

Volume 42, Issue 8, August 2021 <u>7 Cedars Hotel Marks One Year Anniversary</u>



This large, carved clock was recently installed in the hallway between the hotel and casino. It was carved by Tribal citizen Timothy O'Connell. First year anniversaries are traditionally marked by timepieces, and this work of art marks the one year milestone for the hotel. August 4th is the one-year anniversary of the opening of 7 Cedars Hotel. Although opening a hotel during a pandemic was not ideal, the year has gone well, said Hotel Manager Debbie Wardrop.

"For the most part, the guests have been delighted with the hotel, and in particular they mention the art that is displayed throughout," said Wardrop, adding that there are more than 750 pieces of art in public spaces and in hotel rooms.

7 Cedars Hotel was originally envisioned as serving golfers and girlfriend getaways, and that has proven true, but other demographics have also risen to the fore. Families are traveling more, now that COVID is resolving. The rooms that were designed for people who wanted to share a room but not necessarily share a bed (64 of the hotel's 100 rooms have more than one bed, and many are connected to other rooms) are proving to be an asset. "Right now, travelers want a beautiful, rural atmosphere," she said, "and they want to learn about the area." Although until recently most guests were from Washington State, reservations are now branching across the country and the world.

"People want to get outside and explore nature, and culture," she said, including Native

(Continued on page 7)

- Hotel Anniversary 1, 7
- Lyneé Brown, Healing Campus 2, 3
- We Remember: Florence Monson 3
- Tribal Council Candidate Thaddeus O'Connell 4, 5
- Tribal Council Candidate Dana Ward 6, 7
- COVID Vaccination More Important than Ever, Dr. Tom Locke 7
- Message from Tribal Council Chair/ CEO W. Ron Allen 8, 9
- Election Notice; Citizenship Meeting; ICDBG grant 9
- Rivers Edge Project Begins 10
- Johnson-Jock's Weaving Earns
 Spirit of the Northwest Prize ; River
 Center Progress 11
- Elders Supporting Youth 12

- Mental Health Fun Run 13
- Traditional Foods and Culture 14-16
- Elder Info and other Announcements 17
- Library Corner 18, 19
- Announcements 20
- Calendar 21
- Birthdays; Contact Information 22

Lynée Brown, First Employee of the Healing Campus

Lynée Brown left her home in Sequim in 1987 for college, and in 2020, after 26 years at Swedish Medical Center, she returned home for her dream job. She is the first employee hired for the Tribe's Medication Assisted Treatment (MAT) Clinic, also known as the Jamestown Healing Campus, anticipated to open in early 2022.

One might not think of managing a MAT clinic as a dream job, but for Brown, working with people who are in addiction recovery is a rewarding and humbling experience.

"People make sense in the context of their stories," she said. "If you have ever heard their stories, how could you judge them? I see strength, courage and determination in my clients."

Brown was hired as the Director of Family Support and Recovery Services. She will be one of several directors at the clinic, including medical and executive directors. Her role will be in training staff and establishing community outreach, to create a comprehensive system of wrap-around services to support the clients in every aspect of their recovery, including group therapy, housing, job training, healthcare and more. She is currently working on writing policies and procedures, applications, and curricula.



Brown's path back to Sequim took her through several related careers. After her undergraduate studies to be a teacher , she

briefly taught in a boy's group home and realized it wasn't her calling. Brown is an identical twin (her twin sister Lynette is a labor and delivery nurse in Port Angeles), and the two sisters had always been fascinated with birth. So she decided to pursue birth work, working as a childbirth educator and a doula, supporting families through pregnancy, birth and beyond at Swedish Medical Center. She wanted to have a broader impact at Swedish, so she decided to earn a graduate degree.

"Antioch University requires experiential learning, so I took what I originally thought would be a temporary family educator position at the Addiction Recovery Services Unit at Swedish and dove deep to explore and implement interdisciplinary systems of care that serve those with substance use disorders. It takes you to the depths of what is most important in life. I love this work!"

Not only did she earn her Masters degree in Organizational Development and Leadership, she also became a certified Substance Use Disorder Professional (SUDP), which over the course of several years, allowed her to grow into a fulltime leadership role at the Addiction Recovery Unit, the last six years managing that program.

"There is a real similarity between birthing a new family, and the kind of rebirth that happens when an individual is in recovery, discovering who they are and what they can be," she said. "Recovery is hard work. Clients have to bring forth something new in themselves."

Although she often saw people thrive in the in-patient unit at Swedish, having to send them back to their homes, including some clients in Clallam County, was heartbreaking for Brown, who knew that without access to daily medication, particularly methadone, many of those people would relapse. She was well aware of the brewing controversy over the Tribe's MAT clinic, but knew that it was the right thing for the North Olympic Peninsula – a rural area with no treatment options for the toughest cases, who require daily care.

Enter COVID-19. Although Brown had always imagined retiring back to the Olympic Peninsula later in life, in the spring of 2020, she began wondering how long she wanted to stay in Seattle, and at Swedish, after 26 years there. She went home from work one night, and having dinner with her husband and three adult children she spontaneously mentioned the possibility of moving to Sequim sooner than retirement. They all loved the idea.

By July 2020, Brown and her husband Ted had a home in Sequim, she was working at Peninsula Behavioral Health, and all three of her children had found work and housing in Sequim as well.

It was a natural next step for her to apply for the job at the Tribe's MAT, as she has seen the power of medication treatment plus wrap-around services in successful recovery and knows how important it is for the

(Continued on page 3)

We Remember: <u>Florence Marie Adams Monson</u> February 24, 1945– June 29, 2021



We will be gathering to share a light lunch (provided) and our favorite memories and stories. Please join us to remember a wonderful person who is greatly missed!

(Brown, continued from page 2)

entire organization to have a cohesive treatment philosophy.

Developing the treatment plans and workflows is what Brown will be spending her time on, until there is staff to train and clients to help.

Treatment will be strength-based and individualized to each client.

"I consider it a privilege to bear witness to these clients' journeys," she said. "And I truly appreciate the Tribe for stepping up to this need. This is community work; doing for the least of these."

Reach Brown at Ibrown@jamestowntribe.org or 360-582-4869.

<u>At-Large Tribal Council Candidate Statement:</u> <u>Thaddeus O'Connell</u>



My name is Thaddeus O'Connell and I am running for Tribal Council. I am from the Cook/Kardonsky family; my mother is Toni O'Connell and my brother is Tim O'Connell. Although I am young, I am not inexperienced. I am an Eagle Scout. I am in my second term as an elected official in my role as precinct commitee person for Multnomah County, the largest county in Oregon. In this role, I have organized the restructuring of procedural operations, conducted meetings with various State Legislature Representatives and Senators, drafted climate policy, and organized a Tribal sovereignty working group. Outside of my role as an elected official, I have lobbied the Oregon State Legislature for school funding on behalf of working class students within Portland Community College. I have also helped organize the ACLU's EPA Violation Lawsuit against the City of Portland for the negative affect on the development of juvenile salmon from the City's overuse of hexacloroethane gas. My young age combined with my experience makes me a uniquely equipped candidate for our Tribe's future. Here is some of my platform:

Economics and Environment

This past heatwave perfectly exemplifies how climate change is here and worse than we thought. Working at the yəhúməct garden, I have listened to many Tribal Elders say that it has never gotten this hot in their life. As we progress further into the climate crisis, we should be constantly developing and implementing a disciplined environmental policy which will facilitate our Tribe's just transition off of fossil fuels. We should have a seat at the table as

our local, state, federal, and Tribal partners develop and implement their policies. For example, as the transportation sector shifts away from cars we should ensure that any potential high speed rail has a stop to continue to bring people to our Longhouse Deli.

Beyond advocacy, we should be taking direct action to facilitate long term economic and environmental sustainability within our Tribe. Every step we take should be a disciplined action ensuring our Tribe's long term environmental and economic sustainability. We should be moving towards sourcing the products purchased by all Jamestown S'Klallam Tribal entities from Native and local suppliers. Even though there may be an initial increase in upfront cost, every extra cent put towards localizing our consumption is an investment in the future of Tribal sovereignty, independent of globalist supply chains. We should be making sure that every inch of our lands are used for native habitat restoration and or food production. We should be updating the infrastructure of our Tribe's facilities with intense scrutiny to minimize water waste, electricity waste, and environmental impact.

Going even further beyond reforming and updating existing Tribal operations, we should be investing in sustainable enterprises in order to diversify our Tribe's economic and industrial output with a sense of stewardship of our environment. We should be investing in alternative energy sources that steer the grid away from harmful electricity production such as hydroelectric dams, uranium steam reactors, and fossil fuel combustion plants. If we invest in the correct infrastructure; such as decentralized solar, modular liquid salt reactors, and wind turbines; it will provide sustainable jobs that provide both economic dignity and long term vitality for our Tribal community and the entire Peninsula in general.

As our Tribe diversifies it's economic revenue, we cannot allow ourselves to become dependenton globalized financial capital. We should be investing in tangible assets that directly affect the quality of life for our Tribal community rather than line the pockets of random investors. Some examples; investing in properties that Tribal citizens want to sell off, investing in degraded farmland for restorative agriculture, investing in sustainable ranching for sourcing our meat, etc. The possibilities of a sustainable future are only as limited as our action.

"Blood Quantum" Abolition

The survival of our Tribal community depends on the active participation of its most principled and disciplined individuals. Such was the case when the power grid failure during the heatwave shut off the water system which gives our garden life. When I went to check on the plants, my cousin and co-worker Eli Smith was already at the garden, hauling them a 25 gallon drum of water in 100 degree heat. They didn't do it out of profit or self interest but on principle, a sense of dedication to our Tribal community. As long as we use arbitrary social constructs based in white supremacy to determine Tribal citizenship, we rob ourselves of long term dedicated participation of community minded individuals while relegating Tribal "descendants" to living as an under-class within our Tribal community.

There is nothing on the Lord's beautiful Earth that makes me twice as S'Klallam as my children. When He says it's my time, will only 1/8 of my ashes be venerated? If my grandfather was found in a mass grave at a boarding school, would the Tribe only ask for half of his bones? Do we require two separate IV bags during a blood transfusion? Pride in one's lineage and a celebration of one's heritage is not the same as the Eugenics of arbitrary blood quantums. Blood quantums were initially conceptualized by racist lawmakers to assimilate native culture. The Dawes Roles based the criteria for blood quantums entirely on skin color and English literacy.

Why then does our Tribe still adhere to it? The Supreme Court ruled that Tribal citizenship is based on self determination by individual Tribes, the only thing clamping us down to a blood quantum is a lack of effort to change.

We must ensure that we update how we enroll new Tribal citizens moving into the future, in a way that continues active participation in Tribal culture. To me, this means coordinating a criteria with other S'Klallam Tribe honoring family and participation in the preservation of our community's shared Native heritage.

In the interest of saving your time and keeping this article brief yet detailed, I will stop here. I have many more ideas about the issues that I will elaborate on in future newsletters.

há?nəŋ cən - thank you - for reading and stay safe.

~Thaddeus O'Connell

Wide selection of limited edition and other art prints, framed and unframed!



Northwest Native Expressions Gallery 1033 Old Blyn Highway, Sequim, WA 98382 360-681-4640 Shop Online! www.NorthwestNativeExpressions.com



Jamestown S'Klallam Tribe

Intent to Run Statement: At-Large Council Position Dana Ward

Hello Tribal Citizens, my name is Dana Ward, and I am excited to announce my intent to run for the position of Council Member-at-Large. I am from the "Chubby" family and have been active in the Tribe through a variety of means for the past few decades.

My formal letter of intent will be in the September newsletter, which will include information about myself, as well as why I am running for this position. I have put much thought into this decision and count it a privilege to become a candidate.

I thank you in advance for your attention and consideration.

In gratitude, Dana Ward





One Decade Ago:

The laxaynem and crew leaving Jamestown Beach early in the morning in 2011.

Hoping for a Canoe Journey in 2022!

Jamestown S'Klallam Tribe

COVID Vaccination More Important than Ever

by Tom Locke, MD, MPH, Tribal Public Health and Safety Officer

After more than 18 months, the COVID 19 pandemic rages on. Mutations of the original coronavirus known as "variants" have emerged that have accelerated the spread of the infection. The Alpha variant (UK) was at least 50% more transmissible than the original strain and the Delta variant (India) is 60% more transmissible than the original strain and the Delta variant (India) is 60% more transmissible than the alpha strain. These two strains are causing the majority of COVID-19 infections in the U.S., with the highly infectious Delta variant likely to become predominant by the end of Summer. Fortunately, the three available vaccines are highly effective against the variant strains, especially in preventing severe disease, hospitalization, or death.

Initially, the Olympic Peninsula lead the State in vaccination rates, thanks in no small measure to the extraordinary leadership of the Jamestown S'Klallam Tribe in hosting a long running mass vaccination effort at Carrie Blake Park and dozens of pop-up clinics around the County. Sadly, this effort has now stalled with only around 60% of eligible resident (12 and older) having been fully vaccinated in Clallam County and 71% fully vaccinated in Jefferson County. To successfully stop spread of the variants, at least 85% of the population needs to be immune from the infection.

The COVID-19 pandemic has split into two very different epidemics. For those who are fully vaccinated, life is returning to normal. For those who are unvaccinated, the pandemic rages on and will likely worsen as more people gather without masking and distancing and the hyper-contagious variants spread. In addition to those who have declined vaccination, children under 12 are not yet eligible for the vaccine and the 3-4% of the population who have immune system impairing conditions may not be fully protected, even if vaccinated. All of these unprotected community members will be at increasing risk of infection over the next 6 months, especially when the weather cools and conditions become more favorable for respiratory virus transmission.

Widespread vaccination is the only effective public health strategy for bringing the COVID-19 pandemic to an end. Vaccines are readily available to anyone over age 12 through pharmacies or clinics. While public health and medical care providers will continue to do everything in their power to build trust and promote greater levels of vaccination, it is now the time for every community member to get involved. Friends and family members who are eligible for COVID vaccination need to be convinced that it is safe, effective, and protects both them and everyone around them. And if they decline to be vaccinated, it has consequences beyond their personal risk of infection. They are legally required to wear masks in all indoor public places, including the workplace, and need to keep their distance from people at risk for COVID complications.

The COVID vaccines are medical miracles and the U.S. is the envy of the world with free vaccine available to anyone who wants it. It is a tragedy that we have been unable to put aside our bitter political divisions and find common ground on this issue. And this failure will complicate our efforts to fully reopen schools, the economy, and protect vulnerable children, elders, and the chronically ill from present and future variants of this pandemic virus.

(Hotel, continued from page 1)

American culture and art specifically. The hotel is partnered with Global Family Tours for ecological and Native tours, and rents e-bikes for those who want to explore the Olympic Discovery Trail.

"And we are seeing an increase in reservations from Europe. Europeans love nighttime activities, so the Casino, its gaming, restaurants and entertainment are a great draw for those who want a rural atmosphere and a night life," she said.

The year has had it challenges. There is not enough parking within walking distance, and even though 7 Cedars provides shuttle service from the upper parking area, few use that option. There are plans to add more parking closer to the hotel itself. The Tribe relied on designers to make recommendations for furnishings, and one of



those turned out to be a problem. The beds were too high, and many customers complained that it was hard to get up into bed. So every bedframe was replaced.

"It's also hard to find and keep staff," said Wardrop. "We've had some great consistency, but also a lot of turnover."

A low-key celebration is scheduled for August 4th, to include many who were not included in the grand opening during the pandemic, including Chambers of Commerce, government officials, Eagle Rewards customers, and even a reception for hotel guests who happen to be spending the night of August 4th at 7 Cedars.

1st Anniversary of 7 Cedars Hotel & Sports Betting in 2021



A Message from Tribal Council Chair/CEO W. Ron Allen

Greetings Jamestown S'Klallam Citizens!

On August 4th we will celebrate the 1st anniversary of our 7 Cedars Hotel. We are very proud that we were able to complete the hotel during the COVID-19 pandemic. It was the worst timing as we had to secure special permission from the Governor to allow the construction companies and their workers to travel to the site to construct and for the vendors to provide materials and supplies. Yet, we did it and were able to open last August in 2020. It has been quite a journey adjusting our plans for the Hotel and what we expected to be a 4-Diamond service for the property.

To the credit of our 7 Cedars leadership, they have made all the health safety adjustments to allow us to open and start seeing the positive economic impacts of the hotel with our Casino operations. It has been a slow growth, but it gained success as 2020 ended and it continues into 2021. It goes without saying that the concerns about the COVID-19 variants continue to cause us to be extra careful for the health safety of our patrons and employees. In addition to these challenges, we are struggling with recruiting employees. As of today, we are still short by approximately 25 employees.

Yet we are confident we will become fully staffed as we continue adjusting our base salary and benefits to recruit and retain quality employees.

On top of the positive impacts of our new hotel, we have negotiated with 16 other Tribes in the State to engage with Sports Betting this fall. The state legislators and the Governor agreed last year that Sports Betting would be allowed to be negotiated into our Gaming Compacts as an appendix. It has been a long 18+ month negotiation process as neither the State's Gambling Agency or our Tribal Gaming Agencies (TGAs) were geared up to address regulatory oversight of this Sports Betting activity.

Tribes and the State were in a catch-up mode as sports betting has already been already authorized in 20 states including Oregon. Our state is the 21st and more are exploring it in 2021. The new state law only authorizes Sports Betting on Tribal properties.

The negotiations were challenging as the Tribes did not want the State to over-project the magnitude of this new entertainment venue for our gaming properties. We are expecting it to be approximately 1 percent (give or take) of our total gaming operation. It is a desirable gaming activity, and has long been a part of the industry primarily in Nevada and New Jersey. The Tribes had to make the case that this was not an expansion of the industry as it is just another entertainment venue, e.g. VLTs (slots), table games, Keno, etc.

To be clear, it was in the State's interest to legalize sports betting as it has been around in the black market for years. Now it is legal and they will regain control of the industry through the Tribes. Another win-win partnership between the Tribes and the State.

The negotiations between the Tribes continue to be complicated by defining the roles of the Tribes' TGA (primary regulatory) role verse the State's licensing role and avoiding sports betting from becoming a revenue -generating vehicle for the State Gambling Agency. This has been a matter of assuring the integrity of the operations and licensing fees for the vendors. Another issue is the magnitude of the State increasing its staffing level to compliment the Tribes operations. We are working diligently to complete the process to be ready to open these venues for the fall sports event, particularly the NFL and NCAA football season.

Yes, 2021 and 2022 look encouraging for 7 Cedars and all our sister operations in the state. I know talking to Jerry, they have plans for an RV park behind the Casino and we are also preparing to design and develop a new TGA building as their operations and the Casino's surveillance operation= need= a much larger facility. We have plans to expand the surveillance operation to include all the Tribal properties throughout the

ELECTIONS ARE APPROACHING

We on the Election Board are concerned about the number of Tribal Citizens who are <u>not</u> registered to vote. You were sent registration cards a few months back. Many of the phone numbers and mailing addresses we have for Tribal citizens are incorrect. We encourage you to update your information with the Enrollment Officer, Kayla Holden (360) 681-4635.

We'd love to have your name, mailing address, phone number(s) and email, so we can keep in touch with you.

Tribal General Citizenship Meeting

Meet the Candidates, and more! SAVE THE DATE: Saturday, September 18th, from 10-2 in the Blyn Bay Room at 7 Cedars Hotel and virtually on Zoom.

Jamestown S'Klallam Tribal Community Jamestown S'Klallam Tribe Housing Department Notice of ICDGB ARP Application					
The Jamestown S'Klallam Tribe is applying for an Indian Community Development Block Grant authorized by the American Rescue Plan Act (ICDBG-ARP) to respond to health and safety concerns brought about by the Corona Virus (COVID-19). These funds will be used to acquire and/or upgrade property to provide housing and support for those in need to mitigate the impacts from the COVID-19 crisis.					
Persons desiring to comment on this application should submit comments in writing to the Jamestown S'Klallam Housing Department 1033 Old Blyn Highway, Sequim, WA, 98382.					
I Contact Person: Address:	Ann Jagger, Housing Manager Jamestown S'Klallam Tribe Housing Department 1033 Old Blyn Highway Sequim WA, 98382 Phone 360-681-3411 Email ajagger@jamestowntribe.org				

(Chairman's Message, continued from page 8)

peninsula.

I want to express a shout out to Jerry Allen, 7 Cedars CEO, Glenn Smithson 7 Cedars General Manager, Debbie Wardrop, Hotel Manager, and the rest of the 7 Cedars team for doing such an outstanding job advancing the success of our properties. Thanks also to Rochelle Blankenship, TGA Director, in her regulatory role for the properties, soon to include the Sports Betting venue.

If you have questions or need clarifications, you are always welcome to call me at 360-681-4621 or e-mail me at rallen@jamestowntribe.org and I will be more than happy to share them or respond to your inquiries. Sincerely.

on alle

Jamestown S'Klallam Tribe

Rivers Edge Levee Setback Project Underway

Residents and visitors to the north Towne Road area have probably noticed that access roads are being constructed. These are the start of a long-awaited project to set back the levee to provide flood protection for adjacent and nearby properties.

The Jamestown S'Klallam Tribe's contractor, DelHur Industries, began constructing the 5,000-foot long Rivers Edge setback levee on the Tribe's property west of Towne Road. We designed the levee to provide flood protection for the community of Dungeness for any conceivable flood level – including increased storm events; and less snowpack predicted with climate change. No other segment of the levee system meets this safety standard.

The new levee will replace the adjacent section of the 1964 levee, which is vulnerable to failure in its current location and condition. We expect to complete the levee construction project this September, and then construction activities on the Tribe's property will cease until next year.

In 2022, the Tribe will remove the adjacent segment of the 1964 levee. Afterwards, floods will be able to spread safely across 56 acres of newly reconnected floodplain on the Tribe's land. The restored floodplain will make this reach of the Dungeness River a safer place for people and salmon.

The Rivers Edge levee will serve as a permanently conserved walking path for the public. It will also provide a front row seat for the public to observe restoration of the reconnected floodplain.

Immediately north, Clallam County will construct a companion setback levee, which also includes relocating and upgrading Towne Road. The County's website contains extensive information on their project.

Together, the two projects will set back 1.8 miles of river levee to vastly improve public flood safety and reconnect, restore, and permanently conserve 143 acres of historic Dungeness River floodplain for salmon, birds, and wildlife. To offset any impacts the Rivers Edge project possibly caused to the agricultural community, the Tribe and the North Olympic Land Trust (NOLT) plan to purchase conservation easements on at least 130 acres of Dungeness area farmlands.

The project will greatly expand the floodplain along 0.9 miles of the Dungeness River, and this will increase salmon productivity in this river reach.



Johnson Jock's Weaving Wins

Spirit of the Northwest Award

On July 15, *In the Spirit* exhibition jurors Todd Clark (Wailaki), Philip H. Red Eagle (Dakota and Puget Sound Salish heritage), and Laura VerMeulen (Central Council of Tlingit and Haida Indian Tribes of Alaska) introduced the 2021 exhibition and announced the artist awards for Honoring the Ancestors, Honoring Innovation, Spirit of the Northwest, and Best in Show. Painted Desert Dance Regalia by Heather Johnson Jock won the Spirit of the Northwest prize.

Juror Red Eagle, stating his happiness that Salish Weaving had largely been brought back with the return of the Canoe Journeys and the work of Bruce Miller, and Fran and Bill James, said "Heather has become very much a Northwest prize, a gift to this particular art form (Salish weaving). This is an amazing work." You can see the entire In the Spirit show at the Washington State History Museum in downtown Tacoma through August 29th. The In the Spirit Arts Market and Northwest Native Festival will take place on Saturday August 7th. Congratulations, Heather!



River Center News



Thanks to hardworking local subcontractors and all of those working for them, construction teams successfully met the deadline to spend down the state grant within the mandated deadline! Representative Steve Tharinger, toured the project last week with (left to right) board members Annette Nesse (project manager), Annette Hanson, Lyn Muench and Laura Dubois. Photo by Marjorie Palmer.

Elders Supporting Youth





We honor Tribal Elders Gloria Smith and Darcie DeChenne for supporting the members of the younger generation in their families. Shown above at the Mental Health Fun Run are Gloria with her grandson Alden, both from the Cook/Kardonsky family, and Darcie DeChenne with her great niece Shyla, from the Prince family. Darcie and Gloria attend almost all of the Tribe's events for children and youth. We really appreciate their attendance, support, wisdom and presence!

Do you have a need for sheets and/or pillow cases? We have lots of laundered, lightly used white sheets and pillow cases in both Queen and King size. If you could use them please reach out to Rochelle to arrange pickup at 360-460-0045.

Deadlines for Jamestown Higher Education Scholarships

(for enrolled citizens)

Spring Quarter: February 15 Summer Term: April 15 Fall Quarter/Fall Semester: June 15 Winter Quarter/Fall Semester: November 15 For information on Higher Education funding, contact Higher Education Coordinator Morgan Snell at 360-681-4626 or msnell@jamestowntribe.org

2021 Mental Health Fun Run

Thanks for everyone's participation in our campus Mental Health Fun Run/ Walk, sponsored by the Healing of Canoe youth and teen program. We had booths along the way with education, quizzes and activities. Thank you to booth volunteers and participants





Yəhúməct Traditional Foods and Culture Program

Gathering from the Sea

We were not able to offer the yearly "Gather from the Sea" Village, so we improvised by offering two days at the beach back-to-back. The first day we gathered gooseneck barnacles and mussels from Salt Creek with Rochelle Blankenship. We would like to thank Council member Rochelle for giving us a reason to go out! The next day a group of Jamestowns arrived early for the low tide and took over the best spot at Freshwater Bay by setting up our stove, canopy, and chairs. We then ventured out in two groups, the "fast" group led by Mackenzie and the "other" group led by Lisa. Mack & Lisa offered a brief overview of a few different seaweeds, ethically harvested a few varieties then headed in to meet up with the larger intertribal group who had begun arriving. Like minded seaweed gatherers from various tribes around the area



gathered and were led out to the rocks by author and seaweed aficionado Jennifer Hahn. While they were out gathering, we prepared lunch for everyone by cooking up a few gooseneck barnacles, burgers and Dale



Lowe's now almost famous feta & quinoa salad (recipe from June's gather & cook) to go with the food others had brought.

It was a wonderful day spent with wonderful people. We look forward to next year's gathering.



Photos: Top: Lisa, Emma, Rochelle and Mack show off their sea creatures. Below, a pot of gooseneck barnacles. At left, Melissa Smith took a selfie of the entire crew collecting seaweed.

Canoe Outings

July 6th we took to the water in the e'ow-itza, Little Sister canoe. The Laxaynem will be on a much-needed sabbatical until next year. The Laxaynem is in heated storage and once dried out, the canoe will be stripped, and any needed repairs will be identified. The Laxaynem will celebrate it's 29th Birthday next year with a few repaired cracks and a new paint and seal job. We look forward to taking the newly revitalized Laxaynem out during the 2022 canoe journey to Muckleshoot.

We are checking out the feasibility of taking part in a "mini" canoe journey to Indian Island along with Port Gamble or possibly a "mini" canoe journey to Jamestown Beach in August. We'll keep you posted. Contact Rachel 360-681-4659 if you are a citizen or descendant and would like to be a part of the canoe outing in August.

What: Taking out the Canoe Where: John Wayne Marina When: TBD

gpáct ?i? kwúkw - Gather and Cook

We look forward to Cathy MacGregor leading the way with one of her crab recipes at the end of July. We are still in search of a cook for August.

If you are interested in leading a virtual cook-along let us know. We now offer the Traditional Foods & Culture building kitchen for those who would like to cook without the hassle of also trying to figure out how to ZOOM

& cook at the same time. Staff will follow you around with a camera as you cook and will interact with ZOOM participants.

If you are interested in being a guest cook, we ask that the meal include one traditional food item and if the item is unique to your area (hint Alabama), we can always work out a substitution. We provide a \$100 thank you stipend plus food supplies. Those interested must have the ability to log into ZOOM to present and guide citizens/descendants through a cooking demonstration unless they choose to cook in the TFC kitchen. We ask that the recipe be applicable to all levels of cooking and that it can be prepared within 1 1/2 - 2 hours. **What: Gather & Cook**

Where: Virtual, zoom address will be forwarded once you sign up When: August 24th, 5:30-7:30 p.m.

Work/Harvest Parties at the Community Wellness Garden

In July we welcomed summer youth intern Mikaya Haller (Cook-Kardonsky/Chubby), daughter to Jamestown's Culture Coordinator Rachel Sullivan-Owens. Mikaya has been pitching in wherever she is needed whether it is harvesting garlic in the garden or setting up for the monthly wool classes. Mikaya has also spent time gathering plant material for teas and salves. We hope those who attended the July 14th garden work party were able to enjoy her fresh fireweed biscuits.

Emma, Eli and Mikaya will continue cooking up items from the garden for you to enjoy while you visit. If you're not up to weeding or venturing out to harvest, items will be harvested and available or come on out and



one of us would be happy to harvest items on our "fresh" list! We will continue meeting at the garden on Wednesdays and in August there will be much to harvest.

New Garden Assistant

Welcome tribal citizen Thaddeus O'Connell (Cook), son of Toni O'Connell, to the Traditional Foods & Culture Program! Thad will be travelling up from Portland each week to work in the Community Wellness Garden. Thad is currently enrolled at PSU where he is studying Indigenous Studies. Stop by and say "hi" at Wednesday's garden work and harvest party.

What: Community Garden Work/Harvest Parties

Where: Community Garden, 182 Marinas Way

When: Wednesdays 3:30-6:00 p.m.





Photos: New Garden Assistant Thaddeus O'Connell Culture Coordinator Rachel Sullivan-Owens with a wheel barrow full of shallots Traditional Foods Program workers Mack Grinnell, Emma Brownell, and intern Mikaya Haller harvesting shallots.

> (TFC, continued on page 16) August 2021

Wool: Washing to Weaving Workshop Series

We welcomed an 8 person crew for July's tutorial and missed some of our 'usual suspects' who were away. We are looking forward to session two of spinning where returning spinners can ply their yarn and those who missed session one can spin and ply. We are counting down the days!

What: Wool – Spinning Part Two (Spinning and Plying) Where: Traditional Foods and Culture Building When: August 14, 2021 10:00 a.m.



Traditional Foods Technician

A few of you may recognize the Traditional Foods new technician, Eli Smith (Cook/Kardonsky) from the garden. Eli is the daughter of tribal citizen Melissa Smith and has been working as Jamestown's garden assistant since 2020. Eli stepped up and filled the Tech vacancy in July. Eli will be setting up the third and final workshop for the Shellfish garden program, as well as taking citizens out for manila clam seeding in September. David Brownell will return to discuss the relevance of shellfish foods to the S'Klallams.

What: Discussion on the importance of shellfish Where: Zoom

When: TBD - We will send out a mass telephone message and post on Facebook

Elders Traditional Dancing

In July's Elders dancing we welcomed Beth Anders, Julie Powers, Mary Norton, Cathy MacGregor, Cindy Wallace, Lisa Barrell and Mikaya Haller for all ages singing and drumming. Looking forward to getting everyone together, please contact Rachel 360.681.4659 or Lisa 360.681.3418 if you are interested in taking on being lead for singing!

What: Elders Dancing

Where: Red Cedar Hall or Dance Plaza, 1033 Old Blyn, Sequim When: August 18, 2021 5:30 - 7:00 p.m.



Traditional Foods Technician Eli Smith at the garden stand.

Join us, whether it's virtually through one of our workshops or in person during one of our outdoor activities. Check out what we're

doing on our Facebook page Jamestown S'Klallam yəhúməct Traditional Foods & Culture and leave us a message. We'd love to hear from you.

yəhúməct – take care of yourself

Ibarrell@jamestowntribe.org, Cultural Programs Supervisor 360-681-3418 mgrinnell@jamestowntribe.org_ Traditional Foods & Culture Coordinator 360-681-3408 rsullival@jamestowntribe.org Cultural Coordinator 360-681-4659 ebrownell@jamestowntribe.org Traditional Foods & Culture Assistant 360-681-3414 esmith@jamestowntribe.org Traditional Foods Tech 360-681-5616

Information for Elders

Elder Resources

National

Administration on Aging, division of Administration for Community Living

Elder Care Locator: www.eldercare.acl.gov: Enter your zip code for information in your geographic area to find information on support services, housing, elder rights, insurance benefits, health, transportation and more.

<u>State</u>

Washington Senior Resources https://www.seniorresources.com/wa.htm

Olympic Peninsula

Olympic Area Agency on Aging (O3A) 11700 Rhody Drive, Port Hadlock www.o3a.org 360-379-5064

<u>Jefferson County</u> Port Townsend Senior Information and Assistance 2500 W. Sims Way, Ste. 203 360-385-2552

Clallam County

Sequim Senior Information and Assistance 609 West Washington Street, Suite 16, 360-452-3221

Forks Senior Information and Assistance 481 5th Avenue 360-374-9496

Elder Activities

<u>Sequim</u>

Shipley Center. 921 E. Hammond Street 360-683-6806 Sequim YMCA, 675 N. Fifth Ave 360-477-4381

Port Angeles

Port Angeles Senior Center, 328 E. 7th St. 360-457-7004 Port Angeles YMCA, 302 S. Francis St., 360-452-9244 Shore Aquatic Center, 225 E. 5th St. 360-775-2119

Port Townsend

Port Townsend Senior Assn, 620 Tyler St. 360-385-9007 Mountain View Pool, 1925 Blaine St. 360-385-7665

<u>Tri Area, Brinnon and Quilcene</u> Community Centers: www.olycap.org/communitycenters

<u>Emergency Rental</u> <u>Assistance Available</u> <u>through Jamestown S'Klallam</u> <u>Tribe's Housing Program</u>

- Financial assistance for eligible households unable to pay rent or utilities due to the COVID-19 pandemic
- Household must include one or more individuals occupying as tenants obligated to pay rent on a residential dwelling
- Applicant experienced a reduction in household income, incurred significant costs, or experienced other financial hardship due directly or indirectly to COVID-19
- Income must be at or below 80% area median income (AMI) for family size to qualify
- Applicant must reside in the Tribal Service Area (Clallam or Jefferson County). Anyone who qualifies can apply.

Call 360-681-3411 or email ajagger@jamestowntribe.org for an application.

Roof and gutter cleaning for Elders Available through the Jamestown Housing Improvement Program Elders Fund

Call Ann Jagger at 360-681-3411 or email <u>ajagger@ jamestowntribe.org</u>

Jamestown Family Health Clinic

808 North Fifth Avenue, Sequim, WA 98382 360-683-5900 Hours: Mon.– Fri. 8 a.m.–5 p.m., Saturday 10 a.m.-3 p.m. for both routine and as-needed, face-to-face and telehealth appointments.

Senior Support Group

A community for: Sharing wisdom, exploring solutions, improving self and relationships When: Every second Thursday of the month from 1-3 p.m. Where: Jamestown Family Health Center, Hall of Ancestors Facilitated by Lloyd Hannemann,LMHC





Film: The Cherokee Word for Water

Please join us & celebrate Wilma Mankiller's inspiring story with Port Townsend Film Festival Pic for August, THE CHEROKEE WORD FOR WATER! Streaming from August 2 thru August 9, we have a wonderful interview with Charlie Soap, who joined us back in 2015 and visited the Tribal Library before screening. There is also a new interview with the star of the film, Kimberly Guererro, who portrays Wilma in the film and has some impressive updates on her career.

Tickets are \$10 and PTFF will be sending Charlie Soap's share of the box office to benefit The Jamestown S'Klallam library!

Here is a link to the trailer: <u>https://</u> www.youtube.com/watch?v=9h5TsMBO_nQ For tickets, go to our PTFF website: <u>https://</u> watch.eventive.org/ptffpics/ play/60f0a4e857d223008195da59

Library Corner

We are sad to say that the Tribal Library will continue to be closed for another year or so. But we are so excited to announce that we will soon begin construction of additional Library space!

We will add approximately 3,000 square feet onto the northeast side of the current library. Part of the new space will house a professionally designed exhibit that tells the story of the $n \Rightarrow x \approx x \cancel{a} \cancel{a} \cancel{m}$, or S'Klallam (Strong People).

In the meantime, we will still offer library services:

Book mobile services—Tribal citizens/descendants/ staff can request books, videos, magazines, etc. to be delivered usually on the 2nd Wednesday of each month. If you would like items delivered or picked up, please call 360-681-4632 and leave a message or email <u>library@jamestowntribe.org</u>.

Curbside service—You may browse our collection at <u>https://library.jamestowntribe.org/home</u> and click on the red "Search Library Catalog" button. If you remember your log-in information you may reserve items or you can always call/email the Library. If you want something to read/watch but don't really know what, let us know and we can bring you a "grab bag" of items. We have a lot of new books that are just begging to be read.

Research—If you have a question or topic that you need to research, we are happy to help. If you have any questions or concerns, would like mobile or curbside services, or help with research, please call us at 360-681-4632 or email library@jamestowntribe.org.

We are also sad to say goodbye to David Brownell, Tribal Historic Preservation Officer. But we are happy to say that he will continue with the monthly THPO Topics in his new role as Executive Director for the North Olympic History Center! The August presentation is prerecorded, and we will continue with live Zoom presentations in September.

You can see the August presentation on the *S'Klallam History of qatáy and Port Townsend* at the Library's website Events page: <u>https://library.jamestowntribe.org/</u> <u>home/ProgramsEvents</u>.

Just a reminder: We invite you to browse the Tribal Museum at <u>http://</u>

www.tribalmuseum.jamestowntribe.org/. If you notice errors, have stories that go with photos, have missing dates, locations, etc., please let us know. Also, if you have taken on your S'Klallam name, we would like to know that, too.

Please email us at <u>museum@jamestowntribe.org</u> or call the Library at 360-681-4632.

We would like to thank Cedar Greens for these book donations!



<u>The Pot Book</u> by Julie Holland, M.D., explores the role of cannabis in medicine, politics, history, and society. It offers a compendium of the most up-to-date information and scientific research on marijuana from leading experts.

<u>Cannabis is Medicine: How Medical Cannabis and CBD Are Healing</u> <u>Everything from Anxiety to Chronic Pain</u> by Bonnie Goldstein, MD. This educational, practical, and thorough book empowers patients to make informed decisions about this natural medicine and improve the quality of their lives.





<u>Cannabis Pharmacy</u> by Michael Backes presents a comprehensive resource for understanding and using medical marijuana. This es-

sential guide provides information on how cannabis works with the body's own system, identifies the most useful varieties, and guides readers on how to prepare and control dosage—all grounded on evidence-based research.

CAREERS AT JAMESTOWN S'KLALLAM TRIBE

Check out the latest career opportunities at Jamestown S'Klallam Tribe and 7 Cedars Resort online at the provided links below, and submit an online application today! When you submit your application, it is sent directly to that position's hiring supervisor for review. Remember to provide current phone numbers and emails for your references, a cover letter, and resume!

Apply Online At Human Resources QUESTIONS? CONTACT US! TRIBAL ENTERPRISES Tarynn Kettel JAMESTOWNTRIBE.ORG/CAREERS/ Jamestown S'Klallam Tribe **HR Workforce Analyst** P: 360-582-5789 **CEDAR GREENS** E: tkettel@jamestowntribe.org JAMESTOWNTRIBE.ORG/CAREERS/ **Hayley Pearce 7 Cedars Resort Properties** 7 CEDARS RESORT **HR Recruiter** P: 360-582-2494 7CEDARS.COM/CAREERS E: hpearce@7cedars.com

#JAMESTOWNSKLALLAMTRIBECAREERS 🦵 in 🧭

If you are interested in running for Tribal Council, please submit your Intent to Run paperwork before September 2nd! Questions? Call 360-681-2029 and leave a message.

2021 Quilcene Coho Salmon Surplus Distribution:

Tribal citizens, please contact Amber Almond at (360) 683-1109 if you would like to be added to the list for any coho salmon surplus events this fall. Everyone who was on the distribution list last year is already on this year's list. People will be notified of a surplus event a few days prior to it occurring. If you have any questions regarding the distribution please contact Aaron Brooks at (360) 582-5784.







lock up your meds

protect your kids, family, and environment

Learn more at WATribalOpioidSolutions.com

Health Care Authority

SAVE THE DATE!

Be sure to mark your calendar for the upcoming Dungeness River Audubon Center 3rd Annual Charity Golf Tournament. This will be a three-day event August 27-29, held at the lovely Cedars at Dungeness Golf Course.

The "virtual tournament" will be a two-person scramble fundraiser for the River Center, sponsored by the Jamestown S'Klallam Tribe and 7 Cedars Resort. Players will announce they are playing the River Center Tournament, tee off, play their round, and turn their scores in to the Pro Shop.

Winners will be announced via email and prizes available for pickup or mailed to winners. Cost includes green fees, golf cart, range balls, a lunch voucher, and prizes. Entry fee is \$90 per person. You may play once during the three days.

All proceeds benefit the Dungeness River Audubon Center's ongoing education programs and operations.

The Cedars at Dungeness is located at 1965 Woodcock Road in Sequim. To register, call the Pro Shop at 360-683-6344.



Pete Nesse, Silas Fuller, Annette Nesse, George Hilan play a round to raise money for River Center education. River Center archive

August						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Community Garden Work Parties	5	6	7
8	9	10	11	12	13	14 Wool Spinning and Plying Florence Monson Celebration of Life
15	16	17	18 Elders Traditional Dancing	19	20	21
22	23	24 Gather and Cook	25	26	27	28
29	30	31	Sept. 1	Sept. 2 Last day to declare Intent to Run for Tribal Council		

Websites:

Tribal Government: www.jamestowntribe.org 7 Cedars Hotel/Casino: www.7cedars.com Jamestown Family Health Clinic: https://jamestownhealth.org

Jamestown Family Dental Clinic: https://jamestownfamilydentalclinic.com

Tribal Library: http://library.jamestowntribe.org

Tribal Online Museum: www.tribalmuseum.jamestowntribe.org

Healing Campus: www.jamestownhealingcampus.org

Northwest Native Expressions Gallery: NorthwestNativeExpressions.com

Dungeness River Audubon Center: www.dungenessrivercenter.org

Facebook Pages:

Tribal Government: www.facebook.com/JamestownSKlallamTribe

Tribal Library: https://www.facebook.com/Jamestown-SKlallam-Tribal-Library-46893403143461/ S'Klallam Tribal Events and Announcements: https://www.facebook.com/groups/sklallam.events.announcements/

Children and Youth Programs: https://www.facebook.com/jsktchildrenandyouth

yəhúməct Traditional Foods and Culture Program: https://www.facebook.com/jamestown.tfp/

Jamestown Family Health Clinic: https://www.facebook.com/Jamestown-Family-Health-Clinic-191450454240502/ 7Cedars Casino: https://www.facebook.com/7CedarsCasino/

Cedars at Dungeness Golf Course: https://www.facebook.com/TheCedarsAtDungeness/

Longhouse Market and Deli: https://www.facebook.com/LonghouseMarket/

House of Seven Brothers Restaurant: https://www.facebook.com/HouseOfSevenBrothers/

Dungeness River Audubon Center: heept://www.facebook.com/dungenessriverauduboncenter

SCS Client Navigator: https://www.facebook.com/jamestownnavigator

<u>Find Us</u>

Online!

MARRY BIRTHDAYS

August Birthdays

16Kenneth Merritt3018Roxanne Roberts3018Julie Grinnell3119Vickie Carroll3120Elyse Ulowetz3120Susan Johnson
--

Deborah Woodard Danny Freeman **Dusty Humphries** Jason Lamanna Wayne Cope Sr. Sonni Creech Clayton Davidson Cliff Prince Jennifer Porter Jessica Roberts Jaiden Bosick Judith Shaw Donald Adams Kathy Schmitt Marlene Shaw Xyan Hedin Karle Keogan Jacob Powers Hawk Grinnell Matthew Chapman **Tyson Reeves** Rosa Hunter

Jamestown S'Klallam Tribal Council

W. Ron Allen, Chair rallen@jamestowntribe.org, 360-681-4621

Loni Greninger, Vice-Chair Igreninger@jamestowntribe.org, 360-681-4660

Rochelle Blankenship, Secretary rblankenship@jamestowntribe.org, 360-460-0045

Theresa R. Lehman, Treasurer lehman1949@hotmail.com, 360-457-5772

Contact Information

7 Cedars Hotel and Casino	360-683-7777			
Carlsborg Self Storage	360-582-5795			
Casino Gift Shop	360-681-6728			
Cedar Greens Cannabis	360-489-6099			
Cedars at Dungeness Golf Course				
	360-447-6826			
Child Advocacy Center	360-681-5601			
Double Eagle/Stymie's Lounge	360-683-3331			
Dungeness River Audubon Center				
	360-681-4076			
Economic Development Authority				
	360-683-2025			
Jamestown Dental Clinic	360-681-3400			
Jamestown Excavating	360-683-4586			
Jamestown Family Health Clinic	360-683-5900			
Jamestown NetWorks	360-582-5796			
Jamestown Social and Community Services				
	360-681-4617			
JST Capital	360-460-6890			
Longhouse Market and Deli	360-681-7777			
Newsletter Editor	360-681-3410			
Northwest Native Expressions Gallery				
	360-681-4640			
Public Safety and Justice Center	360-681-5600			
Tribal Library	360-681-4632			
Tribal Gaming Agency	360-681-6702			
Tribal Veterans Representative	360-434-4056			

The Jamestown S'Klallam Tribal newsletter is published monthly. Please submit items by email to Betty Oppenheimer at boppenheimer@jamestowntribe.org or by US Mail to the address below, or call her office at 360-681-3410.

The deadline for submission to be included in the following month's issue is the 15th day of the current month.

Changes of Address:

Tribal Citizens: Please send changes of address and name changes to Enrollment Officer Kayla Holden at kholden@jamestowntribe.org or call her at 360-681-4635. Other newsletter recipients: Please send changes of address to Betty Oppenheimer at the address/phone above.

©2021 Jamestown S'Klallam Tribe, 1033 Old Blyn Highway, Sequim, WA 98382 800-262-6603 360-683-1109 www.jamestowntribe.org