

Volume 46, Issue 8, August 2025

From Our Chairman:

Teamwork pays off with improvements at Jamestown Village Pavilion site

By W. Ron Allen, Chairman/CEO, Jamestown S'Klallam Tribe

Greetings Tribal Citizens! By the time you read this newsletter, the 2025 Canoe Journey will be completed and we'll be reflecting on all the great times and stories from this experience. Each journey is different from the destination to the host Tribe to all the experiences on their way to the host Tribe. This year the host Tribe is Lower Elwha Klallam Tribe, and next year the host Tribe is Nisqually.

Jamestown was preparing for as many as 3,500 people to attend the landing at our Historic Jamestown Village Site. Our Culture Department, in partnership with many other tribal departments, have been very busy preparing the Jamestown Village site. This year, Port Gamble S'Klallam took the lead in organizing the landing at the Port Townsend site (Chief Chetzemahan's Village). At Jamestown, this year was the largest hosting in our experience, handling food, health care, and parking for RVs & trailers and cars, as well

Next issue: 2025 Canoe Journey highlights

Look for photos from the 2025 Paddle to Elwha in the September issue of your newsletter!

Artwork by Dusty Humphries
Tribal Journey 2025

as providing for showers, wash stations and restrooms for the canoe pullers and families to clean up. This was a tribal-wide effort on the part of our staff.

Some background on the Jamestown Village Pavilion site: Three years ago, we used a large tent and a series of small tents to accommodate our guests and then used the site for our annual Tribal Picnic. We asked if the community wanted to host our picnic at Jamestown site and the answer was an overwhelming "yes!" So, we built a pavilion to eliminate the cost and staff challenges of renting and setting up tents every year, knowing it would have multiple uses for our annual Canoe Journey, picnic and numerous cultural events.

Last year, we tried to complete a commercial kitchen for those who broiled the salmon to complement the traditional fire cooked salmon. We didn't quite get it done on time, but the extended pavilion worked great.

(Continued on page 2)

In Memoriam: Steve Johnson, 3 Celebrating our 2025 graduates, 4 New staffers join JST teams, 6 Tribal News & Notes, 7 Jamestown celebrates Pride, 8 EV, bike users get boost, 9
Our Elders, 10-11
Annual Torch Run photos, 12
Library Corner, 13
Mental Health Fun Run/Walk photos, 16

Being Frank, 17 Tribal leadership academy, 18 Elders honor Sandy Kardonsky, 23 Calendar, 27 Birthdays, 28



Photo by Mike Dashiell/Jamestown S'Klallam Tribe

The pavilion at Jamestown Village Pavilion nears completion in mid-July, just in time for the Jamestown landing of the Paddle to Elwha 2025 Canoe Journey on July 30.

Chairman, from page 1

We hope you like how we have upgraded the pavilion and dressed it up with cedar wraps, lighting and a state-of-the-art sound system. We upgraded Many Feathers Way to ensure safe access and better traffic management for our landings and tribal events, along with parking to improve the management of a lot of vehicles at our events. We also installed a new well and water system for Jamestown Village and have hooked up our Jamestown homes along with installing fire hydrants for fire safety for the whole community.

I am very proud of our team, including Loni Greninger (Vice-Chair and Culture Department), Lisa Barrell (Culture Department Deputy Director), Emma Barrell (Culture Coordinator), and all of our Culture Department staff, Jessica Payne (COO), Kirk Nelson (Senior Construction Manager), IS Systems for sound system (i.e., Adam Barrell, Brad Chitwood and Gerald Lane with assistance from Scott Atherton at 7 Cedars), Shawn Gallacci, Josh Carver, Russell Hapoff and Troy Eggersgluss (carpenters), Brandon Kettel (Facilities Manager), and many others I did not name here including many vendors, e.g., electrical, metal specialized work.

A special shout-out to Buck's Northwest Landscap-

ing (Rusty and Cody Buckmaster) for the amazing landscaping at the end to put the finishing touches to dress the property up for the event.

Another shout-out goes to Colin Hiday Concrete team (Colin Hiday) for the custom concrete work. And finally, a huge shout out to JEX Excavating (Lonn Sweers), Jamestown Surveying (Toby Bauer) and Jamestown Concrete (Tim Demyer) for the fence.

The bottom line is, preparing the Jamestown Village Pavilion site was a huge Tribe teamwork project preparing to be a good host to our sister Tribes and their many canoe families. I trust everyone had a great time. Because this was such an enormous project and hosting, we did cancel our annual Tribal Picnic to accommodate this year's landing, but we'll be back on schedule next year.

We will always trust in the care and blessing of the Great Spirit to guide us as we raise our hands to our many guests for our 2025 Tribal journey. I'm very proud of our Village and pavilion that will be used for many generations.

Remember, if you have questions, please don't hesitate to reach out to me either at rallen@jamestowntribe.org or my cell phone: 206-369-6699.

God Bless, Ron



In Memoriam

Steven Dale Johnson, 1952-2025



Steven Johnson of Sequim passed away at his home on June 20, 2025. He was 73.

Steven Dale Johnson was born in Port Angeles, Washington on March 31, 1952, to Harold and Hannah (Dick) Johnson. He grew up in Clallam County and attended Sequim High School. After high school, Steven went on to work in the construction and timber industries, eventually becoming the owner of a shake mill. He also served his community through his work with the Jamestown S'Klallam Tribe.

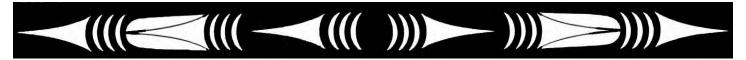
In addition to his professional pursuits, Steven was a skilled bowler, and participated in several bowling tournaments. He was also known for his love of travel, and cherished exploring new locales with his wife, Megan.

Steven was an avid outdoorsman, and spent a great deal of time enjoying the wilderness of the Olympic Peninsula. He frequently fished, hunted, dug clams and went crabbing. When he was not hunting or fishing, Steven could often be found outside rockhounding, searching for inter-

esting specimens. He truly loved spending time outdoors, and worked to instill his appreciation of the natural world in those around him.

A devoted family man, Steven placed a premium on spending time with his loved ones, especially his beloved grandchildren and great-grandchildren. He will be remembered for his kindness, generosity, and smile that could light up a room.

Steven was preceded in death by his parents, Harold and Hannah Johnson; and his great-granddaughter, Ava Barclay. He is survived by his wife, Megan Johnson; daughter, Shawna Priest; son, Bruce Johnson; sisters Vickie Carroll, Sandy Johnson, Verna Johnson, and Susan Johnson; brother, Terry Johnson; four grandchildren; and eight great-grandchildren.



Natural Resources committee opening

With our sad loss of Steve Johnson, the Jamestown S'Klallam Tribe's Natural Resources committee now has a vacancy. The Tribe is reaching out to its citizens

in order to discover who has an interest in serving on the Committee.

The Natural Resources Committee is made up of 7 members and normally meets once per month, on the third Wednesday, starting at 4 p.m.

Do you have an interest in how the Tribe manages its fish, shellfish and wildlife resources? Citizens who are especially interested in reserved treaty rights for

fishing, hunting and gathering are encouraged.

Please send letters of interest to Liz Barbee by close of business Aug. 15, 2025.

The Committee will consider all letters of interest received at its next meeting. The Committee hopes to make a recommendation about filling this vacancy to the Tribal Council soon afterwards.

Please send an email or letter of interest by Aug. 15 to: Natural Resources Committee

c/o Liz Barbee

Jamestown S'Klallam Tribe 1033 Old Blyn Highway

Sequim, WA 98382

Or, via email:

lbarbee@jamestowntribe.org

Congrats to our 2025



graduates!

Rhianna Moliassa

Rhianna Moliassa, a Jamestown S'Klallam Tribe descendant, is a 2025 graduate from Western Governors University. She earned a bachelor's degree in health services coor-

dination.



Rhianna is a member of the National Society of Leadership and Success. She is also a member of Phi Theta Kappa.

She said she wants to work in the health care field where she can help others live the best life possible.

Rhianna is the granddaughter of Tribal elder Sandra Gill (Harner/ Sparks) of Montesano, Washing-

ton. Her parents are Tribal descendant Tara Helms (Harner/ Sparks) and Jason Helms of Denver, Colorado, and Isaac Moliassa of Cocoa Beach, Florida.

Rhianna's family knows she will have a very successful future.



Payton Smithson

Payton Smithson graduated from Sequim High School this year.

She excelled in academics while finding interest in welding and completed three full years of welding. She is looking to pursue a career in welding.

Payton is a descendant of the Prince family. She is the daughter of Terra Holden, the granddaughter of Bette Smithson, and the great-granddaughter of Marlin Holden (Prince Family).



Ashley Lowe-Thaens

Ashley Lowe-Thaens, daughter of Vicki Lowe and Jim Thaens, and granddaughter of Tom Lowe and Hazel Lowe, graduated in June from Evergreen College with a bachelor's degree in Tribal policy through the Native Pathways Program.

Ashley is a Jamestown and a Nuxalk (Bella Coola) descendant.

Raised in Sequim, Ashley spent many summers participating in the Jamestown S'Klallam Tribe's Summer Culture Program.

Ashley and her partner, Brandon Rux, have a 15-year-old son, Dakota. Ashley and Brandon work at Shelter Lodge in Auke Bay, Alaska, between spring and fall each year.

From October through March, Ashley works as the legislative administrator for the American Indian Health Commission. She has helped the commission build their legislative process over the past four years.

Her studies have helped strengthen the work she does with the commission and for all the Tribes and Native people in Washington state.



Kaycee Campbell Adams

Kaycee Campbell Adams of the Hall Adams Family graduated high school from Lincoln High School in Port Angeles. She is a tribal descendant and the daughter of Susan Adams.

Kaycee's future plans include attending Peninsula College for a degree in early childhood education.



Frank Johnson

Frank Johnson is a valuable youth that has participated in our programs since his kindergarten year when Sally Fairbanks was the coordinator.

He is a descendant of the Medou Tribe in California.

Congratulations on graduating from Lincoln High School in Port Angeles. Great things to come!!



Sequim Food Bank on Campus

Photo by Mike Dashiell/ Jamestown S'Klallam Tribe

From left, Case Management Supervisor Adrian Soliz, **Housing Program** Specialist Zac Colkitt and Professional **Development Coordi**nator Kaitlin Alderson stand near a bounty of food offered by the Sequim Food Bank, which will now make weekly visits to the Jamestown campus. See more details, page 24.

New Employee Notice



AMESTOWN HEALING CLINIC

Harmony Stratton

Addiction Medicine/

Primary Care

I am originally from the northeast but prior to moving to Sequim was living in Seattle for the last four years. I am an internal medicine. pediatric, and addiction medicine physician, and I have experience working in community health centers, hospitals, and the telehealth setting. Prior to joining the Jamestown Healing Clinic I was working as an addiction medicine telehealth provider for Bicycle Health treating patients struggling with opioid use disorder across the US. I am passionate about treating patients with opioid and other substance use disorders. I was drawn to the Jamestown Healing Clinic because of the holistic care it provides its patients. I spend my time off with my husband, Samuel (who joined the Jamestown Family Health Clinic in March), and my son, Oscar. I love to cook and bake- especially if someone else clean up the kitchen. And I am happiest outdoors- hiking or clambering around tidal pools at the beach.

New Employee Notice



JAMESTOWN HEALING CLINIC



Candaux:

Dispensing Nurse I was raised on Mercer Island, which is in the middle of Lake Washington, and also Bozeman, Montana. I am an avid downhill skier and was lucky enough to grow up in a small ski town. I love to hike and be out in the woods, sometimes hoping to get lost for a few hours. I came here from Bozeman, where it was -18 F at the time. I attended nursing school through University of Hawaii, Maui campus and lived there for 13 years. It seems I like to go between temperature extremes...

My partner Adrian, who is also Native American, suggested I find out about the position available at the Healing Clinic. He had heard really positive things about being an employee of Jamestown S'Klallam, so I came and applied and am really glad I did. I am excited to contribute to the good work that the Healing Clinic is doing. Substance abuse and mental health go hand in hand and it is wonderful to have everything available right here for people who need help. I am honored to be a part of the Healing Clinic.

Thanks and I am looking forward to this new adventure with all of you!



Tribal Council Election notice



Prep now for fall weather

Get an early start on fall preventative maintenance!

Our Home Improvement Program (HIP) helps Citizens with once-a-year roof and gutter cleaning as well as heat pump maintenance!

For information and application, please contact either Lesly DeAngelo (360-681-4635) or Zac Colkitt (360-912-2143) in the Housing Department.



Photo courtesy of Dungeness River Nature Center

Annual golf tourney to benefit River Center

Swing into a day of fun and giving back to nature!

The seventh-annual River Center Charity Golf Tournament is set for Saturday, Aug. 23, at The Cedars at Dungeness golf course, 1965 Woodcock Road.

Check-in is at 8:30 a.m.

This four-person scramble is perfect for golfers of all skill levels.

Cost is \$125 per person and includes green fees, cart, range balls, lunch, and prizes!

All proceeds support the Dungeness River Nature Center's operations and educational programs.

Raffle tickets are available now for \$20 each, with the prize a Ride-1Up Café Cruiser eBike (\$1,200 value).

Sign up at tinyurl.com/JSTgolfDRNC.



Photos courtesy of Michael Lowe

Community members gather to celebrate Sequim Pride at the Sequim Civic Center Plaza on June 28.

Jamestown helps celebrate Pride Day

The Jamestown S'Klallam Tribe joined Sequim community members for another big turnout at the 2025 Sequim Pride vent, held at the Sequim Farmers & Artisans Market at the



Lowe family members gather at the Sequim Pride event in late June.

Sequim Civic Center on June 28. The annual event featured Tribal, community and other local leaders speaking in recognition of LGBTQIA+ identity in Sequim, as well as a march along Washington Street.

"A big thank you to the Tribe for their sponsorship all four years," said

Michael Lowe. "And to Ricky Johnson for his amazing speech this year. And to members of the Tribe who were there to support us.

"And lastly, to the Sequim community and our volunteers. This was the biggest Pride march yet."



From left, Michael Lowe, Cathy MacGregor and Justin Hill enjoy the Sequim Pride March down Washington Street.

State funds help Jamestown continue climate-friendly projects, efforts

By Mike Dashiell Tribal Communications and Publications Specialist

The Jamestown S'Klallam Tribe continues to see environmentally beneficial equipment added across the Tribe's many campuses, with a boost from the Washington State Climate Commitment Act (CCA).

Signed into law in May 2021, the CCA caps and reduces greenhouse gas emissions from sources and industries, allowing businesses to find efficient paths to lower carbon emissions. It works in conjunction with other climate policies to help Washington state achieve a commitment to reducing greenhouse gas emissions by 95% by 2050.

Electric option

The Jamestown Family Health Clinic recently added four electric vehicle (EV) chargers for vehicles, debuting on June 25. The first employee to use the equipment was Matt McKnight.

Environmental Planning Manager Robert Knapp said the addition at the clinic brings the Tribe's total of EV chargers to 35, with stations available at eight properties: the family health clinic, The Healing Center, administration campus, Heron Hall Library, 7 Cedars Hotel and Casino, Tradi-

tional Foods, Social & Community Services, and the Dungeness River Nature Center.

The Tribe is also investing in electric vehicles for staff use. Knapp said Jamestown now has 15 electric vehicles in use, with three more on order, to go along with two electric utility vehicles (UTVs) used at the Dungeness River Nature Center and Dungeness National Wildlife Refuge.

The Tribe also continues to invest in electric equipment such as trail-clearing hand tools; their use, Knapp said, is both beneficial for Jamestown and encourages other organizations and entities to similarly invest in electric equipment.



Photos courtesy of Jamestown Family Health Clinic Matt McKnight, E&T Startup Program Manager, puts to use a recently installed electric vehicle charger at the Jamestown Family Health Clinic in June.



The Jamestown Family Health Clinic recently added dry lockers for bike lockers at the campus in Sequim.



Photo courtesy of Robert Knapp/ Jamestown S'Klallam Tribe The Tribal staff look to install 40 new bike racks across properties this summer.

Conservation on wheels

The Tribe was also able to provide some

equipment to promote more bicycle use across campuses thanks to CCA funding. The Jamestown Family Health Clinic recently added bike lockers at the campus on North Fifth Avenue in Sequim — a project grew out of staff requests for secure dry bike storage.

In addition, the Tribe in June purchased 40 new bike racks featuring branded Jamestown S'Klallam Tribe art. Knapp said staff will be planning where the bike racks will be placed in the coming weeks.

sxwskwáya?4 — Our Elders





The Elders' booth during the Mental Health Fun Walk on June 30 saw Elders Walt Norton and Sandy Kardonsky handing out stones, cups and Gatorade, while Walt smudged each participant with sage.





Photos by Jamestown S'Klallam Tribe/Elder Services It's been a busy summer for Elders, with many trips across the region to enjoy luncheons with other Tribes!



Dolores Cable shows off her growing garden, with assistance from Elders staffer Janet Giammalya.



Above: From left, The Cedars at Dungeness staffers Garrett Smithson and Chad Wagner honor Elder Betty Kettel at the golf course.

At left: Verna Johnson, Sandy Johnson, and Vickie Carroll enjoy recent Swinomish Elder luncheon trip.



Photos by Mike Dashiell and Elder Services/ Jamestown S'Klallam Tribe

Jamestown singers and drummers welcome Elders with song at the annual luncheon on July 10.

Elders' 2025 intertribal luncheon highlights



Above: SCS
Case Manager
Gage Jackson runs the
photo booth
at the annual
luncheon,
helping Greg
and Vince
Prince get
their picture.

Right: Michael Lowe and other Tribe veterans prepare to post colors.





Ann Tjemsland and Mary Norton greet intertribal luncheon participants at the door to get registered and get raffle tickets.



Elder's Services staff who put on the intertribal annual elder's luncheon include (from left) Justin Hill, Kayla Holden, Janet Giammalva, Sandy Kardonsky, Crystal Chavez and (not pictured) Susan Adams. We want to thank all of the 7 Cedars staff, TFC, Council, Elders, and volunteers for all the hard work and helping us make this happen.



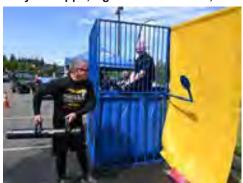
Tribal council member
Dana Ward
and Justin
Hill hand
out raffle
prizes at the
luncheon.

Jamestown's law enforcement team supports Special Olympics, helps set fundraising mark



Photos by Mike Dashiell/Jamestown S'Klallam Tribe

Staff with Jamestown's Public Safety and Natural Resources department show support for the annual torch run in mid-June. Pictured are, from left, court clerk/administrative assistant Lisa McAneny, Tribal chaplain Eric Greninger, Chief Rory Kallappa, Sgt. Calvin Lehman, and Officer Chad Payne.







Clockwise from top left: Clallam County Sheriff Brian King prepares to dunk Sequim Police Chief Mike Hill in the Torch Run after-party celebration; members of the Port Angeles Lefties visit with Special Olympics athletes; King and athletes hold the Torch Run flame at the "finish line; and Sgt. Calvin Lehman, Officer Chad Payne and Tribal Liaison Jeff Pickrell cross U.S. Highway 101 to cap the 2025 Torch Run.



A local multi-agency partnership helped raise much appreciated funds for Special Olympics, and in the process set the bar for fundraising.

The Jamestown S'Klallam Tribe Public Safety & Natural Resources team on June 17 joined with other local agencies for the Law Enforcement Torch Run, the largest grassroots fundraising campaign for Special Olympics worldwide.

The Torch Run raised more than \$5,000, topping amounts raised by other law enforcement agencies statewide. Over the course of the 37-mile run, from Laird's Corner to 7 Cedars Resort, the Flame of Hope was carried by members of law enforcement, corrections and public safety agencies — along with volunteers and community supporters.

The event concluded with a Fundraising Finale celebration at 7 Cedars, attended by Special Olympics athletes and community members, including several members of the Port Angeles Lefties baseball team.

Other local participants include the Clallam County Sheriff's Office, Port Angeles Police Department, Sequim Police Department, Lower Elwha Klallam Tribal Police, Department of Corrections, Juvenile Corrections, Clallam County Prosecuting Attorney's Office and Peninsula Communications.

Volunteers included CCSO Search and Rescue, the Olympic Discovery Trail Bike Patrol, and administrative and public service professionals.

This annual event "engages law enforcement to champion acceptance and inclusion, so children and adults with intellectual and developmental disabilities (IDD) may be valued on and off the playing field."

Library Corner

Welcome to the library corner! Here is what's happening in August....

New look, new resources

New library catalog and website! Change is in the air at the library. On June 30, the library updated our library catalog to a brand-new platform that will provide increased access for you. We now have ebooks and eaudiobooks on the Palace Project app, online computer classes, cultural and tribal museum resources (H7G) and much more.

Look for more information on the library's new website at jamestowntriballibrary.org, and the catalog at catalog.jamestowntriballibrary.org. Reach out to the library with any questions or to get your library card.

Free classes available

Computer classes are free at the library! Join us for Northstar Digital Learning Internet Basics, a nine-week course from 11 a.m.-noon on Wednesdays, from Sept. 3-Oct. 29. Bring your own device (laptop or tablet); light snacks and beverages will be provided.

Lessons include:

Sept. 3

Sept. 10

Sept. 17 Sept. 24

Oct. 1

Oct. 8

Oct. 15

Oct. 22

Oct. 29



Photo by Brandon Taft/Jamestown S'Klallam Tribe Heron Hall Library hosts a youth workshop in mid-July.

Writing workshop and reading

Did you know? Library Assistant Tayona Heller hosts a weekly drop in Indigenous Writer's Group every Tuesday from 4-6 p.m. in the library. Tea, coffee, snacks and inspiration can be found at this informal and supportive space.

Youth visits

The SCS Youth Programs continue to visit the library this summer. Library staff are looking forward to welcoming the SCS Summer Youth program into the library. In July, middle school youth learned about Tabletop Gaming, new books in the library, and explored gathering stories and creating audio and video

recordings. The elementary youth have been learning about financial literacy and learned about Northwest Coastal Tribes during an art program in July.

We will welcome the youth again in August.

Recording space available

We are thrilled to announce that the Meeting

and Recording Space inside the library is ready for Tribal Community use. To learn more, stop by or email the library. We have equipment for gathering oral history stories, podcasting, and virtual meetings and appointments. The room is open to Tribal Community members and government staff. Library staff is available to provide assistance. Email info@JamestownTribalLibrary.org with questions or to reserve the room.

Prime Time is returning

Prime Time Family Reading will be back this fall! Youth and their families in grades K-5 can join this fun library program. We will meet at the Dungeness River Nature Center on Mondays from 5:15-7 p.m. Sessions include dinner, story sharing, books, activities and more.

Lesson 1: Connecting to the Internet

Lesson 8: Viruses and Email Scams

Lesson 2: Navigating Websites

Lesson 3: Tabs and Favorites

Lesson 4: Search Terms

Lesson 5: Search Results

Lesson 7: Internet Privacy

Lesson 9: Online Forms

Call or email the library to reserve your seat.

Lesson 6: Control Shortcuts

Join Tribal Elder Michael Lowe, JSTL Librarian Cheryl Martin, volunteers and library staff. Registration opens Aug. 15. The sessions run from Sept. 15-Oct. 20. Contact the library for more information.

On the big screen

Join us the last Thursday of each month at 1 p.m. in the library theater for Elder's Film Screening, a private film screening in partnership with Elder Services. Join us on Aug. 28th for this month's film.

Hours and more

Library Hours are Monday to Friday from 9 a.m.-5 p.m., closed on Saturdays, Sundays, and holidays. Have a meeting, group, program, or event that you would like to see or have in the library? The library is your space, and we would love to provide a space for you.







OUR NEW RECOMPETE PROGRAM CONNECTS TRIBAL CITIZENS AND DESCENDANTS AGES 25 - 54 WITH TRAINING AND JOB OPPORTUNITIES

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## **TECHNICAL ADVANCEMENT**



Gain hands on technical skills and work experience in a new field through partnerships with local businesses. This will be a paid position.

### ARE YOU A LOCAL BUSINESS LOOKING FOR



Become one of our partners aiming to help tribal communities move forward. Reach the contact below for details.

#### ENROLLMENT



Recompete is a new Social & Community Services program in partnership with the US Economic Development Authority. This will be limited enrollment.

#### INTERESTED IN SIGNING UP?



Adrian Soliz asoliz@jamestowntribe.org (360) 681 - 4626 Gage Jackson: gjackson@jamestowntribe.org (360) 681 - 4625

## yəhúməct

## **Culture Department Announcements & Events**

?éyəs čən'táqa? - Happy August -

#### Be back soon

It's been a busy few months preparing for this year's Canoe Journey to Lower Elwha.

There are no major events planned for August, but we'll be back in full swing in September as we welcome back Mackenzie and Emma.

#### Save the date

Saturday, Sept. 6, is our first Recovery Celebration during National Recovery Month. Details will be in the September newsletter.

yəhúməct – take care of yourself The Culture Department



## JST Operations in Action



Photo by Mike Dashiell/Jamestown S'Klallam Tribe

Videographer Bryan Gaver, left, gets footage of Jamestown Seafood staff at the FLUPSY operations site at John Wayne Marina in May. The footage will be a part of a video featuring some of the more recent additions to the Jamestown S'Klallam Tribe's facilities and programs, now featured on the Tribe's website at jamestowntribe.org.



Ethan and Mason Robins and Kyan Gockerell enjoy a refreshing bucket drop game at the Mental Health Fun Run/ Walk on June 30.



Photos by Mike Dashiell/Jamestown S'Klallam Tribe Sierra Shelden, Chelsea Anthony and Katie Magelsson greet Mental Health Fun Run/Walk participants at their HR booth.



Luke Strong-Cvetich tries his hand at Tetris at the Human Resources booth.

# Mental Health Fun Run/Walk highlights

It was anther big turnout for Jamestown's annual Mental Health Fun Run/Walk on June 30.

Participants received mental health tips at

eight booths, learning about physical, spiritual, relationship, nutritional, cultural, emotional managing anger and sleep wellness.

Staff from Social & Community Services, Human Resources, Case Management, Jamestown Family Health Clinic, Heron Hall Library, Administration, Culture and Elders departments.



From left, Mariah Butters and Ashley Adams learn about managing anger and more mental health tips from Loni Grinnell-Greninger and Dana Ward.



Shelly Tweter and Cody Bennett rock a 1980s theme at their Mental Health Fun Run/Walk booth.

## Federal funding cuts threaten tribal treaty rights

Tribes in western Washington are already seeing the impacts of presidential executive orders on funding that supports the management of treaty-reserved resources and the region's robust economy.

These funding cuts, coupled with mass layoffs of the federal scientists we work with to manage and protect our treaty-reserved resources, are contrary to the federal government's trustee obligation to protect and implement the treaties we signed in the 1850s, reserving the right to fish, hunt and gather in our traditional areas.

Our treaty rights have been upheld twice by the U.S. Supreme Court and are protected as property rights under the Fifth Amendment. In addition, the 2022 PUGET Save Our Sound Act legally obligates federal agencies to coordinate with tribes to set priorities to recover Puget Sound, designated an estuary of significance by the National Estuary Program.

#### Harvest management

Planning annual fishing seasons is challenging enough as tribal and state co-managers must divide up diminishing numbers of harvestable salmon. This

year was even more difficult because of the hundreds of jobs eliminated at the National Oceanic and Atmospheric Administration (NOAA). Those who remained were constrained by budget cuts and agency reductions.

So far, NOAA has received only half the annual funding it needs to implement ocean sampling programs, conduct chinook stock assessments and support habitat recovery

efforts from Oregon to Alaska. This reduction impacts state and tribal salmon management and recovery efforts at a magnitude that exceeds our ability to find other funding to make up the shortfall.

Managing sustainable fisheries depends on NOAA's participation, which includes analysis and production of compliance documents. Even slight delays to these



## **Being Frank**

Ed Johnstone

"[This reduction]

impacts state and

tribal salmon man-

agement and recov-

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reports could cancel a tribal or state fishery, costing thousands of jobs, harming the national and international food supply, diminishing the exercise of our tribal treaty rights, and devastating the marine-based economy.

Another program that could be cut is the Pacific Coast Salmon Recovery Fund, which would endanger more than 70 tribal jobs essential to fisheries monitoring and evaluation that support our treaty rights and the region's fishing economy.

#### **Hatchery programs**

Federal cuts to NOAA and the Bureau of Indian Affairs also threaten the hatchery programs that provide more than 80% of salmon harvested by tribal and non-tribal fishers in the Pacific Northwest. Tribal hatcheries release about 40 million salmon each year. Without federal funding, we won't be able to maintain and upgrade aging facilities, implement hatchery management plans, or conduct the research and monitoring needed to rear healthy broodstock.

Also in danger is the U.S. Geological Survey Ecosystems Program, which includes the Fish Health Program at the Western Fisheries Research Center. This work is essential to ensuring we have the most up-

to-date knowledge about pathogens to prevent their spread in salmon at all life stages.

#### Tribal sovereignty

Our tribal sovereignty to manage our own treaty-protected natural resources depends on funding from the Environmental Protection Agency (EPA), such as the Puget Sound Geographic Program, to support research and monitoring. EPA funding also supports our participation in bottom-up, cross-agency partnerships with federal, state and local agencies to steward fishery and wildlife resources.

Even without cuts to specific programs, reductions in staff could delay disbursement of funds that enable tribes to participate in necessary processes to protect our treaty-reserved rights. These include intergovernmental fishery management processes, U.S./Canada fishing treaties, fisheries forecasts, watershed analyses and numerous other scientific

(Continued on page 26)

# Tribal leaders hone leadership skills at academy training

By Lyn Dennis Tribal Liaison, The Evergreen State College

The third Elected Tribal Official Academy Training took place April 15-17 at the beautiful Clearwater Casino Resort in Suquamish, hosted by the Suquamish Tribe. Tribes represented included Cowlitz; Squaxin Island; Lummi; Confederated Tribes of Colville; Port

Gamble S'Klallam; Snoqualmie; Chehalis; Tulalip Tribes; Puyallup; Jamestown S'Klallam; Shoalwater Bay; Burns Pauite and Sisseton Wahpeton Oyate of South Dakota.

We would like to especially thank the U.S. Department of the Interior Bureau of Indian Affairs Acting Northwest Regional Director Daniel Galvan for being a sponsor of this training. Galvan said he was impressed with the program and wanted to be supportive.

Photo courtesy of Denny Hurtado/Skokomish Tribe

Steering Committee (left to right) members at the Elected Tribal Official Academy Training in April include, from left, Squaxin Island Chairman Kris Peter, Tulalip Tribes Chairwoman Teri Gobin and Jamestown S'Klallam Tribal Chairman Ron Allen.

Suquamish Tribal Chairman Leonard Forsman, serving on Tribal Council for 30 years and Chairman since 2005, provided a welcome along with opening remarks by The Evergreen State College President John Carmichael, and all the attendees introduced themselves.

"Resilient Tribal Governance" is highlighted throughout the training, including such topics as: Leadership Beyond Indian Country, Roles of Council, Ethics, Political Protocols, Legislative Process and Importance of Tribal Testimonies, TVW: Coverage of Washington State Government, Politics and Public Policy, Introduction to Tribal Finance, Federal Indian Law and Jurisdiction, Climate Change, Gaming and Sustainable Tribal Economies.

Lyn Dennis, Tribal Liaison with Lummi Nation/Tahltan Band of B.C., said, "This training structure is a result of a consultation that previously took place at The Evergreen State College, in which tribes requested a training for newly elected tribal officials and tribal liaisons. We have developed curriculum for purposes."

The Training was led by a steering committee including Jamestown S'Klallam Tribal Chairman/CEO W. Ron Allen; Tulalip Tribes Chairwoman Teri Gobin, and Squaxin Island Tribal Chairman Kris Peters, who also serves on The Evergreen State College Board of Trustees.

"We are living in a more sophisticated world. Remembering you are representing not just your Tribe but also Indian Country," Allen said.

"We are survivalists and our ancestors were survivalists and we must become more effective in the political systems around us."

During opening remarks, Chairman Peters said, "We

need to hold ourselves to higher standards. When you become a Tribal Leader, you are not at the top, you are at the bottom . . .upholding your own people. Maintain integrity of your Tribe and treat people with consistency."

Tulalip Tribes Chairwoman Teri Gobin expressed the importance of networking amongst the Tribes and building upon these relationships.

Debora Juarez said the title of her presentation — "Leadership

beyond Indian Country" — was a bit misleading; rather, it is more about who we are as tribal leaders and how we use our knowledge and skills beyond tribal communities and within institutions and systems that were created by design to erase us.

"Many Tribal Leaders are duly elected, know your community and understand the dynamics of sovereignty," she said. "We understand federal Indian law and history on a molecular/DNA level ... We live it and have since the 'founding' of this country.

Debora went on to say "And, how we have influenced and infused the colonial western Anglo model of government with our Ways, our humanity, and our social norms. That tribal leaders have fought hard, literally and figuratively, against many flawed premises that this country was built upon. Our Collective Ancestors whether through wars, treaties or the courts made us

seen and heard...and you continue that Leadership at home and beyond.

Juarez spoke about government structures we work in to promote change, how we operate-success and failure-within these western non-traditional models, and Tribal leadership as local governance with national implications.

The elected tribal officials were divided into work groups and decided what their topics would be, facilitated by Emily Washines, Yakama Nation and Skokomish, an instructor and consultant; and Kristina Ackley, Oneida Nation, Dean of Native Programs and Experiential Learning.

Topics included: Sovereignty; Governance; Natural Resource Stewardship; Housing Shortage; The Importance of Data Collection; Federal Outreach and the Lack of Consultation; Dismantling of the Department of Education and How it Affects Education for our Tribes; Substance Abuse; the Youth and their Futures.

One group submitted the following: "There's an old teaching about wolves. In a pack, the leader doesn't walk at the front-they walk at the back. They make sure no one is left behind. They

watch over their young, and their sick. That's what real leadership looks like-not leading for attention or control, but leading out of care, protection, and responsibility."

Their proposal was to establish a quarterly "Council Unity Session" — a working session where Council members meet outside of regular business to reflect, build trust, and openly discuss with a focus on unity

#### **Elected Tribal Official Academy Graduates (2025)**

**Andrew Beers** — Burns Paiute Tribal Council Member

**Dustin Klatush** — Confederated Tribes of the Chehalis Reservation Chairman

**Sheilah Bray** — Confederated Tribes of the Chehalis Reservation Vice-Chair

**Farley Youckton** — Confederated Tribes of Chehalis Reservation Treasurer

Cheryle Starr — Confederated Tribes of Chehalis Reservation Secretary

Thomas Trott — Confederated Tribes of Chehalis Reservation Fifth Council Member

**Kyle Etchison** — Colville Business Council – Keller District Rep.

**Dayna Seymour** — Confederated Tribes of the Colville Reservation Councilwoman

Meghan R. Francis — Confederated Tribes of the Colville Reservation Councilwoman

**Gayle Singleton** — Cowlitz General Council Treasurer

**Dean Reynolds** — Cowlitz Tribal Council Member

Rosalie Fish — Cowlitz Tribal Council Member

**Tim Van Mechelen** — Cowlitz Tribal Council Member

William "Bill" McTurnal —

Cowlitz Tribal Council Member

**Cheryl Bell** — Cowlitz Tribal Council At large Rep.

**Maverick Ryan** — Cowlitz Tribal Council Member

**Michelle Lawrence** — Cowlitz Tribal Council Member

**Larry Kestner** — Cowlitz Tribal Council Member

**Travis Grady** — Cowlitz Tribal Council Member

**Greg LaDue-Grove** — Cowlitz Tribal Council Member

**Anthony Hillaire** — Lummi Nation Chairman

**Terrance "TJ" Adams** — Lummi Nation Vice-Chairman

Amber Caldera — Port Gamble S'Klallam Tribe Chairwoman

Matt Ives — Port Gamble S'Klal-

lam Tribe Council Person III

**Renee Veregge** — Port Gamble S'Klallam Tribe Council Person I

Roslyn McCloud — Puyallup Tribe Project Planning

**Celia Olea** — Puyallup Tribe Compliance Officer

**Quintin Swanson** — Shoalwater Bay Chairman

**Joel Blake** — Shoalwater Bay Treasurer

**Myrna Thompson** — Sisseton Wahpeton Oyate Tribal Council Member

Wanda Varns — Sisseton Wahpeton Oyate Tribal Council Member

Steven de los Angeles — Snoqualmie Tribal Council

Snoqualmie Tribal Counci Vice-Chairman

**Christina Sparling** — Snoqualmie Tribal Council Member

and transparency.

The Tribal Leaders Panelists included Suquamish Chairman Leonard Forsman, who serves as the President of the Affiliated Tribes of Northwest Indian President and Co-Chair of the Tribal Leaders Congress, both organizations advocate for Tribes. He said it is

(Continued on page 18)



Photo courtesy of Denny Hurtado/Skokomish Tribe

Attendees of the mid-April Elected Tribal Official Academy Training gather in Suquamish.

Academy, from page 19

important to support Tribal organizations.

Lummi Nation Chairman Anthony "Tony" Hillaire said, "Newly elected tribal leaders we are all in this together." He went on to talk about the fentanyl crisis and that the progression of drugs has moved rapidly.

"We are not looking for sympathy nor empathy, we have shutdown drug homes at Lummi," Hillaire added.

Chairman Hillaire said Lummi will be participating in the annual Opioid Summit in May, to be hosted by the Cowlitz Tribe.

"To combat homelessness, we are building a tiny home village at Lummi to be completed in the next year," he said.

Chairman Hillaire expressed the importance of tracking bills: "We are a self-determining people and will be looking at how we are going to expand self- governance."

He has been elected as Chairman of the Association of Washington Tribes (AWT) and said they are gearing up for the Centennial Accord in 2025.

He concluded by saying 'Our sovereignty can be strengthened when we are united."

About 60 people attended a reception for the tribal leaders and tribal liaisons, with the intent of establishing and building relationships. State agencies were represented, such as: the Department of Commerce;

Department of Ecology, and Department of Health and Human Services, among other state agencies.

Dennis said The Evergreen State College offers an Advanced Tribal Relations Certificate Program, which began the fall quarter of 2023 and continues today. The program is designed for current and aspiring tribal liaisons and other positions that interact directly with the tribes.

Participants, Dennis said, will improve their abilities to collaborate with tribal leadership and their understanding of current and historical policies that impact tribal-governmental relations. This hybrid certificate includes online group learning with an instructor and guest speakers, along with touring nearby tribes.

A special thanks to the Washington Indian Gaming Association including Rebecca George, Executive Director; Rosina DePoe, Deputy Director; and Linda Edwards, Administrator, who helped tremendously at the training including registration and facilitating, including Linda Terry, Program Coordinator of Evergreen's House of Welcome. We would also like to thank Denny Hurtado of the Skokomish Tribe, who photographed the entire training.

If you have any questions, please contact Dennis, Tribal Liaison at The Evergreen State College, at lyn. dennis@evergreen.edu or 360 819-7028.

And we look forward to an even better training in 2026!

## Is creatine right for you?

Interest in creatine supplementation has surged in recent years, especially among exercise enthusiasts. Once the domain of elite athletes and bodybuilders,

creatine is now one of the most widely used supplements on the market. Its popularity is driven by both its well-documented effects on physical performance and growing interest in its potential benefits for brain health and cognitive function.

So, what exactly is creatine, and what does it do in the body?

Creatine is a naturally occurring compound found primarily in muscle cells, where it plays an important role in the production of adenosine triphosphate (ATP)—our cells' main energy source. When muscles require quick, explosive energy—during heavy lifting or sprinting, for example—ATP derived from creatine phosphate is the first to be used. The body synthesizes creatine from amino

acids, and it is also found in small amounts in foods like red meat, pork, poultry, and certain fish and shellfish (e.g., tuna, salmon, and scallops).

However, obtaining sufficient creatine for performance enhancement through diet alone is difficult, which is why many looking to optimize athletic performance turn to supplementation. One of my favorite Instagram accounts is BodyByMark. He interviews fit-appearing individuals on the streets of New York and Los Angeles. Without exception, everyone interviewed, engaged in daily high intensity exercise, cite creatine as their top supplement. Such testimonies go beyond the copious literature on the subject and speak to real world benefits experience by real people.

The best evidence for creatine's effectiveness remains in the realm of high-intensity exercise. Numerous studies have shown that supplementing with creatine enhances performance in short-duration, high-effort activities — such as sprinting, powerlifting, and interval training — and supports gains in muscle mass. A meta-analysis published in Medicine & Science in Sports & Exercise (2003) concluded that creatine supplementation led to significantly greater improvements in strength and muscle mass compared to placebo.

A 2017 review in the Journal of the International Society of Sports Nutrition reaffirmed creatine's status as one of the most effective supplements for resistance

training.

For individuals engaged in light to moderate physical activity, however, the benefits of creatine supplementa-

tion are less clear. The performance gains are most pronounced when energy demands are high and quick bursts of energy are required.

But creatine's potential doesn't stop at the gym or track.

There is increasing scientific interest in how creatine might support brain health. Much like muscles, the brain demands large amounts of energy—consuming roughly 20% of the body's energy despite accounting for only about 2% of body mass. Creatine supports cognitive performance by increasing energy availability in the brain, particularly under conditions of high demand, such as sleep deprivation, stress, or intense mental focus.

Preliminary studies suggest that creatine may improve aspects of

cognitive function, including memory, processing speed, and executive function (the mental skills that help us plan, focus attention, remember instructions, and juggle multiple tasks successfully). Some research also indicates that creatine could aid in recovery from concussions or traumatic brain injuries, though more data is needed.

While the evidence for brain benefits is not as robust as that for athletic performance, it is growing. Some advocates recommend higher doses—up to 10 grams per day—for cognitive effects, since creatine has limited ability to cross the blood-brain barrier. Still, a more common regimen involves taking 3-5 grams daily, with or without an initial loading phase of 20 grams daily for 5-7 days.

As with any supplement, safety is key. The most reported side effect is mild weight gain due to water retention in the muscles. Concerns about kidney damage, hair loss, or muscle cramping have not been substantiated in healthy individuals taking recommended doses. Nevertheless, those with kidney disease or other medical conditions should consult with a healthcare provider before starting creatine.

If you decide to try creatine, opt for creatine monohydrate, the most studied and cost-effective form. It's best taken with water, and consistency over time

(Continued on page 23)



Dr. Paul Cunningham

Chief Medical Officer Jamestown Family Health Clinic



Jamestown S'Klallam Tribe photo

# Then and Now: Ahead of the Curve

Above and at right: Changes abound in Blyn just south of U.S. Highway 101, as illustrated in this undated photo above and recent aerial at right. In the photo above, the white house at center right still stands — blocked (in the lower photo) by towering trees. Jamestown S'Klallam Tribe's House of Seven Generations features this archived photo and much more, including Tribe and family photo collections, artifacts,



Photo by Mike Dashiell/Jamestown S'Klallam Tribe

documents, various media collections (including oral histories). "It is our hope," the JST site notes, "that this site will reconnect the current generations with our cultural roots and allow a glimpse into the rich history of the Jamestown S'Klallam people." View the Tribe's various collections at tribalmuseum.jamestowntribe.org.



## Kudos to Sandy

Photos by Mike Dashiell/Jamestown S'Klallam Tribe
Above: Appreciative Jamestown Elders celebrate
Elders SCS Case Worker Sandy Kardonsky (front
row, fifth from right) with a song and blanket, in
what Michael Lowe described as "Elders honoring
Elders," on June 26. Pictured, from left are Mary
Norton, Walt Norton, Beth Anders, Merle Holden, Lisa Barrell, Julie Powers, Kardonsky, Ann
Tjemsland, Cathy MacGregor, Marg Deford and
Michael Lowe.

At right: Cathy MacGregor, left, with Marg Deford and Michael Lowe, present a blanket to Elders SCS Case Worker Sandy Kardonsky.





Creatine, from page 21

appears more important than timing around workouts or meals.

#### **Bottom line**

Creatine is one of the most researched and effective supplements for improving high-intensity exercise performance. While the evidence for cognitive benefits is still emerging, it is promising. As with

any supplement, consider your goals, current health status, and always consult with a healthcare provider if unsure. For many, creatine may be a safe and effective way to support both body and brain.

Paul Cunningham, MD, is board certified in Family Medicine, Geriatrics, and Hospice/Palliative Care and serves as Chief Medical Officer for Jamestown Family Health Clinic.

## **Sequim Food Bank** MOBILE FOOD PANTRY

We're Coming Jamestown S'Klallam Tribe Campus!

Food Pantry will be here every week, bringing fresh foods, pantry staples, and helpful resource information just like our main location closer to YOU! Stop by and check it out!

Sequim Food Bank Mobile

Wednesdays 1-2 p.m. 70 Zaccardo Rd Blyn



### Free for **EVERYONE**

no requirements/restrictions

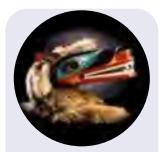


#### What's Available:

We will offer a variety of grocery items like:

- -Dry & Canned Goods
- -Fresh & Seasonal Produce
- -Baked Goods
- -Milk, Eggs, & Butter
- -Frozen Proteins

## Northwest Native Expressions Native Art Gallery



Northwest
Native
Expressions
Native Art
Gallery
1033 Old Blyn
Highway
Sequim, WA
98382
360-681-4640



The Northwest Native Expressions Native Art Gallery in August showcases the artistry of Laurae Hughes, who runs farm in Chimacum and from the Confederated Tribes of Siletz Western Oregon, with her leather items that are tanned and created by hand.

## www.NorthwestNativeExpressions.com

## Jamestown S'Klallam Tribe's Emergency and Non-Emergency Contact Procedures

#### **Emergency Contact Procedure:**

For medical emergencies, crimes in progress, fires, vehicle accidents, etc.,

#### **DIAL 911**

#### **Non-Emergency Contact Procedure:**

Any non-emergency that needs law enforcement or medical assistance i.e.: Non-emergency medical aid, suspicious person or vehicles, vehicle alarms, etc.,

**DIAL 360-417-2459** (Clallam County Sheriff's Non-Emergency Dispatch)

Please be prepared to provide pertinent details of **who, what, when, where,** i.e.

#### For further assistance contact Jamestown Law Enforcement

 Chief Rory Kallappa
 Office: 360-681-4629
 Cell: 360-477-0233

 Sgt. Calvin Lehman
 Office: 360-582-5797
 Cell: 360-460-5178

 Officer Patrick Carter
 Office: 360-582-5798
 Cell: 360-477-3531

 Officer Chad Payne
 Office: 360-681-5627
 Cell: 360-809-4230

Officer Jeff Pickrell Cell: 360-460-3788

#### **Contact Information**

| 7 Cedars Hotel and Casino Carlsborg Self Storage Casino Gift Shop Cedar Greens Cannabis Cedars at Dungeness Golf Course | 360-683-7777<br>360-582-5795<br>360-681-6728<br>360-489-6099<br>360-447-6826 |
|-------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| Child Advocacy Center                                                                                                   | 360-681-5601                                                                 |
| Double Eagle/Stymie's Lounge                                                                                            | 360-683-3331                                                                 |
| Dungeness River Nature Center                                                                                           | 360-681-4076                                                                 |
| Economic Development Authority                                                                                          | 360-683-2025                                                                 |
| Jamestown Dental Clinic                                                                                                 | 360-681-3400                                                                 |
| Jamestown Excavating                                                                                                    | 360-683-4586                                                                 |
| Jamestown Family Health Clinic                                                                                          | 360-683-5900                                                                 |
| Jamestown Healing Clinic                                                                                                | 360-681-7755                                                                 |
| Jamestown Land Survey                                                                                                   | 360-681-4586                                                                 |
| Jamestown Networks                                                                                                      | 360-582-5796                                                                 |
| JST Capital                                                                                                             | 360-504-2022                                                                 |
| Longhouse Market and Deli                                                                                               | 360-681-7777                                                                 |
| Newsletter Editor                                                                                                       | 360-681-5629                                                                 |
| NWNE Gallery                                                                                                            | 360-681-4640                                                                 |
| Public Safety & Justice Center                                                                                          | 360-681-5600                                                                 |
| Social & Community Services                                                                                             | 360-681-4617                                                                 |
| Tribal Library                                                                                                          | 360-681-4632                                                                 |
| Tribal Gaming Agency                                                                                                    | 360-681-6702                                                                 |
| Tribal Veterans Representative                                                                                          | 360-434-4056                                                                 |

Being Frank, from page 17

exercises critical for adaptive management of treaty-reserved fishing.

Federal funding supports tribes' capacity to engage in these critical processes that are essential to upholding treaty rights and protecting resources such as salmon and shellfish—both economic drivers in the Pacific Northwest. Investing in salmon recovery directly and indirectly supports jobs in restoration projects, fishing, transportation and tourism.

Government support of tribal natural resources management is not optional. The United States has a trust obligation to protect tribal treaty rights to fish, hunt and gather as we always have. That includes providing the funding we need and conducting necessary administrative functions in a timely manner to allow us to exercise our treaty rights and protect natural resources for the next seven generations.

Being Frank is a column by Chairman Ed Johnstone of the Northwest Indian Fisheries Commission. As a statement from the NWIFC chairman, the column represents the natural resources management concerns of the treaty tribes in western Washington. See nwifc.org.

#### Websites:

Tribal Government: www.jamestowntribe.org 7 Cedars Hotel/Casino: www.7cedars.com

Jamestown Family Health Clinic: https://jamestownhealth.org

Jamestown Family Dental Clinic: https://jamestownfamilydentalclinic.com

Tribal Library: http://library.jamestownTribe.org

Tribal Online Museum: www.tribalmuseum.jamestowntribe.org Jamestown Healing Campus: www.jamestownhealingclinic.com

Northwest Native Expressions Gallery: NorthwestNativeExpressions.com

Dungeness River Nature Center: www.dungenessrivercenter.org

JST Capital: www.jamestowncapital.org

Kurt Grinnell Aquaculture Scholarship Foundation; www.kurtgrinnellscholarship.org

#### **Facebook Pages:**

Tribal Government: www.facebook.com/JamestownSKlallamTribe

Tribal Library: www.facebook.com/p/Jamestown-SKlallam-Tribal-Library-100064776964063

S'Klallam Tribal Events and Announcements: www.facebook.com/groups/sklallam.events.announcements yehúmect Traditional Foods and Culture Program: www.facebook.com/jamestown.tfp

Jamestown Family Health Clinic: www.facebook.com/Jamestown-Family-Health-Clinic-191450454240502

JST Careers: www.facebook.com/profile.php?id=100084808620555

7Cedars Casino: www.facebook.com/7CedarsCasino

Cedars at Dungeness Golf Course: www.facebook.com/TheCedarsAtDungeness

Longhouse Market and Deli: www.facebook.com/LonghouseMarket

House of Seven Brothers Restaurant: www.facebook.com/HouseOfSevenBrothers Dungeness River Nature Center: www.facebook.com/dungenessrivernaturecenter

SCS Client Navigator: www.facebook.com/jamestownnavigator

**August 2025** 

| Sun | Mon                                                         | Tue | Wed | Thu                                                                     | Fri                                              | Sat |
|-----|-------------------------------------------------------------|-----|-----|-------------------------------------------------------------------------|--------------------------------------------------|-----|
|     |                                                             |     |     |                                                                         | 1<br>Canoe Journey<br>protocol at<br>Lower Elwha | 2   |
| 3   | 4                                                           | 5   | 6   | 7<br>Elders' Monthly<br>Luncheon<br>11 a.m., The Cedars<br>at Dungeness | 8                                                | 9   |
| 10  | Computer classes 11 a.m., Heron Hall Library                | 12  | 13  | 14                                                                      | 15                                               | 16  |
| 17  | 18                                                          | 19  | 20  | 21                                                                      | 22                                               | 23  |
| 24  | 25<br>Computer<br>classes<br>11 a.m., Heron Hall<br>Library | 26  | 27  | 28 Elders Movie Screening 1 p.m., Heron Hall Library                    | 29                                               | 30  |

September 2025

| September 2020 |                                                    |     |     |                                                                         |     |     |
|----------------|----------------------------------------------------|-----|-----|-------------------------------------------------------------------------|-----|-----|
| Sun            | Mon                                                | Tue | Wed | Thu                                                                     | Fri | Sat |
|                | 1 <b>Labor Day</b> Tribal campuses, clinics closed | 2   | 3   | 4<br>Elders' Monthly<br>Luncheon<br>11 a.m., The Cedars<br>at Dungeness | 5   | 6   |
| 7              | 8                                                  | 9   | 10  | 11                                                                      | 12  | 13  |
| 14             | 15                                                 | 16  | 17  | 18                                                                      | 19  | 20  |
| 21             | 22                                                 | 23  | 24  | 25 Elders Movie Screening 1 p.m., Heron Hall Library                    | 26  | 27  |
| 28             | 29                                                 | 30  |     |                                                                         |     |     |



#### Jamestown S'Klallam Tribal Newsletter Info:

The Jamestown S'Klallam Tribal Newsletter is published monthly. The deadline for submission to be included in the following month's issue is the 15th day of the current month. Please submit items by email to Mike Dashiell at mdashiell@jamestowntribe.org by U.S. Mail to the address below. You can also reach Mike at 360-681-5629.

#### **Changes of Address:**

Tribal Citizens, please send changes of address and name changes to Enrollment Supervisor Kayla Holden at kholden@jamestowntribe.org or call her at 360-681-4606. Other newsletter recipients, please send changes of address to Mike Dashiell at the address/phone above, or to newsletter@jamestowntribe.org.

#### Jamestown S'Klallam Tribal Council

W. Ron Allen, Chair rallen@jamestowntribe.org, 360-681-4621

Loni Greninger, Vice-Chair Igreninger@jamestowntribe.org, 360-681-4660

Rochelle Blankenship, Secretary rblankenship@jamestowntribe.org, 360-460-0045

Ricky Johnson, Treasurer rajohnson@jamestowntribe.org, 360-582-5785

Dana Ward, Council Member dward@jamestowntribe.org, 360-774-0773

### August Birthdays

|      |                    |      | •                   |
|------|--------------------|------|---------------------|
| 8/2  | Cheyanna Gill      | 8/20 | Elyse Ulowetz       |
| 8/2  | James Arey         | 8/21 | Deborah Woodard     |
| 8/4  | Taylor Lapointe    | 8/22 | Danny Freeman       |
| 8/4  | Sheila Strong      | 8/23 | Dusty Humphries     |
| 8/4  | Raven Tangedahl    | 8/24 | Jason Lamanna       |
| 8/7  | Brett Allen        | 8/25 | Wayne Cope Sr.      |
| 8/10 | Darcie Dechenne    | 8/26 | Sonni Creech        |
| 8/11 | Christopher Burden | 8/26 | Clayton Davidson    |
| 8/11 | Lorretta Lahr      | 8/26 | Clifford Prince     |
| 8/11 | Sandra Lopeman     | 8/27 | Jennifer Porter     |
| 8/11 | Laurel Lucy        | 8/27 | Jessica Roberts     |
| 8/13 | Joshua Carver      | 8/28 | Jaiden Bosick       |
| 8/13 | Lauren Davis       | 8/28 | Kathy Schmitt       |
| 8/14 | Olivia Barrell     | 8/28 | Judith Shaw         |
| 8/14 | Daniel Cable       | 8/29 | Xyan Hedin          |
| 8/16 | Edward Brown       | 8/30 | Ha?qwenith Grinnell |
| 8/16 | Judith Putas       | 8/30 | Karle Keogan        |
| 8/18 | Julie Grinnell     | 8/30 | Jacob Powers        |
| 8/18 | Roxann Roberts     | 8/31 | Matthew Chapman     |
| 8/19 | Vickie Carroll     | 8/31 | Rosa Hunter         |
| 8/20 | Susan Johnson      | 8/31 | Tyson Reeves        |
|      |                    |      |                     |

