowledge that our Tribe lost the ability to participate in Canoe Journey which hurts many hearts. While virtual platforms are not ideal for us, whose traditional ways thrive on in-person interactions, I am grateful for virtual options so I can see faces and hear voices. I am grateful we can still gather in small groups. I submit to you that it is hard to capture the deep feelings of this season with English words. However, I hope you hear this—know you are thought of often.

Klallam Language Program Continues

Klallam Language Class has been able to open back up for in-person class. With the rise of COVID, the language class was forced to go virtual which turned out to be successful! Now, Klallam Language will be offered in-person (at Red Cedar Hall) and via the Zoom platform! Classes will be on Tuesdays and Thursdays, 5:30pm – 6:30pm PST. *The only exception is there will be no classes on the fourth Tuesdays of the month so that everyone can participate in the monthly Traditional Foods Program event q̓páct ?i? kʷúkʷ (gather & cook).* Please contact Loni Greninger if you are interested in attending in-person or on Zoom so that we can accommodate socially distant seating at Red Cedar Hall. Loni can be reached at 360-681-4660 or lgrenigner@jamestowntribe.org. Please join in at any time—beginners welcome!

ANNOUNCEMENT: Peninsula College is offering Klallam Language class beginning this Fall 2020! Classes will be held virtually through Zoom. Want more information? Please contact Loni Greninger.

Elders Gift Making Group is at it Again!

A modified version of our Elder Gift Making Group has reconvened! The group comes together year-round to make gifts for the Annual Elders Gathering (which was unfortunately canceled this year). The gifts they make range from leather pouches, necklaces, rattles, and more! These days, the group meets in Red Cedar Hall at tables that are socially distanced, and each person wears a mask or face shield, and frequently uses hand sanitizer. While making gifts is a great activity, the best part is being about to socialize again—in person (in a safe way). Being together is good for our spirits! To find out more, please contact Jeremy Monson at 360-681-4637 or jmonson@jamestowntribe.org.



Library Corner

The Tribal Library will offer book mobile services to Tribal Elders on the 2nd Wednesday of each month. If you would like items delivered or picked up, please call Bonnie Roos at 360-582-5783 and leave a message or email broos@jamestowntribe.org.

yəhúmæct Traditional Foods Program

by Lisa Barrell and Mackenzie Grinnell

Gathering xpáy q'w'céŋ' - Cedar Root

Mackenzie continued to gather xpáy q'w'céŋ' through July with Wellness Garden Assistants Jessica Johnson and Eli Smith. We hope to harvest enough so we can host a workshop to make clam baskets in November or December.

q'péct ?i? kwúk'w - Gather and Cook

June brought us father and daughter team Harry and Taylor Hensley all the way from Maryland. They guided us in the preparation of a delicious halibut with lemon sauce, pan roasted potato and arugula salad.

Comments included:

"Our hands are raised. Thank you for the fun and delicious cooking class, the maple syrup was the best finishing touch. It was so good there are no leftovers. We are definitely cooking halibut like this again." – Jack and Michelle

"... thank you for this yummy smelling recipe." Jennifer

"Thank you, Harold and Taylor, delicious. Caitlyn was our cook, Kiya and I helpers." - Vickie (aka mom)

"Thank you, Harold and Taylor, for the awesome demonstration. I will definitely do this again." – Michael

"Thank you, Harold and Taylor! This lemon sauce is so tasty." - Rochelle

July's guest cooks for q'péct ?i? kwúk'w were Emma (Johnson/Wood) and her husband David Brownell. They prepared salmon along with a quinoa/kale salad. We'll let you know next month how it was.

Our next q'péct ?i? kwúk'w is scheduled for August 25th. Jaiden Bosick (Prince) will be hosting all the way up in Alaska! Everyone is welcome to join in. The recipe and list of ingredients will be available in advance so you can cook along with our virtual host. The Zoom address will be listed on our Facebook page and on the Tribe's webpage.

If you are interested in leading a virtual cook-along, let us know. We ask that it include one traditional food item and if the item is unique to your area, we can always work out a substitution. We can make it work! We do provide a \$100 thank you stipend plus \$50 for you to purchase the supplies you'll need. Those interested must have ability to log into ZOOM to present and guide citizens/descendants through a cooking demonstration. We ask that the recipe be applicable to all levels of cooking and that it can be prepared within 1 1/2 - 2 hours.

Medicinal/Food Flower Identification

Sixteen photos of medicinal and edible flowers were posted on our Facebook page for identification. Congratulations to Marg DeFord/1st place; tied for 2nd place Emma Brownell and Ann Tjemsland, and Dottie Hopkins, 3rd place. They received a gift of a knife set, metal water bottle or coffee mug.

Thanks to the amazing work our Summer Teen intern, Chava Haller (daughter to Rachel Sullivan) is doing, we'll be posting more information on each of the medicinal plants that were on the challenge. Watch for these plants and others on our Facebook page.



Chris, Eli, and Jessica display the carton of greens from the first Wellness Garden harvest, which was given to the Elder Meal Program

stətiŋəm ?iyám -Jamestown Strong

The "stətiŋəm ?iyám -Jamestown Strong program continues every other week on Wednesday with the new

(Continued on page 17)



time of 5:30. We rotate to cover Garden Updates with Chris; Movement with Katy; Preventing & Living with Diabetes with Janelle; and Native Nutrition with Bridgette. In August we will be offering Garden Party Wednesday where you will check in with Mack (COVID requirements) then come out to the garden to harvest what is available that week. While you're there, you're always welcome to pull a few weeds or walk the trails the crew has been maintaining. It's a healthy way to spend an hour or two, physically, spiritually and mentally. Plus, you get to take home healthy foods! We've been able to supply some of the fresh garden produce used in the Elders Meal prep, too!



Jessica Johnson, Garden Assistant, clearing wood debris from Riverside Berry farm.

Sweetgrass gathering in August

We're disappointed to announce that due to COVID safety requirements we will not be able to host the Sweetgrass Village at Ocean City. Permits have been issued to those who requested them, so I hope some of you have the opportunity to go out and harvest on your own.

Join us, whether it's virtually through one of our workshops or in person at the garden. Check out what we're doing on our Facebook page Jamestown S'Klallam yəhúməct Traditional Foods & Culture and leave us a message. We'd love to hear from you.

yəhúməct – take care of yourself

Lisa & Mack

lbarrell@jamestowntribe.org, 360-681-3418
mgrinnell@jamestowntribe.org 360-681-3408

Above, photos by Elder Cook Janet Giammalva of the various types of greens grown in the Wellness Garden, including chard, kale, lettuce and more!

JAMESTOWN FAMILY HEALTH CLINIC
808 NORTH 5TH AVE. SEQUIM, WA
PHONE: 360-683-5900

Hours: Mon. - Fri. 8 a.m. to 5 p.m.;
Sat. 10 a.m.- 3 p.m. for both routine and as-needed, face-to-face and telehealth appointments.



**DEADLINES FOR JAMESTOWN
HIGHER EDUCATION SCHOLARSHIP
APPLICATIONS (FOR ENROLLED
CITIZENS)**

Spring Quarter - February 15th

Summer Term - April 15th

Fall Quarter /Fall Semester - June 15th

Winter Quarter/Spring Semester - November 15th

For information on Higher Education funding,
contact Melisa Phippen at 360-681-4626 or
mpippen@jamestowntribe.org

Jamestown Family Health Clinic

808 North 5th Ave. Sequim, WA

Phone: 360-683-5900

Hours: Mon. - Fri. 8 a.m. to 5 p.m.;

Sat. 10 a.m.- 3 p.m.

for both routine and
as-needed, face-to-face and
telehealth appointments.

Cannabis as Medicine

- Zoom (on-line)
Presentation by Tribal
Elder Lana Kerr and
Clinical Pharmacist
Claire Capriola
- Thursday August 6th at noon
- For Zoom meeting ID, email your name
and phone number to:
bth.cannabisasmedicine@gmail.com



**Census Deadline
Extended to
October 31, 2020
Go to www.Census2020 to
complete yours!**



Native 2021 Calendars and Jigsaw
Puzzles are in!



NORTHWEST NATIVE EXPRESSIONS GALLERY

1033 Old Blyn Highway, Sequim, WA 98382

360-681-4640

Shop online! www.NorthwestNativeExpressions.com

Calendar of Events: August 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 7 Cedars Hotel opens!	5 Jamestown Strong	6 Cannabis as Medicine	7	8 Drive-by Higher Education gifts outside Red Cedar Hall
9	10	11	12	13	14	15
16	17	18	19 Jamestown Strong	20	21	22
23 30	24 31	25 Gather and Cook	26	27	28	29

The Qwen Seyu Tribal Picnic has been canceled to keep our community safe and healthy.

The 2020 Elders Honoring Luncheon has been canceled.

Websites:

Tribal Government: www.jamestowntribe.org
 7 Cedars Resort/Casino: www.7cedars.com
 Jamestown Family Health Clinic: <https://jamestownhealth.org>
 Jamestown Family Dental Clinic: <https://jamestownfamilydentalclinic.com/>
 Tribal Library: <http://library.jamestowntribe.org>
 Tribal Online Museum: www.tribalmuseum.jamestowntribe.org
 Healing Campus: www.jamestownhealingcampus.org
 Northwest Native Expressions Gallery: www.NorthwestNativeExpressions.com

Find Us on the Web!

Facebook Pages:

Tribal Government: www.facebook.com/JamestownSKlallamTribe
 Tribal Library: <https://www.facebook.com/Jamestown-SKlallam-Tribal-Library-468983403143461/>
 S'Klallam Tribal Events and Announcements: <https://www.facebook.com/groups/sklallam.events.announcements/>
 Children and Youth Programs: <https://www.facebook.com/jsktchildrenandyouth/>
 yehumæct Traditional Foods and Culture Program: <https://www.facebook.com/jamestown.tfp/>
 Jamestown Family Health Clinic: <https://www.facebook.com/Jamestown-Family-Health-Clinic-191450454240502/>
<https://www.facebook.com/7CedarsCasino/>
<https://www.facebook.com/TheCedarsAtDungeness/>
<https://www.facebook.com/LonghouseMarket/>
<https://www.facebook.com/HouseOfSevenBrothers/>

ʔáyəstxʷ ʔínəŋ skʷáči HAPPY BIRTHDAY!

Jamestown S'Klallam Tribe
1033 Old Blyn Highway
Sequim, WA 98382
1-800-262-6603 or 1-360-683-1109
www.jamestowntribe.org

2	James Arey	21	Deborah Woodard
4	Taylor LaPointe	22	Danny Freeman
4	Sheila Strong	23	Dusty Humphries
5	Dorothy Smith	24	Jason Lamanna
7	Brett Allen	25	Wayne Cope
10	Darcie Dechenne	26	Sonni Creech
11	Christopher Burden	26	Clayton Davidson
11	Laurel Lucy	26	Clifford Prince
11	Sandra Lopeman	27	Jennifer Porter
11	Loretta Lahr	27	Jessica Roberts
13	Joshua Carver	28	Jaiden Bosick
13	Lauren Davis	28	Judith Shaw
14	Olivia Barrell	28	Donald Adams
14	Daniel Cable	28	Kathy Schmitt
15	David Purser	29	Marlene Shaw
16	Judith Putas	29	Xyan Hedin
16	Edward Brown	30	Karle Keogan
16	Kenneth Merritt	30	Jacob Powers
18	Roxanne Roberts	30	Hawk Grinnell
18	Julie Grinnell	31	Matthew Chapman
19	Vickie Carroll	31	Tyson Reeves
20	Elyse Ulowetz	31	Rosa Hunter
20	Susan Johnson		

7 Cedars Casino: 360-683-7777
Carlsborg Self Storage: 360-582-5795
Casino Gift Shop: 360-681-6728
Cedar Greens Cannabis: 360-489-6099
Cedars at Dungeness Golf Course:
1-800-447-6826
Double Eagle Restaurant/Stymie's
Lounge: 360-683-3331
Economic Development Authority:
360-683-2025
Jamestown Dental Clinic:
360-681-3400
Jamestown Excavating: 360-683-4586
Jamestown Family Health Clinic:
360-683-5900
Jamestown NetWorks: 360-582-5796
Jamestown Social and Community
Services: 360-681-4617
Longhouse Market and Deli
360-681-7777
Newsletter Editor: 360-681-3410
Northwest Native Expressions Gallery:
360-681-4640
Public Safety and Justice Center:
360-681-5600
Tribal Library: 360-681-4632
Tribal Gaming Agency: 360-681-6702
Tribal Veterans Representative:
360-434-4056

Want to read our newsletter online? Scan this QR code or visit www.jamestowntribe.org. Click on More, then on Tribal Newsletters. The online version is in color, so if you want to get the most out of our photos or print copies for your archives, use the online version.



Jamestown S'Klallam Tribal Council
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The Jamestown S'Klallam Tribal Newsletter is published monthly. Please submit news, informational items and Letters to the Editor by email to Betty Oppenheimer at boppenheimer@jamestowntribe.org, or by US Mail to the address above, or call her office at 360-681-3410. The deadline for submission to be included in the following month's issue is the 15th day of the current month.
Changes of Address:
Tribal Citizens: Please send changes of address and name changes to Enrollment Officer Kayla Holden at kholden@jamestowntribe.org or call her at 360-681-4635.
Other newsletter recipients: Please send changes of address to Betty Oppenheimer at the address/phone above.
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