

# Volume 45, Issue 2, February 2024

# Healing Clinic Receives 1.6 million For Mobile Unit

By Jackie Johnson, Tribal Communications and Publications Specialist

The Healing Clinic, now having been open for a year and a half, has had a continuous stream of patients, with over 150 patients currently enrolled. Opioid use has been a growing issue on the Olympic Peninsula. This is one of the primary reasons why the Jamestown S'Klallam Tribe, Jamestown Family Health Clinic and other partners sought to create an evidence-based treatment facility. The other nearest comprehensive facility with similar services is over three hours away.

Recently, the Healing Clinic was awarded 1.6 million dollars from the Washington State Healthcare Authority to develop a mobile medication unit. This is essentially a little Healing Clinic on wheels. These funds cover the purchase of the mobile unit (motorhome) as well as the initial operating costs. There were only five awardees in the state of Washington to receive this grant, the Healing Clinic being the only recipient on this side of the Puget Sound. So far, the unit has been purchased and customized to provide services while also having the exterior decorated with Coast Salish art from the House of Myths. The unit has been delivered and is being prepared for state and federal inspections.



Above: New mobile medication unit, extension of Healing Clinic



Above: Interior of MMU, with exam room.

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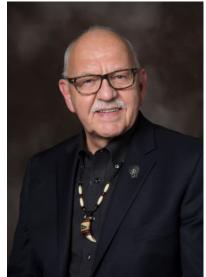
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# Chairman Article

# Healthcare For Our Community & Elders

By W. Ron Allen (Allen Family) Tribal Chairman/CEO



Greetings Tribal Citizens!!! Happy New Year again and here we go journeying into 2024 with freezing weather. Guess we'll have to live with it until spring.

This month I want to address the quality of our healthcare as it was a topic that came up at our fall of 2023 General Citizenship Meeting, focusing particularly on housing and healthcare services for our Tribal Elders.

We are proud of our Jamestown Family Health Clinic and Healing Clinic in Sequim and of our Jamestown Family Dental Clinic in Blyn. Due to the large success of our clinics, this year we are planning to build a new Dental facility next to the Health Clinic on 5<sup>th</sup> Avenue. We expect to begin construction of our upcoming healthcare facility that will be a 16-bed inpatient evaluation and treatment facility for individuals suffering from psychiatric distress in Clallam and Jefferson Counties. Due to our accomplishments and respected reputation in the community, we can recruit the best doctors, nurses, and administrators to continue successful operations.

A question was brought up at the General Council meeting about the need for a Community Health Nurse (CHN) to provide direct services for our Elders and Tribal Citizens. We do have this position, but the title was changed to Tribal Clinic Nurse because the position is based at the Family Health Clinic. Donna Short is our Tribal Clinic Nurse and she has real-time access to all registered patient's medical records, which allows her to track when a Tribal Citizen has a new diagnosis and treatment plan. Additionally, she is able to monitor transitions of care for Tribal Citizens who are admitted to the ER, hospital, skilled nursing facility or are discharged from any of these establishments. She can even see the discharge instructions and orders for home health care.

Donna provides the initial follow-up contact for all Tribal Citizen appointments and transitions. For instance, Donna can arrange a home visit with a medical provider, if the situation calls for it, and if Donna is out of the office, another nurse is assigned. This follow-up protocol is an automatic workflow for Donna. Once she assesses the situation and determines the patient's needs, she coordinates additional services with the respective healthcare team members. This team includes Natalie Lounsbury, the Community Health Representative and Darlene Taylor, the Elders Home Services Coordinator.

Part of the Tribal Clinic Nurse position includes managing a Tribal Citizen registry that tracks health needs, determines how our Tribal Elders and Citizens are doing and identifies any gaps in service delivery and quality. Furthermore, Donna handles various healthcare programs for Citizens. Specifically, the weight-loss program has shown great results. Donna is easy to reach for any assistance and provides transportation, as needed. Now that we have increased the Elder Assistance Program staff, we are arranging how to best coordinate transportation service relative to health care to avoid confusing the Elders on who to call for appointments.

Many years ago, our healthcare department initiated a unique 'out of the area' service reimbursement program to which the level of funding has consistently increased. Most tribes do not provide this service, and typically serve just the citizens in the 'service area'. Our program utilizes revenues from our clinics and just recently we set up an additional health crisis transportation program to assist Tribal Citizens traveling to and from their dialysis and cancer treatment facilities. Again, I don't know of another tribe providing this type of assistance to their 'out of the area' citizens- this takes in account of tribes with more resources than we possess. Jamestown has always stepped up to find innovative ways to help our Tribal Citizens in ways that are not common in Indian Country.

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We continue to highlight the numerous achievements over the years and are thankful to have such a high quality healthcare program which takes a very innovative approach. Jamestown is blessed with an amazingly talented staff, and we plan to continue to grow.

This topic has been on my mind since the fall meeting, and I want the record to reflect that we bring only the best and highest quality healthcare services to our Tribal Citizens and have the upmost respect for our Elders. I am proud that our Tribe continues to lead and model success in Indian Country, and I am very confident 2024 will continue our legacy of success, innovation and growth for all our operations, with healthcare as a top priority. If you do have questions or needs always remember Donna and our team are easy to reach and their contact information is regularly published in our monthly newsletter and on our Jamestown website (www.jamestowntribe.org).

Remember if you have questions, please don't hesitate to reach out to me either at rallen@jamestowntribe.org or my cell phone (206) 369-6699.

God Bless, Ron

## MMU Continued...

The mobile medication unit (MMU) will go out to the Clallam Bay Fire Department Monday through Friday and provide services to folks who live in remote areas. Patients will have access to a case manager, substance use disorder counselor, medical provider, and medication.

This unit has pop-outs for exam and treatment rooms, a nurse area for medicine dispensing, a small lab, and many security cameras. The medication will be safely secured by the staff within the unit and will be returned to the Healing Clinic at the end of each day with the MMU.

Why is a mobile medication unit needed? There has been an increasing community voiced need for treatment resources on the Olympic Peninsula. The goal is to break down barriers for opiate use disorder treatment, and to set individuals up for success, a large barrier being transportation and travel-time. For instance, people living greater than a 40-mile radius could spend three or more hours a day traveling. This travel time could increase if individuals do not have a car or secure transportation.

The Healing Clinic hopes to begin mobile medication services soon.



Above: MMU's exam room.



# JST Citizen, xwú?antu?, Lisa Barrell (Woods/Johnson

# Family) Receives Promotion to Deputy Director



xwú?əntu? Lisa Barrell (Woods/Johnson family) has been promoted to Deputy Director of Jamestown's new Culture Department. Lisa has worked at the Tribe for over 22 years, not including summers in high school and college! First she worked as the Contracts and Grants Specialist for 17 years then moved to Project Manager for a grant the Tribe received in 2018. Lisa used the grant to develop the Traditional Foods & Culture Program, expanding it over the years to include the Community Wellness, Healing and Shellfish Gardens, and establishing prairies. When the Tribe's long-time Culture Coordinator Vickie Carroll retired, it was a natural fit for Lisa to oversee the Culture Program and move into the role of Cultural Programs Supervisor.

Lisa shared, "It's been moving fast, and as someone told me, 'The programs are gaining momentum and moving fast, but you can't be afraid... just go with it.' It's been a delightful journey that includes so many wonderful Tribal Citizens who show up to learn, to teach, and give their support. The program also wouldn't be where it is today without the amazing people working together supporting these programs. Traditional Foods & Culture is something I feel our people were craving and now with it becoming its own department, it won't be going anywhere."

Culture Department Director, Loni Greninger adds, "I am looking forward to creating this strong leadership partnership with Lisa! We have big ideas, and now to come together and organize the goals and timings. Good things ahead!"

há?nəŋ st to our JST Community as we have embraced this transition!

# JST Descendent Jason Robbins (Hammer Family)

# Takes New Role at Tribe

I am incredibly grateful to the Tribe for taking a chance on me straight out of the Air Force in 2010 and for all of the support I've been given along the way. I've had the great opportunity to work with a lot of amazing and talented people over the past 14 years, and I truly owe so much to the many who helped me get to this point. A few years ago, I decided to go back to school and finish my degree in Business, and along the way, I started thinking about new career options outside of the law enforcement world. When this new opportunity came up, I jumped all over it. While I will miss working with my enforcement team and everyone else in Natural Resources on a daily basis, I am excited about my new position as the Grants Specialist & Tribal Court



Liaison with Social and Community Services (SCS). The Tribal Court Liaison portion of the title is unique and really cool because it gives us a chance to continue improving the courts through new funding opportunities. It also incorporates the expertise of the SCS staff in tandem with the collaboration of Public Safety. This is setting the courts up for a new level of success. I'm also looking forward to helping with the wide range of projects in SCS and feel lucky and humbled to be a part of such a talented group.

I haven't had free time in a while due to completing my M.B.A. program in January, but I'm pretty basic and enjoy hanging out and going on trips with my wife, Ariana and two boys, Mason and Ethan, and our dog, Rocky. I usually get asked to help and coach one of the kiddos' teams, and I have done so since our oldest has been in T-Ball. By the way, thank you to the Tribe for the new additions to the Little League Fields! It looks fantastic!

-Jason Robbins, SCS Grants Specialist & Tribal Court Liaison, jrobbins@jamestowntribe.org, 360-582-5797

# JST Citizen Lori DeLorm (Johnson Family) Runs for Re-election for Clallam Conservation District Board

For the past three years, Tribal Citizen Lori DeLorm (Johnson Family) has served on the Clallam Conservation District Board of Supervisors and has decided to peruse re-election! If you are a Clallam County resident, you have the opportunity to support Lori by casting your vote on March 19.

Make sure you are registered to vote! To register to vote, visit https://voter.votewa.gov/. Additionally, the deadline for requesting a Mail-In Ballot is February 29.

Being a water quality specialist for the Jamestown S'Klallam Tribe for the past 25 years, she is deeply invested in the preservation of the S'Klallam lands in addition to being a JST Citizen. In Lori's candidate letter of interest, she said "I have a

strong commitment and devotion to the CCD and our community. I hope to continue to serve and be a valuable member of the CCD board of supervisors".

"I have worked alongside CCD staff on many projects within Clallam County. During my 25 years of service to JST and Clallam County there have been many success stories in this great community we all share," said Lori DeLorm.

What is the Clallam Conservation District? The Clallam Conservation District (CCD) is a sub-division of the state government and helps land users conserve natural resources and is mostly funded by the Washington Conservation Commission. You can learn more about CCD at: https://clallamcd.org/news\_district-history.



**Photo courtesy of Clallam Conservation District** 



For more information about the CCD Board of Supervisors, visit: https://clallamcd.org/elections-appointments and https://www.scc.wa.gov/voting-in-your-local-election.

# Meet Danielle Johnson, New SCS Admin & Enrollment Assistant

Hi, I'm Danielle! I grew up in Port Townsend. In 2011 we moved to Neah Bay, where my husband's family is from, and been in Clallam County ever since. I'm excited to be the Enrollment and Admin Assistant for the Social and Community Services Department (SCS). This position allows me to learn so much about all the services that SCS offers. I feel I'm a good fit for this positions



because I have always been a huge advocate for people trying to better themselves. Plus, I love to stay busy and test my organizational skills daily.

When I'm not cheering for my children at their sport events, you'll find me with a new book, trying new baking recipes and cooking dishes, tending to my farm, or fishing.

-Danielle Johnson, SCS Admin & Enrollment Assistant, djohnson@jamestowntribe.org.

# Adult Vaccinations. Beyond COVID and Influenza.

By Paul Cunningham, MD, Chief Medical Officer, Jamestown Family Health Clinic

Just when you thought you'd heard all you could or wanted to about vaccinations in recent years, along comes this newsletter article to remind you that vaccines for adults have existed long before COVID and are not restricted to certain seasons, such as the yearly influenza.



Vaccines are designed to induce your body's immune system to react in a more timely and robust fashion when challenged with a wild virus or bacteria. Vaccines act by stimulating your immune system to create antibodies specific to a given viral or bacterial exposure, such that the immune cells dedicated to neutralizing them are primed and ready to go ASAP. The mechanics of what is termed active immunity includes a primary response to the vaccine by which immune B cells proliferate, T cells are sensitized, and antibodies are produced for some amount of time (more on this momentarily). When you are subsequently exposed to the actual virus or bacteria, once again B cells burst into action and antibodies, which seek out and bind to the invading organism, are released in an amplified fashion, compared to an un-vaccinated person. In a perfect world a given vaccine would prime the immune system forever. In the real world, the duration of the immunity produced may last months to a year (Influenza, Covid, RSV) or many years for other vaccines - including varicella (Shingles), Tetanus/Diphtheria/pertussis, and pneumococcal vaccines.

The benefit of vaccination is that this secondary response is what protects the individual from becoming ill and/or markedly reduces the severity of illness. Case in point, the original COIVD vaccine studies did not show that it would prevent COVID infection. Rather the studies showed that vaccination would reduce the severity of illness and risk of death. The current COVID vaccine continues to perform in the manner it was originally shown to, resulting in less severe illness and reduced risk of death for higher risked individuals. Similar benefit has been shown for yearly influenza vaccination.

Briefly, I will mention here the difference between active and passive vaccine immunity, using the recently approved vaccines for RSV (Respiratory Syncytial Virus) illness as an example. RSV has been around for a long time and causes respiratory symptoms that can range from mild, like the common cold, to a more severe and even life threatening lung infection in higher risked infants and older adults. For adults age 60 or older, there are **two new vaccines, Arexvy and Abryso.** Both versions of this RSV vaccine are traditional recombinant protein products that work through active immunity with the immune system primed to quickly produce antibodies when exposed to the virus.

For select infants, up to the age of 19 months, there is a new vaccine, **Nirsevimab**, which produces passive immunity. This is an odd term and instead of working to stimulate the still immature infant's immune system to produce their own antibodies, Nirsevimab is a monoclonal antibody product that provides immediate protection for the infant against severe RSV illness. No need to recruit and sensitize immune B and T cells as needed in active immunity. Subsequently, this type of vaccine is shorter lived than the adult version and designed to protect the infant for about 5 months during RSV season, which starts in the Fall and peaks in the Winter.

In no particular order, lets go through other vaccines, beyond COVID, seasonal Influenza and RSV vaccines, that all adults might consider getting. One disclaimer up front is that deciding which vaccines might be right for you is best done in consultation with your trusted primary healthcare provider. Each vaccine has its own set of inclusion and exclusion criteria, and the risks and benefits of a given vaccine depend on your particular health conditions and status.

Lets start with my personal favorite adult vaccine, **Varicella-Zoster (Shingrex)**, which protects against the painful skin condition known as shingles. This is recommended for adults 50 or older. Shingles is the reactivation of the long dormant herpes zoster virus (chicken pox) that most adults had in their youth.

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Do not confuse the herpes zoster virus with the herpes simplex virus that causes painful oral and genital ulcers. Same family, different virus and symptoms. With shingles, reactivation of the varicella-zoster virus causes a very distinct type of rash, limited to one side of the body (does not cross centerline) in a specific distribution corresponding to the sensory nerve dermatome that they inhabit.

Classically, it starts with a focal area of tingling, burning or pain, followed by a visible red rash that evolves into blisters and ultimately crusts over. Commonly it occurs on one side of the face or scalp and may involve the eye or be on one side of the trunk from the distributed in a "herpetiform pattern" viewed front to back. The vaccine itself is two injections administered two to six months apart. This vaccine is very effective with a 90% or greater protection against developing shingles and subsequent complications, including the painful post infection condition called post-herpetic neuralgia. The vaccine provides long-term protection, so there is no subsequent booster needed and is recommended even after someone has had a shingles outbreak. Notably, I generally recommend it for my older patients who may have had the previous shingles vaccine, Zostavax, which unlike Shingrex, was a live-attenuated vaccine. Immuno-compromised, transplant patients, those with history of Guillain-Barre syndrome, and pregnant individuals need extra vetting prior to getting this vaccine.

Next up is vaccination against **pertussis (whooping cough) diphtheria and tetanus.** These three generally come together in one vaccine, **Tdap.** Another version is **Td**, which does not include the pertussis component. While Tdap is generally part of the childhood vaccination series, albeit in a slightly different vaccine DTaP, (try not to fret over the nuances of the various formulations). Adults benefit from a booster because immunity from childhood vaccinations wains over years to decades. Tetanus, while rare, is caused by a bacteria, Clostridium tetani, and is found everywhere in the environment, including soil, dust, and manure. Hence why following skin wounds, you may be asked about your vaccination status. Pertussis, aka whooping cough, is a bacterial illness which deserves special attention for grandparents or others who spend time with young children. Back and forth whooping cough infection between elders and youngsters is possible. Vaccination amongst adults can attenuate this problematic infection cycle. Lastly, diphtheria, while rare since the adoption of widespread childhood vaccinations, is a respiratory bacterial infection that can cause neck and throat symptoms leading to severe breathing problems. For adults, the booster is one injection and recommended every 10 years.

**Pneumococcal vaccination** is recommended for all those 65 or older and younger adults at higher risk of severe illness, such as those with immune compromise or chronic lung disease. Special consideration is given to individuals with HIV, those lacking a spleen, and those with cochlear implants or CSF leaks. Pneumococcal disease is caused by a family of bacteria and can result in pneumonia (lung infection), blood infections (bacteremia) and meningitis (infection involving lining of brain and spinal cord). There are a number of different formulations of the pneumococcal vaccines available, and the selection and timeline for this vaccine is nuanced and best discussed with your primary healthcare provider. Usually those at higher risk for disease are identified before age 65 and counseled accordingly. For all others, if you have turned 65 and are not sure if you've ever received this vaccine I recommend scheduling a clinic visit to review your immunization status in order to determine the optimal vaccine regimen for you. In older adults for whom it is difficult to ascertain prior vaccination history there is a regimen that is safe and effective, without risking "over vaccination".

Hepatitis B vaccination historically was reserved for those at higher risk for disease. This included those with chronic liver disease, HIV or Hepatitis C infection, injection drug users or those at risk for needle sticks, such as: healthcare workers, sexually active individuals with a partner known to have Hepatitis B (Hep B), dialysis patients, travelers to certain destinations, and individuals residing in certain institutional living settings. Indication for Hep B vaccination was updated in 2022 to include all adults less than 60 years of age and select patients over 60. The updated recommendation came about in part because this viral infection, transmitted from blood, semen, or other body fluids, attacks the liver and can cause lifelong infection resulting in cirrhosis (scarring) of the liver, liver cancer, liver failure, and death. This vaccine is a two to three injection series over six months. Side note: Hep B is the one vaccine that we advise for newborns, as transmission from mother to child during birth is possible and not uncommon in parts of the world.

The Hep B vaccine can also be obtained in combination with Hepatitis A vaccine. Hepatitis A is transmitted via fecal-oral route, and may be a smart choice for those who travel frequently to regions with suboptimal sanitary conditions and practices. Hepatitis A is also occasionally the cause of public outbreaks connected to poor hygiene practices in restaurants and other eateries.

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Other vaccines that might be of importance to younger vs older adults include: HPV (human papilloma virus), Meningococcal, varicella (chicken pox) and Haemophilus influenza (a bacterial infection), and MMR (measles, mumps, rubella) depending on prior infection and/or immunization status. Some occupations will recommend testing via blood draw to check your antibody titer status in helping you determine the need for a few of these vaccinations.

Determining the need and risk-benefit of a given vaccine is an individual decision that starts with understanding your current vaccination status. Since some vaccines are offered in medical clinics and others must be obtained at local pharmacies, record keeping can sometimes be challenging. Medical clinics and pharmacies are all tasked with documenting and reporting vaccine administration to the Washington State vaccine database. Clinics and pharmacies alike can access this database on your behalf and update your electronic and personal medical records accordingly. If you access your Epic electronic health records via MyChart, you can review your status by signing in, going to "Menu" and then "Immunizations". Asking your healthcare provider about past due and recommended vaccinations is the best way to ensure you are aware of any gaps in your immunization needs.

# Ron Cameron, Clallam County Undersheriff Retires





Pictured: Rory, Kallappa, Rochelle Blankenship, Ron Cameron, Loni Greninger, W. Ron Allen (Allen Family), Brian King (Clallam County Sheriff), and Anne Chastain (EOC Coordinator).

Ron Cameron, Clallam County Undersheriff, retired on December 15<sup>th</sup>, 2023, after 38 years of service. Ron began his law enforcement career in 1979 working for the Makah Tribe and went on to join the Clallam County Sheriff's Office (CCSO) in 1984, where he worked as a detective, sergeant, captain, chief criminal deputy and more recently as undersheriff and Emergency Operation Center (EOC) director. Ron's approach to community-focused law enforcement strengthened CCSO's working relationship with all four Tribes in Clallam County. Jamestown and CCSO entered an interlocal agreement which initially provided a sheriff's deputy to patrol Tribal and State lands with the same authority as Tribal officers. The relationship evolved into the cross-deputization of Tribal and County officers with dedicated CCSO officers located in Blyn Public Safety and Justice Building.

Jamestown and CCSO share a range of other mutually beneficial partnerships. "Ron Cameron has been instrumental in Jamestown S'Klallam Tribal Enforcement's cross-commission as well as a friend." said Rory Kallappa, Chief of Jamestown's Public Safety & Enforcement. Ron Allen added words to commemorate Undersheriff Cameron. "No one in the office has done a better job in understanding the Tribe, our issues, and our sovereignty and treaty rights. We have deep appreciation for your leadership and what an amazing team member you've been". On January 4<sup>th</sup>, 2024, Tribal Council representatives W. Ron Allen (Chairman/CEO), Loni Greninger (Vice-Chair), and Rochelle Blankenship (Secretary) along with Chief Kallappa, wrapped Ron Cameron in a Pendleton blanket and gifted him a drum made by Tribal citizen Jeremy Monson (Hall/Adams Family) as gesture of the Tribe's deep appreciation for his years of service and friendship. Thank you, Ron Cameron, we hope you enjoy your retirement!

# Elders End of Year Celebration

Photos by Jimmy Hall (Hall Family), Tribal Citizen & Tribal Archival Technician



Tribal Elder Elaine Grinnell (Prince Family) gives a birthday shout-out.



Tribal Citizens and Descendants from the Children's Program joined in the fun.



Elders dish themselves up scrumptious food to celebrate the end of 2023 and the beginning of 2024.



Justin Hill (Ellis/ Becker Family), Elders Case Worker Trainee, gives thanks and expresses appreciation.

Victor
Knickerbocker
(Cook/
Kardonsky
Family) dressed
as a postChristmas
Grinch,
spreading
smiles wherever
he went.





Buck Ellard serenaded Elders and others with his soothing musical renditions.

# yəhúməct Culture Department

#### **New Email Address to Contact Culture Department Staff!**

You can now email us at CD@jamestowntribe.org, and it will send your email to the entire Culture Department! We also have our individual emails, but if you want to make sure we see your email, use this new email as it is the fastest way to reach us.

#### When are Culture Department Staff in the Office?

It is hard to put consistent hours out to our community because we do various tasks that take us out of the

office (i.e., garden, plant and medicine harvesting, local or non-local meetings, conferences, trainings, etc.). Tribal Citizens are welcome to drop-in anytime, but if you want to make sure someone is there to meet with you, please contact us by phone or email to make an appointment. This is the best way to make sure we are there for you! Our contact information is at the end of the Culture Department section of this newsletter. We will also make sure to communicate when we are out by leaving a sign on our door and putting a quick message on our Facebook page.

#### **Employment Opportunities in the Culture Department**

- Traditional Foods Agricultural Coordinator (TFAC). This
  person will oversee the Community and Healing
  Gardens, oversee the Garden Manager and Garden
  Assistants, and manage the grants funding the program.
- A new position has been created for a Canoe Journey Coordinator/Cultural Program Assistant. This position will oversee all aspects of the canoe journey and assist Emma with cultural events, activities, projects and ceremonies.
- Beginning in March we will need a Community Garden Manager. This person will manage all aspects of the garden and assist the TFAC with events and activities and the seasonal garden assistants. This is a seasonal position available through September 2024 and can be part-time or benefitted.
- Coming soon! 2024 Seasonal Garden Assists.
   These part-time employees will assist the Garden Manager through September 2024.

Contact Jamestown's HR department if you are interested in applying for any of these positions, their email is HR@jamestowntribe.org

#### Jamestown's 43th Re-Recognition Day

Join us at the Dungeness River Nature Center for Jamestown's 43rd Re-Recognition Day. We will be serving lunch and showing "As Long as the River Runs" which is a film about the Boldt Decision. This year is also the 50th anniversary of the Boldt Decision! Come on down and share stories and good food.

Lunch will be buffet style with tasty treats like salmon loaf, roasted potatoes with squash from the garden and more!

"As long as the rivers run, as long as the tide flows, and as long as the sun shines, you will have land, fish and game for your frying pans, and timber for your lodges."

Washington Territorial
Governor Isaac Stevens



Save the Date! Saturday, Feb. 10, 2024 Tribe's 43rd Re-recognition Day

The Tribe is set to celebrate its 43rd anniversary of re-recognition. Tribal Citizens, Descendants and Families, join us in celebration of this event!

**When:** Saturday, February 10th, 11 a.m.. - 2 p.m. **Where:** Dungeness River Nature Center

Picture: Tribal Citizen Henry Johnson in front of Jamestown Shaker Church, 1905, University of Washington Special Collections, UW-NA-1173a, Meany Edmond S.

What: Jamestown Re-Recognition

When: February 10th, 11:00 a.m. to 2:00 p.m.

Where: DRNC - Dungeness River Nature Center, 1943 Hendrickson Rd., Sequim

#### Song and Dance

Jamestown is the host for February's Intertribal Song & Dance where we invite Lower Elwha and Port Gamble to join our song & dance.

Jamestown's bi-weekly song and dance will continue at the Dungeness River Nature Center. Both Lower Elwha and Port Gamble have opened their bi-weekly song and dance to Jamestown and you're welcome to stop by and join in on their days.

What: Port Gamble Song & Dance

When: February 14th and 28th, 5:30 p.m. to 8:30 p.m.

Where: Port Gamble, 31912 Little Boston Rd. NE, Kingston, WA

\*\*Please provide your own transportation\*\*

What: Jamestown Song & Dance

When: February 8th, & 22nd, 5:30 p.m. to 8:30 p.m.

Where: Dungeness River Nature Center, 1943 W. Hendrickson Rd. Seguim

What: Lower Elwha Klallam Tribe Song & Dance

When: 2nd and 4th Tuesdays of the month; February 13th and 27th, 5:00 p.m. to 7:00 p.m.

Where: Lower Elwha Klallam Tribe, 2851 Lower Elwha Rd, Port Angeles

\*\*Please provide your own transportation\*\*

What: Intertribal Song & Dance Hosted by Port Gamble

When: February 16th, 5:30 p.m. 9:30 p.m.

Where: Red Cedar Hall – 1033 Old Blyn Hwy, Sequim

#### Klallam Language

Mary Norton and Timothy O'Connell III will continue with weekly language classes. Join us in-person at the new location – Dungeness River Nature Center or live on Facebook. All levels are welcome!

What: Klallam Language

When: February 5th, 12th, 19th, 26th, 5:30 pm to 6:30 pm

Where: Dungeness River Nature Center, 1943 W Hendrickson Rd., Sequim or Live on Facebook

#### **Cultural Workshop**

In January we discussed some of the things you all would like to see during our monthly Cultural Workshops. We will be implementing these ideas starting in February. There will be hot soup to sip on, as well as hot tea! Doors will be open at 5:00 p.m. and the workshop will go from 5:30 p.m. to 7:00 p.m. Check out the Traditional Foods and Culture Facebook page for more details.

**What: Cultural Workshop** 

When: February 21st, 5:30 p.m. to 7:30 p.m.

Where: TFC conference room, 197 Correia Rd., Sequim

#### Gather & Cook

February's Gather & Cook will be virtual and will have with space available in the TFC kitchen for eight people who would like to gather to cook or sit back while others cook. We will all enjoy the meal together! Please RSVP to Mackenzie by February 23rd if you would like to reserve a kit to prepare the meal at home following along on ZOOM or if you'd like to join us in the kitchen.

What: Gather and Cook

When: February 27th, 5:30 p.m. to 7:30 p.m.

Where: ZOOM or in-person at the TFC kitchen, 197 Correia Rd., Seguim

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2023 Canoe Family Gathering and Honoring Event

#### **Canoe Family Honoring**

2023's Tribal Canoe Journey to Muckleshoot was the first since 2019 and COVID. A new group of pullers (paddlers in canoe) and ground crew (those traveling on land with gear & food) joined the Canoe Family and we pulled and drove our way to Alki Beach stopping along the way at the S'Klallam village of qatay (Port Townsend), Port Gamble and Suquamish. Once we reached Alki Beach we headed to Muckleshoot and celebrated for a week. Muckleshoot was an amazing host providing camping, showers, food, bathrooms, and access to their new facility to observe and take part in protocol. At protocol we showed our gratitude for the invitation by offering gifts, and singing and dancing. This dinner is to honor our canoe family for all their help with gift making, being a puller, being part of ground crew or for just showing up. It takes a village to pull this off and we are grateful.

Thank you everyone for your patience this last year. Here's the plan for the long awaited Canoe Family Dinner to wrap up 2023 and kick off 2024! We will be meeting at the 7 Cedars Casino in the Blyn Bay Conference Room from 5:30 p.m. to 7:30 p.m. There will be appetizers available and we will be going through and handing out some gifts from the Muckleshoot Journey. Emma has spoken with Phillip RedEagle and it will be a while before he can make it out to the Peninsula for a Ring Ceremony so this will just be a good chance to all get together again.

Can't wait to see everyone!

What: Canoe Family Honoring

When: February 28th, 5:30 p.m. to 7:30 p.m.

Where: 7 Cedars Casino, Blyn Bay Conference Room

yəhúməct – take care of yourself



Jorene Dick (Chubby/ Dick Family) with Canoe Family on 2023 Tribal Canoe Journey.



# Monthly Green Living Tip: Improving Fuel Economy in Cold Weather

From the U.S. Department of Energy

Cold weather and winter driving conditions can significantly reduce fuel economy. Fuel economy tests show that, in city driving, a conventional gasoline car's gas mileage is roughly 15% lower at 20°F than it would



be at 77°F. It can drop as much as 24% for short (3- to 4-mile) trips. Cold weather effects can vary by vehicle model. However, expect conventional gasoline vehicles to suffer a 10% to 20% fuel economy loss in city driving and a 15% to 33% loss on short trips. The effect on hybrids is typically greater - with fuel economy dropping about 30% to 34% under these conditions. For hybrids, fuel economy typically decreases by 20% to 40% in city driving and 25% to 45% on short trips.

For electric vehicles (EVs), fuel economy can drop roughly 39% in mixed city and highway driving, and range can drop by 41%. About two-thirds of the extra energy consumed is used to heat the cabin. When the cabin heater is not used, EV fuel economy is 8% lower at 20°F than at 75°F. Driving range is about 12% lower.

#### Why Winter Fuel Economy is Lower

Cold weather affects vehicles in more ways than one might expect:

- Engine and transmission friction increases in cold temperatures due to cold engine oil and other drive-line fluids.
- It takes longer for an engine to reach its most fuel-efficient temperature. This affects shorter trips more, since a vehicle spends more of a short trip at less-than-optimal temperatures.
- Heated seats, window defrosters, and heater fans use additional power.
- Warming up a vehicle before starting a trip lowers fuel economy—idling gets 0 miles per gallon.
- Colder air is denser, increasing aerodynamic drag on a vehicle, especially at highway speeds.
- Tire pressure decreases in colder temperatures, increasing rolling resistance.
- Winter grades of gasoline can have slightly less energy per gallon than summer blends.
- Battery performance decreases in cold weather, making it harder for the alternator to keep the battery charged. This also affects the performance of the regenerative braking system on hybrids, plug-in hybrids, and electric vehicles.

In severe winter weather, mpg can drop even further.

- Icy or snow-covered roads decreases the tire's grip on the road, wasting energy.
- Safe driving speeds on slick roads can be much lower than normal, further reducing fuel economy, especially at speeds below 30 to 40 mph.
- Using four-wheel drive uses more fuel.

#### How to Improve Fuel Economy in Cold Weather

While it may not be possible to completely mitigate cold weather's effect on fuel economy, there are some simple steps to lessen the reduction in gas mileage:

- Park in a warmer place, such as a garage, to increase the initial temperature of the engine and cabin.
- Combine trips when possible, to lessen the amount of driving with a cold engine.
- Minimize idling to warm up the car. Most manufacturers recommend driving off gently after about 30 seconds. The engine will warm up faster being driven, which will allow the heat to turn on sooner, decreasing fuel costs, and reducing emissions.
- Don't use seat warmers or defrosters more than necessary.
- Check tire pressure regularly.
- Use the type of oil recommended for cold weather driving by the vehicle manufacturer.
- Remove accessories that increase wind resistance, like roof racks, when not in use.
- For a plug-in hybrid or electric vehicle, preheating the cabin while plugged into the charger can extend the vehicle's range.
- Also for a plug-in hybrid or electric vehicle, using the seat warmers instead of the cabin heater can save energy and extend range.

# **Library Corner**





GRAND OPENING JAMESTOWN S'KLALLAM TRIBAL LIBRARY FEBRUARY 24, 2024

1070 OLD BLYN HWY

11:00<sub>AM</sub> ~ PRIVATE BLESSING CEREMONY FOR JAMESTOWN TRIBE ELDERS, CITIZENS, DESCENDANTS AND FAMILIES

12:00<sub>PM</sub> ~ GRAND OPENING FOR THE PUBLIC

It's been a long time coming—but it was worth the wait! Please join us as we celebrate the (re)opening of our beautiful, two-time award winning library and S'Klallam heritage exhibit.

For more information: 360-681-4632 library@jamestowntribe.org











#### Reminder: NOLS Bookmobile Visits

The NOLS bookmobile will be at the Jamestown campus on the 1st and 3rd Thursdays of the month from 2pm-4pm. You can get a library card, borrow and return books and DVDs, and get help with library online services. For the month of January, they will park in front of Red Cedar Hall. In February, we hope to host them in the new Tribal Library parking lot. We are also looking at expanded days/times/locations. Stay tuned!

Speaking of books on wheels... The Tribal Library book delivery services are still on hold while we work hard to get the new library open and fully staffed. We hope to get back on a regular schedule at the first of the year. However, Tribal Elders or Citizens/Descendants can always call and request a special delivery. Just call 360-681-4632 or email library@jamestowntribe.org.

**Curbside service**—You may browse our collection at https://library.jamestowntribe.org/home and click on the red "Search Library Catalog" button. If you want something to read or watch but don't really know what, let us know and we can bring you a "grab bag" of items. We have a lot of new books that are just begging to be read.

**Research**—If you have a question or topic that you need to research, we are happy to help. If you have any questions or concerns, would like mobile or curbside services, or help with research, please call us at 360-681-4632 or email library@jamestowntribe.org.

(Continued on page 15)

#### Klallam Connections

If you have played the New York Times game "Connections," this will look familiar. In the grid below are four sets of four words each that share a common topic. Find the four words for each topic. We'll make it a bit easier, however, and give you the topics:

Landscapes Months Days Numbers

†q′áčš	λ̇̀ćás	<del>†</del> q'čšnát	čən'lílu?	
sx <b>ʷ</b> ŋáʔčč	ŋəs∮nát	cứ?k <b>"</b> s	nəmá sk <sup>w</sup> áči	
čən′k <sup>w</sup> ítšən	tٰxáŋ	čənʻqʻəčqs	sx <sup>w</sup> p′úq <sup>w</sup> s	
s?íyəqsən	sq'əm'áyu	čənˈtáqa?	tá?cs	

# 2024 Jamestown S'Klallam Tribal LIHEAP



The 2024 Jamestown S'Klallam Tribal (JST) Low Income Home Energy Assistance Program (LIHEAP) began on January 1, 2024 and will be available until March 30, 2024. All eligible Jamestown Tribal Citizens in the service area may apply for LIHEAP. Income limits are set at 150% of the federal poverty level.

The JST Housing Department mailed out applications on December 15, 2023, including to those who have qualified for LIHEAP in the past.

If you have not received an application, please contact Lesly DeAngelo at 360-681-4635.

# Olympic Community of Health Awards Tribe's Health Director, Brent Simcosky



Photo by Mountain & Maker Films

The Olympic Community Of Health recently honored six partners on the Olympic Peninsula. Brent Simocksy, Jamestown S'Klallam Tribal Health Director was selected for the Amplifier Award for going "above and beyond to educate the community and collaborate with individuals in order to establish their Healing Clinic. Their efforts to support full-spectrum care through wraparound services, childcare, a new mobile unit, and other resources demonstrates their commitment to transforming healthcare. The Tribe continues to engage with decision makers at all levels to gain support and funding for their important work." - Olympic Community of Health, https://www.olympicch.org/

# Preventing & Thawing Frozen Pipes

From the American Red Cross

#### Why Pipe Freezing is a Problem

Water has a unique property in that it expands as it freezes. This expansion puts tremendous pressure on whatever contains it, including metal or plastic pipes. No matter the strength of a container, expanding water can cause pipes to break.

- Pipes that freeze most frequently are:
- Pipes that are exposed to severe cold, like outdoor hose bibs, swimming pool supply lines, and water sprinkler lines.
- Water supply pipes in unheated interior areas like basements and crawl spaces, attics, garages, or kitchen cabinets.
- Pipes that run against exterior walls that have little or no insulation.

#### **How to Protect Pipes From Freezing**

Before the onset of cold weather, protect your pipes from freezing by following these recommendations:

- Drain water from swimming pool and water sprinkler supply lines following manufacturer's or installer's directions. Do
  not put antifreeze in these lines unless directed. Antifreeze is environmentally harmful, and is dangerous to humans,
  pets, wildlife, and landscaping.
- Remove, drain, and store hoses used outdoors. Close inside valves supplying outdoor hose bibs. Open the outside
  hose bibs to allow water to drain. Keep the outside valve open so that any water remaining in the pipe can expand
  without causing the pipe to break.
- Add insulation to attics, basements, and crawl spaces. Insulation will maintain higher temperatures in these areas.
- Check around the home for other areas where water supply lines are in unheated areas. Look in the garage, and under kitchen and bathroom cabinets. Both hot and cold-water pipes in these areas should be insulated.
- Consider installing specific products made to insulate water pipes like a "pipe sleeve" or installing UL-listed "heat tape," "heat cable," or similar materials on exposed water pipes. Newspaper can provide some degree of insulation and protection to exposed pipes even 1/4" of newspaper can provide significant protection in areas that usually do not have frequent or prolonged temperatures below freezing.
- Consider relocating exposed pipes to provide increased protection from freezing.

#### **How to Prevent Frozen Pipes**

- Keep garage doors closed if there are water supply lines in the garage.
- Open kitchen and bathroom cabinet doors to allow warmer air to circulate around the plumbing. Be sure to move any harmful cleaners and household chemicals up out of the reach of children.
- When the weather is very cold outside, let the cold-water drip from the faucet served by exposed pipes. Running
  water through the pipe even at a trickle helps prevent pipes from freezing.
- Keep the thermostat set to the same temperature both during the day and at night. By temporarily suspending the use of lower nighttime temperatures, you may incur a higher heating bill, but you can prevent a much more costly repair job if pipes freeze and burst.
- If you are going away during cold weather, leave the heat on in your home, set to a temperature no lower than 55° F.

#### **How to Thaw Frozen Pipes**

- If you turn on a faucet and only a trickle comes out, suspect a frozen pipe. Likely places for frozen pipes include exterior walls or where your water service enters your home through the foundation.
- Keep the faucet open. As you treat the frozen pipe and the frozen area begins to melt, water will begin to flow through the frozen area. Running water through the pipe will help melt ice in the pipe.
- Apply heat to the section of pipe using an electric heating pad wrapped around the pipe, an electric hair dryer, a portable space heater (kept away from flammable materials), or by wrapping pipes with towels soaked in hot water. Do not use a blowtorch, kerosene or propane heater, charcoal stove, or other open flame device.
- Apply heat until full water pressure is restored. If you are unable to locate the frozen area, if the frozen area is not accessible, or if you cannot thaw the pipe, call a licensed plumber.
- Check all other faucets in your home to find out if you have additional frozen pipes. If one pipe freezes, others may
  freeze, too.

### Deadlines for Jamestown Higher Education Scholarships

Enrolled Tribal Citizens, the Spring Quarter deadline for Higher Education Funding is **February 15, 2024**. For more information contact Gage Jackson at gjackson@jamestowntribe.org.

# Save the Date May 28th-30th, 2024 Ocean Shores

2 nights connecting with your sisters, healing with nature, Yoga, cultural crafts, beach walks, bike rides, and other outdoor activities.

Jamestown S'Klallam Women 18+ who have been impacted by abuse or violence anytime in their lives, please join us.

Max 20 participants. RSVP as soon as possible to ensure a spot!

dbrenske@jamestowntribe.org or kholden@jamestowntribe.org





#### \*\*LOOK! New Time and Topic!\*\*

February 14th Discussion: "Aging Well"

# JAMESTOWN FAMILY HEALTH CLINIC PRESENTS:

# THE WISDOM OF THE ELDERS GROUP

For Jamestown Elders & Direct Descendants

This group promotes mental, emotional, and spiritual wellness.

It is a safe, confidential and supportive environment for our Elders to come together, share experiences, and build a sense of community.

#### 2nd Wednesday of the Month 11:30 to 12:30pm

JFHC Upstairs Conference Room
\*Light Lunch\*

Facilitated by Rob Welch, PhD



# Basket Weaving Classes with Cathy MacGregor (Reyes Family)

When: February 12 and 26, 1 p.m. to 4 p.m.

**Where:** Jamestown Community Center/Red Cedar Hall, 1033 Old Blyn Hwy, Sequim WA

Register Today! Send your name, email, phone number, and payment method to: twocedarweavers@yahoo.com.

# Jamestown Food Pantry Program Update for 2024

We are thrilled to announce several enhancements to our food pantry this year. Our team remains committed to providing essential meat, dairy products, and local organic produce from local farms. We are now expanding our offerings to include culturally relevant items, such as frozen wild fish fillets and elk patties.

For our valued Tribal Elders, home delivery of food is available. Please contact the Elders Team to arrange this service. Youth and their families engaged in our children's program can now pick up convenient To-Go boxes. Adults and other family groups can access a variety of nutritious foods by scheduling an appointment. We're also excited to share that a menu listing all available items. this will be released soon.

For more information or assistance:

Elders: Contact Crystal Chavez at (360) 809-8858

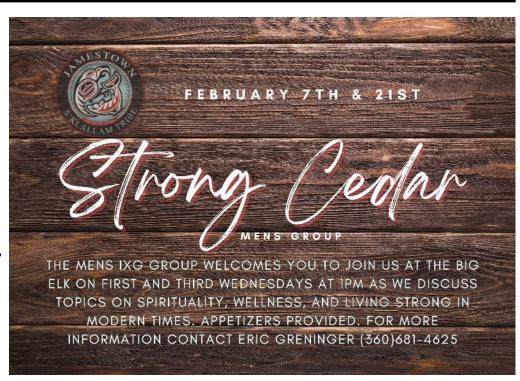
Youth Programs: Reach out to David Krzensi at (360) 460-1471 Adults & Families: Get in touch with Adrian Soliz at (360) 809-9495

#### **Future Dates**

March: Mar. 6 & Mar. 20

April: Apr. 3 & Apr. 17

Location: Big Elk Restaurant, 707 E Washington St, Sequim, WA 98382



## Save the Date-General Citizenship Meeting, Saturday, March 9

## Tribal Council Elections Reminder

This year the Tribal Council Vice-Chair and Treasurer seats are on the ballot. We highly encourage Tribal Citizens to run for these elected positions! Have you completed a signature verification form? If you're unsure, contact the Election Board by calling 360-683-1109 and leave your name, number and best time for a Election Board Representative to return your call.

Remember, if you've moved, please Kayla Holden, Client Navigator and Enrollment Supervisor, your new address by email at kholden@jamestowntribe.org. Don't forget to mark your calendars on November 5, 2024! This is the day ballots will be casted!





Moby Duck Chowder & Seafood 222 Lincoln Street, Suite 101, Port Angeles, WA (360) 477- 4299 Hours: Mon.– Sat. 11 a.m.—8 p.m.

hours: Mon. – Sat. 11 a.m. — 8 p.m https://mobyduckchowder.com \*\*Tribal Citizen Owned\*\*









#### Jamestown Healing Clinic

Need help with your substance abuse disorder? Prospective patients interested in services from Jamestown Healing Clinic are encouraged to visit

www.jamestownhealingclinic.org or call the clinic during business hours at (360) 681-7755.



#### Jamestown Family Health Clinic

808 North Fifth Avenue, Sequim, WA 98382 360-683-5900

Hours: Mon.– Fri. 8 a.m.-5 p.m., Saturday 10 a.m.-3 p.m. for both routine and as-needed, face-to-face and telehealth appointments.

## **Contact Information**

Contact Information				
360-683-7777				
360-582-5795				
360-681-6728				
360-489-6099				
360-447-6826				
360-681-5601				
360-683-3331				
360-681-4076				
360-683-2025				
360-681-3400				
360-683-4586				
360-683-5900				
360-681-7755				
360-681-4586				
360-582-5796				
360-460-6890				
360-681-7777				
360-681-5629				
360-681-4640				
360-681-5600				
360-681-4617				
360-681-4632				
360-681-6702				
360-434-4056				



Federal Re-Recognition Days is coming up! Come get a sweatshirt or t-shirt with the JST branding to represent!



Northwest Native Expressions Gallery 1033 Old Blyn Highway Sequim, WA 98382 360-681-4640 www.NorthwestNativeExpressions.com

#### Klallam Connections Key:

five: +qáčš	island: λ̈čás	Friday: †q′čšnát	May: čən'lílu?	
bay: sxʷŋáʔčč	Thursday: ŋəsɨnát	seven: cúʔkʷs	Sunday: nəmá sk <sup>w</sup> á	
June: čənˈkʷítšən	six: tٰxéŋ	July: čənqʻəčqs	riverbank: sx <sup>w</sup> p'úq	
oint of land: s?íyəqsən	Saturday: sqʻəm'áyu	August: čəntáqa?	eight: tá?cs	

# Interested in Attending Tribal Council Meetings?

Contact Ann Sargent at asargent@jamestowntribe.org receive the date, time, and Zoom meeting address for the next meeting.

#### **Elder Services Contact Info:**

For information and the latest updates on the Elder Services events and programs, email: ElderServices@JamestownTribe.org or Contact Ricky Johnson at (360)582-6779 or rajohnson@JamestownTribe.org.

#### Websites:

Tribal Government: www.jamestowntribe.org 7 Cedars Hotel/Casino: www.7cedars.com

Jamestown Family Health Clinic: https://jamestownhealth.org

Jamestown Family Dental Clinic: https://jamestownfamilydentalclinic.com

Tribal Library: http://library.jamestownTribe.org

Tribal Online Museum: www.tribalmuseum.jamestowntribe.org Jamestown Healing Campus: www.jamestownhealingclinic.com

Northwest Native Expressions Gallery: NorthwestNativeExpressions.com

Dungeness River Nature Center: www.dungenessrivercenter.org

Kurt Grinnell Aquaculture Scholarship Foundation; www.kurtgrinnellscholarship.org

#### **Facebook Pages:**

Tribal Government: www.facebook.com/JamestownSKlallamTribe

Tribal Library: https://www.facebook.com/Jamestown-SKlallam-Tribal-Library-46893403143461/

S'Klallam Tribal Events and Announcements: https://www.facebook.com/groups/sklallam.events.announcements/Children and Youth Programs: https://www.facebook.com/jsktchildrenandyouth

yəhúməct Traditional Foods and Culture Program: https://www.facebook.com/jamestown.tfp/

Jamestown Family Health Clinic: https://www.facebook.com/Jamestown-Family-Health-Clinic-191450454240502/

7Cedars Casino: https://www.facebook.com/7CedarsCasino/

Cedars at Dungeness Golf Course: https://www.facebook.com/TheCedarsAtDungeness/

Longhouse Market and Deli: https://www.facebook.com/LonghouseMarket/

House of Seven Brothers Restaurant: https://www.facebook.com/HouseOfSevenBrothers/Dungeness River Nature Center: https://www.facebook.com/dungenessrivernaturecenter

SCS Client Navigator: https://www.facebook.com/jamestownnavigator

# February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				I NOLS Bookmobile	2	3
4	5 Klallam Language@ DNRC	6	7 Strong Cedar Men's Group	8 JST Song & Dance @ DNRC	9 Federal Recognition Day Tribal Offices and Clinics Closed	10 Federal Re- Recognition Event @ DNRC Men's Group Saturday Sweat
П	I 2 Klallam Language @ DNRC  Youth & Elder Sweetheart Tea 3 p.m.—5 p.m. @ Red Cedar Hall	13 LEKT Song & Dance	I4 Valentine's  Day Wisdom of The Elders Group @ I1:30 a.m. *New time*  PGST Song & Dance	15 Higher Ed Scholarships Due NOLS Bookmobile	16 Intertribal Song & Dance @ JST Red Cedar Hall	17
18	19 Presidents' Day Tribal Offices Closed	20	21 Strong Cedar Men's Group Cultural Workshop@ TFC	22 JST Song & Dance @ DNRC	23	24 Tribal Library Grand Opening, 11 a.m.
25	26 Klallam Language @ DNRC	27 Gather & Cook @ TFC LEKT Song & Dance	28 Elder Luncheon 12 to 2 @ CAD Canoe Family Honoring @ 7 Cedars	29		

## **March 2024**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					I	2
3	4 Klallam Language @ DNRC	5	6 Strong Cedar Men's Group	7 NOLS Bookmobile JST Song &Dance	8	9 General Citizenship Meeting Men's Group Saturday Sweat
10	II Klallam Language @ DNRC	12 LEKT Song & Dance	13 Wisdom of The Elders Group PGST Song & Dance	14	15 Intertribal Song & Dance @	16
17	18 Klallam Language @ DNRC	19 Gather & Cook @ TFC LEKT Song & Dance	20 Strong Cedar Men's Group	21 NOLS Bookmobile JST Song & Dance	22	23
24	25 Klallam Language @ DNRC	26 LEKT Song & Dance	27 PGST Song & Dance	28	29	30



# February Birthdays

2/1	Jesse Reeves	2/15	Jonna Lawler
2/1	Mark Becker	2/17	Anita Russell
2/3	Emma Barrell	2/18	Ruth Roath
2/4	Joseph Hall	2/18	Deborah Hutsell
2/4	Joel Schmitt	2/19	Valerie Kardonsky
2/5	Weston Lickiss	2/19	Mark Cullivan
2/5	William Anderson Jr.	2/20	Alexander Gaschk
2/6	Timothy Wilsie	2/20	Nathaniel Olson
2/6	Danielle Dressel	2/21	Nicholas Ulowetz
2/6	Patrick Moore	2/21	John Adams
2/6	John Williams	2/22	Jody Allen
2/7	Ryan Reuter	2/22	Caitlyn Hensley
2/7	Michelle Jimmy	2/22	Devin Peterson
2/7	Michael Patsey	2/22	Candace Munger
2/7	Walter Reyes	2/22	Dawn Buoncristiani
2/8	Jessica Reeves	2/22	Leslie Prince
2/8	William Brown	2/24	Brandi LaPointe
2/8	Dolores McConaghy	2/26	Cheyenne Tyler
2/9	Douglas Piltz	2/27	Timothy Hillerman
2/9	Jo Etta Matheny	2/27	Wallace Norton
2/10	Russell Buckmaster	2/27	Cameron Fairchild
2/11	Madison Eisenhour	2/28	Mark Reuter Jr.
2/12	April Davis	2/28	Sandra Johnson
2/13	Mary Ann Maher	2/29	Renee Hoerath
2/13	Duane Niatum		

The Jamestown S'Klallam Tribal newsletter is published monthly. Please submit items by email to Jackie Johnson at jjohnson@jamestownTribe.org or by US Mail to the address below, or call her office at 360-.681-5629.The deadline for submission to be included in the following month's issue is the 15th day of the current month.

#### Changes of Address:

Tribal Citizens, please send changes of address and name changes to Enrollment Officer Kayla Holden at kholden@jamestownTribe.org or call her at 360-681-4606. Other newsletter recipients, please send changes of address to Jackie Johnson at the address/phone above.

# March Birthdays

3/1	Kendra Coughlin	3/15	Anjannette Erickson
3/2	Talia Adams	3/15	Kaitlin Alderson
3/2	Roberta Gentry	3/15	Vicki Bill
3/2	Sandra Bender	3/16	Susan Adams
3/3	Kimberly Kardonsky	3/17	Jocelyn Elofson
3/3	Michael Becker	3/17	Christopher Gill
3/4	Jessica Sandana	3/18	Lacy Wilson-Winser
3/4	Wanda Cullivan	3/19	Nicholas Rawley
3/6	Paul Adams	3/19	William Allen
3/6	Gordon Arey	3/19	Jeffrey Becker
3/7	Diana Lair	3/20	Michael Kardonsky
3/7	Donald Harner-Shore	3/21	Dianna Minaker
3/8	Donna Reves	3/22	Aaron Kardonsky
3/8	Frances Ivelia	3/25	Daniel Davis
3/9	Lori Delorm	3/25	Gwendolyn Nicholl
3/11	Liam Chapman	3/27	Anondra Hedin
3/11	Victoria Hall	3/28	Amber Jones
3/11	Jessica Creech	3/28	Linda Ruffcorn
3/11	Bruce Johnson	3/29	Dianna Carvalho
3/12	Debra Benson	3/30	Manley "Roy" Harner
3/12	William Whiting	3/31	Steven Johnson
3/13	Leeda Lamanna	3/31	Michael Nordberg
3/13	Cheryl Possinger		
3/13	David Hopkins		

#### Jamestown S'Klallam Tribal Council

W. Ron Allen, Chair rallen@jamestowntribe.org, 360-681-4621

Loni Greninger, Vice-Chair Igreninger@jamestowntribe.org, 360-681-4660

Rochelle Blankenship, Secretary rblankenship@jamestowntribe.org, 360-460-0045

Theresa R. Lehman, Treasurer lehman1949@hotmail.com, 360-457-5772

Dana Ward, Council Member dward@jamestowntribe.org, 360-774-0773