

Volume 42, Issue 4, April 2021

Jamestown Excavating Has Grown Up

When JKT Development and the Economic Development Authority hired Lonn Sweers in January 2019 to manage Jamestown Excavating (JEX), they had a very specific plan, articulated then by EDA Executive Director Kyle Johnson: "For the past 20 years, JEX has been incubated by the EDA as a small business that primarily served the Tribe's excavating needs. Jamestown Excavating has not looked back since and remains one of the EDA's success stories.

Under Sweers, JEX has grown from three laborers to a staff of 14 (soon to be 16). Current jobs include the Port Angeles Waterfront Center, the Tribe's Medication Assisted Treatment Center, and the Dungeness River Audubon Center. Currently, the work is 90% for the Tribe. But future projects they plan to bid on include nearly 50% non-Tribal projects. These include the Fiero Marine



Jamestown Excavating CEO Lonn Sweers shows the job board, located in the "War Room," where staff meet to plan their strategies for completing many jobs simultaneously.

Life Center, a condo complex in Port Angeles, and an addition to the Port Angeles Middle School. Last year, the company grossed \$2.6 million. They are on track to gross \$3.5 million in 2021.

"There was a foundation here that just needed management and dreaming big. We are only as good as the people we have, and I have put together an amazing team," he said, adding that the salary and benefits packages offered by the Tribe have attracted some very experienced people from outside the region, as well as locals with many years of experience.

The company was founded by the Tribe in 1996, mostly doing Tribal projects. In 2012, the Tribe purchased the building in Carlsborg at 431 Business Park Loop to house the offices and equipment. In 2019, Sweers

(Continued on page 4)

- Jamestown Excavating 1, 4
- Administration Remodel ; Election News 2
- More Thank Yous ; 8th Great-Grandchild; Funds for OMC 3
- Birthday Singers Celebrate One Year 4
- Message from our Public Health and Safety Officer 5
- Michelle Lamanna's COVID Story 6,
- First Native Secretary of Interior 7
- The Last Salmon 8, 9
- Traditional Foods and Culture 10-12
- Seafood Shares Program 13
- New Client Navigator; Problem Gambling 14
- April is Child Abuse Prevention

- Month; Outdoor Resource Fair 15
- From our THPO 16, 17
- Library Corner 18
- DeLorm Wins; Careers; Food Bank 19
- Calendar; Web addresses 20
- Announcements 21
- Birthdays; Contact Information 22

Administration Building Remodeled for Social Distancing

The Tribal government's Administration and Natural Resources Building at 1033 Old Blyn Hwy has undergone a major remodel to allow for better social distancing and other protective measures intended to keep employees safe during the COVID-19 pandemic. The main entry now includes an automatic sliding glass door that eliminates the need for everyone entering the building to touch the same door handle. The previously shared accounting office was divided into four separate offices and an additional accounting office was added. The Administrations conference room was converted into two offices for Natural Resources staff, and previously shared office space in the basement of the building was divided into individual offices as well. A dedicated mailroom with direct access from outside the building was added for mail pick-up and delivery. All doors were fitted with keyless entry locks that use RFID key fobs for tap entry. This upgrade helps control access to buildings/ offices, eliminates the need to touch a keypad to enter a code and allows for easier contact tracing in case there was ever an outbreak at the Tribal government campus. Much of the remodel came as a recommendation from the Tribe's Public Health and Safety Officer Dr. Locke after he visited the Tribal campus looking for ways to improve health and safety. The work was done following general guidance from the CDC and most of the funding for the project came from the federal CARES act.

Many contractors made this work possible. They include General Contractor Korsmo Construction, Angeles Electric, AirFlo Heating, Tom's Plumbing, Strait Flooring, Paintsmith, Security Services Northwest, Olypen, GMS Specialties, Jamestown Excavating, Hiday Concrete, Lakeside

Industries, Dahl Glass, Trisa & Co., and Pacific Office Equipment.



The entryway was extended for rain coverage, and glass hands-free doors were installed at the Administration building in Blyn.

Key staff that brought this project to fruition were Construction Manager Kirk Nelson, Project Coordinator David Wegener, Executive Assistant Kim Kettel, and members of the Facilities and Information Systems teams.

Election News

- If you are not registered to vote, by now you should have received a postcard letting you know how to register. Election Board Chair Cathy MacGregor says "Elections have been won by less than 11 votes! Your vote matters!"
- This coming fall, there will be an election for Tribal Council Member at Large, the position currently held by Kurt Grinnell. Register so you can vote! In June, you will see information on how to declare your candidacy, if you want to run for office.
- Michael Lowe has been appointed by Council as the alternate member of the Election Committee. In his
 new role, he has agreed to contact all Tribal citizens who have not filled out their signature verification
 form, to explain the importance of the form, to answer any questions, and to make sure that citizens
 understand the importance of voting in this very special sovereign nation's elections.

Additional Thank You for Federal Recognition Event

We inadvertently left out several people who should have been thanked for their assistance at the 40th Anniversary of Jamestown's Federal Recognition event held virtually in February.

- Ron Allen for offering his experiences and explanation of the federal recognition process
- Kurt Grinnell for introducing the Feather Blessing Ceremony
- Rochelle Blankenship, Theresa R. Lehman and Janet Duncan for helping bless the feathers in the Ceremony





Her 8th Great Grandchild!

Judie Putas, from the Lambert/ Reyes family, wrote in to let us know about her latest great grandchild; her eighth!

há?n**əŋ** st

Jasiah Pedro had his first birthday on March 20.

He lives in Bend, Oregon, near his greatgrandma.



3

Red Set Go raises \$94,000 for OMC

The Olympic Medical Center Foundation's Red, Set, Go! Heart Luncheon presented by the Jamestown S'Klallam tribe raised a record \$94,000 on Friday February 26th.

Donations surpassed last year's record-breaking total by \$18,000, said Bruce Skinner, OMC Foundation Executive Director. Funds will be used to purchase EKG machines at the OMC Heart Center in Sequim. The luncheon is one of the events sponsored by the Tribe, as part of its partnership with Olympic Medical Center, for the health of our community. The Tribe also contributes to the Festival of Trees. a fundraiser for Olympic Medical Foundation, to fund needed equipment for the hospital and clinics.

Birthday Singers Mark One Year Anniversary

Michael Lowe started the Birthday Singers group in May of last year for Mary Norton. "I started this because so many Tribal people made my birthday in April last year so special even with COVID. We try to sing to the Elders listed in the newsletter list each month," he said, giving credit to his husband Dale, who suggested the group after seeing how happy it made Michael to hear from so many in the Tribal community on his birthday last year.

"This photo was of a really special birthday event for a special lady! Florence Monson (Adams) is so dear to us. We miss her presence delivering Elders meals with Janet. She was very surprised when six of



us - Michael Lowe, Lana Kerr, Pepper Kerr, Julie Powers, Cathy MacGregor, and Mary Norton - came into the house to sing her Happy Birthday. At first she looked puzzled. Jerry was able to join us also. We all chatted for a while and told a story or two. It was special." ~Lana Kerr

(Excavating, continued from page 1)

was hired as Division Manager to further grow the business. Last year, the Tribe restructured the business to report to its own Board (rather than the EDA Board), and Sweers became CEO.

New clients are finding JEX through its new website, which is kept up to date by Office Manager Bob Turner, who ran his own business for 30 years prior to joining JEX. Turner also oversees vehicle and facility maintenance. When a general contractor accepts a job on the Olympic Peninsula, they begin looking for a local excavator, and they now find JEX, which is now positioned to take on large, complex jobs.

For an excavating company, much of the challenge in showing a profit is in estimating labor and materials accurately, and in



This was one of many JEX vehicles engaged in excavation at the 9th Avenue MAT Clinic construction site in February, while Korsmo Construction workers installed foundation forms and plumbing infrastructure.

tracking use throughout each project. To that end, in addition to hiring Nick Merrigan, an experienced estimator/project manager who is enthusiastic about starting a sophisticated software called Heavy Bid to accurately predict costs and generate pricing, Sweers instituted coded time sheets, part of a software called Heavy Job, that will track each step of each job, making it possible to know in real time whether the company is meeting its own estimates for time and materials. Within a year, the new Trimble system will enable real-time equipment tracking and performance data, including trip history, fuel usage, and time on site for each aspect of each job.

The leadership team is rounded out by Superintendent Don Love, who oversees a crew of 9 operators and laborers, and Bookkeeper Lasha Johnson, who works with Hawk Grinnell on the financials.

Sweers continues to look forward, hoping to create a local Jamestown quarry to generate material for upcoming projects, saving the company money and offering a space to recycle used materials removed from job sites. We can all expect to see Jamestown Excavating vehicles, equipment and staff working across the North Olympic Peninsula in the coming years.

COVID-19 Pandemic: Spring and Summer Forecasts

Message from our Tribal Public Health and Safety Officer Tom Locke, MD, MPH



Predicting the future is a dubious enterprise, especially with something as complex and uncertain as a global pandemic. Still, we have been at this long enough to be able to project current trends and make a reasonable forecast for the months ahead. And this exercise is not just for ideal curiosity – we all have plans to make and lives to live.

Current Situation: Rates of COVID-19 infection, hospitalizations, and deaths peaked in the U.S. in early January and have declined sharply since. Infection rates on the Olympic Peninsula are among the lowest in the State. Vaccines are being deployed faster than we originally imagined and supplies are increasing with each passing week. Clallam and Jefferson County lead the State in percentages of our populations who have received first and second doses. Warming temperatures and improving weather help prevent spread of respiratory viruses and work in our favor. This year's flu season never happened.

Spring Forecast: With all of this good news we would be confidently predicting steading progress in ending the pandemic if not for two disturbing trends – the spread of variant strains of coronavirus and premature abandonment of control measures by a number of states. Three of the most concerning SARS-CoV-2 variants, the UK, South African, and Brazilian strains have been introduced into the U.S. By early Spring, the UK strain will

become the major cause of COVID-19. Unfortunately, the UK variant is more contagious and can cause more severe disease in the unvaccinated. Fortunately, vaccines provide excellent protection against this strain.

The South African and Brazilian variants are more worrisome both in terms of contagiousness and decreased vaccine protection. Without continued, organized efforts to prevent transmission, we will likely experience a fourth wave of SARS-CoV-2. This is what is happening in Europe – premature openings and relaxation of restrictions has triggered a surge of cases and hospitalizations. European vaccination campaigns have lagged behind other countries and, as a consequence, they are now resorting to strict closures to prevent health care systems from being overwhelmed. We should have learned this lesson in the U.S. but we have not. States like Texas, Mississippi, and Florida have relaxed all COVID control measures. The consequence is sadly predictable.

Washington State, in contrast, has been one of the leaders in COVID-19 control and is very carefully relaxing some restrictions with the option of quickly imposing them if necessary. What will happen in the next 6 months comes down to a race between the vaccines and the variants. If we can keep up our rapid pace of vaccination and get 70-80% of adults immunized by early Summer AND slow the spread of the SARS-CoV-2 variants, President Biden's hopeful prediction of a Fourth of July celebration with close friends and family is very realistic. If we falter on either front – failing to vaccinate as rapidly as possible or allowing more contagious variants to trigger a fourth pandemic wave, then we are in for a longer struggle. Even if a fourth wave occurs, we still have the knowledge and resources to successfully bring it under control but it will take longer and slow our efforts to fully open schools, revive the economy, and go back to life as we used to know it. The future is unwritten and depends, in large part, on the choices we make in the months ahead.



Michelle Lamanna's COVID Story

On December 6, 2020, I was feeling out of sorts. My lower back was aching. I just chalked it off to sitting in my office chair so much. I had a headache but figured, the same. All in a day. By the morning of December 8th, my back was still hurting, but my headache had continued and was pounding so hard I couldn't think straight. I took some ibuprofen, and still chalked it off to the usual stuff. It was a cold day and I was chilled. I couldn't get warm. Around 1:00 I was so cold; my teeth were chattering. I grabbed some blankets and laid down on the couch for a nap. I woke up around 4:00 and my whole body hurt. I felt like I was being stabbed with icicles. My head was throbbing, I was shivering and had three huge blankets on me, and still couldn't get warm. My other half came home around 6:00 pm and I was telling him I didn't feel well, and I had a jack hammer in my head. He said, that's weird, my head has been pounding since yesterday too. By 9:00pm I was burning up with fever, it was 103. Every ounce of my body hurt. I did not want to be touched. Even my hair hurt. The ache was like something I never felt before, deep in my bones to the core. I was so very tired and could not stop coughing. I just slept and slept a much as could.



This continued for a couple days. My other half was

not feeling well either, so on the 10th we decided we better get tested for COVID. My 26 year old son also lived in the house, as well as my 5 year old granddaughter, my 13 and 16 year old daughters, and 9 year old step son.

We got tested, and me, my other half, and my son all tested positive. We immediately went into lockdown. Fortunately for us, all the younger kids had been out of the house for about a week, so they were not present when we began displaying symptoms. They also were not showing any symptoms, so we kept them where they were at to take precautions.

My symptoms were not getting better, I was holding steady at 103, head pounding so hard I couldn't lift it. My breathing was getting labored day by day. The coughing would not stop. My other half was the same. My son was feverish but had no other symptoms.

I lost track of time by now, and I finally called the doctor at some point, and they said I needed to get to the hospital immediately. I think this was around December 18th —10 days in. My son was feeling better by then, but still in quarantine, so he took me to the hospital and dropped me off. No one else is allowed in. I went in, barely scraping up enough energy to walk. I laid down on the bench in the waiting room until they called me, which thankfully wasn't too long. They got me into triage, and I was so weak that it took everything to manage to sit up. The triage nurse was checking my stats and I started feeling very ill, my head was spinning, I was nauseated, and at that moment, I knew that was it. I was going to pass out. Somehow she managed to get me in a chair and they rushed me to a room. Its kind of vague for that part of it, but I remember them hustling around me. My oxygen level was very low, and my stats were dropping. They hooked me up to IV's and started administering stuff, not really sure what at that point. They immediately gave me a shot of morphine which knocked me out cold. I just remember I was so relieved. I came to, a bit later, and they told me I was full of pneumonia and needed to be admitted to the hospital. I didn't care. I just wanted to sleep.

I woke up in a room, hooked up to stuff. They told me they were going to put me on a long list of meds, and the COVID medicine and they weren't sure how long I would be there. I still didn't care. Just wanted to sleep and sleep. I pretty much slept for a few days while they administered meds, oxygen, etc. By about the 3rd day I was feeling a little better, but the headache was so so bad still. I actually had that headache for two months. The COVID meds worked very well. I'm convinced they saved my life. Had I not gone into hospital when I did, things could have been much worse. I was lucky I did not have to go on a ventilator. I did everything they told me to do. I walked around my room, even though it took every ounce of energy I had. I did the breathing

(Lamanna, continued on page 7)

<u>As Secretary of Interior, Haaland is</u> <u>First Native American Cabinet Member</u>

Rep. Debra Haaland was confirmed on March 15th as President Joe Biden's Secretary of the Department of the Interior. Congresswoman Haaland (Pueblo of Laguna), an attorney, and tireless advocate for Native American communities, was confirmed by a vote of 51 to 40 in the Senate. Her confirmation is a watershed moment for Indian Country, marking the first time in the history of the United States that a Native American has served as a cabinet Secretary.

Haaland's confirmation recognizes the importance of Native American leadership, partnership, and representation at a federal agency critical to the needs of Indian Country. The Interior Department is responsible not only for the

management of public lands, waters, mineral resources and wildlife, it holds a fiduciary duty to uphold federal trust and



Secretary of the Interior Debra. Haaland

treaty responsibilities to 574 tribal nations and more than 5.2 million American Indian and Alaska Native people.

Four months ago, NCAI membership adopted resolution PDX-20-059, calling for the appointment of a Native American Secretary of the Interior. It read in part, "American Indians and Alaska Natives have served the United States with honor in the military, in Congress and federal agencies for more than a century, and have made great contributions to the advancement of American Democracy..." Even though American Indian and Alaska Native people are equally qualified as their non-Native counterparts to hold Cabinet positions, this is the first time Native Americans are seeing themselves represented in an office that touches so many facets of their day-to-day lives.



Lamanna, continued from page 6)

machines regularly, slept on my stomach, etc. I was slowly getting better, finally. I had a wonderful set of staff attending to me at Good Samaritan hospital in Puyallup. They were so kind. Every time they came into the room, they had to change into fresh protective clothing, and same when they left. It was a lot. I felt for them. The changing had to of been exhausting.

They released me on Christmas, in the evening. No family Christmas for us. Kids were still isolated at other places. We just slept. We finally celebrated Christmas in February sometime with the family. The tree was dead, we didn't even have the energy to haul it out. The kids came home eventually when we felt it was safe for them.

It took me some time to get better, there were still lots of post symptoms, even though the covid was gone. Lack of energy, headache, and coughing were the three symptoms that hung on for a very long time. Now today, March 8, 2021, I'm still having post systems. My hair is falling out, I have low energy, racy heart, and a few other things. My labs came back amok, so we're working on fixing it.

COVID is no joke. I did not take it seriously enough. I should have sanitized better, wiped carts at grocery stores better, took more precautions. I thought that if I got it, I would be fine, I was in good health, young, and I would just get through it. But it took me hard, and I was not prepared for that. I remember being scared in the hospital, thinking I was never going to get better. For months, I was depressed. Sick all the time, couldn't do anything, stuck in the house day after day. Mentally, I was declining. I was tired, weepy, and just wanted fresh air.

Even with post COVID issues, I'm much better now and on the path to recovery. I'm still scared because they don't know how it works with the new variants. So, I try to be more diligent when I'm out in the community. For your sake, and mine.

My advice is, be diligent, be cautious, wear your mask, and sanitize regularly when you're out and about. No one wants this terrible sickness, and it will change your life. I am very grateful I got to walk out of the hospital with my life. Not everyone gets that chance.

<u>The Last Salmon</u> By W. Ron Allen and McCoy Oatman

an opinion piece published in The Spokesman Review on February 21, 2021



If the people of the Northwest are not careful, the region could see something our ancestors would have thought inconceivable: the Snake River's last salmon.

The Great Spirit made the waters here to teem with fish. For thousands of years, both of our Tribes – the Jamestown S'Klallam on the Olympic Peninsula and the Nez Perce across the Columbia Basin – have enjoyed salmon as the center of our diets, cultures, economies and spiritual lives.

Earlier this month, Republican Congressman Mike Simpson put forth a proposal that represents the best chance we've seen in years for restoring salmon to harvestable numbers.

Not a day goes by that we're not thinking about the future of the fish, of our people and of this region. We're honored to serve on the U.S/ Canada's Pacific Salmon Commission, a regulatory body that manages and restores salmon stocks in the Northwest.

More important, we're each members of families. We're greatgrandsons, grandsons, sons and fathers. One of us is a grandfather. And we've made a promise to those ancestors who came before us, and to those who will come in the future: The last salmon is not going to happen on our watch.

Throughout the Northwest region, we see people, like Rep. Simpson, coming to the same conclusion. They see that decades of failed

federal plans, and \$17 billion spent, have not restored abundant, harvestable salmon to the Snake River. Some species of salmon have nearly disappeared from their icy spawning grounds in Idaho.

Chinook and sockeye salmon are among the most resilient fish on the planet. They grow mighty, spending years in the Pacific, as far away as the Gulf of Alaska. Some of them return to mountain streams more than 7,000 feet above sea level.

But salmon weren't meant to cross so many dams, which interrupt their migrations and warm the waters to dangerous, fish-killing temperatures.

The proposal from Rep. Simpson includes funding for removing the earthen portions of four dams on the lower Snake River that have the greatest harmful impacts on salmon, steelhead and lamprey. Tribes across the Northwest have praised the proposal as an important step forward in restoring the Snake River and our salmon. Many have worked for decades to bring salmon back to abundance in the Columbia Basin. This new proposal would fund habitat and fish restoration throughout the basin.

We believe it's a bold opportunity to strengthen communities and economies.

We are not opposed to growth or development. The Northwest tribes are supportive of balance on dealing with growth and protection of our precious resources. We cannot support sending salmon to extinction in this region and call that growth. That's not a good trade-off. That's death to an essential Northwest resource preserved in our treaties.

For Northwest Indigenous people, salmon extinction can be literal death to our cultures and people. There's a correlation between the dwindling salmon – our staple food source – and increasing health problems. Fewer fish means more heart disease and diabetes.

Leaders in public office, in business, in communities now recognize that we've tried unsuccessfully to restore the Northwest's most iconic species through every method – except removing the lower Snake River dams. Rep. Simpson's proposal would ensure the benefits the dams have brought – like clean power, irrigation and transportation – would continue through new means.

We empathize with farmers who say their way of life also needs to be protected.

That is the same position and principle of the tribes in the Northwest.

It's time now for tribes, members of Congress and governors to engage with this new proposal. We should evaluate it and offer our own ideas for how to make it stronger so all communities prosper in the future before us.

It takes all of us. In the end, this shouldn't be "the Simpson proposal," but the "Northwest proposal."

(Continued on page 9)

<u>Chairman Allen's Statement on the American Rescue</u> <u>Plan's \$31 Billion for Indian Country</u>

In response to a request for a statement from the White House, Chairman Allen wrote:

The Jamestown S'Klallam Tribe joins all 574 Indian Nations across the United States in expressing our deepest appreciation to Congress and the Biden Administration who have championed the urgently needed legislation known as the American Rescue Plan. We firmly believe that the funding in this legislative initiative will have the greatest impact to date on Tribes' goal of becoming truly self-governing and self-reliant.

The COVID-19 pandemic has caused a serious setback for all our communities over the last year, but Tribes have struggled for many generations in trying to restore and stabilize our governmental foundation with past legislatures and administrations.

These new stimulus funds will not only assist our Tribal governments in recovering from the pandemic but also provide the resources necessary to restore our local businesses, economies and address urgently needed infrastructure including upgrades to our roads, water, wastewater and broadband capacity. They will address seriously underfunded Tribal programs that are a trust responsibility of the United States Government, including health care, housing, public safety, natural resources and cultural resurgence, all of which contribute to the self-reliance of our Tribal citizens and benefit our local communities.

I have witnessed the efforts of the past six Administrations and the work of Congress since the 1980s; this commitment will make a significant and meaningful difference to Indian Country.

I, along with my fellow Tribal leaders across the nation, enthusiastically look forward to these funds arriving in our communities. We are ready to utilize them effectively and efficiently over the course of 2021 and beyond.

 W. Ron Allen, Tribal Council Chair/CEO Jamestown S'Klallam Tribe

(Chairman's column, continued from page 8)

Salmon used to muscle their way upstream by the millions. The treaty rights of Indigenous people in the Northwest assured we would always have access to them. We secure that specific right to the fish because salmon are essential to our ways of life. We can't bring salmon back in those sustainable numbers of the 19th and 20th centuries, but we can bring them back in harvestable abundance. We can only accomplish that goal by removing the dams, and continuing habitat restoration once they're out.

It's what our Northwest treaties have promised, and it just makes good business sense across the Salish Sea. More salmon in the Snake means more salmon in the Pacific and the Columbia Basin. It means more money in communities from tourism, recreation and revitalized waterfronts.

It's the just and the right thing to do. It's the strategy and pathway the Northwest region can fulfill its treaty promises and accommodate growth.

We've made our promise to our future generations. We cannot support any more degradation of our salmon.



W. Ron Allen wrote this opinion piece with McCoy Oatman, a former member of the executive committee of the Nez Perce Tribe. Both men are members of the U.S. delegation to the Pacific Salmon Commission.

Yəhúməct Traditional Foods and Culture Program

Waking of the Smoke Shed

Join us April 29th at 12:30 to dig manilas and pick oysters in front of the Tribal Administration offices in Blyn and at Jamestown Beach April 30th at 12:30 as we make the ³/₄ mile walk out to dig horse clams and butters. Be prepared for the 5-mile hike back (because it's always further when you are carrying clams) If you are not up for digging clams but would like to take part in this three-day event, bring your drums and rattles and join us Saturday May 1st at 11:00 as we "wake the smoke shed" with song and lighting the fire. We will demonstrate how to smoke horse clams and salmon. We will also have cooking demos and tasting stations set up with social distancing in mind for everything that we harvested. Demos may include clams on the half shell, bbg oysters, or clams steamed with nettles. This will take place at Jamestown Beach at the canoe landing site across from the fry bread shack.

What: Clam digging, waking of the smoke shed, cooking demo Where: Blyn for digging manila clams and oyster picking Jamestown for horse clam and butter digging (park at the canoe landing site) Jamestown for waking of the shed and cooking demos (canoe landing site)

When: April 29th, 12:30 Blyn April 30th, 12:30 Jamestown May 1st, 11:00 Jamestown

gpáct ?i? kwúkw -Gather and Cook

há?nəŋ st to our February gpéct ?i? kwúkw cook, Mackenzie Grinnell. We had a cancellation, and Mack stepped up to lead the group in making a cod & brown rice loaf with roasted and seasoned squash slices. The Traditional Foods & Culture (TFC) group helped by canning a few cases of cod using the new TFC building kitchen.

We'll take any jars back for future canning opportunities!

In April Michael Lowe will be leading us in a cook-a-long. We hope you join us.

If you are interested in leading a virtual cook-along let us know. We ask that the meal includes one traditional food item and if the item is unique to your area, we can always work out a substitution. We provide a \$100

thank you stipend plus \$50 for you to purchase the supplies you'll need. Those interested must have the ability to log into ZOOM to present and guide citizens/descendants through a cooking demonstration. We ask that the recipe be applicable to all levels of cooking and that it can be prepared within 1 1/2 - 2 hours.

What: gather & cook

Where: Virtual, ZOOM address will be forwarded once you sign up When: April 27th, 5:30

Shellfish Biology, Cultivation, Subsistence Harvesting

Traditional Foods Technician Jessica Johnson hosted a workshop on March 9th in collaboration with the Tribe's Natural Resource Department. Twentytwo joined the ZOOM event where Shellfish biologist Annie Raymond, Chris Burns, Natural Resources Technician and Shellfish Manager Elizabeth (Liz) Tobin covered topics including shellfish biology, toxins, We discussed Usual & Accustomed areas for digging subsistence shellfish, subsistence cards, etc. It was informative and suggestions were taken from tribal citizens. Biotoxin levels will now be posted outside the NR offices on the bottom floor of the Administration building and a request has been sent to create a safer way to access the Blyn mud flats for clam digging and oyster picking. Thanks for the feedback!

Traditional Foods Shellfish Garden—Clamming and Processing

Jess has planned her 2nd clam digging outing for Friday, April 2nd. We are hoping to dig enough clams to smoke and can on Saturday April 3rd. If you'd



Manila Clams (TFC, continued on page 11)

like to participate in any portion of this event, reach out to Jess. Space is limited to 5 people for the canning portion unless COVID restrictions have relaxed and allow for higher numbers.

What: Clam Digging Where: In front of the Administration Office in Blyn When: April 2, 12:00 What: Clam smoking & canning Where: 197 Corriea Rd., Sequim, House of yəhúməct (new TFC building, loop road behind casino) When: April 3rd, 11:00

Community Garden Work Parties

It is starting to look like Spring out there which means getting those seeds in trays! There was a sign-up sheet at the General Citizenship meeting for those who were interested in taking home seed trays to start plants for your personal garden or the Community Wellness Garden. If you were unable to sign up but are interested in taking a tray home, contact Emma or Mackenzie.

The Tribal Youth program joined us for a Thursday afternoon in planting 14 chestnut trees! Chestnut trees grow 2-3 feet per year and can reach up to 70 feet. Chestnuts have been cultivated for thousands of years and are known for their starchy nuts. It may take up to seven years before the first nuts appear and another ten before we are able to enjoy sitting in their shade, but we will be here, right? It was a beautiful day made even better by having the youth help out. Come check out these new trees anytime.

We will be at the community garden every Thursday from 2:30 to 5 p.m. (or earlier if it gets too cold). There are a variety of things that we will be working on including setting up beds for the new season, planting plum trees and building a trail to the berry farm. There are activities for every level; we look forward to seeing you there!

What: Community Garden Work Parties Where: Community Garden, 182 Marinas Way When: Thursdays Through April at 2:30

Washing to Weaving

In April Rachel will begin a series of monthly wool workshops, the first being wool washing. We have acquired the wool from two sheep, and we will be washing the wool in preparation of May's workshop which will be wool carding. Future workshops include roving, spinning, dying and weaving. If you are interested in joining us for one or all in the series sign up with Rachel. The class size is limited.

What: Washing Wool

Where: House of yəhúməct (new TFC building, on loop road behind casino), 197 Corriera Rd.

When: Saturday, April 17th 10:00-12:00

Plants of the Month

<u>Madrona, Alder, Lungwort, Oregon Grape</u>

We are so excited to start harvesting plant material to dye wool for the upcoming weaving classes and we need your help! It takes a couple of months to make the dyes, so we want to start harvesting plant material now. It has been so much fun learning about natural dyes, and we are excited to share what we know. It's incredible that in so many different environments we can get different dyes. If you find yourself going for a walk in this spring weather and come across any of these plants, pick them up and we will turn them into dyes. If you have any questions about identification, give us a call.

• **Madrona:** We will be harvesting the bark from this tree to make a light orange color. Lucky for us, this tree sheds its bark so all we need to do is look at the ground around the base of the trunk and we will find all



Tribal youth training for a task in the community garden



Shearing a sheep for the raw wool; washing the wool is the next step.

the bark we need. Madrona grows in drier areas along with Douglas Fir. A great place to look is Miller Peninsula State Park.

• Alder: Both the bark and the cones of alder are used to make dyes. The bark makes a copper color, and the cones make a light brown color. The cones are harvested when they fall to the ground so head down to the river and take a walk under the alders to collect the cones. One way to gather the bark is to peel it off the tree after they it has been cut down. Lucky for us, we will be using the smoke shed which requires alder wood. We will be chopping wood and at the same time gathering bark from the trees that have been cut down around the carving shed and the House of Traditional Foods.



Lungwort lichen (usnea)

- **Lungwort:** This lichen has many medicinal uses and makes an incredible orange dye. This lichen loves growing at the tops of trees in wet forested areas. Winter and spring windstorms blow this lichen off the branches so that it can be easily harvested. The last time I went up the Grey Wolf River I had a tough time not stepping on lungwort!
- **Oregon Grape:** Right now, it is a good time to harvest the roots or branches of this plant to make a yellow dye. Later this summer we will harvest the berries to make a purple dye. There are two kinds of Oregon Grape, the tall variety which can reach a height of 6 feet, and short bushes. You can harvest off the tall variety's branches or the roots of the short variety. I tend to harvest off the tall variety for the branches so that I am not killing an entire plant for dye. If you have a field full of this plant that you are trying to contain, this is a perfect opportunity to harvest the roots. What we are really looking for is the bark from the branches and roots which will make the yellow dye. This plant has a wide area where it grows from dry forests where the Madrona grows to wet mossy understory where you can find lungwort.

There are several things to consider when you are gathering wild foods. Please keep the following guidelines in mind:

- Help keep the ecosystem balanced. Always leave enough behind for the plant or animal to continue flourishing.
- Take only what you need. To avoid waste, make sure you do not take more then you have time to work with. Sometimes the bulk of work comes when you get home.
- Know how to identify wild foods properly (poisonous plants are rare but they are out there). The first few times you harvest, it is a good idea to go with someone who has experience.
- Make sure you are harvesting from a clean, non-toxic area (check Washington Department of Fish and Wildlife website).
- Know the rules and regulations of the land where you are harvesting and be sure you have a permit for the specific type of plant you are harvesting if you need one.
- Do not trespass on federal, state, private or tribal land.
- Honor traditional foods by recycling them. If you cannot return them to the original place where you harvested them, compost your cuttings.
 - From Feeding the People, Feeding the Spirit, 2010, Northwest Indian College.

Join us, whether it is virtually through one of our workshops or in person during one of our outdoor activities. Check out what we are doing on our Facebook page "Jamestown S'Klallam Tribe yəhúməct Traditional Foods and Culture" and leave us a message. We would love to hear from you.

yəhúməct – take care of yourself

Lisa Barrell	lbarrell@jamestowntribe.org	Cultural Programs Supervisor 360-681-3418
Mackenzie Grinnell	mgrinnell@jamestowntribe.org Tr	aditional Foods & Culture Coordinator 360-681-3408
Rachel Sullivan	rsullival@jamestowntribe.org	Cultural Coordinator 360-681-4659
Emma Brownell	Ebrownell@jamestowntribe.org	Traditional Foods & Culture Assistant
Jessica Johnson	jjohnson@jamestowntribe.org	Traditional Foods and Culture Assistant

Seafood Shares Program Begins

Jamestown's Natural Resource Department received CARES Act funds for fishery disasters related to COVID-19, including ceremonial and subsistence (C&S) harvest. A portion of the C&S funds were set aside for the Tribe's Traditional Foods and Culture Program.

With those funds we are able to purchase seafood from our fishers and other sources to distribute to Tribal Citizens. Because supplies and funds are limited at this time, we are only able to distribute to Citizens within the Service Area (Clallam & Jefferson County).

This is a new program, and tracking will be done with the punch card shown at right. Regrettably, you may not pick up for citizens outside the service area, and if picking up for other in-area family member[s], you must possess/ show their punch card.

We anticipate we will be able to offer one type of seafood each month March thru September. This could include halibut, geoduck, manilla clams, oysters, shrimp (possibly), salmon and crab.

To activate your card, contact Mackenzie Grinnell or Lisa Barrell. We will put your phone number into our system so that we can notify you when the seafood is available each month.

> Mackenzie Grinnell <u>mgrinnell@jametowntribe.org</u> (360) 681-3408

Lisa Barrell <u>Ibarrell@jamestowntribe.org</u> (360) 681-3418

Unfortunately, fishing is not guaranteed, and days cannot be pinned down in advance. Each month you will be notified when the pickup dates will happen.

If you are an Elder and unable to drive yourself, please get in touch with the Tribe's Elders' Outreach Partner, Michael Hartley for assistance. 360-681-5617, mhartley@jamestowntribe.org

If you are commercial fisher and want to sell to our program give us a call!

Salmon cooking in the traditional way at a Tribal Picnic.



This punch card is required for seafood pick-up.



Meet Our New Social Services Client Navigator

Maya Dizack began her job as Client Navigator on February 22nd. Working under Behavioral Health Specialist Dustin Brenske in the Social and Community Services building in Blyn, Dizack aims to help the Tribal community connect to any programs or services they need or want. But the role means more than that to Dizack, who recently graduated from the University of Vermont with a degree in Environmental Science and Human Health. That course of study, along with her work in residential life programming for minority students, made her keenly aware of the relationship between a person's health and their relationship to the earth and their community.

"My studies and research were pretty academic. I studied what social determinants factor into the health disparities that affect minority communities," she explained. She focused on the big picture – how systems impact people. But her current passion is bringing that down to the individual level, and truly impacting each client's life by helping them navigate through barriers and find wholeness. "This job offers me an intimate look at a person-to-person level, where I will use a holistic approach to help people." In addition, Dizack is a new west coast resident who loves the outdoors,



having moved from the east coast last fall. She is discovering all that the Olympic Peninsula has to offer and wants to share her passion with others. Dizack is also excited to learn more about the ecology of the Pacific Northwest forests and coasts and how to forage within them. She is already involved in planning future events, including retreats for Tribal citizens, and looks forward to being able to meet more people in person as the pandemic comes to an end.

"I hope to be a walking, talking search engine, a Google toolbar, to direct people to the right place. Whatever anyone needs – the answer to a question, a need to be fulfilled, I will play a centralized role in seeing that request through and follow-up to be certain that the need was met," she said.

Reach her at mdizack@jamestowntribe.org, or 360-681-4606. She works Monday through Friday, 8 a.m.- 5 p.m. in the west half of the Social and Community Services building. Follow her at https://www.facebook.com/jamestownnavigator

On Problem Gambling

Gambling has been around a long time. For many people, it is a means of harmless entertainment, something they budget for in the same way that many people budget for moviegoing, amusement park trips or vacations. For others, however, gambling poses a problem, a habitual, life-disrupting activity that threatens wellbeing. Tragic stories abound chronicling how problem gambling (PG) has claimed whole lifesavings, rent or mortgage payments, utility bill money, food budgets, the list goes on. Some individuals feel so strongly the need to gamble that they become physically ill when not meeting their felt need. Additionally, other activities and situations that impact wellness often tag along with PG, such as alcoholism, excessive tobacco use, obesity and extended periods of sitting. Some people even begin to isolate, miss work and have relationship issues as PG consumes their time and the constant financial pressure adds unnecessary stress to their lives.

So, the question arises as to how to keep gambling as an entertainment option for those who do not experience PG and its associated concerns, while at the same time provide help for those who do struggle with it. One answer is PG support and prevention. Jamestown is pleased to announce that Social and Community Services has two staff members trained in PG: Dustin Brenske and Eric Greninger. They will be offering PG information and PG prevention resources at the CAC resource event on April 21, 2021, 10:00 a.m. to 3:00 p.m (see ad on next page). They will also be offering information about forming ?iyám' (Strong) xpayîtč (Cedar) Groups (IXGs) to facilitate community conversations about fostering wellness and sobriety. Dustin is an EMDR-trained licensed mental health counselor (LMHC) and Eric is now a certified group facilitator for White Bison's Warrior Down program. They are eager to open a space for community members to unite for wellness.

<u>April is</u>

National Child Abuse Prevention Month

This month and throughout the year, we encourage all individuals and organizations to support child abuse and neglect prevention efforts in Washington.

Children do well when their parents do well. Supporting families and ensuring parents have the knowledge, skills and resources they need are effective ways to protect children from the risk of child abuse and neglect. Community members can support one another by understanding child maltreatment.

Child abuse can occur anywhere and is not restricted to a particular group, race, income, or location. Wherever there are children, there is the potential for abuse. To do your part, it is important to understand and recognize the warning signs for child abuse and neglect.

The Department of Children, Youth, and Families website, https://www.dcyf.wa.gov/safety/report-abuse, has information on recognizing the signs of abuse; reporting suspected child maltreatment; Child Protective Services Agency contact information; Child Welfare Reports and data; and Mandated Reporting Online Training.

Tribal Resources: Dru Froggett, Child Advocacy Center 360 681-5601 Tanya Pankowski, ICW, 360-681-4639 Dustin Brenske, Behavioral Health Services 360 681-4612 To learn more about child abuse prevention, visit: <u>https://www.dcyf.wa.gov/safety/report-abuse</u> http://www.childwelfare.gov <u>https://www.atg.wa.gov/child-abuse-neglect</u> <u>https://www.childhelp.org</u>





WHAT'S WITH ALL THE PINWHEELS? APRIL IS CHILD ABUSE PREVENTION

MONTH

The Jamestown S'Klallam Tribe is raising awareness for National Child Abuse Prevention Month

Join us Wednesday, April 21st for our Outdoor Resource Fair April 21st 10 am—3 pm, Tribal Public Safety and Justice Center 110 Sophus Road, Sequim, WA 98382

Presented by the Public Safety and Justice Center, Child Advocacy Center & Social and Community Services Department

Meet Healthy Families of Clallam County, Child Advocate, Behavioral Health Professionals, Case Management, Law Enforcement, Youth Program Coordinators, and so much more! Win prizes, get educated, and raise awareness!

Wear Blue on April 21, 2021

We encourage our residents to wear blue on April 21 to help promote Child Abuse and Neglect Prevention Month. Children are the foundation of our society, our community, and our future. When we focus on preventing child abuse and neglect, the results are better childhoods, leading to healthier adults and stronger communities.

FROM OUR TRIBAL HISTORIC PRESERVATION OFFICE

wa?x^wá?4acut's Story by David Brownell, THPO

I've often found myself staring at photos of wa?xwá?łacut, framed and hung on walls around the Tribal campus, and wondered who this man was, with the piercing eyes under his crinkled sailor's cap and wearing a tweed suit. A series of three photos taken by S'Klallam ancestor and Dungeness photographer Joe McKissick are captioned, "*Wa Wha Lostoot, 108 years old.*" It is unclear what year the photos were taken, but according to census records, "Wah-wit-lo-soot," or "Dr. Billy," was born in 1827; his wife Mary Brown, "Quah-na-yoo-yalth) was born in 1844, and they had a daughter Martha Brown born in 1871.

Intrigued by the title "Doctor" in the census records, I continued to search for wa?xwá?łacut, though initially there was little to work from except the census. Then I happened across a familiar-looking name in William Elmendorff's <u>Twana Narratives: Native Historical Accounts of a Coast</u> <u>Salish Culture</u>. "wa'xwəlacuD", the Twana/southern Lushootseed spelling of wa?xwá?łacut, was a maternal uncle of Robert Collier (Jamestown) and Frank and Henry Allen (Skokomish). I also found references to "wáxwulatsut" in Erna Gunther's field notebooks, and slowly his story came to life.



wa?xwá?łacut was the brother of xeya'qe'tkw, a significant S'Klallam chief in the early 1800s (xeya'qe'tkw died in a battle with northern raiders on the Dungeness Spit around 1850). wa?xwá?łacut's great house stood at cé?sqa?t, overlooking the mouth of the Dungeness River. He owned a large fish trap located near where the Old Dungeness Schoolhouse stands today. In the 1860s, wa?xwá?łacut and another S'Klallam man, kwi'yaqw, hired five doctors to conduct a mətəna'q ceremony to heal ya'k'xp, a S'Klallam elder who had "lost his tamanamis" and was wasting away to bones. Over the next two days, the doctors worked to return ya'k'xp's humpback salmon tamanamis – I recommend reading *Twana Narratives* for a detailed account of this story – and every year after, ya'k'xp used this power to fill the Dungeness River with salmon every year, and to bring ná?na? (black-neck clams) and ?á?čx (crabs) to Dungeness Bay.

For whatever reason, wa?xwá?łacut did not purchase land at Jamestown. While his wife Mary passed sometime in the late 1890s, he was recorded on census records at Jamestown through the early 20th century, though his name disappears from census records around 1905.

In the photos taken by Joseph McKissick around 1903-1904, wa?xwá?łacut appears to have still been living around Dungeness. While he likely was buried in the Jamestown Cemetery, we do not have any record of his interment. Whether he lived to be 108 or not, it is hard to fathom the changes wa?xwá?łacut witnessed: from the arrival of non-Indian farmers on local prairies, being forced to move from the village site of cé?sqa?t, and losing the rights to fish his salmon trap to the burgeoning State of Washington.

North Olympic History Center Presents Lecture Series

(formerly the Clallam County Historical Society)

April 11: Archaeological Excavations at the Jamestown Tribal Veterans Memorial

Construction of the Jamestown Tribal Veterans Memorial in 2018 uncovered an 1,100-year-old archaeological site on the Tribal Reservation. We will look at artifacts recovered at this site and discuss what they can teach us about the life of S'Klallam ancestors on Sequim Bay.

North Olympic Voices will be livestreamed until further notice on the second Sunday of each month from 2:00 to 3:00 pm at <u>https://bit.ly/2Lssx2w</u>. It is free and open to the public.

Ancestors from Sequim Bay Reburied

On the chilly but sunny afternoon of March 10, the Jamestown Tribe, joined by Tribal Citizens from the Port Gamble S'Klallam and Lower Elwha Klallam Tribes, reburied a Tribal ancestor from Sequim Bay. These ancestral remains were found in 2007 eroding from a bluff near Schoolhouse Point, just north of the Tribe's Blyn campus. Though the remains were found within an ancient archaeological site, evidence of gun shot wounds led to a homicide investigation by the Clallam County Sherriff's Office (CCSO). After failing to identify any additional evidence or matches in the national DNA database. CCSO turned over iurisdiction of the ancestral remains to the Washington Department of Archaeology and Historic Preservation (DAHP), who made the determination that these remains were Native American in 2020, and began the repatriation



After a moving ceremony, refreshments were served for all at the frybread shack on Jamestown Beach.

Jimmy Hall photos

process with the effected Š'Klallam/klallam Tribes. We raise our hands to DAHP for their assistance in returning this ancestor to the Tribe.

New Sign Explains Cemetery Protocols

Visitors to the Jamestown Cemetery will be greeted by a new sign designed by Bud Turner, in consultation with the Jamestown Cemetery Committee.

The sign outlines approved uses and activities within the Cemetery:

- No animals allowed.
- No drugs or alcohol allowed.
- No ground disturbing activities allowed.
- No driving on grass with any wheeled transport.
- Adult supervision required for anyone under 18.

Please do your part to protect our Cemetery and the sacred remains of our ancestors!

Please contact Tribal Historic Preservation Officer David Brownell (<u>dbrownell@jamestowntribe.org</u> or (360) 681-4638) with questions about the new sign or Cemetery rules.



<u>Monthly Presentation</u> <u>by our Tribal Historic Preservation Officer David Brownell</u> <u>April 8: A Glimpse of Sx^wčk^wíyəŋ, a S'Klallam village at Washington Harbor</u>

Learn about the ethnographic and archaeological research on sx^wčk^wíyəŋ, one of the ancestral villages of the Jamestown S'Klallam Tribe that stood at Washington Harbor.

Zoom link: Zoom link: <u>https://us02web.zoom.us/j/87371420577?</u> <u>pwd=cDhuU1B6UVIQUk9kTW80U3Z3VFQrQT09</u> Meeting ID: 873 7142 0577 Passcode: 604505

For more information, 360-681-4632 or library @jamestowntribe.org https://library.jamestowntribe.org/home/ProgramEvents

Library Corner

FINDING

April is Poetry Month!





<u>A Map to the Next World</u> by Joy Harjo United States Poet Laureate









Lee Maracle



Walking With Ghosts by Qwo-Li Driskill

Current Library Services:

 Book mobile services—Tribal citizens can request books, videos, magazines, etc. to be delivered usually on the 2nd Wednesday of each month. If you would like items delivered or picked up, please call 360-681-4632 and leave a message or email

library@jamestowntribe.org.

- Curbside service—You may • browse our collection at https:// library.jamestowntribe.org/home and click on the red "Search Library Catalog" button. If you remember your log-in information you may reserve items or you can always call/ email the Library. If you want something to read/watch but don't really know what, let us know and we can bring you a "grab bag" of items. We have a lot of new books that are just begging to be read.
 - By Appointment—Call or email us to schedule a 30minute block of time to use the computers, do research, look for reading/watching materials. Only two people at a time are allowed and masks covering nose and mouth are required at all times.

See our COVID-19 Policy on the Library's website Spotlight at <u>https://</u> <u>library.jamestowntribe.org/home</u>. If you have any questions or concerns, would like mobile or curbside services, or would like to schedule an appointment, please call us at 360-681-4632 and leave a message or email <u>library@jamestowntribe.org</u>.

<u>Bent Box</u>by Lee Maracle

Recently Paula Simpson Barnes (former director of the North Olympic Peninsula Library System) and her husband Aaron Barnes received their two COVID-19 vaccines. She wrote in an email: "My husband Aaron and I got our second Covid jabs today and we are so very grateful to the Tribe and all the community partners and volunteers who are making this happen. To show our gratitude to the Tribe we'd like to send a small donation to the Tribal library."

Thank you, Paula and Aaron, for your generous donation! We really appreciate it!

Congratulations, Lori DeLorm, the newest Clallam

Conservation District Board Supervisor!

Lori ran for the seat vacated by Scott Chitwood, and handily won the election held on March 19th. We look forward to hearing more from Lori about Conservation District projects.

CAREERS AT JAMESTOWN S'KLALLAM TRIBE

Career opportunities at both Jamestown S'Klallam Tribe and 7 Cedars Resort. Submit an online application today! Applications are reviewed directly by hiring managers. To virtually introduce yourself, share your profile, resume, and cover letter. We look forward to meeting you!

Apply Online At Human Resources TRIBAL ENTERPRISES **QUESTIONS? CONTACT US!** Tarynn Kettel JAMESTOWNTRIBE.ORG/CAREERS/ Jamestown S'Klallam Tribe HR Workforce Analyst P: 360-582-5789 **CEDAR GREENS** E: tkettel@jamestowntribe.org JAMESTOWNTRIBE.ORG/CAREERS/ **Hayley Pearce** 7 Cedars Resort Properties 7 CEDARS RESORT **HR** Recruiter P: 360-582-2494 7CEDARS.COM/CAREERS/ E: hpearce@7cedars.com

#JAMESTOWNSKLALLAMTRIBECAREER fin 🔿

<u>NEW Food Bank in-person hours</u> will be limited to Thursdays and Fridays only.

Please call ahead and we will make an appointment with you for "curbside service" or deliver to those without transportation during these two days. Thank you for your understanding while we do our part to reduce risk to our community and staff.

há?nəŋ st! (We thank you!)

Colleen Studinarz, SCS Supervisor: 360-582-5785, cstudinarz@jamestowntribe.org Christine Kiehl, Economic Services: 360-681-4636, ckiehl@jamestowntribe.org

<u>April 2021</u>							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1 Community Gardening, page 11	2 Clam Digging, page 11 Golf Course Restaurants Reopen!	3 Clam smoking and canning, page 11	
4 Easter Sunday	5	6	7	8 THPO Presentation page 17	9	10	
11 History Lecture page 16	12	13	14	15 Tax Day	16	17 Washing Wool, page 11	
18	19	20	21 Outdoor Resource Fair, page 15	22	23	24	
25	26	27 Gather and Cook, page 10	28	29 Waking of the Smoke Shed , page 10	30		

Websites: Tribal Government: www.jamestowntribe.org 7 Cedars Hotel/Casino: www.7cedars.com <u>Find Us</u> Jamestown Family Health Clinic: https://jamestownhealth.org Jamestown Family Dental Clinic: https://jamestownfamilydentalclinic.com **Online!** Tribal Library: http://library.jamestowntribe.org Tribal Online Museum: www.tribalmuseum.jamestowntribe.org Healing Campus: www.jamestownhealingcampus.org Northwest Native Expressions Gallery: NorthwestNativeExpressions.com Dungeness River Audubon Center: www.dungenessrivercenter.org Facebook Pages: Tribal Government: www.facebook.com/JamestownSKlallamTribe Tribal Library: https://www.facebook.com/Jamestown-SKlallam-Tribal-Library-46893403143461/ S'Klallam Tribal Events and Announcements: https://www.facebook.com/groups/sklallam.events.announcements/ Children and Youth Programs: https://www.facebook.com/jsktchildrenandyouth yəhúməct Traditional Foods and Culture Program: https://www.facebook.com/jamestown.tfp/ Jamestown Family Health Clinic: https://www.facebook.com/Jamestown-Family-Health-Clinic-191450454240502/ 7Cedars Casino: https://www.facebook.com/7CedarsCasino/ Cedars at Dungeness Golf Course: https://www.facebook.com/TheCedarsAtDungeness/ Longhouse Market and Deli: https://www.facebook.com/LonghouseMarket/ House of Seven Brothers Restaurant: https://www.facebook.com/HouseOfSevenBrothers/ Dungeness River Audubon Center: heept://www.facebook.com/dungenessriverauduboncenter SCS Client Navigator: https://www.facebook.com/jamestownnavigator

We have lots of Native music, and you can listen before you buy!





Northwest Native Expressions Gallery 1033 Old Blyn Highway, Sequim, WA 98382 360-681-4640 Shop Online! www.NorthwestNativeExpressions.com

Deadlines for Jamestown Higher

Education Scholarships

(for enrolled citizens)

Spring Quarter: February 15 Summer Term: April 15 Fall Quarter/Fall Semester: June 15 Winter Quarter/Fall Semester: November 15 For information on Higher Education funding, contact Higher Education Coordinator Morgan Snell at 360-681-4626 or msnell@jamestowntribe.org

Jamestown Family Health Clinic

808 North Fifth Avenue Sequim, WA 98382 360-683-5900

Hours: Mon.– Fri. 8 a.m.—5 p.m. Saturday 10 a.m.-3 p.m. For both routine and as-needed, face-toface and telehealth appointments

Senior Support Group

A community for: Sharing wisdom, exploring solutions, improving self and relationships

When: Every second Thursday of the month from 1-3 p.m.

Where: Jamestown Family Health Center, Hall of Ancestors

Facilitated by Lloyd Hannemann,LMHC

The Double Eagle Restaurant and Stymie's Bar and Grill

both located at The Cedars at Dungeness Golf Course, will be re-opening on April 2nd.

- Breakfast 7-11
- Lunch-11-4
- Dinner 4-9
- Happy Hour (Stymies only) 3-5



MAPPY BIRTHDAYS

April Birthdays

17

20

21

21

22

22

27

27

- 2 Jamil Vieth 3 4 **Douglas LaPointe**
- George Mason 5 Sharon Champagne 6 Rosie Zwanziger 7 Gary Harner 7 Wayne Cope Jr. 8 Lillian Croft 8 Loni Greninger 8 Audrey Martin Samie Barrell 11 13 Nicole Prince 13 Liz Mueller 13 Arthur Kardonsky 14 Louis Wilson
- 15 Frank Cobarruvias
- 15 Tim Kardonsky
- 15 Paula Allen Sherry McAllister 16 Scott MacGregor 16 Juanita Campbell Michael Lowe 18 **Ronald Barkley** Mary Ross Kwa Kwain Price **Unique Smith** Rolena Marceau 24 Danielle Lawson 26 Michael Cusack **Donald Ellis** Evan Harner Julie McKenzie 28 30 Kaya Hensley



Jamestown S'Klallam Tribal Council

W. Ron Allen, Chair rallen@jamestowntribe.org, 360-681-4621

Loni Greninger, Vice-Chair lgreninger@jamestowntribe.org, 360-681-4660

Rochelle Blankenship, Secretary rochelle.lynn.blankenship@gmail.com, 360-460-0045

Theresa R. Lehman, Treasurer lehman1949@hotmail.com, 360-457-5772

Kurt Grinnell, Council Member k grinnell@msn.com, 360-461-1229

Contact Information

7 Cedars Hotel and Casino	360-683-7777			
Carlsborg Self Storage	360-582-5795			
Casino Gift Shop	360-681-6728			
Cedar Greens Cannabis	360-489-6099			
Cedars at Dungeness Golf Course				
	360-447-6826			
Child Advocacy Center	360-681-5601			
Double Eagle/Stymie's Lounge	360-683-3331			
Dungeness River Audubon Center				
	360-681-4076			
Economic Development Author	ity			
	360-683-2025			
Jamestown Dental Clinic	360-681-3400			
Jamestown Excavating	360-683-4586			
Jamestown Family Health Clinic	: 360-683-5900			
Jamestown NetWorks	360-582-5796			
Jamestown Social and Community Services				
	360-681-4617			
Longhouse Market and Deli	360-681-7777			
Newsletter Editor	360-681-3410			
Northwest Native Expressions (Gallery			
	360-681-4640			
Public Safety and Justice Center	r 360-681-5600			
Tribal Library	360-681-4632			
Tribal Gaming Agency	360-681-6702			
Tribal Veterans Representative	360-434-4056			

The Jamestown S'Klallam Tribal newsletter is published monthly. Please submit items by email to Betty Oppenheimer at boppenheimer@jamestowntribe.org or by US Mail to the address below, or call her office at 360-681-3410.

The deadline for submission to be included in the following month's issue is the 15th day of the current month.

Changes of Address:

Tribal Citizens: Please send changes of address and name changes to Enrollment Officer Kayla Holden at kholden@jamestowntribe.org or call her at 360-681-4635. Other newsletter recipients: Please send changes of address to Betty Oppenheimer at the address/phone above.

©2021 Jamestown S'Klallam Tribe, 1033 Old Blyn Highway, Sequim, WA 98382 800-262-6603 360-683-1109 www.jamestowntribe.org